

## **Best practices (2018-2019)**

### **Best practice-I**

**Title:- Matoshree Vimalabai Deshmukh Smruti Annapurna Yojana.**

#### **Goals:-**

- 1) To make available nutritious food to the patients of Dr. Panjabrao Deshmukh Medical College & Hospital.
- 2) To implement the teaching of great Sant Gadge Baba, i.e Food for the hungry.
- 3) To help reduce financial burden of patients.
- 4) To create social awareness among the students.
- 5) To create esthetic relation between students and staff of the institution
- 6) To fulfill the dreams of great pioneer of society, Dr. Panjabrao Deshmukh.

#### **Context:-**

Dr. Panjabrao Deshmukh Medical College and Hospital is run by Shri Shivaji Education society Amravati. The patients admitted to this hospital are mostly financially backward and few even belong to below poverty line families. These patients have to stay in the hospital during their treatment period. During their stay the concern for their food and meal arises. Without any grant from the Govt. it is difficult for the patients to arrange their own food & meals. So to solve this problem Matoshree Vimalabai Deshmukh Mahavidyalaya was chosen by the council of Shri Shivaji Education Society to implement the Annapurna Scheme, to provide food and help the needy patients.

#### **Programme Conducted:-**

It was decided that all the staff members would contribute for the scheme. Days were allotted to the staff members. As per the time table prepared, each member would contribute the fund and distribute the meal to the patients, with the help of students, in the hospital.

The scheme was inaugurated On 3<sup>rd</sup> Sept. 2018 by Shri. Harshavardhan Deshmukh, president Shri Shivaji Education Society, Amravati, and Dr. Sanyogita Deshmukh, Principal of our college by offering food to the patients. The scheme is continuously operated since then by all the Colleges and Schools run by Shri Shivaji Education Society.

#### **Out Come:-**

- Patients can get the nutritious food.
- Helped to reduce the financial burden of the poor patients.
- Created social awareness among the students and staff members.
- Opportunity for the social work is created through this scheme, among all the participants.

#### **Problems encountered:-**

- Every day food was provided to a single ward, while more no. of patients were expecting the free food.

### **Best Practice (2018-2019)**

- **Best Practice- 2**

**Title of Practice:-** Visit to anganwadi centre- Bihali

**Objectives:-**

- 1) To extend our services to the vulnerable group of society.
- 2) To have firsthand knowledge of the working of Anganwadi centers in remote areas.
- 3) To study the problems faced by the anganwadi supervisor and the children.
- 4) To suggest some corrective measures for the growth and development of children.
- 5) To take active participation in community service.

**Context-**

Anganwadi is a type of rural child care centre in India, started to combat child hunger and nutrition. It also provides basic health care in a village. The anganwadi centre Bihali Tq. Chikhaldhara, Dist. Amravati that was selected by our college team is a remote place far away from urban area, having more no. of tribal population. It is the need of the hour, to extend our services and knowledge to the vulnerable group of society to spend some time with them to identify their problems they are facing and to suggest some corrective measures if possible. So with all this view in mind our college selected the place and decided to visit Bihali.

**Activity Conducted:-**

Our College team comprising of the college staff members visited the Anganwadi centre at Bihali, Tq. Chikhaldhara, Dist. Amravati, on 29<sup>th</sup> March 2019. The Anganwadi Supervisor Smt. Mangala Vidhale is the in charge of anganwadi. 30-35 children are enrolled there. Our staff team conducted various activities with the children. The activities included-

<b>Sr No.</b>	<b>Name of Staff Member</b>	<b>Activity Conducted</b>
1.	Dr. R. S. Kawale	Discussion with supervisor & provided information on various NGO & their working.  Taught the students about advantages of traditional

2.	Mr. V.R. Thakare	sports and outdoor games  Taught Marathi songs-Budbadgeet to students.
3.	Dr. M. M. Nandurkar	Educated the parents regarding money matters & management.
4.	Mr. J. D. Sangode	Taught English in a innovative way.  Demonstrated some skill development activities.
5.	Dr. S. D. Thakare	Conducted assessment of nutritional status of children.
6.	Mrs.Archana Harne	Taught the children about health and hygienic.
7.	Smt. Sadhana Mohod	Taught the importance of nutrition and diet in daily life.
8.	Dr. K. E. chaudhari	
9.	Ms. P. B. Bhamburkar	

Now it is decided that this activity would be continued for the next session also.

**Outcome:** - Lower nutritional status, illiteracy, poverty are the factors which hamper the growth and development of individuals and finally the progress of country. So the services rendered by our team in such area could help them to come out of it.

- Anganwadi teacher & the children enjoyed & expressed happiness over the conduct of all the activities.
- The need to conduct more no. of such activities, by us people is emphasized.
- The sense of satisfaction that our team derived after the visit, is really noteworthy.

**Problems Encounters:-**

- 1) Bihali being far away from Amravati, it is not easy to visit it frequently.
- 2) At the end of the day clothes stitched by the students B.Sc. (H.Sc.), some refreshment & gift articles were distributed to the children.

