



*Shri Shivaji Education Society, Amravati's*

## **Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**

**ISO 9001:2015 Certified College**



**3<sup>rd</sup> Cycle**

**Assessment and Accreditation by NAAC**

**CRITERION – VII**

**INSTITUTIONAL VALUES AND BEST PRACTICES**

### **7.2 Best Practices**

*7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual*



Shri Shivaji Education Society, Amravati's  
**Matoshree Vimalabai Deshmukh Mahavidyalaya**

Shivaji Nagar, AMRAVATI-444 603 (M.S.)  
NAAC Accredited By Grade 'B' with CGPA 2.31 (2<sup>nd</sup> Cycle)

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M.A., D.Phil, LL.D, Bar-Act-Law

Date: 14.04.23

Declaration

The information, reports, true copies of supporting document numerical data etc. furnished in this file is verified by IQAC and found correct.

Hence this is certificate.

Dr. S. D. Thakare  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



Dr. S. R. Deshmukh  
PRINCIPAL  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

## CRITERION – VII - INSTITUTIONAL VALUES AND BEST PRACTICES

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## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### 7.2.1 – Describe two best practices successfully implemented by the institution as per NAAC format provided in the Manual.

**Response: -**

#### **Best Practice- 1**

#### **Title of the Practice – Nutrition Education – Need of the Hour**

**Objectives of the practice: -**

- 1) To educate students about health and nutrition
- 2) To provide accurate knowledge and raise awareness through different competitions.
- 3) To understand importance of basic nutrients in our diet to maintain the immune system
- 4) To encourage the students to apply knowledge of food and nutrition in daily meal planning.
- 5) To develop skill in recipe making competitions.

#### **The context**

In India National nutrition week is observed every year from September 1st to September 7, as per the theme, to raise public awareness about the nutrition and healthy eating habits so that they can maintain a healthy lifestyle. Food and Nutrition are mandatory for overall physical and mental health and ever since the pandemic of covid-19, has caused havoc awareness about healthy food and nutrition has started to spread all over. From the point of view of students for an active life with proper growth and development balanced diet is essential. Awareness needs to be created among the students about the knowledge of food and nutrition

#### **The Practice**

Nutrition week is celebrated in our institution, to inculcate nutritional values for healthy life among students every year from September 1 to September 7, the period when National nutrition week is celebrated. Department of Food and Nutrition and Department of Home Economics organizes different competitions for students. Students actively participate in it.

The activities conducted include -

- Rangoli competition - theme basic nutrients
- One-minute memory competition. -Here the students are shown different articles related to food and nutrition for one minute and then they are asked to write it down on paper
- Jewellery making (from vegetable, fruits or food grains)
- Poshan mela- Nutritious recipes are prepared by students and sold.
- Slogan competition, poster competition - Students are asked to write slogans and prepare posters on theme of Nutrition.
- Quiz competition on Nutrition and diet
- Guest lectures- of eminent personalities are arranged.

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Recipe competition
- Nutrition Queen Competition- The queen is decided using the norms of height, weight, B.M.I., Clinical examination, diet survey, Haemoglobin percentage and general knowledge of Nutrition.

Winners are awarded with Cash prize, books and are presented with the certificate.

### Evidence of success

Such competitions help the students to learn more about basic nutrition and their importance. They also learn to apply their theoretical knowledge into their day to day life. Preparation of one full meal and asking the students to calculate its nutritional value, students truly learn the application of nutritive food in their daily diet. After interaction with teacher's students were found keen in applying this knowledge to fight against covid-19. They understand the importance of knowledge of nutrition for selecting and preparing healthy food which is essential for our body for a number of reasons Students also come forward voluntarily for discussing their nutritional problems with teachers.

### Problems encountered and Resources required

At times students do not take such important activities seriously.

Many a times as the students come to college travelling by S.T. Bus, it affects their attendance.

Due to low economic conditions they hesitate in taking part in competitions.

More funds are needed to conduct various activities.

### Best Practice- 2

#### Title of the Practice: **Developing Creative skills through Wall Magazine**

#### Objectives:

1. To initiate writing tendencies in students.
2. To Provide platform to the students to express their creativity.
3. To inculcate reading and writing habits among the students.
4. To attract students' attention on current incidents.
5. To encourage students to read widely.
6. To involve each and every department to participate.
7. To make students computer (NET) friendly.
8. To inform engage, inspire and entertain a diverse readership including alumni, Faculty, students, parents and other friends of college.
9. To nurture the aesthetic skills among the students.

#### The Context:

Our institute is a multi-faculty institute, offers different courses in Home Science, Humanities, Science and Commerce. The students here are from varied academic, economics and regional background. Most of the students come from nearby rural areas.

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

Many times, there are opportunities in the college for students of varied academic fields to share their knowledge and take part in common areas of interest along with their specific academic courses. Thus, to cater this we started with " Wall Magazine" activity. It is common platform to let all students knew about the ongoing activities of their respective fields. It also allows students to share and showcase their talents with everyone by taking part in these activities.

### The Practice:

A Committee comprising faculty members is formed to execute the activity. The committee has decided the size and general format of wall magazine. At very beginning of session a time table for the session is fixed and circulated to all staff members. as per the time table each and every department / teacher has to prepare the wall magazine with the help of students and display it on boards, in the corridor. Four wall magazines of different subjects are displayed at time on boards and are kept there for the month, Principal of our institute takes special interest in this activity and encourages, guides the students to take part in it. All the staff members, students come, read and also discuss the topics covered in it. During the annual social gathering all the magazine were displayed for reading on single platform.

### Evidence of Success:

It is observed that students from all the department and subject willingly participate in the activity. The topic covered in the textbook are developed in detail, adding new dimension to the content and certain topic can be discussed by regular post on an open section.

Students themselves read, discuss on topic selected which helps to increase interaction between students and teachers.

Wall Magazine provide an important platform to enable students to express their creativity and inner feelings. It helps to build self-confidence and practical understanding in students, which is not possible through the one side lecture of the teacher in classroom.

And above all the magazine endeavours to reflect the values and the quality of institute by itself. so, efforts are made in part of students also, to select the topics very cautiously.

### Problems Encountered

Students' participation in searching on internet is not satisfactory. Many a times students do not show their active willingness in executing the activity.

The image shows two handwritten signatures and two official stamps. On the left, a signature is written over a purple stamp that reads "DR. S. D. THAKARE" and "Co-ordinator, NAAC, Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati". In the center is a circular purple stamp that reads "★ Matoshree Vimalabai Deshmukh ★ Amravati". On the right, a signature is written over a purple stamp that reads "PRINCIPAL" and "Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati".



**Best Practice 1**

**Nutrition Education – Need of the Hour**

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

**Academic Year 2017-2018**


• **Brief Report**

**Matoshree Vimlabai Deshmumahavidyalaya, Amravati**  
**Internal Quality Assurance Cell (IQAC)**  
**Activities undertaken Academic Session 2017-2018**  
**Name of the department / Committee: Food and nutrition**  
**Name of the Teacher: Dr. Sharmila Kubde**

Sr.No.	Name of the Activity	Types of Activity	Day/Date	Name of the Event	No of Participants	Objectives	Outcome
1	Celebrate National Nutrition Week	Departmental Activity	1/09/17 to 7/09/17	1.Nutrition queen competition	64	1. To create awareness of nutrition  2. To inculcate competitive Spirit  3.To understand the self-nutritional status  4. to develop skills in Communication	1.Awareness to some extent was created.  2.Competitive and team spirit was inculcated  3. Students could understand their own nutritional status and discussed their nutritional problem.
				2.Rangoli competition	09		
				3. Essay competition	06		
				3. Speech competition	21		
				4.Poster competition	30		
				5. Poshan Mela	20		
			7/09/17	Guest lecture by Rashmita Dighade	70		

*Sharmila*  
**Prof. Dr. Sharmila R. Kubde**  
 Professor  
 Department of Food and Nutrition  
 Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati.

*SD*  
**DR. S. D. THAKARE**  
 Coordinator, I.Q.A.C.  
 Matoshree Vimlabai Deshmukh Mahavidyalaya  
 Amravati



*Principa*  
**Principa**  
 Matoshree Vimlabai Deshmukh Mahavidyalaya Amravati

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## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### National Nutrition Week 2017

- Theme

**"Optimal Infant & Young Child Feeding Practices:  
Better Child Health"**



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### Notice

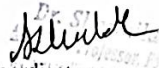
#### Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati

Department: Food & Nutrition 2017

#### Notice

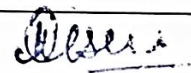
All the students of Arts and Home Science faculty are here by informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2017. The winners in the competition will be given certificate and prizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and Nutrition department. On 25/08/2017 or before 30/09/2017. The time and date of the competitions are as follows:

Date/Day	Competition	Venue and time
1/09/2017 Friday	Inauguration Rangoli competition Poster competition	Hall. 12.00-2.00 pm
2/09/2017 Saturday	Spontaneous speech Competition	12.00- 2.00 pm
4/09/2017 Monday	Essay competition on Poshak aahar deshacha Aadhar	12.30 - 1.30 pm
5/09/2017 Tuesday	Nutrition Queen competition 1&2round	Food and nutrition department 12.00-2.00pm
6/09/2017 Wednesday	3&4 round	12.00-2.00 pm
7/09/2017 Thursday	Guest lecture by Kavita Vidhale & Dahat Madam  Poshan Mela	12.30- 2.00 pm Hall  3.00-4.00pm college campus

  
Coordinator,  
Dr. Sharmila Kubde

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



  
Principal  
Principal  
Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Shivaji Nagar Amravati 444603 (M S)

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Inauguration of National Nutrition Week




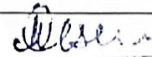
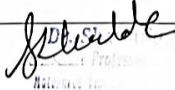
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## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- **Rangoli Competition - theme basic nutrients**  
List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**

Name of the Event/Program: - Celebration of National Nutrition Week 2017  
Date: 1 Sept 2017 Day: Friday Time: 12.00 - 2.00 P.M.  
In collaboration with: Home Science and Home Economics Dept.  
Name of the Guest: Competition :- Rangoli Competition on Nutrients.  
Participant: Students No. of Participants: 09  
Objective Motivate the students to perform and outshine  
in their creative skills.  
Action Taken Organized Rangoli Competition on Nutrients  
Outcome :- Beautiful patterns are created on the floor  
using flowers, grains and coloured sand.

Sr. No.	Name of the Participant	Signature / class.
1	Vedika Vinod Charjan	B.Sc. (H.Sc.) III
2	Shubhangi Subhash Mane	B.Sc. (H.Sc.) III
3	Rajashri Himat Rao Sagane	B.Sc. (H.Sc.) III
4	Harshali Dhengale	B.Sc. II (H.Sc.)
5	Neha Bunde	B.Sc. II (H.Sc.)
6	Mangala Khadase	B.Sc. II (H.Sc.)
7	Monali Meshram	B.Sc. II (H.Sc.)
8	Geeta Yadgire	B.Sc. II (H.Sc.)
9	Mamata Masram	B.Sc. II (H.Sc.)
10		
11	 DR. S. D. THAKARE Coordinator, I.Q.A.C.	
12	Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati	
13	 Professor Department of Home Science Amravati	Principal Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati



Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Shuvaji Nagar Amravati 444603 (M.S.)

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## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Rangoli Competition - theme basic nutrients



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## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- **Poster Competition**  
List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**

Name of the Event/Program: - Celebration of National Nutrition Week 2017  
Date: 11/09/17 Day: Friday Time: 12.00 to 2.00 PM.  
In collaboration with: Other Departments  
Name of the Guest: Competition & Poster Competition  
Participant: College Student No. of Participants: 30  
Objective 1. To develop the skill of poster making.  
2. To extend the importance and knowledge about Nutrition.  
Action Taken Organized poster making competition for students.  
Outcome 1. Students became aware about the poster making techniques.

Sr. No.	Name of the Participant	Signature
1	Samiksha Bhugel	
2	Neha Bhugel	
3	Shruti Tibari	
4	Gouri Mankar	
5	Pratiksha Futane	
6	Kiran Futane	
7	Mamata Meshram	
8	Rujali Patil	
9	Sneha Wankhade	
10	Rina Bhusari	
11	Hanju Kharate	
12	Madhuri Bhugel	
13	Chandrabhaga Ramteke	

DR. S. D. THAKARE  
Coordinator, IQAC  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

Principal,  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati.

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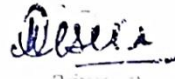
14	Radha kabade	Rk
15	Shivani Sapkal	SL
16	Aishwarya Kshirsagar	Ashirsagar
17	Kanchan Patil	K.R.P.
18	Anjali Kharate	Ak
19	Priya Dakhane	Priya D
20	Puja Yeokar	PYeokar
22	Priya Wankhade	PWankhade
23	Sheetal Thakare	SThakare
24	Dipali Nemade	Dipali Nemade
25	Monali Chhanghede	M. N. Chhanghede
26	Aarati Aamale	Aamale
27	Priti Dhurve	Priti D
28	Puja Pohkar	RPohkar
29	Vaishali Kangale	VK
30	Bharavi Zetale	BZ
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SIGN OF TEACHER

  
**DR. S. D. THAKARE**  
 Coordinator, I.G.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati



SIGN OF PRINCIPAL

  
**Principal**  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Shuvaji Nagar, Amravati 444603 (M.S.)

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## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Poster Competition



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## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Spontaneous Speech Competition -  
List of Participants


**Manvashree Vimalabai Deshmukh Mahavidyalaya, Auravati**  
**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**

Name of the Event Program - Celebration of National Nutrition Week 2019  
 Date: 21st July 2019 Day: Saturday Time: 11:00 to 2:00 P.M.  
 In collaboration with: Home Economics Department & Home Science  
 Name of the Guest: Competition - Spontaneous speech on Nutrition  
 Participant: College Students No. of Participants: 21  
 Objective: 1. It helps express feelings.  
2. To encourage Creativity and Cognitive skills.  
 Action Taken: Spontaneous speech in one minute Organized for Students.  
 Outcome: Competition helps students to improve and analyze their progress and confidence.

Sr. No.	Name of the Participant	Signature/Class
1	Priyanka Mawande	B.Sc (H.Sc.) II
2	Priya Dakhane	B.Sc (H.Sc.) II
3	Geeta Yadgire	B.Sc (H.Sc.) II
4	Mamta Massam	B.Sc II
5	Neelima Patke	B.Sc II
6	Nikita Pavitrakar	B.Sc II
7	Neha Bonde	B.Sc II
8	Anuradha Chapke	B.Sc II
9	Neha Bhuyar	B.Sc II
10	Shilpa Pandhare	B.Sc II
11	Mangala Khadase	B.Sc II
12	Anjali Kharate	B.Sc II
13	Manju Kharate	B.Sc II

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

14	Deepali Dhuriya	B.Sc. (H.Sc.) II
15	Pooja Yeokar	B.Sc. (H.Sc.) II
16	Monali Meshram	B.Sc. (H.Sc.) II
17	Samiksha Randhave	B.Sc. (H.Sc.) II
18	Madhuri Bhugul	B.Sc. (H.Sc.) II
19	Monali Bhugul	B.Sc. (H.Sc.) II
20	Samiksha Bhugul	B.Sc. (H.Sc.) II
22	Dhanashree Kambe	B.Sc. (H.Sc.) II
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 Dr. S. D. THAKARE  
 Coordinator, I.Q.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Anravati


SIGN OF TEACHER



  
 PRINCIPAL

Principal

Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shivaji Nagar Anravati 444603 (M.S.)

  
 DR. S. D. THAKARE  
 Coordinator, I.Q.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Anravati

**7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual**

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

• **Poshan Mela**  
List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**



Name of the Event/Program: - Celebration of National Nutrition Week 2017  
Date: 7/09/2017 Day: Thursday Time: 3.00 to 4.00 P.M.  
In collaboration with: Home Economics Department  
Name of the Event: Event :- Poshan Mela  
Participant: College Student No. of Participants: 20  
Objective 1. To enhance practical application of nutritious recipe, 2. To provide entrepreneurial knowledge.  
Action Taken Organized Poshan Mela for Students and College Staff  
Outcome 1. Awareness regarding nutrition is created.  
2. Idea of using different skill for career purpose is generated among the students.

Sr. No.	Name of the Participant	Signature
1	Aishwarya kshirsagar	AK
2	Komal Rithe	KR
3	Lakhan Murai	LMurai
4	Ishwar Kamble	IKamble
5	Lalit Mahajan	LM
6	Nikita Tayade	NTayade
7	Rajashri Sagne	RSagne
8	Sachin Dhangar	SDhangar
9	Sagar Koli	SK
10	Pooja Dharmale	P. Dharmale
11	Vedika Charjan	VCharjan
12	Shubhangi Mane	SMane
13	Shivani Sapkal	SSapkal

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

14	Chandrafrakha Ramteke	CRamteke
15	Priya Raut	Priya Raut
16	Kanchan Patil	KPatil
17	Vrushali Chavhan	VChavhan
18	Rajashri Gawande	RGawande
19	Sagar shirsale	SShirsale
20	Radhika Kurbade	RK
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 SIGN OF TEACHER  
  
 DR. S. D. THAKARE  
 Coordinator, I.Q.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati



  
 PRINCIPAL  
 Principal  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Shivaji Nagar Amravati 444603 (M.S.)

**7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual**

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Nutrition Queen Competition

List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Department – Food and Nutrition**

**Nutrition Queen Competition 2017-2018**  
**Students List**

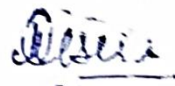
Sr.No	Students List	Weight	Height	B.M.I
1	Pranika Borkar	45	152	Normal
2	Rupali Patil	45	152	Normal
3	Aachal Barchud	44	152	Normal
4	Sneha Wankhade	44	152	Normal
5	Chandrabhaga Ramchake	45	152	Normal
6	Vedika Chauran	45	152	Normal
7	Surbhangi Mane	46	153	UW
8	Rachna Kabade	45	152	UW
9	Aishwarya Kshirsagar	45	151	UW
10	Nikita Tayade	45	152	UW
11	Kanchan Patil	45	152	UW
12	Rajeshree Sagane	45	152	UW
13	Shivani Sarkal	45	152	UW
14	Komal Rithe	45	148	UW
15	Madhuri Bhugul	44	152	UW
16	Dipali Dhuriya	45	148	UW
17	Priyanka Mawande	45	147	Normal
18	Samiksha Bhugul	45	152	UW
19	Shilpa Pandhare	45	152	Normal
20	Anjali Kharate	45	142	UW
21	Rina Bhusari	45	150	UW
22	Manju Kharate	45	142	UW
23	Priya Dakhane	47	149	Normal
24	Puja Yeokar	45	155	UW
25	Anuradha Chapke	45	153	Normal
26	Nilima Patke	45	157	Normal
27	Neha Bhuyar	45	153	UW
28	Monali Bhugul	54	150	Normal
29	Samiksha Randhve	37	165	UW
30	Dhanshree Kambe	58	151	UW
31	Nikita Pavitrakar	42	150	Normal
32	Gita Yadgire	48	161	Normal
33	Neha Bonde	47	161	UW
34	Mangala Khadse	40	149	UW
35	Monali Meshram	39	152	UW
36	Mamta Meshram	49	149	Normal
37	Ruchita Wardhe	47	167	UW
38	Kajal Panchawate	50	162	Normal
39	Shruti Tiwari	61	159	Normal

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

40	Pratiksha Futane	38	158	U.W.
41	Kiran Futane	39	162	U.W.
42	Anjali Tayade	62	172	U.W.
43	Puja Nemade	72	138	O.W.
44	Shradha Tagade	38	141	U.W.
45	Kanchan Surve	60	156	O.W.
46	Ishwari Giri	32	164	O.W.
47	Juhi Pal	51	167	U.W.
48	Ritika Bhalchakra	35	152	Normal
49	Dipali Wanve	43	150	Normal
50	Payal Dhengale	67	149	Normal
51	Vaishali Wanje	39	152	U.W.
52	Poonam Jawarkar	52	150	U.W.
53	Rutuja Patil	55	160	O.W.
54	Pradhnya Mahalle	50	155	U.W.
55	Vaishnavi Mandalkar	56	154	Normal
56	Dipti Thakare	61	153	Normal
57	Priya Wankhade	50	157	Normal
58	Dhanshree Mohod	46	152	Normal
59	Gauri Mankar	45	142	O.W.
60	Poonam Chichkhede	55	142	Normal
61	Sapna Vaidya	45	148	Normal
62	Kanchan Waghmare	55	444	Normal
63	Diksha Chapani	42	151	U.W.
64	Yogita Lanjewar	60	158	Normal

  
**DR. S. D. THAKARE**  
**IQAC Coordinator**  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati

  
**Convener**  
 Associate Professor, Eng and Vocation  
 Amravati

  
**Principal**  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Shivaj Nagar Amravati 444503 (M.S.)



7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual



**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**



**Nutrition Queen Ms Vedika Charjan 2017**



*[Signature]*  
**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
Maloshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

Prof. Dr. Sharmila R. Kubli  
*[Signature]*  
Department of Nutrition and Dietetics  
Maloshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*[Signature]*  
Principal  
Maloshree Vimalabai Deshmukh  
Mahavidyalaya Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Prize Distribution of Nutrition Week



*7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual*

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Report – Department of Food & Nutrition

Matoshri Vimalabai Deshmukh Mahavidyalay Amravati  
Internal Quality Assurance cell (IQAC)

Activities undertaken academic session 2017

#### Report

Name of the department: Food and Nutrition

Name of the activity: Celebration of National Nutrition Week 2017

Organising faculty and department: Dr.Sharmila Kubde , Food and Nutrition Department

In collaboration with: Department of Home economics

Number of the participant: Total 150 students present in various activities

Objectives: 1) To create awareness of Nutrition

2) To inculcate competitive spirit

3) To understand the self-nutritional status

Details of the activity: First week of September 1 to 7 September is celebrated National nutrition week across India enthusiastically the department under to the following activities for the students

- 1) Rangoli competition
- 2) Poster competition
- 3) Spontaneous speech competition
- 4) Essay on poshak aahar deshacha Aadhar competition
- 5) Nutrition Queen competition
- 6) Guest lecture by Kavita vidhale and Dahat Madam dietitian
- 7) PoshanMela


Outcome: 1) Awareness to some extent was created

2) Competitive and teamwork spirit was inculcated.

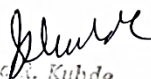
3) Students could understand their own nutritional status and discuss their nutritional problems.

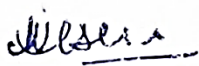
#### Problem Encountered:

- 1) It difficult to implement the celebration because limited resources available.

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



  
Sharmila S. Kubde  
Professor, Food and Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati.

  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Department of Home Economics

### Report

**Matoshree Vimalabai Deshmukh Mahavidyalay , Amaravati**


Internal Quality Assurance cell (IQAC)

Activity undertaken (Academic Session 2017-2018)

Department – Home Economics

Name of the teacher – P. B. Bhamburkar

Sr. No	Name of the activity	Type of the activity	Day/Date	Resource person/guest	Participants / Numbers	Objective	Outcome
1	Celebrate Nutrition week	Yearly activity <i>(preparing 5 recipes tablets)</i>	01/09/2017	Dr. Sanyogita Deshmukh	20	To raise awareness on the importance on nutrition for health	Students started diet plan as per nutritional requirement of body.

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amaravati

*Silberia*  
Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amaravati

*P.B.*  
Signature of Incharge\Head of the Dept.

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Preparation and Distribution of NEEM – Tablets

### List of Participants

3

Shri Shivaji Education Society, Amravati's  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Academic Session – 2014-18

Internal Quality Assurance Cell (IQAC)  
DATE: 01/09/2017

Name of the Programme - Celebrate National Nutrition Week

Name of the Faculty / Department - P. B. Bhambure, Dr. Kubade

In collaboration with - Home - Economics and Home - Science

Co-ordinator / Convener - P. B. Bhambure, Dr. Kubade


Chairperson of the Programme - Dr. Sunyogita Deshmukh (Principal)

Details of the Guest Faculty

- Name - \_\_\_\_\_
- Designation - \_\_\_\_\_
- Name of the Institute- \_\_\_\_\_

Following members/participants attended the programme :

Sr. No.	Name of the Student	Class	Signatures
1.	Achal. S. Bhuje	BA-1	<u>Bhuje</u>
2.	Tejaswini R. Sabale	BA-1	<u>Sabale</u>
3.	Ku. Manisha B. Bilewale	BA-1	<u>M. Bilewale</u>
4.	Ku. Ashwini. R. Aundhkar	BA-1	<u>Ashwini</u>
5.	Ku. Prayal. D. Raut	BA-1	<u>Ku. Raut</u>
6.	Ku. Dhruv. M. Dhurve	BA-1	<u>Dhurve</u>
7.	Ku. Nisha L. Munde	BA-1	<u>Munde</u>
8.	Ku. Prishka R. Pande	BA-1	<u>Pande</u>
9.	Ku. Ravina U. Rajput	BA-1	<u>R. U. Rajput</u>
10.			
11.			
12.			
13.	<u>BB</u>		



Principals  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Preparation and Distribution of NEEM – Tablets



*7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual*

News Report

**आज बोर्डा सेवा सहकारी सोसायटीची आमसभा**

अंजनसिंगी (वार्ताहर) : येथून जवळच असलेल्या बोर्डा सेवा सहकारी सोसायटीची वार्षिक आमसभा सोमवारी ११ सप्टेंबर रोजी आयोजित करण्यात आली आहे. या आमसभेमध्ये शेतकऱ्यांच्या महत्वपूर्ण विषयांचे ठराव मंजूर केले जाणार आहे. शेतकरी बांधवांनी आमसभेला सकाळी ११ वाजता उपस्थित राहण्याचे आवाहन सोसायटीचे अध्यक्ष संदीप कांबळे, उत्तम मानकर, प्रभाकर वाडकर, लक्ष्मण भागवतकर, रंजीत राजत, अमित ठाकरे, ललीता जयस्वाल, कृष्णा काळे, मेहेर, प्रशांत आमले, कळसकर, विनोद बोणे, वऱ्हाडे व सविच वाडी, भोबे यांनी केले आहे.

## मातोश्री विमलाबाई देशमुख महाविद्यालयात पोषण आहार सप्ताह साजरा


**निष्काम भावनेने केलेले कर्म हीच खरी ईश्वर सेवा : इंजि. पवन दवडे विश्वशांती नाम सप्ताहाचे आयोजन**

वरुड (वार्ताहर) : ग्रामसेवा हीच खरी ईश्वर सेवा आहे. त्यासाठी श्रमदानाच्या माध्यमातून यत्नकर्त्यांनी

अमरावती (प्रतिनिधी) : १ ते ७ सप्टेंबर हा आठवडा राष्ट्रीय पोषण आहार म्हणून पूर्ण भारतभर आयोजित करण्यात येतो. मातोश्री विमलाबाई देशमुख महाविद्यालयात सुद्धा हा सप्ताह साजरा करण्यात आला. दि. १ सप्टेंबर रोजी प्राचार्य संयोगिता देशमुख यांच्या हस्ते राष्ट्रीय पोषण सप्ताहाचे उद्घाटन झाले. त्यांनी उद्घाटन प्रसंगी उत्तम स्वास्थ्य असलेलाच समाज आर्थिक, सामाजिक व शैक्षणिक प्रगती करू शकतो. समाजाच्या आहार व पोषणावर रुढींचा, सांस्कृतिक व धार्मिक विचारांचा परीणाम होतांना दिसतो. त्यात अन्नान, अंधश्रध्दा, गरीबी अश्या बऱ्याच कारणांमुळे आहाराबाबत अनेक समस्या निर्माण झालेल्या दिसतात. आहाराबाबत समाजामध्ये जागरूकता निर्माण करण्याकरीता राष्ट्रीय पोषण सप्ताह साजरा करण्यात येतो, असे प्रतिपादन केले.

या सप्ताहात विविध स्पर्धा आयोजित करण्यात आल्या होत्या. त्यात रांगोळी स्पर्धा, उस्फुर्त भाषण, भितीपत्रके, पोषण सुंदरी स्पर्धा, घोषवाक्य स्पर्धा आणि निबंध स्पर्धा घेण्यात आल्या. निबंधाचा विषय होता पोषक आहार देशाचा आधार त्यात महाविद्यालयातील विद्यार्थ्यांनी मोठ्या प्रमाणात सहभाग घेतला होता. यावर्षी जागतिक आरोग्य संघटनेनी बालकांची योग्य आहारपद्धती हा विषय घेतला होता. त्यावर मार्गदर्शन करण्याकरीता अंजली दहात, आहारतज्ञ सुपर स्पेशालिटी हॉस्पिटल, अमरावती यांनी मार्गदर्शन केले. दि. ७ सप्टेंबर ला समारोपीय कार्यक्रमाला प्रमुख अतिथी म्हणून कविता विधळे होत्या. त्यांनी विद्यार्थ्यांना पोषण व रोजगार यावर मार्गदर्शन केले. या संपुर्ण कार्यक्रमाचे आयोजन प्रा.डॉ. शर्मिला कुबडे, प्रा.डॉ. छाया विधळे व प्रा. प्राची भांबूरकर यांनी केले. उस्फुर्त भाषण स्पर्धेकरीता सुपर स्पेशालिटी हॉस्पिटल कडून बसिसे व प्रमाणपत्रे वितरीत करण्यात आली. त्यात प्रथम क्रमांक राजश्री सगणे, द्वितीय क्रमांक ऐश्वर्या क्षीरसागर व तृतीय पारीतोषीक वेदीका चर्जन या विद्यार्थ्यांनीना मिळाले. तसेच रांगोळी स्पर्धा, घोष वाक्य स्पर्धा, उस्फुर्त भाषण यांचे परीक्षण प्रा. डॉ. छाया विधळे व प्रा.डॉ. शर्मिला कुबडे यांनी केले.

समारोपीय कार्यक्रमात अध्यक्ष प्राचार्य डॉ. संयोगिता देशमुख यांनी भारतीय आहार आणि पोषण संस्कृतीवर प्रकाशझोत टाकला. अश्याप्रकारे पोषण सप्ताह उत्साहात व आनंदात साजरा करण्यात आला.



*(Signature)*

**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*(Signature)*

**Principal**  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

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## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

• **Academic Year 2018-2019**

### Brief Report

**Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati**

**Internal Quality Assurance Cell (IQAC)**

**Activities undertaken Academic Session 2018-2019**

**Name of the department / Committee: Food and Nutrition**

**Name of the Teacher: Dr. Sharmila Kubde**

Sr.No.	Name of the Activity	Types of Activity	Day/Date	Name of the Event	No of Participants	Objectives	Outcome
1.	Celebrate National Nutrition Week	Departmental Activity	1/09/18 to 7/09/18	1.Nutrition queen competition 2 Essay competition 3. Speech competition 4.Poster competition 5. Poshan Mela Guest lecture by Rashmita Dighade	50 05 24 20 30 59	1. To create awareness of nutrition 2. To inculcate competitive spirit 3.To understand the self nutritional status 4. to develop skills in Communication	1.Awareness to some extent was created. 2.Competitive and team spirit was inculcated 3. Students could understand their own nutritional status and discussed their nutritional problem.

*Dr. Sharmila R. Kubde*  
 Dr. Sharmila R. Kubde  
 Assistant Coordinator, Food and Nutrition  
 Matoshree Vimlabai Deshmukh Mahavidyalaya  
 Amravati.



*DR. S. D. THAKARE*  
 DR. S. D. THAKARE  
 Coordinator, I.Q.A.C.  
 Matoshree Vimlabai Deshmukh Mahavidyalaya  
 Amravati

*Principal*  
 Principal  
 Matoshree Vimlabai Deshmukh  
 Mahavidyalaya Amravati.

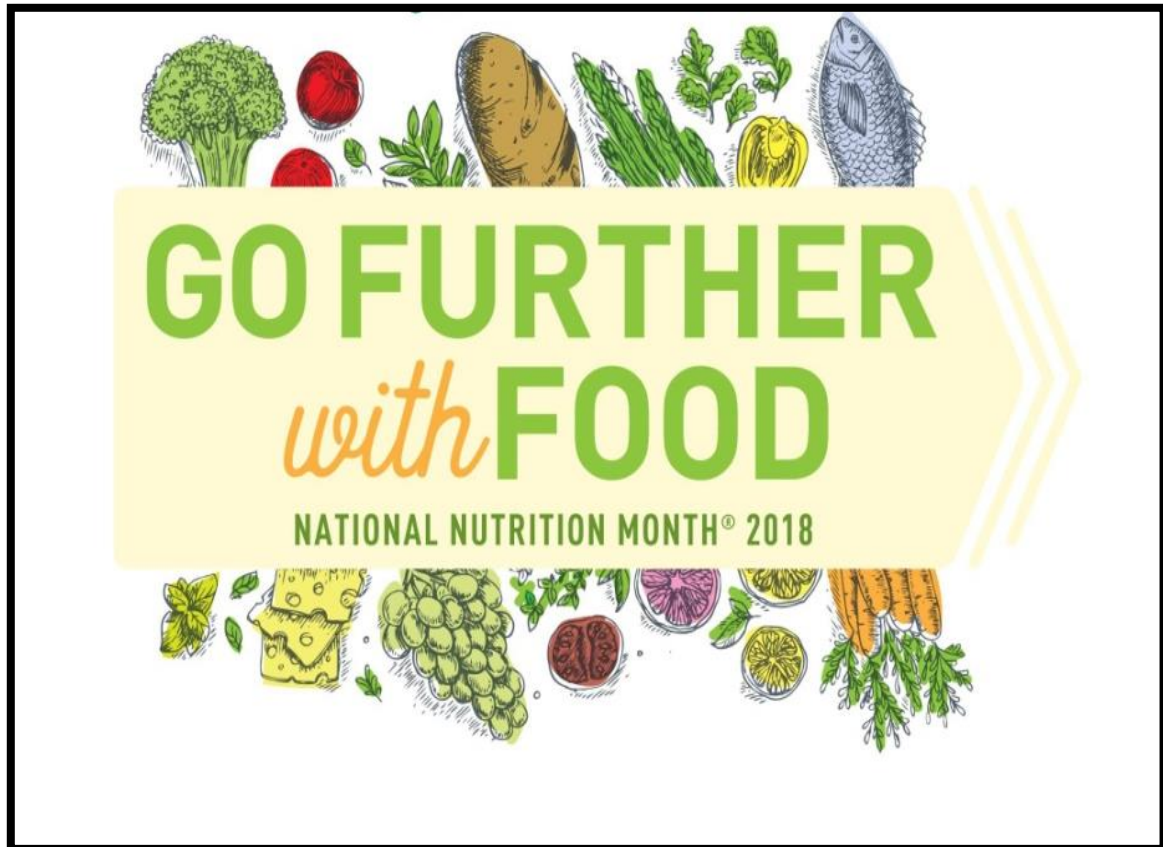
**7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual**



- National Nutrition Week 2018

Theme

'Go Further with Food'



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Notice


#### Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati


#### Department: Food & Nutrition 2018

#### Notice

All the students of Arts and Home Science faculty are here by informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2018. The winners in the competition will be given certificate and prizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and Nutrition department. On 30/08/2018 . The time and date of the competitions are as follows:

Date/Day	Competition	Venue and time
1/09/2018 Saturday	Inauguration Poster competition	Hall. 12.00-2.00 pm
3/09/2018 Monday	Spontaneous speech Competition	Nutrition class room 12.00- 2.00 pm
4/09/2018 Tuesday	Nutrition queen competition first and second round	Food & Nutrition lab 12.30 - 1.30 pm
5/09/2018 Wednesday	Nutrition Queen competition 3&4 round	Food and nutrition lab. 12.00-2.00pm
6/09/2018 Thursday	Essay competition on Entrepreneurship in Food & Nutrition	2.00-3.00 pm
7/09/2018 Friday	Poshan Mela	3.00-4.00pm college campus

  
Dr. Sharmila R. Kubde  
Professor, Food and Nutrition  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Amravati.  
Coordinator.  
Dr. Sharmila Kubde

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Amravati



  
Principal  
Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Shivaji Nagar Amravati 444603 (M.S)

**Inauguration of National Nutrition Week**



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES


### • Essay Competition

#### List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**

Name of the Event/Program: - Celebration of National Nutrition Week 2018  
 Date: 6/09/2018 Day: Thursday Time: 2.00 to 3.00 P.M.  
 In collaboration with: Other Departments  
 Name of the Guest: Competition :- Essay on Entrepreneurship in Food & Nutrition  
 Participant: College Student No. of Participants: 05  
 Objective 1. It helps to enhance our progress and ideas.  
2. To encourage writing skills.  
 Action Taken Organised Essay Competition for students  
 Outcome It helps express feelings and thoughts to the other. It encourage creativity and writing skills.

Sr. No.	Name of the Participant	Signature
1	Rina Bhusari	Rina Bhusari
2	Geeta Yadgire	<del>Geeta Yadgire</del>
3	Pooja Yeekar	Pooja Yeekar
4	Neha Bhuyar	Neha
5	Anjali Kharate	AK
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Dr. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shivaji Nagar Amravati 444603 (M.S.)

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**

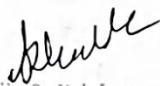
Name of the Event/Program: - Celebration of National Nutrition Week 2018  
 Date: 3/09/2018 Day: Monday Time: 12.00 - 2.00 P.M.  
 In collaboration with: Home Science Deptt and Home Economics.  
 Name of the Guest: Competition: Spontaneous speech on Nutrition.  
 Participant: Students No. of Participants: 24  
 Objective 1. To improve confidence and communication skills among students.  
 Action Taken Organized spontaneous speech on Nutrition for students.  
 Outcome It helps to enhance their ideas, confidence and communication skill.

Sr. No.	Name of the Participant	Signature/class
1	Nikita Pavidtrakar	
2	Neha Bhugur	
3	Samiksha Randhava	
4	Puja Yeokar	
5	Samiksha Bhugul	
6	Ankita Kande	
7	Monalie Bhugul	
8	Dhanashree Kambe	
9	Shilpa Pandhare	
10	Anjali Kharate	
11	Manju Kharate	M.K.
12	Ankita Topale	
13	Priyanka Mawande	R.Mawande

• **Spontaneous Speech Competition - List of Participants**

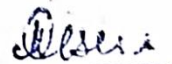
**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**

14	Rina Bhusari	Rina Bhusari
15	Neha Bonde	AB
16	Deepali Dhuriya	Deepali Dhuriya
17	Barakha Sahu	Barakha Sahu
18	Anuradha Chapake	AC Chapake
19	Mamata Malram	Mamata Malram
20	Aarati Malghane	AM
22	Mangala Khadase	MK
23	Geeta Yadgire	GYadgire
24	Monali Meshram	Monali Meshram
25	Neelima Patke	NP
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 Dr. S. D. THAKARE  
 Professor, Food and Nutrition  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati.

  
 DR. S. D. THAKARE  
 Coordinator, I.G.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati



  
 PRINCIPAL

Principal  
 Matoshree Vimalabai Deshmukh Mahavidyalaya,  
 Shivaji Nagar Amravati 444503 (M.S.)

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Spontaneous Speech



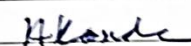

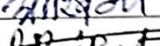

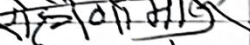
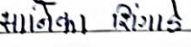
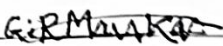
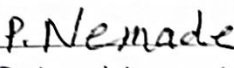
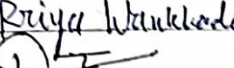
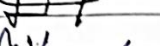
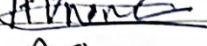


*7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual*

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### • Poster Making Competition - List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**


Name of the Event Program: - Celebration of National Nutrition Week 2018  
 Date: 1/09/2018 Day: Saturday Time: \_\_\_\_\_  
 In collaboration with: Home Economics and other Departments  
 Name of the Event: Competition : Poster making Competition on nutrition  
 Participant: College Student No. of Participants: 20 and diet.  
 Objective 1. To develop the skill of poster making  
2. To extend the importance and knowledge about Nutrition  
 Action Taken Organised poster making Competition for  
students  
 Outcome 1. Students became aware about the poster making  
techniques

Sr. No.	Name of the Participant	Signature
1	Ankita Konde	
2	Harshali Dhongale	
3	Ashwini Chinnare	
4	Ravina Rajput	
5	Rohini Mahare	
6	Sanika Shingade	
7	Gauri Mankar	
8	Pooja Nemade	
9	Priya Wankhade	
10	Dipti Thakare	
11	Aachal Unone	
12	Poonam Chikhede	
13	Manali Bhugul	



**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**

14	Samiksha Randhane	<i>[Signature]</i>
15	Dipali Desaiya	Dipali Desaiya
16	Kajal Mahad	<i>[Signature]</i>
17	Ankita - Konde	<i>[Signature]</i>
18	Nikita Pavitrakar	<i>[Signature]</i>
19	Priya Dakhane	<i>[Signature]</i>
20	Shilpa Pandhare	<i>[Signature]</i>
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*[Signature]*  
SIGN OF TEACHER

*[Signature]*  
DR. S. D. THAKARE  
Coordinator, I.G. A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*[Signature]*  
PRINCIPAL  
Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shivaji Nagar Amravati 444503 (M.S.)

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

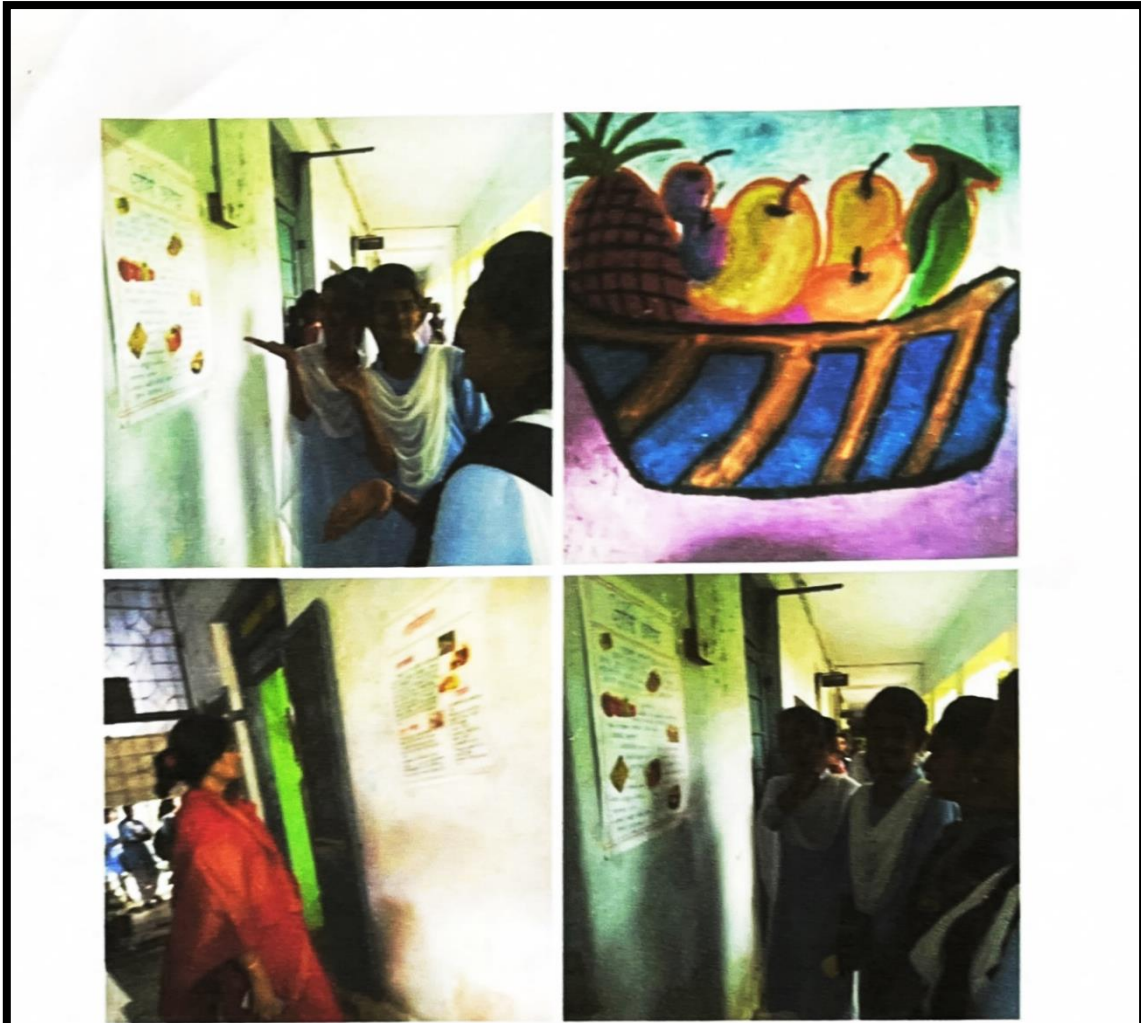
## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Poster Making Competition



*7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual*

**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**



**Poster Competition 2018**

Dr. Sharmila R. Kubde  
Associate Professor, Food and Nutrition  
Kasturba Institute of Health Sciences  
Amravati.



DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Kasturba Institute of Health Sciences  
Amravati

Principal  
Kasturba Institute of Health Sciences  
Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Poshan Mela  
List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**

**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**

Name of the Event/Program - Celebration of National Nutrition Week 2018  
 Date: 7/09/2018 Day: Friday Time: 3:00 to 4:00 PM  
 In collaboration with: Other Departments  
 Name of the Event :- Poshan Mela  
 Participant: College Student No. of Participants: 30  
 Objective 1. To enhance practical application of nutritional recipe 2. To provide entrepreneurial knowledge  
 Action Taken Organized Poshan Mela for students and College Staff  
 Outcome 1. Awareness regarding nutrition and health is created 2. Idea of using different skill for better purpose is generated among the students.

Sr. No.	Name of the Participant	Signature
1	Aarati Malghane	<u>Amalghane</u>
2	Samiksha Randhava	<u>SR</u>
3	Tejaswini Ambadkar	<u>TA</u>
4	Dhanashri Kambe	<u>DK</u>
5	Pooja Yeekar	<u>PYeekar</u>
6	Neha Bunde	<u>NB</u>
7	Nikita Pavitrakas	<u>NP</u>
8	Priya Dakhane	<u>PDakhane</u>
9	Shilpa Pandhare	<u>SPandhare</u>
10	Harshali Dhengale	<u>HDhengale</u>
11	Mamata Masram	<u>MMasram</u>
12	Priyanka Mawande	<u>PMawande</u>
13	Anjali Kharate	<u>AK</u>

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**

14	Neha Bhugol	<u>AB</u>
15	Manju Kharate	<u>MK</u>
16	Ashima Patil	<del>AP</del>
17	Rina Bhudari	Rina Bhudari
18	Aakita Konde	<u>AK</u>
19	Dipali Dhuriya	Dipali Dhuriya
20	Harsha Vanve	Harsha
21	Manali Meshram	<del>MM</del>
22	Aakita Topale	<u>AT</u>
23	Mangala Khadare	<del>MK</del>
24	Gita Yodgire	<u>GY</u>
25	Radhika Bijwe	<del>RB</del>
26	Manali Bhugol	<del>MB</del>
27	Anuradha Chafake	<del>AC</del>
28	Shraddha Umop	<del>SU</del>
29	Madhuri Bhugol	<u>MB</u>
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*Dr. Sharmila R. Kubde*  
**SIGN OF TEACHER**  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati.

*SDM*

**DR. S. D. THAKARE**  
 Coordinator, I.Q.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati



*Principal*  
**PRINCIPAL**

Principal  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Shivaji Nagar Amravati 444603 (M.S.)

**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**

**Delicious Recipes by Students**



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**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

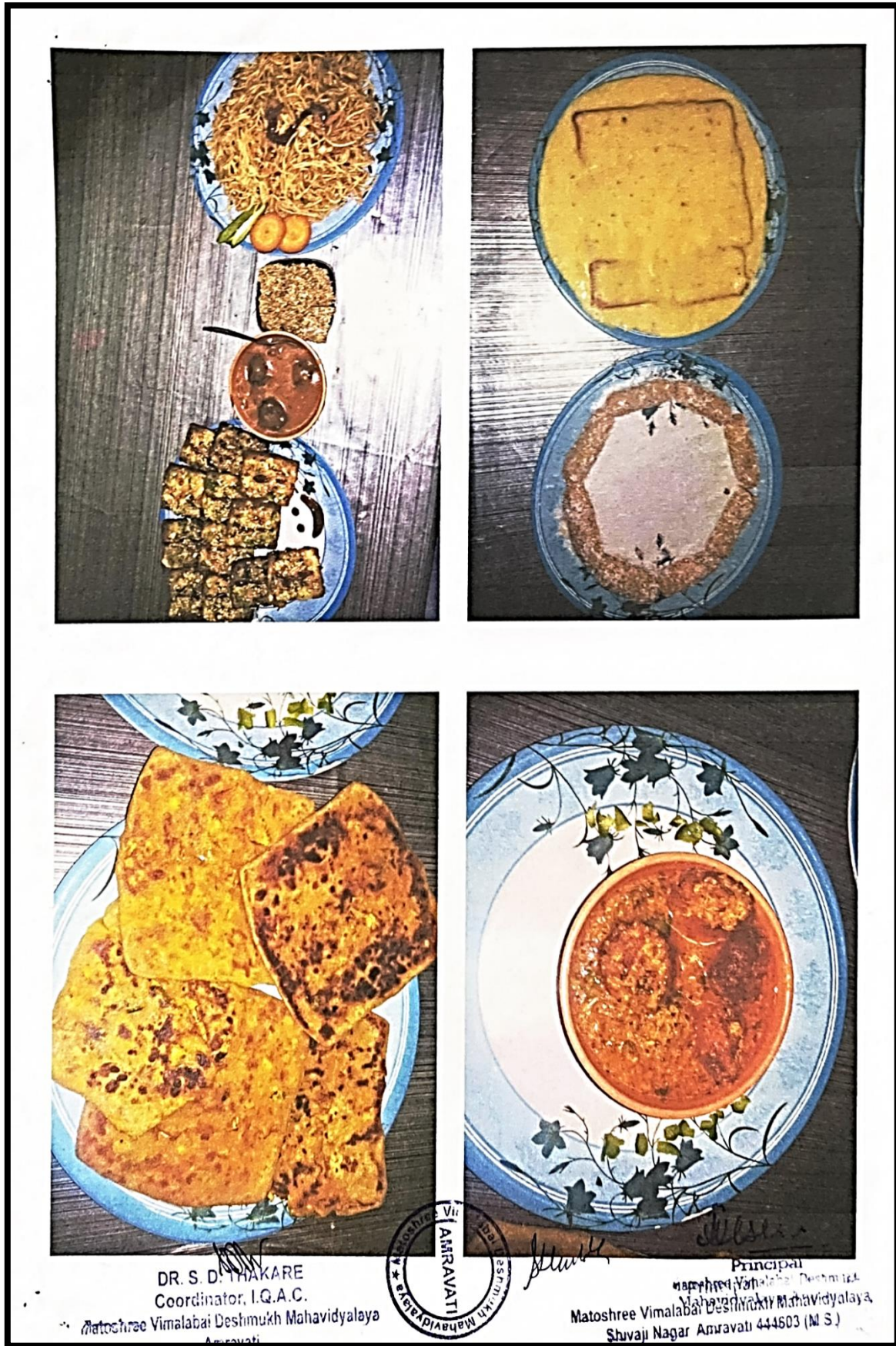


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Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Shivaji Nagar Amravati 444603 (M.S.)

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**



DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Anravati



Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shuvaji Nagar Anravati 444603 (M.S.)

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Guest Lecture

### Notice

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

### Notice

Date:-15/09/2018

It is informed to, all the students of our college that department of Food and Nutrition  
Is organizing a programme of guest lecture & Role Play on date. 19/09/2018

Time: - 12.00 to 2.00 P.M.

Venue :- Matoshree Sabhagruh

Note :- Compulsory to all the students

Faculty :-

B.A-I *JKM*  
B.A-II *KM*  
B.A-III *gus*  
B.Sc(H.Sci)-I *KKM*  
B.Sc (H.Sc)- II *OM*  
B.Sc (H.Sc)- III *gh*  
B.Sc- Part I

*Shubha*  
Programme Incharge  
Dr. Sharmila A. Kubde  
Assistant Professor, Food and Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati.

*DR. S. D. THAKARE*  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



*Principals*  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati



**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**

**Guest Lecture by Mrs. Rashmita Dighade**



**Guest lecture by Dietitian Mrs. Rashmita Dighade  
and Role play on Nutrients  
In collaboration with District Women Hospital Amravati  
on 19/09/2018**



*Sharmila K. Kubde*  
Dr. Sharmila K. Kubde  
Associate Professor, Food and Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati.

*S. D. Thakare*  
DR. S. D. THAKARE  
Coordinator, I.G.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*Principa*  
Principa  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Nutrition Queen Competition -  
List of Participants

### Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Department – Food and Nutrition


#### Nutrition Queen Competition 2018-2019 Students List

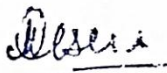
Sr.No	Students List	Weight	Height	B.M. I
1	Samiksha Randhave	81	164	OW
2	Puja Yeokar	39	153	VW
3	Nikita Pavitrakar	44	150	Normal
4	Priya Dakhane	49	148	Normal
5	Shilpa Pandhare	49	161	Normal
6	Priyanka Mavande	42	147	Normal
7	Dipali Dhuriya	38	147	VW
8	Anjali Kharate	64	156	Normal
9	Neha Bhuyar	53	155	Normal
10	Madhuri Bhugul	60	149	Normal
11	Nilima Patke	52	141	VW
12	Rina Bhusari	53	155	Normal
13	Ankita Konde	53	140	VW
14	Anuradha Chapke	44	143	Normal
15	Ankita Tople	161	161	Normal
16	Geeta Yadgire	54	146	Normal
17	Monali Bhugul	57	146	Normal
18	Harshali Dengale	51	138	VW
19	Mamta Masram	66	157	Normal
20	Dhanshree Tambe	56	140	VW
21	Anju Kharate	63	151	Normal
22	Mangla Khadse	67	157	Normal
23	Monali Meshram	57	165	O.W.
24	Ashwini Chinore	46	155	O.W.
25	Ravina Rajput	53	144	VW
26	Nilakshi Kadu	39	137	VW
27	Nutan Gawai	58	147	VW
28	Rucha Bhuyar	49	137	VW
29	Rohini Mahore	49	140	VW
30	Ashwini Jawarkar	49	135	VW
31	Pranali Nandne	59	150	VW
32	Vaishali Kadu	47	136	VW
33	Shrushti Tosar	58	158	Normal
34	Mohini Chude	40	152	VW
35	Rucha Kandalkar	55	149	OW
36	Manisha Thakur	42	151	VW
37	Aachal Unone	60	158	Normal
38	Monali Athawale	38	146	VW
39	Sanika Shingade	38	152	VW

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

40	Priya Gadekar	42	154	UW.
41	Kalyani Chakre	50	155	Normal
42	Tejaswini Mandavdhare	42	150	Normal
43	Manisha Pantagray	40	165	Over w.
44	Sayika Bonde	48	167	UW.
45	Nikita Deshmukh	55	154	Normal
46	Bhavika Khavale	41	148	UW.
47	Neha kori	67	149	OW.
48	Rasika Gulhane	45	162	UW
49	Diksha Damodare	57	166	Normal
50	Shubhanji Chakre	45	152	Normal.

  
**IQAC Coordinator**  
 Coordinator, IQAC  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati

  
**Convener**  
 Dr. Anurag K. Kulkarni  
 Associate Professor, Food and Nutrition  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati.

  
**Principal**  
 Principal  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Shivaji Nagar Amravati 444503 (M.S.)



**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**



**Nutrition Queen Ms.Nilima Patake 2018**

*[Handwritten signature]*  
Sharmila R. Kshirsagar  
Professor Food and Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati.

*[Handwritten signature]*  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*[Handwritten signature]*  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati

*[Circular stamp: Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati]*

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Report – Department of Food & Nutrition

Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati  
Internal Quality Assurance cell (IQAC)

Activities undertaken academic session 2018

#### Report

**Name of the department:** Food and Nutrition

**Name of the activity:** Celebration of National Nutrition Week 2018

**Organising faculty and department:** Dr. Sharmila Kubde, Food and Nutrition Department

**In collaboration with:** Department of Home economics

**Number of the participant:** Total 129 students present in various activities

- Objectives:**
- 1) To create awareness of Nutrition
  - 2) To inculcate competitive spirit
  - 3) To understand the self-nutritional status


**Details of the activity:** First week of September 1 to 7 September is celebrated National nutrition week across India enthusiastically the department under to the following activities for the students

- 1) Poster competition
- 2) Spontaneous speech competition
- 3) Essay on entrepreneurship in food and nutrition
- 4) Nutrition Queen competition
- 5) Poshan Mela


- Outcome:**
- 1) Awareness to some extent was created
  - 2) Competitive and teamwork spirit was inculcated.
  - 3) Students could understand their own nutritional status and discuss their nutritional problems.


**Problem Encountered:**

- 1) It difficult to implement the celebration because limited resources available.

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



  
Dr. Sharmila R. Kubde  
Coordinator, Food and Nutrition  
Department, Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati.

  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Department of Home Economics

### Brief Report

**Matoshree Vimalabai Deshmukh Mahavidyalay , Amravati**


Internal Quality Assurance cell (IQAC)


- Activity undertaken (Academic Session 2018-2019)


Department – Home Economics


Name of the teacher – P. B. Bhamburkar

Sr. No	Name of the activity	Type of the activity	Day/Date	Resource person/guest	Participants / Numbers	Objective	Outcome
1	Celebration of nutritional week	Yearly Program ( Poster Presentation )	01/09/2018	Dr. Suyogita Deshmukh	17	To create awareness of nutrition	Awareness regarding nutrition was created

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

  
Signature of Incharge/Head of the Dept.

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Poster Presentation - List of Participants

Shri Shivaji Education Society; Amravati's  
**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
 Academic Session – 2018-19  
 Internal Quality Assurance Cell (IQAC)

Date : 1/09/2018

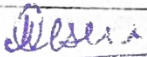
Name of the Programme - Celebration of Nutritional week  
 Name of the Faculty / Department - Home - Economics  
 In collaboration with - Home - science (Nutrition)  
 Co-ordinator / Convenor - Miss- Kale  
 Chairperson of the Programme - Dr. sanyagita Deshmukh


Details of the Guest Faculty


- Name - \_\_\_\_\_
- Designation - \_\_\_\_\_
- Name of the Institute- \_\_\_\_\_

Following members/participants attended the programme :

Sr. No.	Name of the Student	Class	Signatures
1.	Diksha Diliprao Borkar	BAI	<u>D Borkar</u>
2.	Dipali Damodhar Gondane	BAI	<u>D Gondane</u>
3.	Rita Raju Gawar	BAI	<u>Ritagar</u>
4.	Rashani Manohar Khandekar	BAII	<u>R Khandekar</u>
5.	Ashvini Padmakar Chinnore	B.A.II	<u>A Chinnore</u>
6.	Vaishnavi Diliprao Pethe	B.A.II	<u>V Pethe</u>
7.	Aarti H. Marwastkar	BAII	<u>A Marwastkar</u>
8.	Prisanka R. Pande	B.A.II	<u>Pande</u>
9.			
10.			
11.			
12.			

  
 Principal  
 Matoshree Vimalabai Deshmukh  
 Mahavidyalaya, Amravati





7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**

**Poster presentation**



7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Report – Department of Home Economics

Shri Shivaji Education Society Amravati  
Atashri Vimalabai Deshpande Maha Amravati  
Departmental Activity

Date - 01/09/2018 - Academic Session - 2018-19

Name of the Activity - Celebrate National Nutrition week (day)


Organizing faculty & Dept - Home Economics and Home science

No of student presents - 17

Objectives - To create awareness of Nutrition

Details of Activity - Every year we celebrate Nutrition week 1 sept to 7th. During this year we have prepared poster presentation competition for students.

out come - 1) By conducting this program students aware about nutritional value in their life  
2) Awareness regarding Nutrition was created

  
(P.B. Bhandarkar)

News Report

## समाजाच्या प्रगती, भरभराटीवरून घेता येतो आरोग्याचा अंदाज

प्रतिनिधी | अमरावती

समाज म्हटला की, त्यात विविध वयोगटातील स्त्री-पुरुषांचा समावेश असतो. समाजाची प्रगती व भरभराटीवरून समाजाच्या आरोग्याचा अंदाज करता येतो. उत्तम आरोग्य असलेलाच समाज आर्थिक, सामाजिक व शैक्षणिक प्रगती करू शकतो. त्याचप्रमाणे अशा समाजाचा राहणीचा दर्जा पण चांगला असतो, असे प्रतिपादन प्राचार्य डॉ. संयोगीता देशमुख यांनी केले. येथील मातोश्री विमलाबाई देशमुख महाविद्यालयात राष्ट्रीय पोषण सप्ताह मोठ्या उत्साहात साजरा करण्यात आला. त्या प्रसंगी उद्घाटक म्हणून त्या बोलत होत्या.

पुढे बोलताना त्यांनी आहार व पोषणावर समाजातील रुढींचा, आर्थिक, सामाजिक, सांस्कृतिक व धार्मिक विचारांचा परिणाम होताना दिसतो. त्यात अज्ञान, अंधश्रद्धा, गरिबी अशा बऱ्याच कारणांमुळे आहाराबाबत अनेक समस्या निर्माण



स्पर्धा आयोजित करण्यात आल्या होत्या. त्यात महाविद्यालयातील विद्यार्थी सहभागी झाले होते. या निमित्ताने प्रिया मुंघडा यांनी पेय पदार्थ व ते कसे बनवायचे याबद्दल मार्गदर्शन केले. पोषण सप्ताहाचे आयोजन प्रा. डॉ. शर्मिला कुबडे यांनी केले. या प्रसंगी महाविद्यालयातील सर्व प्राध्यापक, शिक्षकेतर कर्मचारी व विद्यार्थी मोठ्या संख्येने सहभागी उपस्थित होते.

स्पर्धेत सहभागी विद्यार्थिनींच्या कलाकृतीचे परीक्षण करताना मान्यवर.

दिव्य सराठी १२/१०/२०१८

Dr. Sharmila K. Kubde  
Associate Professor, Health & Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati.

*[Signature]*

**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



*[Signature]*

Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Shivaji Nagar Amravati 444603 (M S)

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

• Academic Year 2019-2020

### Brief Report

Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati


Internal Quality Assurance Cell (IQAC)

Activities undertaken Academic Session 2019-2020


Name of the department / Committee: Food and Nutrition


Name of the Teacher: Dr. Sharmila Kubde

Sr.No.	Name of the Activity	Types of Activity	Day/Date	Resource Person	No of Participants	Objectives	Outcome
1.	Celebrate National Nutrition Week	Departmental Activity	1/09/19 to 7/09/19	-		1. To create awareness of nutrition 2. To inculcate competitive spirit 3. To understand the self nutritional status 4. to develop skills in recipe and rangoli competition	1. Awareness to some extent was created. 2. Competitive and team spirit was inculcated 3. Students could understand their own nutritional status and discussed their nutritional problem.
		1. Nutrition queen competition		-	76		
		2. Essay competition		-	09		
		3. Speech competition.		-	44		
		4. Poster Competition		-	20		
		5. Slogan Competition		-	04		

  
**DR. S. D. THAKARE**  
 Coordinator, I.Q.A.C.  
 Matoshree Vimlabai Deshmukh Mahavidyalaya  
 Amravati



  
**Dr. Sharmila B. Kubde**  
 Associate Professor, Food and Nutrition  
 Matoshree Vimlabai Deshmukh Mahavidyalaya  
 Amravati

  
**Principal**  
 Matoshree Vimlabai Deshmukh Mahavidyalaya  
 Amravati

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

**National Nutrition Week 2019**

- **Theme**

**'Har Ghar Poshan Vyavahar**

**(Healthy Behaviour in Every Home)**



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Notice

#### Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati

Department: Food & Nutrition 2019

#### Notice

All the students of Arts and Home Science faculty are here by informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2019. The winners in the competition will be given certificate and prizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and Nutrition department. On 30/08/2019 . The time and date of the competitions are as follows:

Date/Day	Competition	Venue and time
<del>2/9/2019</del> Monday	Inauguration Poster competition	Hall, 12.00-2.00 pm
3/09/2019 Tuesday	Spontaneous speech Competition	Nutrition class room 12.00- 2.00 pm
4/09/2019 Wednesday	Nutrition queen competition first and second round	Food & Nutrition lab 12.30 - 1.30 pm
5/09/2019 Thursday	Essay competition on sahi poshan desh roshan	Food and nutrition lab, 12.00-2.00pm
6/09/2019 Friday	Slogan competition on nutrition and health	2.00-3.00 pm
7/09/2019 Saturday	Nutrition Queen competition 3 & 4 round	Food and nutrition lab 12.00 to 2.00 pm

  
 Dr. Sharmila K. Kubde  
 Coordinator  
 Department of Food and Nutrition  
 Matoshree Vimlabai Deshmukh Mahavidyalaya  
 Amravati

  
 DR. S. D. THAKARE  
 Coordinator, I.Q.A.C.  
 Matoshree Vimlabai Deshmukh Mahavidyalaya  
 Amravati



  
 Principal  
 Matoshree Vimlabai Deshmukh Mahavidyalaya  
 Shivaji Nagar Amravati 444503 (M.S.)

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Nutrition Education Exhibition

(Display of Leaflets, Charts, Flashcards, Books on Nutrition)



7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Poster Competition - List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**

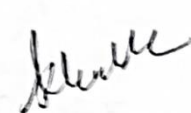
Name of the Event Program: - Celebration of National Nutrition Week 2019  
 Date: 2/09/2019 Day: Monday Time: 12.00 to 2.00 PM.  
 In collaboration with: Home Economics  
 Name of the Guest: Poster Competition  
 Participant: College Student No. of Participants: 20  
 Objective 1. To develop the skill of poster making.  
2. To extend the importance and knowledge about Nutrition.  
 Action Taken Organized poster making competition for students.  
 Outcome 1. Students became aware about the poster making techniques.

Sr. No.	Name of the Participant	Signature
1	Aparna Wankhade	A Wankhade
2	Meenal Rode	M Rode
3	Vaishnavi Pethe	V. Pethe
4	Shubhangi Ingale	Shubhangi
5	Ravina Rajput	R. Rajput
6	Dhanashri Mohod	D M
7	Chanchal Kotangule	Chanchal
8	Aachal Khandare	AK
9	Diksha Pachghare	D P
10	Pranali Nandane	P Nandane
11	Harshika Shrirame	H S
12	Kanchan Surve	K Surve
13	Nilakshi Kadam	N K


7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**


14	Pratiksha Futane	R Futane
15	Kanchan Waghmare	<del>Kanchan Waghmare</del>
16	Sagar Dhok	<del>Sagar Dhok</del>
17	Vaishali Wath	Vaishali Wath
18	Vaishali Kadam	Vaishali Kadam
19	Rucha Bhugos	R Bhugos
20	Yogita Lonjekar	Yogita Lonjekar
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SIGN OF TEACHER



DR. S. D. THAKARE  
Coordinator, I.G.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



PRINCIPAL

Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shrihari Nagar Amravati 444603 (M.S.)

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Spontaneous Speech Competitions -

#### List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**

**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**

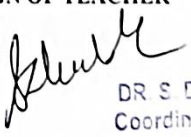
Name of the Event Program: Celebration of National Nutrition Week-2019  
 Date: 2 Sept 2019 Day: Day Time: 12:00 to 2:00 P.M.  
 In collaboration with: Home Science Dept & Home Economics  
 Name of the ~~Event~~ Competition: Spontaneous speech on Nutrition  
 Participant: Students No. of Participants: 14  
 Objective: 1. To improve confidence  
2. To improve communication skill and critical thinking  
 Action Taken: Organized spontaneous speech con.  
 Outcome: These skills will be useful for both their formal education and their future education.

Sr. No.	Name of the Participant	Signature/class
1	Aashwini Blogat	B.Sc II (H.Sc.)
2	Shivani Tikale	B.Sc II (H.Sc.)
3	Vaishnavi Kalbande	B.Sc II (H.Sc.)
4	Sakshi Wakade	B.Sc II (H.Sc.)
5	Shweta Tale	B.Sc II (H.Sc.)
6	Rajashri Gajbhiye	B.Sc II (H.Sc.)
7	Komal Kantale	B.Sc II (H.Sc.)
8	Sonali Bangalkar	B.Sc II (H.Sc.)
9	Devashri Patke	B.Sc II (H.Sc.)
10	Nishigandha Meshram	B.Sc I (H.Sc.)
11	Nutan More	B.A. II
12	Nitika Ramteke	B.A. I
13	Gouri Mankar	B.Sc II (H.Sc.)


## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

14	Vaishali Kade	B.Sc III (H.Sc.)
15	Shraddha Tagade	B.Sc III
16	Rucha Bhuyar	B.Sc III (H.Sc.)
17	Priya Wankhade	B.A. II
18	Vaishali Wanje	B.Sc. III (H.Sc.)
19	Shrushti Thosar	B.Sc III (H.Sc.)
20	Sagar Dhoke	B.Sc. III (H.Sc.)
22	Nutan Gawai	B.Sc. III (H.Sc.)
23	Dipti Thakare	B.Sc III (H.Sc.)
24	Yogita Lanjewar	B.Sc. III (H.Sc.)
25	Vaishali Mandalkar	B.Sc. III (H.Sc.)
26	Pradnya Mahalle	B.Sc. III (H.Sc.)
27	Pratiksha Futane	B.Sc. III (H.Sc.)
28	Ashwini Jawarkar	B.Sc. III (H.Sc.)
29	Menali Aathawale	B.Sc. III (H.Sc.)
30	Pooja Nemade	B.Sc III (H.Sc.)
31	Rucha Kandalkar	B.Sc. III (H.Sc.)
32	Pranali Nandane	B.Sc III (H.Sc.)
33	Harshika Shirame	B.Sc. III (H.Sc.)
34	Nilakshi Kade	B.Sc. III (H.Sc.)
35	Kanchan Waghmare	B.Sc. III (H.Sc.)
36	Kiran Futane	B.Sc. III (H.Sc.)
37	Peenam Jawarkar	B.Sc. III (H.Sc.)
38	Diksha Chappani	B.Sc. III (H.Sc.)
39	Rutuja Patil	B.Sc. III (H.Sc.)
40	Vaishnavi Wath	B.Sc. III (H.Sc.)
41.	Kanchan Surve	B.Sc. III (H.Sc.)
42.	Manisha Kirdak	B.Sc. III (H.Sc.)
43	Chanchal Kotangale	B.Sc. III (H.Sc.)
44.	Dhanashri Mohod.	B.Sc. III (H.Sc.)


SIGN OF TEACHER



DR. S. D. THAKARE  
Coordinator, I.G.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



PRINCIPAL



Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shivaji Nagar, Amravati 444603 (M.S.)

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Essay Competition - List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**

**Internal Quality Assurance cell (IQAC)**

**Department of Home Science**

**Food and Nutrition**

Name of the Event Program: Celebration of National Nutrition Week 2019  
 Date: 5/09/2019 Day: Thursday Time: 12.00 to 2.00 PM  
 In collaboration with: Home Economics  
 Name of the Event: Competition :- Essay on Sahi Pacher Dosh Roshan  
 Participant: College Student No. of Participants: 09  
 Objective - 1. To encourage creativity and Writing Skills  
2. To bring out the ability to think quickly.  
 Action Taken 1. Essay Writing Competition organized for students  
 Outcome It helps to improve and analyze their progress in writing skills, It helps express feelings and thoughts.

Sr. No.	Name of the Participant	Signature/Mobile No.
1	Puja Banarase	P. Banarase
2	Nutan Gawai	Nutan Gawai
3	Pradnya Mahalle	
4	Roshana Hatram	
5	Toufti Bhalerao	
6	Vaishali Kady	VKady
7	Yagita Lanjewar	Yagita Lanjewar
8	Vaishnavi Maudalkar	
9	Shradha Wankhwar	
10		
12		Principal
13		Matoshree Vimalabai Deshmukh Mahavidyalaya Shivaj Nagar Amravati 444503 (M.S.)

**DR. S. D. THAKARE**  
 COORDINATOR IQAC  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**

**Maashree Vimalabai Deshmukh Mahavidyalaya, Anravati**

**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**

Name of the Event Program: Celebration of National Nutrition Week 2019  
 Date: 21.11.2019 Day: Friday Time: 12.00 to 3.00 PM  
 In collaboration with: Chem Department  
 Name of the Guest: Competition - Slogan on Nutrition  
 Participant: College Student No. of Participants: 04  
 Objective: To bring out their thoughts and creativity on paper.  
 Action Taken: Organized Slogan Competition for Students.  
 Outcome: Students wrote Slogan on nutrition related topic.

Sr. No.	Name of the Participant	Signature
1	Kanchan Suresh	
2	Pooja Nemade	
3	Bhagyashree Dalvi	
4	Pooja Banarase	P. Banarase
5		
6		
7		
8		
9		
10		
11		
12	 DR. S. D. THAKARE Coordinator, IQAC	 Principal
13	Maashree Vimalabai Deshmukh Mahavidyalaya Anravati	Maashree Vimalabai Deshmukh Mahavidyalaya, Shivajinagar Anravati - 446003 (M.S.)

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Essay Competition



*7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual*

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Nutrition Queen Competition

#### List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Department – Food and Nutrition**  
**Nutrition Queen Competition 2019-2020**  
**Students List**

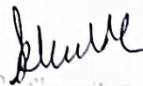
Sr.No	Students List	Weight	Height	B.M. I
1	Vaishanvi Kalbande	48	148	Normal
2	Ashwini Bhagat	35	148	V.W.
3	Shivani Tikale	51	157	Normal
4	Shweta Tale	34	150	Normal
5	Sakshi Wakade	30	161	O.W.
6	Komal Kantale	48	144	Normal
7	Sonali Bangalkar	52	158	Normal
8	Deveshree Patke	53	153	Normal
9	Rajashree Gajbhiye	35	151	V.W.
10	Rashami Karade	31	143	V.W.
11	Sakshi Parise	35	143	V.W.
12	Anjali Jadhav	50	142	Normal
13	Pallavi Raut	50	162	Normal
14	Nikita Damale	50	152	Normal
15	Vaishanavi Utane	45	154	V.W.
16	Megha Hinge	35	152	V.W.
17	Vaishanavi Hiwse	35	151	V.W.
18	Vaishanavi Gohatre	35	145	V.W.
19	Bhagyashree Chavhan	45	150	V.W.
20	Ashwini Gade	46	147	V.W.
21	Puja Rane	50	164	V.W.
22	Puja Puke	45	154	V.W.
23	Sushma Lakhpurkar	30	145	V.W.
24	Rajni Sharma	45	158	V.W.
25	Priyanka Pande	65	164	Normal
26	Bharati Dhurve	60	168	Normal
27	Ravina Rajput	35	166	O.W.
28	Anjali Tayade	45	155	Normal
29	Manisha Kirdak	55	153	Normal
30	Kanchan Waghmare	35	139	V.W.
31	Aachal Khandare	30	150	V.W.
32	Monalli Athvale	38	153	V.W.
33	Shrushti Tosar	50	154	Normal
34	Manisha Thakur	40	154	V.W.
35	Priya Wankhade	49	145	Normal
36	Vaishali Kadu	50	143	Normal
37	Diksha Chapani	44	147	Normal
38	Poonam Jawarkar	60	147	O.W.
39	Chanchal Kontangale	55	152	Normal
40	Trupti Bhalerao	44	158	Normal

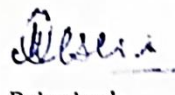
## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

41	Nutan Gawai	60	147	OW
42	Yogita Lanjewar	55	152	Normal
43	Shradha Tagade	44	158	Normal
44	Ravina Jadhav	56	159	Normal
45	Divya Mohod	51	165	UW
46	Rucha Bhuyar	41	154	UW
47	Ashiwini Jawarkar	55	153	Normal
48	Nilakshi Kadu	50	164	UW
49	Rucha Kandalkar	44	147	Normal
50	Pranali Nandane	58	165	OW
51	Vaishali Wanje	48	160	Normal
52	Harshika Shirame	43	147	Normal
53	Dipti Thakare	43	145	Normal
54	Gauri Borekar	46	155	OW
55	Nitika Ramteke	47	160	Normal
56	Dhanshree Chude	44	158	Normal
57	Vaishanavi Ardak	50	165	UW
58	Tejal Ingle	55	156	Normal
59	Pragathi Shirke	44	150	UW
60	Pallavi Rathod	44	156	UW
61	Lakshami Gawai	45	156	UW
62	Nutan More	45	151	Normal
63	Roshani Ingole	47	151	Normal
64	Pranita Tanduskar	40	157	Normal
65	Chanchal Dhole	45	155	Normal
66	Sakshi Thakare	43	157	UW
67	Vidhi Dravykar	45	139	Normal
68	Nishgandha Meshram	46	153	Normal
69	Janvi Khawale	47	155	Normal
70	Pratiksha Futane	41	149	UW
71	Kiran Futane	39	149	U.W.
72	Puja Nemade	49	148	Normal
73	Kanchan Surve	49	153	Normal
74	Gauri Mankar	35	146	UW
75	Vaishanavi Wat	40	152	UW
76	Juhi Pal	45	140	Normal



  
**IQAC Coordinator**  
 DR. S. D. ...  
 Coordinator, I.Q.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya,  
 Amravati

  
**Convener**  
 ... R. Kubde  
 ...  
 Matoshree Vimalabai Deshmukh Mahavidyalaya,  
 Amravati.

  
**Principal**  
 Principal  
 Matoshree Vimalabai Deshmukh Mahavidyalaya,  
 Shivaji Nagar Amravati 444603 (M.S.)

**7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual**

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Measurement of Weight and Height for BMI in Nutrition Queen Competition



*7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual*





Nutrition Queen

Ms. Rucha Bhuyar 2019

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Anravati




  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Anravati


**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**



**Prize Distribution of National Nutrition Week 2019**

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukhi Mahavidyalaya  
Amravati



  
Sarmila S. Kumbhar  
Assistant Professor, Department of Nutrition  
Matoshree Vimalabai Deshmukhi Mahavidyalaya  
Amravati

  
Principal  
Matoshree Vimalabai Deshmukhi  
Mahavidyalaya Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Report – Department of Food & Nutrition

Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati  
Internal Quality Assurance cell (IQAC)

Activities undertaken academic session 2019

#### Report

Name of the department: Food and Nutrition Name of the activity: Celebration of National Nutrition Week 2019

Organising faculty and department: Dr.Sharmila Kubde , Food and Nutrition Department

In collaboration with: Department of Home economics

Number of the participant: Total 153 students present in various activities

Objectives: 1) To create awareness of Nutrition  
2) To inculcate competitive spirit  
3) To understand the self-nutritional status


Details of the activity: First week of September 1 to 7 September is celebrated National nutrition week across India enthusiastically the department under to the following activities for the students

- 1) Poster competition
- 2) Spontaneous speech competition
- 3) Essay on Sahi poshan Desh Roshan
- 4) Nutrition Queen competition
- 5) Slogan Competition

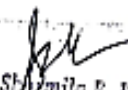
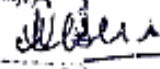
Outcome: 1) Awareness to some extent was created  
2) Competitive and teamwork spirit was inculcated.  
3) Students could understand their own nutritional status and discuss their nutritional problems.

#### Problem Encountered:

- 1) It difficult to implement the celebration because limited resources available.

  
DR. S. D. THAKARE  
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Amravati



  
Dr. Sharmila R. Kubde  
Associate Professor, Food and Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati.  
  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati.

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Department of Home Economics

### Brief Report

Matoshree Vimalabai Deshmukh Mahavidyalay , Amravati

- Internal Quality Assurance cell (IQAC) -  
Activity undertaken (Academic Session 2019-2020)

Department – Home Economics

Name of the teacher – P. B. Bhamburkar

Sr. No	Name of the activity	Type of the activity	Day/Date	Resource person/guest	Participants / Numbers	Objective	Outcome
1	Nutrition Week	Guest Lecture	7 <sup>th</sup> Sept 2019	Dr. Neeta Giri	19	To create awareness of nutrition	Awareness regarding nutrition was created



*DR. S. D. THAKARE*  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalay  
Amravati



*P. B. Bhamburkar*

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Notice

दि. ५/०९/१९


मातोश्री विमलाबाई देशमुख  
मरा. अमरावती

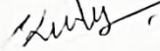
\* सूचना A


परिच्छ महाविद्यालयीन विद्यार्थ्यांना शुचिपत्र  
फरव्याल येते की, आपल्या महाविद्यालयात  
'पोषण सत्यागनिमित्त' दि ७ सप्टेंबर २०१९  
रात्री दु १०.०० वा. 'पोषण व आहार' या  
विषयावर **व्याख्यानचे आयोजन** केले आहे.  
तरी सर्व विद्यार्थ्यांनी स्वम नं मध्ये  
उपस्थित राहणे

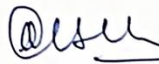
संलग्निकास्येभाग प्रमुख  
B.A.

प्रा. प्राची बा. मोनुस्कर

B.A I -  05.9.2019


B.A II - 

B.A III - 

  
PRINCIPAL  
Matoshree Vimalabai Deshmukhi  
Mahavidyalaya, Amravati  
मा. वि. व. मरा. अमरावती

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Guest Lecture - List of Participants



Shri Shivaji Education Society, Amravati's  
 Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
 Academic Session – 2019-20

Internal Quality Assurance Cell (IQAC)  
 DATE: 07/09/2019

Name of the Programme - Guest Lecture

Name of the Faculty / Department - P.B. Bhamburde  
Home - Economics

In collaboration with - \_\_\_\_\_

Co-ordinator / Convenor - \_\_\_\_\_

Chairperson of the Programme - Dr. Sanyogita Deshmukh  
(Principal)

Details of the Guest Faculty

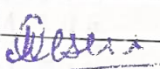

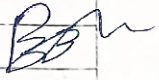
- Name - Dr. Neeta Gite
- Designation - Asst-Professor
- Name of the Institute- Y. D. V. D. M. V. Tiwasa, Ane

Following members/participants attended the programme :

Sr. No.	Name of the Student	Class	Signatures
1.	Nikita Ravindra Waghod	B.A.I	N.R. Waghod.
2.	Kanchan Ramdas Chavhan	B.A.I	Dehahan
3.	Monika Ravindra Kalane	B.A.I	(M) Kalane
4.	Kona Sanyal Chandra	B.A.I	(S) Chandra
5.	K. Vishakha Vijayaraj Mute	B.A.I	(V) Mute
6.	Pratiksha Madhukar Khobragade.	B.A.I	P.M. Khobragade.
7.	Sneha Gowami Ingole.	B.A.I	(S) Ingole.
8.	Sakshi Ganjay Mehae.	B.A.I	(S) Mehae.
9.	Nikita Devicks Zimte	B.A.I	N. D. Zimte.
10.	Reati S. Machankar	B.A.I	P. S. Machankar
11.	Harshali B. Sawankar	B.A.I	(H) Sawankar
12.	Anju. A. Wankhade.	B.A.II	(A) Wankhade.
13.	Anju A. Pedil	B.A.II	A. A. Pedil

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**

14.	Apeksha T. Kewatakar	B.A. III Apeksha
15.	Vaishnavi D. Pethe.	B.A.III Pethe
16.	Roshani M. Khanekar	BA. III Ekhanekar
17.	Ashvini P. Chinnore.	B.A.III Chinnore.
18.	Dipali D. Gondane	B.A.II Gondane
19.	Diksha D. Borkar	B.A.II Borkar
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47.		
48.	Principal Vimalabai Deshmukh Maharaja Pratap Singh College, Amravati	
49.		
50.		

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Guest Lecture by Dr. Neeta Giri



7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

• **Academic Year 2020-2021**

### Brief Report

**Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati**


**Internal Quality Assurance Cell (IQAC)**

**Activities undertaken Academic Session 2020-2021**


**Name of the department / Committee: Food and nutrition**

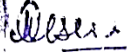
**Name of the Teacher: Dr. Sharmila Kubde**

Sr.No.	Name of the Activity	Types of Activity	Day/Date	Resourse Person	No of Participants	Objectives	Outcome
1.	Celebrate National Nutrition Week	Departmental Activity Conducted on online mode	1/09/20 to 7/09/20	1. One minute competition 2. Rangoli competition 3. Ornaments making competition 4. One full meal diet competition	08 09 07 06	1. To create awareness of nutrition 2. To inculcate competitive spirit 3. To understand the self nutritional status 4. to develop skills in recipe and rangoli competition 5. To improve knowledge and confidenc	1. Awareness to some extent was created. 2. Competitive and team spirit was inculcated 3. Students could understand their own nutritional status and discussed their nutritional problem.

  
**DR. S. D. THAKARE**  
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 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati



  
**Dr. Sharmila P. Kubde**  
 Associate Professor, Food and Nutrition  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati.

  
**Principal**  
 Matoshree Vimalabai Deshmukh  
 Mahavidyalaya Amravati.

**7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual**

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

National Nutrition Week 2020

- Theme

'Eat Right, Bite by Bite'



*7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual*

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Notice

#### Notice

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Food and nutrition department तर्फे राष्ट्रीय पोषण महिना निमित्त वेगवेगळ्या स्पर्धा आयोजित केल्या आहेत त्यात सर्वांनी सहभाग घ्यावा. प्रत्येक स्पर्धेत सहभाग घेणाऱ्या विद्यार्थ्यांना E\_Certificate देण्यात येईल. खाली स्पर्धेची नावे आणि त्याची माहिती दिलेली आहे. या वर्षीच्या सर्व स्पर्धा ऑनलाईन होणार आहे.

१. एक मिनिट स्पर्धा.

यात **समतोल आहारावर एक मिनिट बोलायचे** आहे. त्याचे ऑडियो रेकॉर्डिंग करून खाली दिलेल्या no var पाठवा.

२. रांगोळी स्पर्धा \_ यात आहारावर आधारित रांगोळी काढून त्याचा फोटो काढून पाठवायचा आहे.

३. थाळी सजावट स्पर्धा \_ यात कोणत्याही वयोगटा साठी एक वेळेस चे जेवनाचे ताटाची सजावट करून त्याचा फोटो काढून आणि पदार्थाचे महत्त्व लिहून पाठवायचा आहे.

४. सगळ्यांना उत्सुकता असते पोषण सुंदरी २०२० स्पर्धेची. यात भाजी, तृणधान्य, कडधान्य, फळे वापरून दागिने करायचे आहेत आणि ते घालून फोटो काढून पाठवायचा आहे.

पोषण सुंदरी आणि थाळी सजावट या स्पर्धेत प्रथम येणाऱ्या विद्यार्थिनीला १०१/ रु सोबत certificate मिळेल.

५. प्रश्न मंजुषा स्पर्धा. यात तुम्हाला आहारावर आधारित प्रश्न दिल्या जाईल. ज्यांचा स्कोअर जास्त राहिल तो प्रथम येईल.

तुम्ही स्पर्धेत सहभागी होण्याकरिता खालील what's app no. var तुमचे audio आणि फोटो तुमचे नाव, कॉलेज चे नाव, वर्ग व फोन no लिहून पाठवा.

संपर्क no. \_ ९९२३०८६२७२

संयोजक.

DR. S. D. SHARMA  
Associate Professor, Food and Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
अन्न व पोषण विभाग

M V D M, Amravati.



DR. S. D. THAKARE  
Coordinator, I.Q.A.C.

Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

Principal

Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Shivaji Nagar Amravati 444603 (M.S.)

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Notice


#### Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati


Department : Food & Nutrition 2020

#### Notice

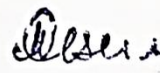
All the students of Arts and Home Science faculty are here by informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2020. The winners in the competition will be given certificate and cashprizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and nutrition department. All the competition are organised online mode. The time and date of the competitions are as follows:

Date/Day	Competition	Venue and time
1/09/2020 Tuesday	Spontaneous speech competition	Online mode 12.00-2.00 pm
2/09/2020 Wednesday	Rangoli Competition	Online mode 12.00 to 2.00 pm
4 /09/2020 Friday	Jwellery Making competition from vegetable and fruits	Online mode 12.00 to 2.00 pm
7/09/2020 Monday	Full meal diet competition	Online mode 12.00 to 2.00 pm

  
Coordinator, Nutrition  
Dr. Sharmila Kubde  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Amravati.

  
DR. S. D. THAKARE  
Coordinator, I.G.A.C.  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Amravati



  
Principal  
Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shivaji Nagar Amravati 444603 (M.S.)

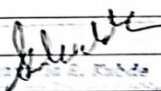

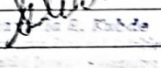



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Rangoli Competition - theme basic nutrients

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**

Name of the Event Program: Celebration of National Nutrition Week  
 Date: 21/09/2020 Day: Wednesday Time: 12.00 PM to 2.00 PM  
 In collaboration with: Other Departments  
 Name of the Guest: Competition is Rangoli on Nutrient & Health issue  
 Participant: College Student No. of Participants: 09 (Online Mode)  
 Objective: To motivate the students to perform and outshine in their creative skills.  
 Action Taken: Rangoli Competition organized for student.  
 Outcome: Students created beautiful patterns of Rangoli created on the floor using greens and coloured sand.

Sr. No.	Name of the Participant	Signature/Class
1	Komal Ruikar	B.Sc II (H.Sc.)
2	Tejalwini Sagar	B.Sc II (H.Sc.)
3	Dhanashri Chakrawar	B.Sc III (H.Sc.)
4	Pratiksha Shelke	B.A II
5	Sakshi Parise	B.Sc II (H.Sc.)
6	Anisha Vidhale	B.Sc II Science
7	Vaishnavi Samudra	B.A II
8	Shravani Dahole	BA II
9	Rohini Raut	B.Sc III (H.Sc.)
10		
11		
12		 Principal
13	 Dr. S. D. THAKARE Coordinator, IQAC Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati	 Matoshree Vimalabai Deshmukh Mahavidyalaya Siksha Nagar, Amravati 444503 (M.S.)

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### List of Participants

#### Jewellery Making Competition - List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**

**Internal Quality Assurance cell (IQAC)**

**Department of Home Science**

**Food and Nutrition**

Name of the Event Program: - Celebration of National Nutrition Week - 2020

Date: 4/09/2020 Day: Friday Time: 12.00 to 2.00 P.M.

In collaboration with: Other Department

Name of the Event: Competition: Jewellery Making Competition from Vegetable, grains

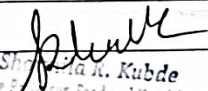
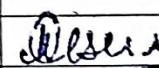

Participant: College Student No. of Participants: 07 } Fruits

Objective 1. To develop the Skill of Jewellery Making.

2. To develop the Creativity and Knowledge

Action Taken Organized Jewellery making Competition for students.

Outcome 1. Students created beautiful Jewellery from grains, Vegetables and enhance their Creativity and skills.

Sr. No.	Name of the Participant	Signature / class
1	Komal Ramesh Ruikar	B.Sc. II (H.Sc.)
2	Dhushri Chakkarwar B.Sc. III	Mahila College Pused.
3	Vaishnavi Kalbande	B.Sc III (H.Sc.)
4	Tejaswini Sagane	B.Sc II (H.Sc.)
5	Nilam Kurwade	B.A. II
6	Komal Mahatme	B.Sc. III (H.Sc.)
7	Pratyoti Bhasme	Arts II
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9		
10		
11		
12	 Dr. S. D. Thakare Coordinator, I.Q.A.C.	 Principal
13		Matoshree Vimalabai Deshmukh Mahavidyalaya Shivajinagar Amravati 444503 (M.S.)

Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

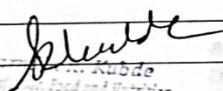

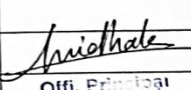
## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Recipe Competition -


#### List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Internal Quality Assurance cell (IQAC)**  
**Department of Home Science**  
**Food and Nutrition**

Name of the Event Program: - Celebration of Nutrition Week 2021  
 Date: 7/01/2021 Day: Monday Time: 11:00 P.M. to 2:00 P.M.  
 In collaboration with: Other Department  
 Name of the Guest: Competition : Recipe competition (online mode)  
 Participant: College Student No. of Participants: 06 (one full meal diet)  
 Objective  
 1. To create skills among students  
 2. To enhance practical application of nutritious recipe  
 Action Taken  
 1. Organised Recipe competition for students  
 2. To enhance knowledge of students about nutrition  
 Outcome  
 1. Nutritious recipes served for boosting health  
 2. Enhance skills and knowledge about cooking methods.

Sr. No.	Name of the Participant	Signature/Class
1	Yogita Lanjewar	B.Sc. III (Home Sci)
2	Pragati Bansod	B.Sc. I
3	Pratiksha Khobragade	B.A I
4	Gauri Kalaskar	B.A I
5	Roshani Bhagat	B.Sc II (Science)
6	Sekshi Durge	B.A. I.
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**DR. S. D. THAKARE**  
 Coordinator, I.Q.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati




**Offi. Principal**  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Shuvaji Nagar Amravati 444503 (M.S.)

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual




**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**



**Celebration of National Nutrition Week 2020  
online competition organised by Food & Nutrition  
Department**

*Dr. Sharmila S. Kulkarni*  
Principal  
Anantashree Vimalabai Deshmukh  
Mahavidyalaya Amravati



*DR. S. D. THAKARE*  
Coordinator, I.C.A.C.  
Anantashree Vimalabai Deshmukh Mahavidyalaya  
Amravati

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Report – Department of Food & Nutrition

अन्न व पोषण विभागातर्फे दि. १ सप्टेंबर ते ७ सप्टेंबर 2020 मध्ये पोषण सप्ताह साजरा करण्यात आला.या वर्षी या विभागातर्फे ऑनलाईन स्पर्धा आयोजित केल्या होत्या.त्यात एकूण 30 विद्यार्थिनी स्पर्धेत सहभागी झाल्या होत्या.या सर्वांना E certificate देण्यात आले व प्रथम येणाऱ्यास 101रु रोख देण्यात आले. खाली प्रथम क्रमांक येणाऱ्यांची यादी देत आहे.

एक मिनिट स्पर्धा \_ कु.तेजस्विनी सगने

धाळी सजावट स्पर्धा \_कु. योगिता लांजेवार

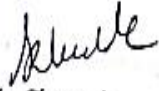
दागिने बनविणे \_ कु.कोमल रुईकर.

रांगोळी स्पर्धा \_कु.तेजस्विनी सगणे.

प्रश्न मंजूषा \_ यात सगळेच स्पर्धक विजयी झाले.त्यांना E certificate देण्यात आले.



DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



प्रा.डॉ. शर्मिला कुंबडे.  
अन्न व पोषण विभाग  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shivaji Nagar Amravati 444603 (M.S.)

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Department of Home Economics – Report

**MatoshreeVimlabaiDeshmukhMahavidyalaya,Amravati**

**Internal Quality Assurance Cell**

**Dept. of Home Economics**

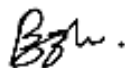
**Celebration Nutrition Week (2020-21)**

In India, the National Nutrition Week is observed every year from September 1 to September 7 to raise public awareness about nutrition and healthy eating habits. The week is observed to make people understand the importance of nutritional and adaptive eating habits so that they can maintain a healthy lifestyle.

National Nutrition Week was initiated in March 1973 by the members of the American Dietetic Association (now the Academy of Nutrition and Dietetics) to deliver the nutrition education message to the public while promoting the profession of dietetics. In 1980 the public showed great response towards it and the weeklong celebration expanded to become a month-long observance.

In the year 1982 National Nutrition week celebration was started by the Central Government in India. The campaign was started to spread awareness and encourage people as a society to understand the importance of nutrition and adopt a healthy, sustainable lifestyle. We all know that malnutrition is one of the main hurdles in the overall development of the country which is necessary to overcome it and curb it National Nutrition Week is celebrated. **The theme for National Nutrition Week 2020 was 'Eat Right, Bite by Bite'**

As a part of celebration of Nutrition Week, we as Department of Home Economics has celebrated Nutrition Week from 1<sup>st</sup> Sept to 7<sup>th</sup> Sept 2020. We have conducted Quiz competition on nutritional Aspect "Strength". The Quiz competition was conducted in collaboration with Dept. Of Home Economics, Shri Shivaji Mahavidyalaya Akot. Near about 65 contestant has participated in the online quiz. Three participants were awarded for the contest. Swati Vaidya Asso. Prof Dept of Home Economics, Shri Shivaji Mahavidyalaya Akot was the guest for the said contest. She has also expressed her though on How the nutrition will work in healthy life.



Head

Dept. of Home Economics

  
**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati





Principal

MVDM, Amravati  
Dr. Mrs. Chhaya N. Vidhale  
Offi. Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Department of Home Economics Quiz on Nutrition (Google Form)

12/13/21, 2:00 PM

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Questions Responses 64 Settings

Section 1 of 2

मातोश्री विमलाबाई देशमुख महाविद्यालय  
अमरावती व श्री शिवाजी कला, वाणिज्य विज्ञान  
महाविद्यालय अकोट यांच्या संयुक्त विद्यमाने  
गृह अर्थशास्त्र विभागातर्फे पोषण सप्ताहाच्या  
निमित्ताने ओळखा पाहू? स्पर्धेचे आयोजन

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आपले नाव प्रविष्ट करा \*

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Mrs. Chitaya Bhanale  
Offi. Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati. 14



7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

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Section 2 of 2  
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**प्रश्न मंजूषा**

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प्रथिनांचा मुख्य शाकाहारी स्रोत आहे \*


पामेभाज्या व फळे

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*Mudhale*  
Office, Principal  
Mataashree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

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## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

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## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

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मधुमेह




विविध आजारापासून संरक्षणासाठी व्यक्तीची चांगली असावी \*

अधिक परिस्थिती

आहार पद्धती

रोग प्रतिशरक शक्ती

यापैकी नाही

    
Office: Prof. Anil K. Kulkarni  
Mahatma Jyotiba Phule Mahavidyalaya, Amravati.

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# CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

## Result Sheet

Sl. No.	Name of the Candidate	Registration No.	Grade	Result	Remarks
8100001 02 12	Savitri Sahu	810000102120001	B.A.	Pass	
8100001 02 13	Umesh Kumar	810000102130001	B.A.	Pass	
8100001 11 14 01	Prachi Babanrao Shinde	81000011114010001	B.A.	Pass	
8100001 11 14 02	Prachi Babanrao Shinde	81000011114020001	B.A.	Pass	
8100001 12 13 01	Prachi Babanrao Shinde	81000011213010001	B.A.	Pass	
8100001 12 13 02	Prachi Babanrao Shinde	81000011213020001	B.A.	Pass	
8100001 12 13 03	Prachi Babanrao Shinde	81000011213030001	B.A.	Pass	
8100001 12 13 04	Prachi Babanrao Shinde	81000011213040001	B.A.	Pass	
8100001 12 13 05	Prachi Babanrao Shinde	81000011213050001	B.A.	Pass	
8100001 12 13 06	Prachi Babanrao Shinde	81000011213060001	B.A.	Pass	
8100001 12 13 07	Prachi Babanrao Shinde	81000011213070001	B.A.	Pass	
8100001 12 13 08	Prachi Babanrao Shinde	81000011213080001	B.A.	Pass	
8100001 12 13 09	Prachi Babanrao Shinde	81000011213090001	B.A.	Pass	
8100001 12 13 10	Prachi Babanrao Shinde	81000011213100001	B.A.	Pass	
8100001 12 13 11	Prachi Babanrao Shinde	81000011213110001	B.A.	Pass	
8100001 12 13 12	Prachi Babanrao Shinde	81000011213120001	B.A.	Pass	
8100001 12 13 13	Prachi Babanrao Shinde	81000011213130001	B.A.	Pass	
8100001 12 13 14	Prachi Babanrao Shinde	81000011213140001	B.A.	Pass	
8100001 12 13 15	Prachi Babanrao Shinde	81000011213150001	B.A.	Pass	
8100001 12 13 16	Prachi Babanrao Shinde	81000011213160001	B.A.	Pass	
8100001 12 13 17	Prachi Babanrao Shinde	81000011213170001	B.A.	Pass	
8100001 12 13 18	Prachi Babanrao Shinde	81000011213180001	B.A.	Pass	
8100001 12 13 19	Prachi Babanrao Shinde	81000011213190001	B.A.	Pass	
8100001 12 13 20	Prachi Babanrao Shinde	81000011213200001	B.A.	Pass	
8100001 12 13 21	Prachi Babanrao Shinde	81000011213210001	B.A.	Pass	
8100001 12 13 22	Prachi Babanrao Shinde	81000011213220001	B.A.	Pass	
8100001 12 13 23	Prachi Babanrao Shinde	81000011213230001	B.A.	Pass	
8100001 12 13 24	Prachi Babanrao Shinde	81000011213240001	B.A.	Pass	
8100001 12 13 25	Prachi Babanrao Shinde	81000011213250001	B.A.	Pass	
8100001 12 13 26	Prachi Babanrao Shinde	81000011213260001	B.A.	Pass	
8100001 12 13 27	Prachi Babanrao Shinde	81000011213270001	B.A.	Pass	
8100001 12 13 28	Prachi Babanrao Shinde	81000011213280001	B.A.	Pass	
8100001 12 13 29	Prachi Babanrao Shinde	81000011213290001	B.A.	Pass	
8100001 12 13 30	Prachi Babanrao Shinde	81000011213300001	B.A.	Pass	
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8100001 12 13 47	Prachi Babanrao Shinde	81000011213470001	B.A.	Pass	
8100001 12 13 48	Prachi Babanrao Shinde	81000011213480001	B.A.	Pass	
8100001 12 13 49	Prachi Babanrao Shinde	81000011213490001	B.A.	Pass	
8100001 12 13 50	Prachi Babanrao Shinde	81000011213500001	B.A.	Pass	

Sl. No.	Name of the Candidate	Registration No.	Grade	Result	Remarks
8100001 12 13 51	Prachi Babanrao Shinde	81000011213510001	B.A.	Pass	
8100001 12 13 52	Prachi Babanrao Shinde	81000011213520001	B.A.	Pass	
8100001 12 13 53	Prachi Babanrao Shinde	81000011213530001	B.A.	Pass	
8100001 12 13 54	Prachi Babanrao Shinde	81000011213540001	B.A.	Pass	

Dr. S. D. THAKKAR  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Amravati



Dr. Mrs. Chhaya N. Vidnale  
Offi. Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual



News Report

क्रमिक गौरव सहाय, कुनोय क्रमिक हने मेमेटी आणि प्रमाणपत्र देऊन वार्षिक विद्यार्थी व पाठक मुलां अंजुन श्रेष्ठ अन्निक, वक्तृत्व सामानित करण्यात आले. यावेळी उपस्थित होते.

## मातोश्री विमलाबाई देशमुख महाविद्यालयात राष्ट्रीय पोषण सप्ताह साजरा



**अमरावती (प्रतिनिधी) :**  
मातोश्री विमलाबाई देशमुख  
महाविद्यालयात गृहविज्ञान व  
गृहअर्थशास्त्र विभागाद्वारे राष्ट्रीय पोषण  
सप्ताह साजरा करण्यात आला.

या सप्ताहात महाविद्यालयात  
विविध उपक्रम राबविण्यात आले.

अध्यक्षस्थानी प्राचार्य डॉ.ताया  
विधले होत्या. या सप्ताहात  
विद्यार्थ्यांसाठी पाककला स्पर्धा,  
प्रश्नसुधा घेण्यात आली. त्यात  
विद्यार्थ्यांनी ऑनलाइन पद्धतीने  
उत्कृष्ट सहभाग घेतला. आहार तज्ञ  
चिन्मयन यादव, रायपूर यांचे  
व्याख्यान झाले. तर प्राध्यापक ज्योती

कांबळे यांनी कोरोना काळातील  
आहार यावर मार्गदर्शन केले.  
कार्यक्रमाचे आयोजन प्राध्यापक डॉ.  
शर्मिला कुबडे व प्राध्यापक प्राची  
भाबुरकर यांनी केले. कार्यक्रमाच्या  
यशस्वितेसाठी महाविद्यालयातील  
सर्व प्राध्यापक, शिक्षकेतर कर्मचारी  
यांनी सहकार्य केले.

१०

शब्दकोडे उत्तर



*Dr. Sharmila K. Kubde*  
Assistant Professor, Food and Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati.

*DR. S. D. THAKARE*  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*Principal*  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati


# CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES


Academic Year 2021-2022

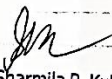
## Brief Report


**Matoshree Vimlabai Deshmuh Mahavidyalaya, Amravati**  
**Internal Quality Assurance Cell (IQAC)**  
**Activities undertaken Academic Session 2021-2022**  
**Name of the department / Committee: Food and nutrition**  
**Name of the Teacher: Dr. Sharmila Kubde**

Sr.No.	Name of the Activity	Types of Activity	Day/Date	Name of the Event	No of Participants	Objectives	Outcome
1.	Celebrate National Nutrition Week	Departmental Activity	1/09/21 to 7/09/21	1. Recipe competition 2. Chittaranjan Yadav, Raipur 3. Jyoti Kambale Nagpur 4. Nutrition Queen Competition	05 Students and staff members Students and staff members 52	1. To create awareness of nutrition 2. To inculcate competitive spirit 3. To understand the self nutritional status 4. To develop skills in recipe and rangoli competition	1. Awareness to some extent was created. 2. Competitive and team spirit was inculcated 3. Students could understand their own nutritional status and discussed their nutritional problem.

  
**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
Deshmukh Mahavidyalaya



  
**Prof. Dr. Sharmila R. Kubde**  
Professor  
Department of Food and Nutrition  
Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati.

  
**Off. Principal**  
Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati

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**National Nutrition Week 2021**

- **Theme**

**'Feeding smart right from the start'**



**Notice**

Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati

Department: Food & Nutrition 2021

**Notice**

All the students of Arts, Home Science and Science faculty are here by informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2021. The winners in the competition will be given certificate and cash prizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and Nutrition department. On 25/08/2021 or before 30/09/2021. The time and date of the competitions are as follows:

Date/Day	Competition	Venue and time
1/09/2021 Wednesday	Inauguration Nutrition Queen Competition 1, & 2 round	Food & Nutrition Lab. 12.00-2.00
2/09/2021 Thursday	Recipe Competition	Online mode 12.00- 2.00
4/09/2021 Saturday	Guest lecture by dietitian Mr Chittaranjan Yadav on severe acute malnutrition child	Online mode 12.30 - 1.30 pm
6/09/2021 Monday	Nutrition Queen competition 3&4 round	Food and nutrition department 12.00-2.00pm
7/09/2021 Tuesday	Guest lecture by Jyoti Gujar on post covid -19 diet	Online mode 12.30-1.30 pm

*[Signature]*  
Coordinator,  
Dr. Sharmila Kubde  
Food & Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

Principal



*[Signature]*  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*[Signature]*  
Off. Principal  
Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shivaji Nagar Amravati 444603 (M.S.)

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Recipe competition - List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**

**Internal Quality Assurance cell (IQAC)**

**Department of Home Science**

**Food and Nutrition**

Name of the Event/Program: - Celebration National Nutrition Week 2021

Date: 21/09/2021 Day: Thursday Time: 12.00 - 2.00PM.

In collaboration with: Home Economics


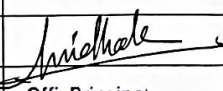
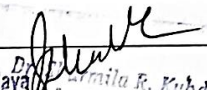
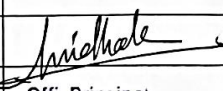
Name of the Guest: Competition : Recipe Competition (online Mode)

Participant: Students No. of Participants: 05

Objective 1. To create skills among students.  
2. To enhance practical application of nutritious recipe.

Action Taken 1. Organised Recipe Competition for students.

Outcome 1. Nutritious recipes served for boosting health.  
2. To enhance knowledge of students about nutrition.

Sr. No.	Name of the Participant	Signature /class
1	Sakshi R. Jawanjalkar 9604072404	B.A. I
2	Priyanka Tembhone 8080342196	B.Sc. I (Homesc.)
3	Sakshi Sudhir Durge 9130416579	B.A. I
4	Vaishnavi R. Mahalle 9370498791	B.Sc. I
5	Jayashri N. Shirbhate 7276656133	B.A. I.
6		
7		
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9		
10		
11	 <b>DR. S. D. THAKARE</b> Coordinator, I.Q.A.C.	 Offi. Principal
12	 Anamika R. Kulkarni	 Offi. Principal
13	Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati	Matoshree Vimalabai Deshmukh Mahavidyalaya Shivaji Nagar Amravati 444603 (M.S.)

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

# CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

## Webinar Brochure

MATOSHREE VIMLABAI DESHMUKH  
MAHAVIDYALAYA , AMRAVATI

Department of Food and Nutrition  
Organizing one day webinar on

" IDENTIFICATION OF SAM (SEVERE ACUTE MALNUTRITION) CHILD "

LIVE ON ZOOM  
DATE : 4th Sept 2021  
TIME : 2:00 PM

Resource Person  
Mr. Chittaranjan Yadav  
Dietician

Offi. Principal  
Dr. Chhaya Vidhale

Organizer  
Dr. Sharmila Kubde

Sharmila Kubde

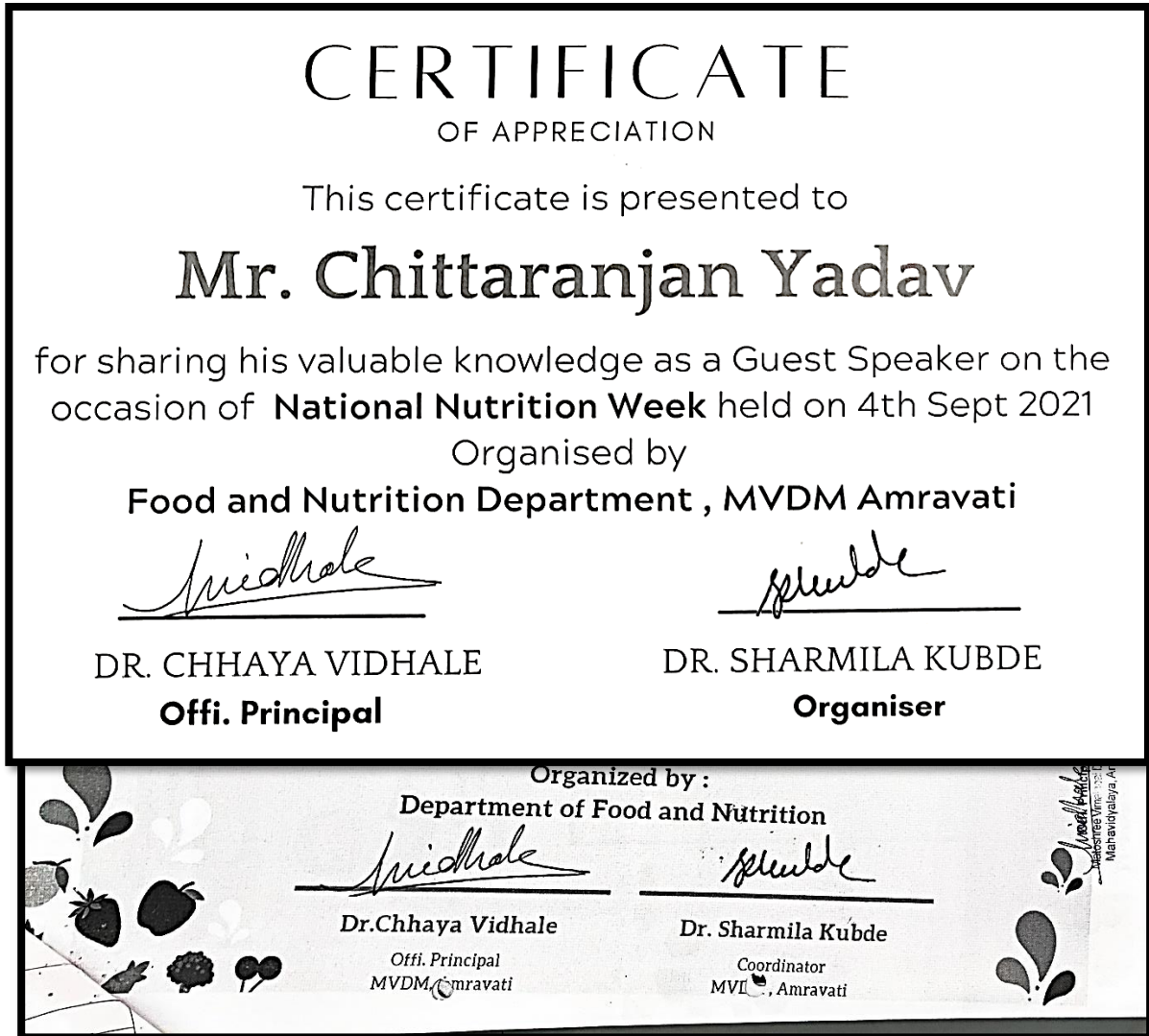
Chittranjan Yadav

Chhaya Vidhale

Sadhana Mohod

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Certificate to Resource Person



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Nutrition Queen Competition - List of Participants

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Department – Food and Nutrition**  
**Nutrition Queen Competition 2021-2022**  
**Students List**

Sr.No	Students List	Weight	Height	B.M. I
1	Ashvini Kanhuji Gade	40	156cm	UW
2	Bhgyashri Manikrao Chavan	46	151	OW
3	Darshana Ravishrao Gangasagar	69	158	OW
4	Dhiraj Raju Gawali			
5	Dipali Kailasrao Wanve	45	152	N
6	Komal Rameshrao Ruikar	50	150	N
7	Neha Kunjilal Yadav	50	153	N
8	Nikita Prakash Somkuwar	43	161	UW
9	Nikita Wasudeo Damle	45	150	N
10	Pallavi Vijay Raut	46	153	N
11	Payal Vinodrao Sonone	49	155	N
12	Pooja Nilkanth Rane	47	148	N
13	Rajni Vinod Sharma	50	150	N
14	Rashmi Naresh Karde	38	145	UW
15	Rutuja Ashvanil Patil	46	157	UW
16	Sakshi Raju Parise	44	156	UW
17	Sanjivani Babarao Tataskar	50	155	N
18	Shubhangi Devidas Wajage	45	145	N
19	Shubhangi Gajananrao Dhotre	40	161	UW
20	Sushma Rameshrao Lakhpurkar	34	144	UW
21	Takshashila Milind Wankhade	40	150	UW
22	Tanaya Vijay Jawarkar	41	155	UW
23	Tejaswini Dnyaneshwar Sagane	65	156	OW
24	Vaishnavi Ashok Meshram	30	135	UW
25	Vaishnavi Jagdish Utane	40	147	UW
26	Vaishnavi Virendra Hiwase	33	152	UW
27	Achal Pavanrao Rode	61	150	UW
28	Amruta Shridharao Chaudhari	46	161	N
29	Aniket Surdas Ganvir			
30	Apeksha Jagdish Utane	45	153	UW
31	Asmita Subhashrao Parise	36	142	UW
32	Khushi Rameshwar Kanthale	48	149	N
33	Komal Sanjay Gulhane	43	155	UW
34	Megha Shyam Chandan	38	147	UW
35	Neha Pritam Ingale	47	155	N
36	Nikhil Dnyaneshwar Dupare	4		
37	Nikita Dhanraj Wankhade	45	148	N
38	Nikita Marotrao Kurwade	50	140	OW
39	Nisha Chandu Jondhale	58	150	OW
40	Nisha Diapk Nagapure	53	153	N




## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

41	Pallavi Sunil Raut			
42	Pooja Harishchandrarao Tagde	35	154	VW
43	Pragati Rangrao Bansod	53	155	N
44	Pratiksha Pradiprao Gawali	49	158	N
45	Priyanka Prabhakar Tembhurne	45	158	V.W.
46	Punam Baburao Kadu	50	153	N
47	Reshma Gulab Dudhmochan	42	155	VW
48	Sakshi Sunil Dhole	30	141	VW.
49	Shalinidevi Vinodkumar Tiwari	40	147	VW.
50	Unnati Dhanraj Khedakar	52	163	N.
51	Vaishanavi Nandkishor Gaygole	48	149	N
52	Vaishanavi Rajesh Mahalle	36	142	V.W.
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**IQAC Coordinator**  
**DR. S. D. THAKARE**  
 Coordinator, I.Q.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati

  
**Dr. S. S. Kumbde**  
 Associate Professor, Food and Nutrition  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati.

  
 Offi. Principal  
 Matoshree V  
**Principal**  
**Principal**  
 Matoshree Vimalabai Deshmukh Mahavidya  
 Shivaji Nagar Amravati 444603 (M.S.)

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**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**




**Nutrition Queen 2021**

  
**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Dashmukh Mahavidyalaya  
Amravati



*Dr. Sharmila R. Kubde*  
Associate Professor, Food and Nutrition  
Matoshree Vimalabai Dashmukh Mahavidyalaya,  
Amravati.

  
Off. Principal  
Matoshree Vimalabai Dashmukh Mahavidyalaya,  
Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

- Department of Home Economics

### Brief Report

**Matoshree Vimalabai Deshmukh Mahavidyalay , Amravati**

Internal Quality Assurance cell (IQAC)

Activity undertaken (Academic Session 2021-2022)


Department – Home Economics

Name of the teacher – P. S. Shamburkar

Sr. No	Name of the activity	Type of the activity	Day/Date	Resource person/guest	Participants / Numbers	Objective	Outcome
1	Nutrition week	Celebration of Nutrition week <i>Guest</i> <i>online</i>	04 <sup>th</sup> Sept 2021 07 <sup>th</sup> Sept 2021	Mr. Chittaranjan Yadav Prof. Jyoti Kamble	20	To Create the awareness about nutrition	Participants of guest lecture get the knowledge about nutrition in day to day life.

*Midhale*

Offi. Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati



*DR. S. D. THAKARE*

Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

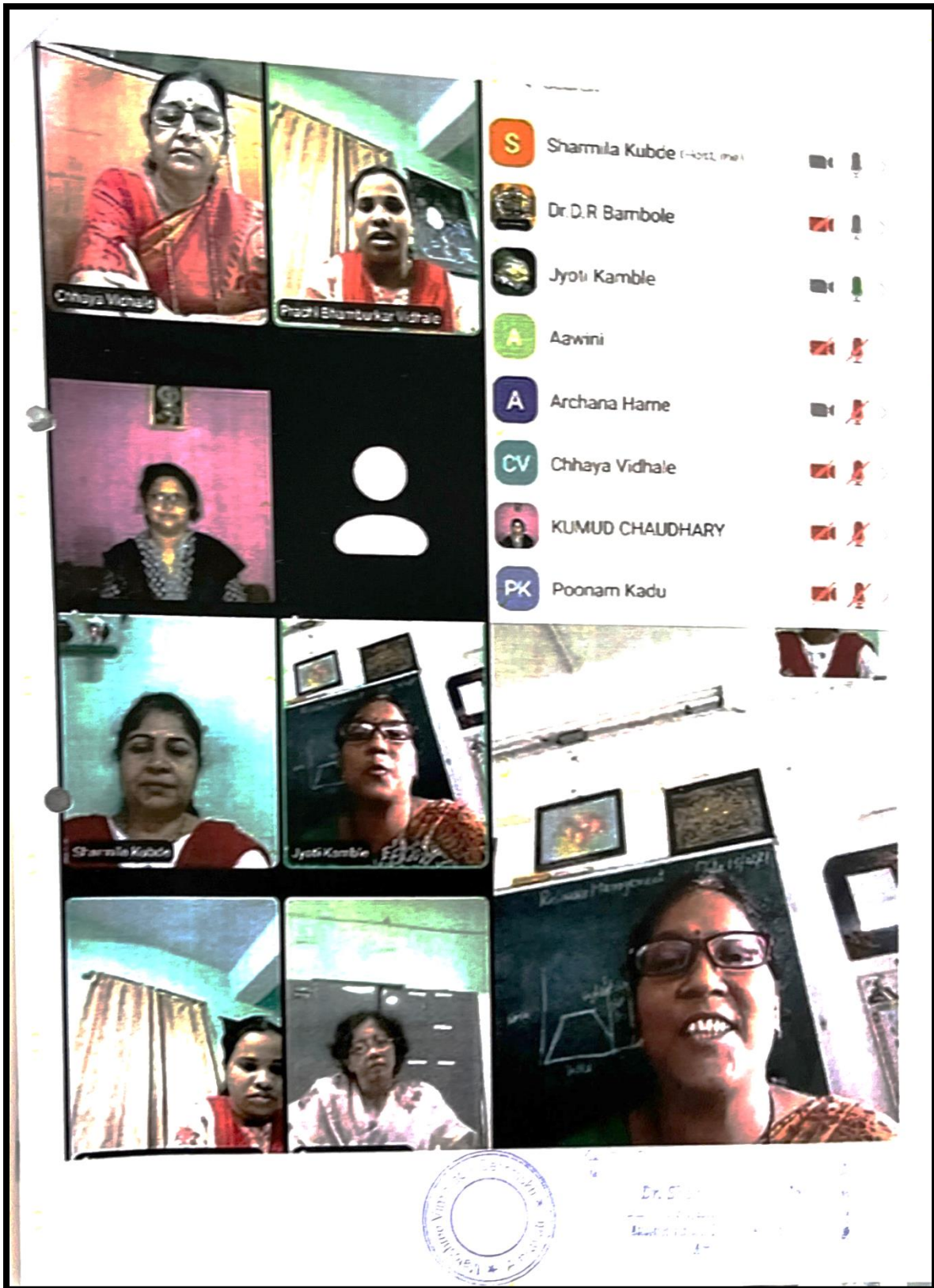
*DR. S. D. THAKARE*

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

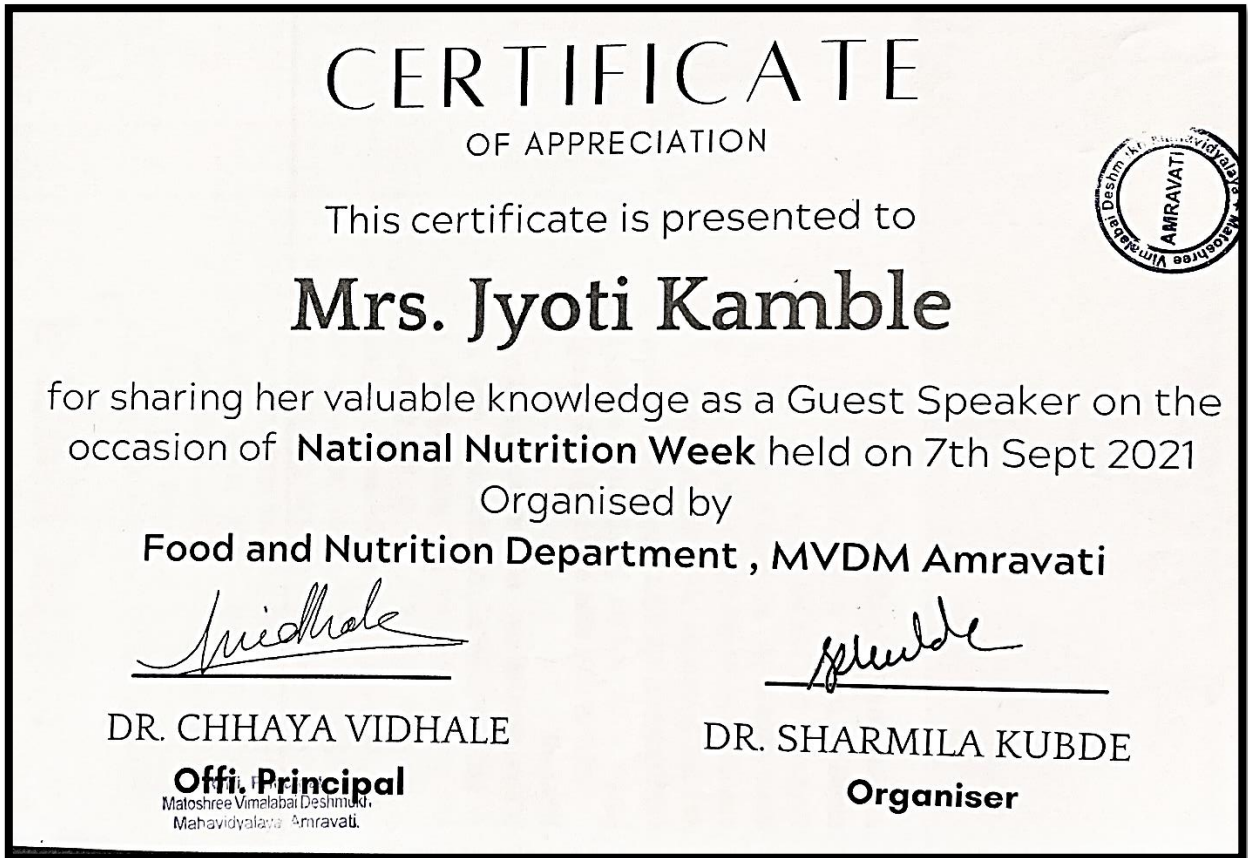
Guest Lecture by Mrs. Jyoti Kamble



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**CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES**

**Certificate to Resource Person**



News Report

10 Sept 2021 ७७५१६५४

## मातोश्री विमलाबाई देशमुख महाविद्यालयात राष्ट्रीय पोषण सप्ताह उत्साहात साजरा

**अमरावती/प्रतिनिधी:-** मातोश्री विमलाबाई देशमुख महाविद्यालया अमरावती येथे राष्ट्रीय पोषण सप्ताह १ ते ७ सप्टेंबर २०२१ या काळात घेण अंतर्गत गृह विज्ञान व गृहअर्थशास्त्र विभागाद्वारे साजरा करण्यात आला. यावर्षी सप्टेंबर महिन्यात थीम वर आधारित पोषण महिना देशभरात साजरा करण्यात येत आहे. यात प्रत्येक आठवड्यात वेगवेगळ्या थीम देण्यात आलेले आहे.

थीम १) : १ ते ७ सप्टेंबर पोषण वाटिका म्हणजेच वृक्ष रोपण करणे थीम २) ८ ते १५ सप्टेंबर : पोषणासाठी योग आणि आयुष्य थीम ३,) १६ ते २३ सप्टेंबर अंगणवाडी लाभार्थ्यांना क्षेत्रीय पोषण किट वितरण थीम ४) २४ ते ३० सप्टेंबर : अतिकुपोषित बालकांचा शोध घेऊन पोषक अन्नाचे वितरण तसेच या वर्षी Feeding smart right from start ही थीम होती.

सर्वांना पोषणाचे महत्त्व समजून देणे तसेच यासंदर्भात जागरूकता निर्माण करून लोकांना निरोगी तसेच चांगली जीवन शैली स्वीकारण्यासाठी प्रोत्साहित करणे आणि देशातील सर्व लोकांच्या सर्वांगीण विकासातील मुख्य अडथळ्या असणाऱ्या कुपोषणाच्या समस्येवर मात करण्यासाठी हा राष्ट्रीय पोषण सप्ताह दरवर्षी साजरा करण्यात येतो. या सप्ताहात महाविद्यालयात विविध उपक्रम राबविण्यात आले यात मा. प्राचार्य डॉ. छाया विघळे मॅडम यांनी अध्यक्ष पद स्वीकारले व पोषण सप्ताहाचे उद्घाटन केले. यासाठी महाविद्यालयातील सर्व प्राध्यापक उपस्थित होते.

या सप्ताहात पाककला स्पर्धा, प्रश्नमंजुषा विद्यार्थ्यांसाठी आयोजित करण्यात आल्या होत्या.

त्यात विद्यार्थ्यांनी ऑनलाईन पद्धतीने उत्स्फूर्त सहभाग घेतला. दिनांक ४ सप्टेंबर रोजी आहार तज्ञ श्री चित्तरंजन यादव, रायपूर यांचे severe acute malnutrition child या विषयावर व्याख्यान झाले त्यात त्यांनी या विकाराची लक्षणे, काळजी, त्यांची ओळख तसेच या काळात घेण्यात येणारा आहार यावर योग्य मार्गदर्शन केले. दिनांक ७ सप्टेंबर रोजी प्राध्यापक ज्योती कांबळे यांनी कोरोना काळातील आहार यांचे व्याख्यान आयोजित करण्यात आले होते या संपूर्ण कार्यक्रमाचे आयोजन प्राध्यापक डॉ. शर्मिला कुंबडे व प्राध्यापक प्राची भांबुरकर यांनी केले. या कार्यक्रमाच्या यशस्वितेसाठी महाविद्यालयातील सर्व प्राध्यापक, शिक्षकेतर कर्मचारी यांचे सहकार्य लाभले.

### जाहीरनामा/सायटेशन

अमरावती येथील १ व २ वी वीसचे प्राध्यापक (व्यक्तिगत कार्य) डॉ. छाया विघळे यांच्या मार्फत १०/०९/२०२१

Smt. Shobha Vijay Sonwane+6 ... अडोळ ... बरोबर ... नि. ... येथे

काम : फोटो गोळा करणे

अडोळ : 1. Smt Shobha Vijay Sonwane, Age 57 y. Occu: Household  
2. Amit Vijayrao Sonwane, Age 36 y. Occu. Service  
3. Anita Anilrao Sonone, age 46y. Occu. Household  
4. Shubham Anilrao Sonone, age 25, Occu. Pvt. Job,  
1 to 4 Satyadev Furniture, Line Gadge Nagar, Amravati  
5. Satish N. Georao Sonone Age 57y. Occu. Service  
6. Sau. Manisha Satish Sonone Age 49 Y. Occu. Household

DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
#matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

**Activity Report**

**Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati  
Internal Assurance Cell ( IQAC)  
Departmental Activity**

**Report on National Nutrition Week**

According to the official website of the National Health Portal, every year the first week of September, from 1<sup>st</sup> to 7<sup>th</sup> September, is designated as National Nutrition Week to increase awareness of the value of nutrition for health. The national nutrition week's theme varies every year. Through a variety of programmes, national nutrition week seeks to improve dietary habits and raise awareness among the general public. In 1992, the Central Government first launched the programme.

The Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati's department of home science, Every year, organises National Nutrition Week. Several initiatives on nutrition, good health, and healthy lifestyles are undertaken to help and raise awareness of healthy eating. Here is an article on the celebration.

The Matoshree Vimlabai Deshmukh Mahavidyalaya's department of food and nutrition observed National Nutrition Week, with the primary goal of raising awareness of the value of nutrition to health. The department of home science is holding a number of competitions, including quizzes, essay contests, the Poshan Mela, ornament-making contests using fruits, vegetables, and cereals, rangoli competitions, the Nutrition Queen competition, and guest lectures, in honour of National Nutrition Week. Competitions for wholesome recipes were also organised.

For the students, a quiz, one-minute memory games, and spontaneous speech competitions were organised. Slogans and posters were used to raise awareness of activities, cooking techniques, and food for different ailments. Through charts and posters, students educate others. The nutrition department organised the Poshan Mela, which featured a variety of wholesome cuisine created by BSc III year students and sold at the event. It offers a platform for the goods created by the students, who learned the value of working hard to succeed financially. The students from the home science department and the art students competed in the department's original competition, the Nutrition Queen competition.

All of the girls were anxious to compete in the nutrition queen competition in each of these competitions.

**Objective:**

1. To provide an efficient method for educating people about nutrition and health.
2. To educate adolescents about the importance of nutrition as a part of preventative health.



The foundational factor that influences and defines the health of everyone, affluent or poor, is nutrition. It paves the path for us to develop as people, work, play, fight off illness, and strive for fulfilment both as individuals and as societies.

The direct techniques of nutritional assessment are as follows.

1. Nutritional Anthropometry
2. Clinical Signs
3. Biochemical Methods
4. Bio Physical Methods
5. Diet Survey

The winner of these five rounds was the nutrition queen. First round measurements were taken for height and weight. Growth retardation may be the body's initial reaction to nutritional deficiency, with clinical indications appearing as the first stage.

The most common method of measurement used was anthropometric, or weight and height, which were measured to the closest millimetre. The zero error must be adjusted, and the weighted scale should be set up on a flat, firm surface. Without shoes or much clothing, the girls were forced to stand on the balance's platform. The girls were divided into groups depending on their nutritional status using the recommended WHO Body Mass Index (BMI). The grade is typical if it is between 20.00 and 25.00 BHI. Girls with a BMI of 20 to 25 (normal) are chosen for the third round in the second round.

A clinical examination is conducted in the third round. One of the simplest methods for detecting malnutrition, typically of the severe or florid presentation, is clinical examination. It entails searching for physical changes in the body that point to a certain lack. This type of assessment, which relies on the identification of specific bodily signs, has the benefit of being relatively inexpensive as neither expensive field equipment nor a laboratory are required. It is then used to choose five healthy girls. Following that, these girls' diets were surveyed in the fourth round.


24 hour recall techniques are used to monitor dietary intake. All of the meals from the day before were included in this survey. Recordings should include both those prepared inside the home and those obtained from the outside. Beginning with information about meal timing, the menu, and the raw materials used, as well as information about leftovers. Any differences in age, sex, physiological status, and physical activity group will be taken into account when calculating the average daily intake of various foods by different individuals. The intake will be compared to the Indians' suggested dietary allowances.

The majority of dietary deficits are characterised by modifications to bodily tissues and fluids. It is possible to determine a person's nutritional status using these changes. The typical biochemical indicators are estimates of hemoglobin. The top three females were tested for haemoglobin using a laboratory technique for the fifth round, and the girl with the highest haemoglobin was crowned the nutrition queen. There was a resoundingly positive student response.


## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Outcome :

Students learnt about nutrition, good health, good habits through different programmes arranged by the department. The in-charge of the Nutrition week is Dr Sharmila Kubde, Food & Nutrition department, Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati.

Incharge.   
**Dr. Sharmila Kubde**  
Associate Professor, Food & Nutrition  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Amravati.

  
**Principal**  
Matoshree Vimlabai Deshmukh  
Mahavidyalaya, Amravati.

  
**DR. S. D. THAKARE**  
PRINCIPAL  
Coordinator, I.C.A.C.  
Matoshree Vimlabai Deshmukh Mahavidyalaya,  
Amravati.



**Best Practice No 2**

**Developing Creative skills through Wall Magazine**

# CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

Academic Year 2017-2018

Notice

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Internal Quality Assurance Cell (IQAC)

## NOTICE

Date : 31-08-2017

All the teachers of senior college are requested to go through the notice of WALL MAGAZINE COMMITTEE and follow the schedule accordingly

*Shakara*  
co-ordinator  
IQAC

*Desm*  
PRINCIPAL  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

Sr.No.	Name of Teacher	Designation	Signature
1	Dr.S.S.Deshmukh	Principal	<i>Desm</i>
2	Dr.A.S.Deshmukh	Professor	ASD.
3	Dr.M.S.Deshmukh		
4	Mrs.L.S.Tapase	Asso. Prof	<i>Tapase</i>
5	Dr.C.N.Vidhale	Asso. Prof	<i>VIDH</i>
6	Mrs.C.B.Lunge	Asso. Prof	
7	Mr.S.D.Dube	Teacher	<i>Dube</i>
8	Mrs.V.S.Shinde	Director of P.W.D.	<i>Shinde</i>
9	Mr.V.R.Thakare	Asst. Prof	<i>Thakare</i>
10	Dr.S.R.Gudadhe	Asso. Prof	<i>Gudadhe</i>
11	Dr.S.R.Kubde	Associate Profe.	<i>Kubde</i>
12	Dr.S.B.Watane	Associal Pro	<i>Watane</i>
13	Mr.M.P.Deshmukh	Librarian	<i>M.P.</i>
14	Dr.R.S.Kawale	<i>Kawale</i>	<i>Kawale</i>
15	Mr.J.D.Sangode	Assistant Professor	<i>Sangode</i>
16	Dr.M.M.Nandurkar	Asst Professor	<i>Nandurkar</i>
17	Dr.S.D.Thakare	Asst. Professor	<i>Thakare</i>
18	Mrs.A.P.Harne	Asst. Professor	<i>Harne</i>
19	Mrs.S.S.Mohod	Asso. Prof	<i>Mohod</i>
20	Ku.P.B.Bhamburkar	Asst. Prof	<i>Bhamburkar</i>
21	Dr.K.E.Chaudhary	Assistant Proff.	<i>Chaudhary</i>



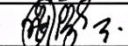
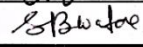
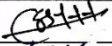


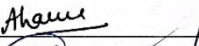

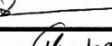
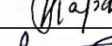

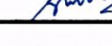
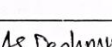
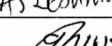


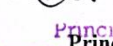

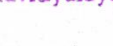
## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Notice

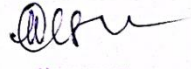
**Shri Shivaji Education Society, Amravati's  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati (MS)  
Wall Magazine Committee**

**NOTICE**

All the senior college teaching staff members are hereby informed that the WALL MAGAZINE of all the subjects / departments is expected to display on the display board outside the department during the period as per the schedule given under

Sr. No.	Name of the department	Month	Signature
1	Food & Nutrition	September	
2	Home- Economics		
3	Marathi		
4	Hindi		
5	Home Science & Extension	October	
6	Home Science		
7	Economics		
8	Co-operation		
9	Textile	November	
10	Biology		
11	English		
12	Political Science		
13	Human Development	December	
14	Resource Management		
15	Sociology		
16	Community Development and Extension		
17	Chemistry	January	
18	Bio-Chemistry		
19	Physical Education		
20	Library Science		

  
Convenor 31.8.17

  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

**Rules to be followed :-**

- 1) Chart / century paper of standard size of any color should be used. The size of paper should be strictly followed.
- 2) 02 cm space should be left from each side.
- 3) WALL MAGAZINE should be written in bold letter in the center of the paper and the name of the dept. should be mentioned right below it. eg.

MATOSHREE.....		
WALL MAGAZINE (2017-18)		
DEPT. OF .....		
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

- 4) Pictures and written matter should be in proportion.
- 5) Script should be either in typed form or written in legible handwriting.
- 6) WALL MAGAZINE should be displayed on the dept. notice board or common display board or handed over to convenor Dr. S. D. Thakare for display before 15<sup>th</sup> of each month. Before display, it should be informed to convenor for proper filing.
- 7) The schedule should be followed strictly. It is mandatory to prepare WALL MAGAZINE of each subject / dept. for successful implementation of the programme.



**Dr. S. D. Thakare**  
Convenor  
(WALL MAGAZINE COMMITTEE)

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Time Table

**Shri Shivaji Education Society, Amravati's  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati (MS)**

Wall Magazine Committee - 2017-18

#### NOTICE

All the senior college teaching staff members are hereby informed that the WALL MAGAZINE of all the subjects / departments is expected to display on the display board outside the department during the period as per the schedule given under

Sr. No.	Name of the department	Month	Signature
1	Food & Nutrition	September	<i>[Signature]</i>
2	Home- Economics		<i>[Signature]</i>
3	Marathi		
4	Hindi		<i>[Signature]</i>
5	Home Science & Extension	October	
6	Home Science		<i>[Signature]</i>
7	Economics		<i>[Signature]</i>
8	Co-operation		<i>[Signature]</i>
9	Textile	November	<i>[Signature]</i>
10	Biology		
11	English		<i>[Signature]</i>
12	Political Science		<i>[Signature]</i>
13	Human Development	December	<i>[Signature]</i>
14	Resource Management		
15	Sociology		<i>[Signature]</i>
16	Community Development and Extension		<i>[Signature]</i>
17	Chemistry	January	
18	Bio-Chemistry		<i>[Signature]</i>
19	Physical Education		<i>[Signature]</i>
20	Library Science		<i>[Signature]</i>

*[Signature]*  
Convenor

This is mandatory for  
all Departments

*[Signature]*  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Wall Magazine Topics – 2017-18

**Shri Shivaji Education Society, Amravati's  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Wall Magazine Committee 2017-18**

#### Wall Magazine Topics

Sr.No.	Name of the Department	Wall Magazine Topic
1	English	Mantras of Personality Development
2	Marathi	मातोश्री विमलाबाई देशमुख जीवनपट
3	Hindi	डॉ. रामेश्वरलाल खंडेलवाल तरुण व्यक्तित्व एवं कृतित्व
4	Home Economics	जीवनसत्व वर्गीकरण
5	Economics	बाजारपेठ म्हणजे
6	Co-operation	ताळेबंद
7	Sociology	कुटुंबव्यवस्था
8	Political Science	भारताचे संविधान
9	Community Development and Extension	Aids Day
10	Food and Nutrition	जीवनसत्व अ
11	Home Science and Extension	व्यक्तिमत्व विकास
12	Home Science	Employment Opportunities in Home Science
13	Textile	Traditional Textile
14	Human Development	दप्तराचे ओझे
15	Resource Management	रंगयोजना
16	Biology (Home Science)	Types of Mosquitoes
17	Physics (Home Science)	शरीर शास्त्रातले संगणकाचे उपयोजन
18	Chemistry	Vitamins
19	Bio-Chemistry (Home Science)	Mechanism of Enzyme Action
20	Physical Education	Gold medallists
21	Library Science	S.R. Ranganathan



*Matore*  
Convener  
S.D. Thakare

**Dr. Savita D. Thakare**  
Assistant Professor  
Head, Dept. of English  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati

*Matore*  
**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



*Matore*  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Photographs of Wall Magazine 2017-18



7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Photographs of Wall Magazine 2017-18



7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Photographs of Wall Magazine 2017-18



7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

**Report**

**WALL MAGAZINE COMMITTEE**

(2017-18)

**REPORT**


Keeping in view the objective of the Wall Magazine Committee, it was decided in the meeting to inform all the departments and subject teachers to prepare a Wall Magazine with the help of students of their respective subjects during the academic session 2017-18 following the format provided by the committee and according to the schedule flashed on the college whatsapp group. The notice was also circulated and it was duly signed and acknowledged by all the teachers.

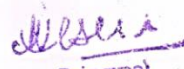
As per the schedule all the department heads and subject teachers overwhelmingly responded to the activity and co-operated for the success of the whole programme.

Our honorable Principal, Dr. Sanyogita S. Deshmukh inaugurated the Wall Magazine in the Month of September. Later on she observed almost all the Wall Magazines every month. The students response was also overwhelming. The creative ideas of the students and teachers can easily be seen through their Wall Magazines. Faculty of Arts and Home – Science participated in the activity with full zeal and enthusiasm. Apart from these, department of Physical Education and Library have also displayed their Magazines showing the creative features and potential. During the annual social gathering all the Magazines were displayed for reading on the single platform. The Vice – President of Shri Shivaji Education Society, Amravati and other honourable members also visited the venue and appreciated the endeavour. In the month of January the valedictory was performed in the presence of our principal Dr. S.S. Deshmukh.

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Mataoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



  
Dr. S. D. Thakare  
Convener

  
Principal  
Mataoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati

News Report



# CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

• Academic Year 2018-2019

## Notice

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**

**Internal Quality Assurance cell (IQAC)**

### NOTICE

Date:- 30-8-2018

All the teachers of senior college are requested to go through the notice of Wall Magazine Committee and follow the schedule accordingly.

*K. K. Kulkarni*  
Co-ordinator  
Wall Magazine Committee

*W. S. Deshmukh*  
Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati.

Sr. No.	Name of Teacher	Designation	Signature
1.	Dr. S. S. Deshmukh		
2.	Dr. A. S. Deshmukh		
3.	Dr. M. S. Deshmukh	Associate Professor	<i>msdeshmukh</i>
4.	Mrs. L. S. Tapase	Associate Professor	<i>Tapase</i>
5.	Dr. C. N. Vidhale	Associate Professor	<i>CV</i>
6.	Mrs. C. B. Lunge	Ass. Prof.	<i>CL</i>
7.	Mr. S. D. Dube		<i>SD Dube</i>
8.	Mrs. V. S. Shinde	Assoc. Prof.	<i>VS Shinde</i>
9.	Mr. V. R. Thakare	P.P.E. Prof.	<i>VR Thakare</i>
10.	Dr. S. R. Gudadhe	Asst. Prof.	<i>SR Gudadhe</i>
11.	Dr. S. R. Kubde	Associate Prof.	<i>SKubde</i>
12.	Dr. S. B. Watane	Associate Prof.	<i>SB Watane</i>
13.	Mr. M. P. Deshmukh		<i>MP Deshmukh</i>
14.	Dr. R. S. Kawale		<i>RS Kawale</i>
15.	Mr. J. D. Sangode	Associate Prof.	<i>JD Sangode</i>
16.	Dr. M. M. Nandurkar	Associate Prof.	<i>MM Nandurkar</i>
17.	Dr. S. D. Thakare	Asst. Prof.	<i>SD Thakare</i>
18.	Mrs. A. P. Harne		<i>AP Harne</i>
19.	Mrs. S. S. Mohod	Asst. Prof.	<i>SS Mohod</i>
20.	Ku. A. P. Kale	CHB	<i>AP Kale</i>
21.	Dr. K. E. Chaudhary	Asst. Prof.	<i>KE Chaudhary</i>
22.	Dr. D. R. Bambole	Asso. professor.	<i>DR Bambole</i>

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Time Table

**Shri Shivaji Education Society, Amravati's  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Wall Magazine Committee**

#### NOTICE

All the senior college teaching staff members are hereby informed that the WALL MAGAZINE of all the subjects / departments is expected to display board outside the department during the period as per the schedule given under.

Sr. No.	Name of the department	Month	Signature
1.	Food & Nutrition ✓	September	
2.	Home – Economic ✓		
3.	Marathi ✓		
4.	Hindi ✓		
5.	Home Science & Extension ✓	October	
6.	Home Science		
7.	Economic ✓		
8.	Co-operation		
9.	Textile ✓	November	
10.	Biology ✓		
11.	English ✓		
12.	Political Science ✓		
13.	Human Development ✓	December	
14.	Resource Management		
15.	Sociology		
16.	Community Development and Extension ✓		
17.	Chemistry ✓	January	
18.	Bio-Chemistry ✓		
19.	Physical Education		
20.	Library Science ✓		
21.	Physics ✓	February	

Convener

Principal  
**Principal**  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati.

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Time Table

**Matoshree Vimalabai Deshmukh Mahavidyala, Amravati**  
**Bsc. (Science) Teaching Staff**

Sr. No.	Name Of Professor	Subject	Month	Sign
1	Miss. Dipali Deshmukh	Chemistry ✓	October	<i>[Signature]</i>
2	Miss. Rashmi Thakare			
3	Miss. Mayura Farkade			
4	Miss. Reeta Dubey	Physics	November	<i>[Signature]</i>
5	Miss. Pranjali Gondchar			
6	Miss. Nilima Tayade	Zoology ✓	December	<i>[Signature]</i>
7	Miss. Snehal Pund			
8	Miss. Sampada Chikhalikar			
9	Miss. Gunjan Pandey	Botany ✓	January	<i>[Signature]</i>
10	Mr. Shrikant Shelke			
11	Mr. Mayur Dahane			
12	Miss. Bhakti Deshmukh	Mathematics	February	<i>[Signature]</i>
13	Mr. Akshay Dethe			

*[Signature]*  
 Convener

*[Signature]*  
 Principal  
**Principal**  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati.



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Wall Magazine Topics- 2018-19

**Shri Shivaji Education Society, Amravati's  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Wall Magazine Committee 2018-19**

#### Wall Magazine Topics

Sr.No.	Name of the Department	Wall Magazine Topic
1	English	Poets Gallery
2	Marathi	कणा
3	Hindi	किनारा वह हमसे (निराला)
4	Home Economics	आपला आहार आपले आरोग्य
5	Economics	मुद्रा
6	Political Science	माजी पंतप्रधान अटलबिहारी वाजपेयी
7	Community Development and Extension	जिल्हा परिषद समित्या
8	Food and Nutrition	जठरव्रण
9	Home Science and Extension	निरोगी जीवनाकरिता उपयोगी मशरूम
10	Home Science	Textile and Clothing branch of Home Science
11	Textile	वसंततू व धागा
12	Human Development	विधवाचं हतबल जीवन कधी बदलणार
13	Biology (Home Science)	The IVF Process om 12 days
14	Physics (Home Science)	शोध आणि शोधकर्ता
15	Chemistry	The Chemistry of Broccoli
16	Bio-Chemistry (Home Science)	Carbohydrates
17	Physical Education	Sports Fitness
18	Library Science	Library Book Day
19	Chemistry	Green Chemistry Pocket Guide
20	Physics	Light Reflection
21	Zoology	Structure of Human Heart
22	Botany	Tissue Culture
23	Mathematics	Multiple Integrates

*Shinde*  
Convener  
Dr. Sharmila S. Shinde  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*Thakare*  
DR. S. D. THAKARE  
Coordinator, I.G.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



*Shinde*  
FRANCISCA  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

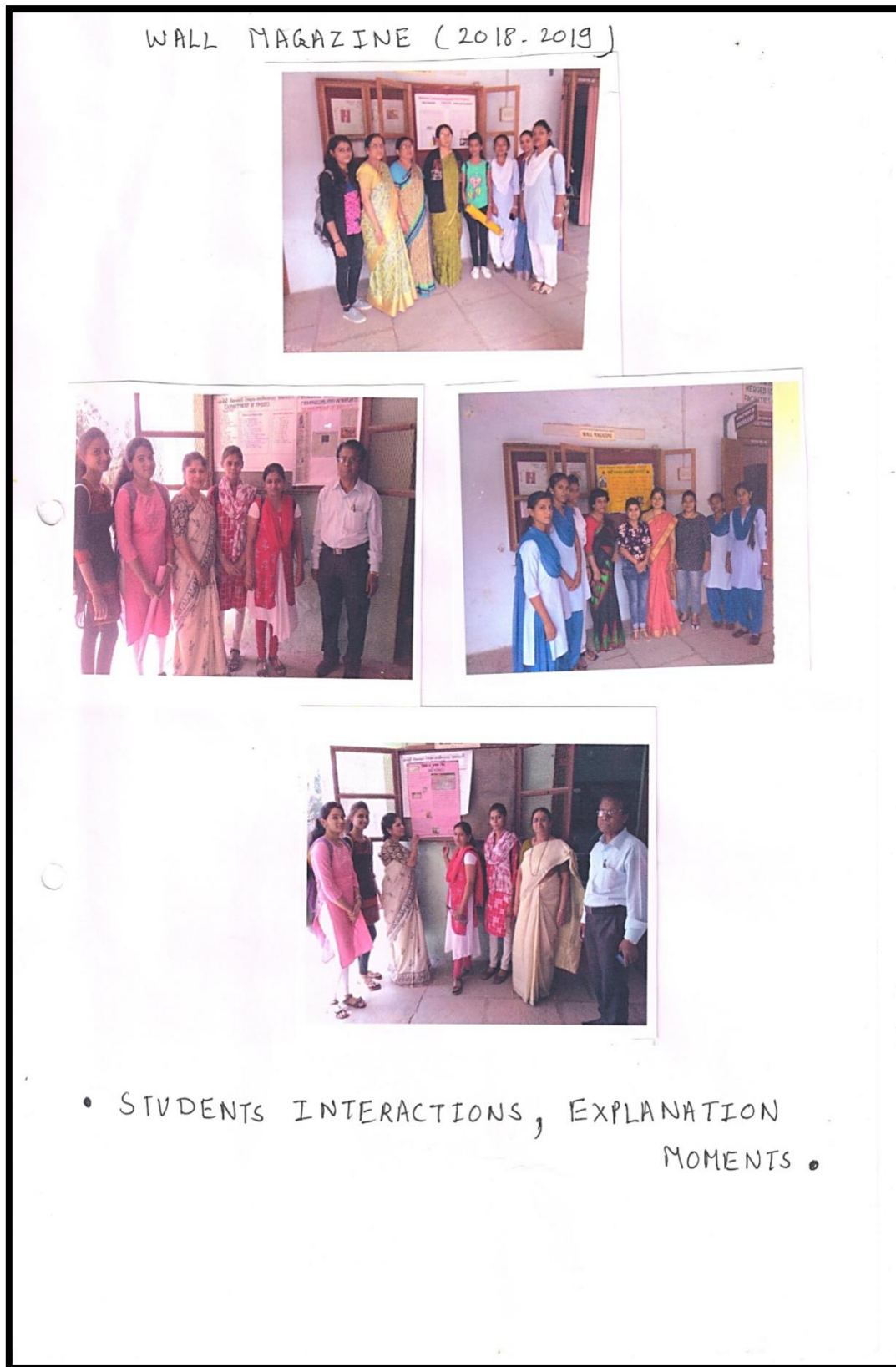
### Photographs of Wall Magazine 2018-2019



7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Photographs of Wall Magazine 2018-2019



7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual


**Report**


**WALL MAGAZINE COMMITTEE  
2018-2019  
Report**

Keeping in view the objective of the wall magazine committee, it was decided in the meeting to inform all the departments and subject teachers to prepare a wall Magazine with the help of students of their respective subjects during the academic session 2018-19 following the format provided by the committee and according to the schedule flashed on the college what's app group. The notice was also circulated and it was duly signed and acknowledged by all the teachers.

As per the schedule all the departments heads and subject teachers overwhelmingly responded to the activity and cooperated for the success of the whole programme.

Our honorable principal Dr. Sanyogita S. Deshmukh inaugurated the wall Magazine in the month of September later on she observed almost all the wall Magazines every month. The students response was also overwhelming. The creative ideas of the students and teachers can easily be seen through their wall Magazines. Faculty of Arts and home Science participated in the activity with full zeal and enthusiasm. In the month of February the valedictory was performed in the presence of our principal Dr. S. S. Deshmukh

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Kasturba Vimalabai Deshmukh Mahavidyalaya  
Amravati

  
Dr. S. R. Kubde  
convenor



  
Principal  
Kasturba Vimalabai Deshmukh  
Mahavidyalaya Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### • Academic Year 2019-2020

#### Notice


Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Internal Quality Assurance Cell (IQAC)

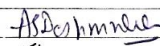

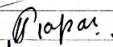

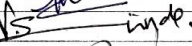



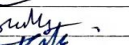

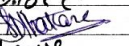
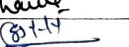
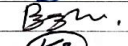

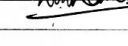




#### NOTICE

Date

All the teachers of Senior college are requested to go through the notice of wall of magazine committee and follow the schedule accordingly

  
Co-ordinator  
Wall of Magazine Committee

  
Principal  
**PRINCIPAL**  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati  
Mahavidyalaya, Amravati

Sr. No	Name of Teacher	Designation	Signature
1	Dr. S. S. Deshmukh		
2	Dr. A. S. Deshmukh	Professor	
3	Dr. M. S. Deshmukh		
4	Mrs. L. S. Tapase		
5	Dr. C. N. Vidhale		
6	Mrs. V. S. Shinde	Associate Prof	
7	Mr. V. R. Thakare	<del>Assoc. Prof</del> D.P	
8	Dr. S. R. Gudadhe	Assoc. Professor	
9	Dr. S.R. Kubde	Associate professor	
10	Dr. S. B. Watane	Hindale	
11	Mr. M. P. Deshmukh	Librarian	
12	Dr. R.S. Kawale	Associate Professor	
13	Mr. J. D. Sangode	Associate Prof.	
14	Dr. M. M. Nandurkar		
15	Dr. S. D. Thakare	Asst. Professor	
16	Mrs A. P. Harane		
17	Mrs. S.S. Mohod	ASSU. Prof.	
18	Ku. Prachi Bhamburkar	Assi Prof	
19	Dr. K.E Chaudhary	Asst. Prof	
20	Dr. R. R. Bambole	Asso. prof.	
21			
22			
23			
24			

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Time Table

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

B.Sc. (Science) Teaching Staff

Sr. No	Name of Professor	Subject	Month	Signature
1	Miss. Dipali Deshmukh	Chemistry	October	
2	Miss. Rashmi Thakare			<i>R.Thakare</i>
3	Miss. Mayuri Farkade			<i>M.Farkade</i>
4	Miss. Reeta Dubey	Physics	November	
5	Miss. Pranjali Gondchar			<i>P.Gondchar</i>
6	Miss. Nilima Tayade	Zoology	December	<i>N.Tayade</i>
7	Miss. Snehal Pund			<i>S.Pund</i>
8	Miss. Sampada Chikhalikar			<i>S.Chikhalikar</i>
9	Miss. Gunjan Pandey	Botany	January	<i>G.Pandey</i>
10	Mr. shrikant Shelke			<i>S.Shelke</i>
11	Mr. mayur Dahane			<i>M.Dahane</i>
12	Miss. Bhakti Dheshmukh	Mathematics	February	
13	Mr. Akshay Detha			

*B.S.*  
convenor  
Wall Magazine Committee

*Principal*  
PRINCIPAL  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati

# CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

## Time Table

Shri Shivaji Education Society, Amravati's

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Wall Magazine Committee

### Notice

All the senior college teaching staff member are hereby informed that the WALL MAGAZINE of all the subject/departments is expected to display on board outside the department during the period as per the schedule given under.

Sr. No	Name of the Department	Month	Signature
1	Food and Nutrition	September	
2	Home – Economics		
3	Marathi		
4	Hindi		
5	Home Science and extension	October	
6	Home Science		
7	Economics		
8	Co-operation		
9	Textiles	November	
10	Biology		
11	English		
12	Political Science		
13	Human Development	December	
14	Resource Management		
15	Sociology		
16	Community Development and Extension		
17	Chemistry	January	
18	Bio-Chemistry		
19	Physical Education		
20	Library Science		
21	Physics	February	

Convener

Wall of Magazine Committee

PRINCIPAL

Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati

Mahavidyalaya, Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Wall Magazine Topics-2019-20

**Shri Shivaji Education Society, Amravati's  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Wall Magazine Committee 2019-20**

#### Wall Magazine Topics

Sr.No.	Name of the Department	Wall Magazine Topic
1	English	Figures of Speech
2	Marathi	थोर पुरुषांची माहिती
3	Hindi	महादेवी वर्मा का परिचय
4	Home Economics	खेळ व खेळाचे प्रकार
5	Economics	भारतीय अर्थव्यवस्था
6	Sociology	कॉट्टेबिक हिंसाचार
7	Political Science	डॉ. आंबेडकरांचे संसदीय लोकशाही विचार
8	Community Development and Extension	पंचायत राज
9	Food and Nutrition	Vitamin D
10	Home Science and Extension	झेप बचत गटाची महिला सशक्तीकरणाचे नाविन्य पूर्ण व्यवसाय
11	Home Science	रोजगार व स्वयम रोजगाराच्या संधी देणारे होम सायन्स
12	Textile	Indian Fashion Designers
13	Human Development	पोरीचं नशीब
14	Biology (Home Science)	Water Pollution
15	Physics (Home Science)	प्रकाशीय सापळ्यांचा नोबेल गौरव
16	Chemistry	Red Wine
17	Bio-Chemistry (Home Science)	Blood Sugar Level Regulation in the body
18	Physical Education	World Sports Day
19	Library Science	To Build up a library is to create a life
20	Chemistry	Acid Rain/Acid Precipitation
21	Physics	Energy Resources
22	Zoology	Cell Division-Mitosis, Meiosis
23	Botany	Transcription, Translation
24	Mathematics	Maths Word Wall

*B. S. L.*  
Convenor

*Matoshree*  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



*Matoshree*  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Photographs of Wall Magazine 2019-2020



7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

**Report**

**Wall Magazine Committee**

**2019-20**

**Report**


The objective of the wall magazine is to spread the subject information through photographic presentation. In view of the this, it was decoded to form the magazine committee. Accordingly we have conducted the meeting with all departmental heads and all subject teachers, This year we involved science faculty in the wall magazine committee.

We explained to all the departmental heads and all subject teachers how to prepared wall magazine presentation, We had also requested to all departmental heads and all subject teachers to involve there student for this activity.

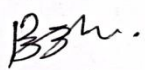
Format for the wall magazine presentation was prepared and same was circulated among all departmental heads, subject teachers and there students. We have called notice for the same and requested to participate in this activity. We had issued the guidelines for submission of the presentation. Overall response for the activity from the departmental heads, subject teachersand student was tremendous and the efforts of all make the programme success.

Our honourable principal DR S. S. Deshmukh inaugurated wall of Magazine for the month of September. Later she took the review of monthly presentation of wall of magazine activity. It was remarkable experience during the entire programme. All departmental heads , subject teachers and student of all the faculty has participated this activity enthusiastically.

In the month of Month February valedictory was performed in the presence of honourable principal Dr. S. S Deshmukh and she expressed her gratification toward the activity.

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Kantoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



  
P. B. Bhamburkar  
(CONVENER)

  
Principal  
Kantoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

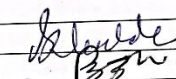
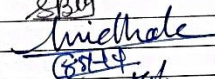

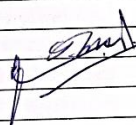
• **Academic Year 2020-2021**

**Notice**

**Shri Shivaji Education Society, Amravati's  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Wall Magazine Committee (2020-21)**

**Notice**

All the senior college teaching staff members are hereby informed that the **WALL MAGAZINE** of all the subject/departments is expected to display on board outside the department. But considering the **pandemic situation** this year program of wall magazine will be conducted **online**. Hence request you to please **post Wall Magazine on college what's app** and respective **department what's app group**. The schedule for the wall magazine is given as under.

Sr. No.	Name of the Department	Month	Signature
1	Food and Nutrition	September	
2	Home-Economics		
3	Marathi		
4	Hindi		
5	Home Science and extension	October	
6	Home Science		
7	Economics		
8	Co-operation		
9	Textile	November	
10	Biology		
11	English		
12	Political Science		
13	Human Development	December	
14	Resource Management		
15	Sociology		
16	Community Development and Extension		
17	Chemistry	January	
18	Bio-Chemistry		
19	Physical Education		
20	Library Science		
21	Physics	February	

  
Convener

Wall Magazine Committee












  
Principal  
MVD, AMravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Time Table

#### Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

#### B.Sc. (Science) Teaching Staff

Sr. No.	Name of Professor	Subject	Month	Signature
1	Miss. Ravina Pawar	Chemistry	September	
2	Miss. Rashmi Thakare			
3	Miss. Mayura Farkade			
4	Miss. Utkarsha Patil	Physics	October	
5	Miss. Pranali Gondchar			
6	Mrs. Poonam Deshmukh	Zoology	November	
7	Miss Shital Madar			
8	Mr Shrikant Shelke	Botany	December	
9	Mr. Akash Dhotre			
10	Miss Asmita Chakrapani	Mathematics	January	
11				
12	Miss. Snehal Vidhale	English/ Marathi	February	
13				

  
Convener

Wall Magazine Committee

  
Principal

MVDM, Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Wall Magazine Topics- 2020-21

Shri Shivaji Education Society, Amravati's  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Wall Magazine Committee 2020-21

#### Wall Magazine Topics

Sr.No.	Name of the Department	Wall Magazine Topic
1	English	English in Situations (Pictorial Representation)
2	Marathi	जाऊ अभंगाच्या गावा (विंदा)
3	Hindi	प्रेमचंद व्यक्तित्व एवम कृतीत्व
4	Home Economics	गृहअर्थ शास्त्राच्या शाखा
5	Economics	Functions of Banks
6	Political Science	पंचायत राज व ग्रामीण विकास
7	Community Development and Extension	ग्रामपंचायत
8	Food and Nutrition	Goitre
9	Home Science and Extension	हस्तमुद्रा विज्ञान
10	Home Science	Human Development – Developmental Stages
11	Textile	Regional Costume of India
12	Biology (Home Science)	Diseases caused by microorganism
13	Physics (Home Science)	संगणक शोध
14	Physical Education	Successful captain in Indian Men Cricket team
15	Library Science	वाचाल तर वाचाल
16	Chemistry	Imperfections in Solids
17	Physics	Photo Electric Effect
18	Zoology	Water Pollution
19	Botany	Ozone Depletion
20	Mathematics	Mathematics Reflective Journal
21	English / Marathi (Science)	Grammar (Tense)

B.S.L.  
Convener

DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Amravati



Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati

**Report**

**MatoshreeVimlabaiDeshmukhMahavidyalaya,Amravati**

**Internal Quality Assurance Cell**

**Dept. of Home Economics**

**Wall Magazine Committee (2020-21)**

**Report**

The main motive of the wall magazine activity is to have the circulate subject information to the student through the photographic presentation. Accordingly we have conducted zoom meeting among the departmental heads and all subject teachers. Considering the pandemic situation because of COVID 19, this year we have decided to display the magazine online.


The agenda were in details discussed during the meeting and we have explain how to display the magazine online on WhatsApp. We have also requested to the subject teachers to prepare the WhatsApp group of their respective student and also requested to pass on this to their student so that each and every student will participates in the events.

Considering the online presentation, we have decided the format for easy circulation of magazine and same has been circulated on each department group. Schedule for the presentation of wall magazine has been given to the departmental heads and subject teachers. On line notice were called for the same. We have requested all participants to take actively participation in the event and also request all departmental heads and subject teacher to monitor each presentation made by all the participants.

Our Honourable Principal Dr. S.S. Deshmukh has inaugurated on line wall magazine event via Zoom Meeting in the month of Sept. Later on she took the review of month on month presentation.

The journey of this event was really remarkable even in pandemic situation all the participants, Departmental head, Subject teachers and Student of respective department has wholeheartedly participates in the event and made the event successful.

In the month of Feb valedictory was performed in the presence of honourable Principal Dr. S.S. Deshmukh. She expressed her gratification toward the event.

  
**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



  
**Offi. Principal**  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### • Academic Year 2021-2022

#### Notice

Shri Shivaji Education Society , Amravati's

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Wall Magazine Committee

#### Notice

All the senior college teaching staff members are hereby informed that the WALL MAGAZINE of all the subject/departments is expected to display on board outside the department during the period as per the schedule given under.

Sr. No.	Name of the Department	Month	Signature
1	Food and Nutrition	November	<i>[Signature]</i>
2	Home-Economics		<i>[Signature]</i>
3	Marathi		<i>[Signature]</i>
4	Hindi		<i>[Signature]</i>
5	Home Science and extension	December	<i>[Signature]</i>
6	Home Science		<i>[Signature]</i>
7	Economics		<i>[Signature]</i>
8	Co-operation		<i>[Signature]</i>
9	Textile	January	<i>[Signature]</i>
10	Biology		<i>[Signature]</i>
11	English		<i>[Signature]</i>
12	Political Science		<i>[Signature]</i>
13	Human Development	February	
14	Resource Management		
15	Sociology		
16	Community Development and Extension		<i>[Signature]</i>
17	Chemistry	March	
18	Bio-Chemistry		
19	Physical Education		
20	Library Science		<i>[Signature]</i>
21	Physics	April	<i>[Signature]</i>

*B. B. N.*  
Convener  
Wall of Magazine  
Committee  
2021-22

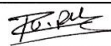
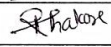
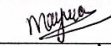
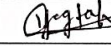
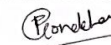
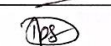
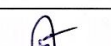
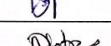
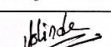
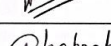
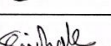
*[Signature]*  
PRINCIPAL  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES


### Time Table

#### Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

#### B.Sc. (Science) Teaching Staff

Sr. No.	Name of Professor	Subject	Month	Signature
1	Miss. Ravina Pawar	Chemistry	November	
2	Miss. Rashmi Thakare			
3	Miss. Mayura Farkade			
4	Miss. Vaishnavi Jagtap	Physics	December	
5	Miss. Pranali Gondchar			
6	Mrs. Poonam Deshmukh	Zoology	January	
7	Miss Shital Madar			
8	Mr Shrikant Shelke	Botany	February	
9	Mr. Akash Dhotre			
10	A. B. Shinde	Mathematics	March	
11	A. H. Chakrapani			
12	Miss. Snehal Vidhale	English/ Marathi	April	
13				

B.S. .  
Convener  
Wall of Magazine  
Committee  
2021-22

  
PRINCIPAL  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.



## CRITERION – VII- INSTITUTIONAL VALUES AND BEST PRACTICES

### Wall Magazine Topics – 2021-22

**Shri Shivaji Education Society, Amravati's  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Wall Magazine Committee 2021-22**

#### Wall Magazine Topics

Sr.No.	Name of the Department	Wall Magazine Topic
1	English	Nobel Laureates in English Literature
2	Marathi	सुंदर मी होणार
3	Hindi	निराला के काव्य में सामाजिक चेतना
4	Home Economics	काविल
5	Economics	Functions of Money
6	Political Science	भारतीय संसद
7	Community Development and Extension	जिल्हापरिषद
8	Food and Nutrition	अतिसार
9	Home Science and Extension	सुंदर मन सुंदर शरीर
10	Home Science	Importance of Home Science
11	Textile	Regional Embroidery of India
12	Biology (Home Science)	Uses of Microorganism
13	Physics (Home Science)	Computer technics in Medical Science
14	Physical Education	What is the difference between Technic and Practice
15	Library Science	वाचन प्रेरणा दिवस
16	Chemistry	Isomerase
17	Physics	Physics Alphabet
18	Zoology	Components of RBCs & WBCs
19	Botany	Keystones Species Conservation
20	Mathematics	Function of Calculator
21	English / Marathi (Science)	Parts of Speech

  
 DR. S. D. THAKARE  
 Coordinator, I.Q.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati



  
 PRINCIPAL  
 Matoshree Vimalabai Deshmukh  
 Mahavidyalaya, Amravati.

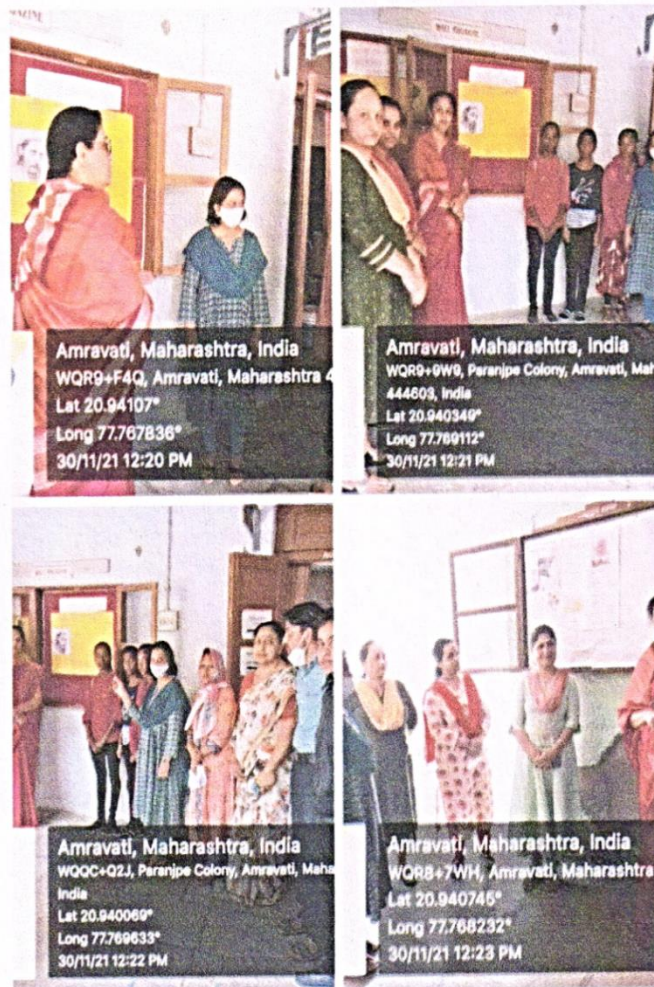
B.S.H.  
 Convener

Photographs of Wall Magazine 2021-2022

Matoshree Vimlabai Deshmukh Mahavidyalaya

Wall Magazine Committee

2021-22



**Photographs of Wall Magazine 2021-2022**

**Matoshree Vimlabai Deshmukh Mahavidyalaya**

**Wall Magazine Committee**

**2021-22**



**7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual**

**Report**

**Wall Magazine Committee**

**2021-22**

**Report**

The objective of the Wall magazine is to spread the knowledge through photographic presentation. In view of this, it was decided to form the magazine committee. Accordingly, we have conducted the meeting of all the departmental heads & teachers for the said committee.

We have explained the objective of committee to all the dept heads & teacher. We have also explain how to prepare the the wall magazine and how to select the topics. We have also suggested them to involve student for the same from all the department.


This year we have include Commerce faculty in the magazine committee .

We have prepared the format for the wall magazine presentation & and same was circulated to all the department & among the students of all respective department. Notice to that effect was also circulated & requested to all to prepare the wall magazine presentation.

As per the guideline issued by the committee to all the departmental heads subject teacher & student has overwhelming responded to the activity & make the program success.

Within the stipulated time all the departmental heads,subject teachers students has submitted their work.

Our honorable principal Dr.S.S.Deshmukh inaugurated wall of magazine for the month of September also she took review monthly of the wall magazine activity.The way student & subject teacher presents their idea through wall magazine was marvelous.All the faculty members & student participate with full enthusiasm .

  
**DR. S. D. THAKARE**  
Coordinator, C.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



  
**PRINCIPAL**  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.