





Shri Shivaji Education Society, Amravati's

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

ISO 9001:2015 Certified College



3rd Cycle

Assessment and Accreditation by NAAC

CRITERION – VII

INSTITUTIONAL VALUES AND BEST PRACTICES

7.2 Best Practices

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual





Shri Shivaji Education Society, Amravati's

Matoshree Vimalabai Deshmukh Mahavidyalaya

Shivaji Nagar, AMRAVATI-444 603 (M.S.)
NAAC Accredited By Grade 'B' with CGPA 2.31 (2nd Cycle)

😭 0721-2664929 (Off.) e-mail: cig_amt_mvd@ssesa.org, mvdm120@sgbau.ac.in • website: www.mvdcollege.org

President

Hon'ble Harshvardhan P. Deshmukh Shri Shivaji Education Society, Amravati Principal Dr Smita Deshmukh B.Sc., M.A. (Eng.), Ph.D.

Founder President
Dr Panjabrao alias Bhausaheb Deshmukh
M.A., D.Phil., LL.D., Bar-Act-Law

Date: 14.04.23

Declaration

The information, reports, true copies of supporting document numerical data etc. furnished in this file is verified by IQAC and found correct.

Hence this is certificate.

Dr. S. D. Thakare

DR. S. D. THAKARE

Coordinator, I.Q.A.C.
*efeshree Vimalabai Deshmukh Mahavidyalayr
Amravati

AMRAVATI S

Dr. S. R. Deshmukh

PRINCIPAL

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati.

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7.2.1 – Describe two best practices successfully implemented by the institution as per NAAC format provided in the Manual.

Response: -

Best Practice-1

 $\label{eq:continuous} Title\ of\ the\ Practice - \mbox{Nutrition}\ \mbox{Education}\ - \mbox{Need}\ of\ the\ Hour}$ Objectives of the practice: -

- 1) To educate students about health and nutrition
- 2) To provide accurate knowledge and raise awareness through different competitions.
- 3) To understand importance of basic nutrients in our diet to maintain the immune system
- 4) To encourage the students to apply knowledge of food and nutrition in daily meal planning.
- 5) To develop skill in recipe making competitions.

The context

In India National nutrition week is observed every year from September 1st to September 7, as per the theme, to raise public awareness about the nutrition and healthy eating habits so that they can maintain a healthy lifestyle. Food and Nutrition are mandatory for overall physical and mental health and ever since the pandemic of covid-19, has caused havoc awareness about healthy food and nutrition has started to spread all over. From the point of view of students for an active life with proper growth and development balanced diet is essential. Awareness needs to be created among the students about the knowledge of food and nutrition

The Practice

Nutrition week is celebrated in our institution, to inculcate nutritional values for healthy life among students every year from September 1 to September 7, the period when National nutrition week is celebrated. Department of Food and Nutrition and Department of Home Economics organizes different competitions for students. Students actively participate in it.

The activities conducted include -

- Rangoli competition theme basic nutrients
- One-minute memory competition. -Here the students are shown different articles related to food and nutrition for one minute and then they are asked to write it down on paper
- Jewellery making (from vegetable, fruits or food grains)
- Poshan mela- Nutritious recipes are prepared by students and sold.
- Slogan competition, poster competition Students are asked to write slogans and prepare posters on theme of Nutrition.
- Quiz competition on Nutrition and diet
- Guest lectures- of eminent personalities are arranged.

- Recipe competition
- Nutrition Queen Competition- The queen is decided using the norms of height, weight, B.M.I., Clinical examination, diet survey, Haemoglobin percentage and general knowledge of Nutrition.

Winners are awarded with Cash prize, books and are presented with the certificate.

Evidence of success

Such competitions help the students to learn more about basic nutrition and their importance. They also learn to apply their theoretical knowledge into their day to day life. Preparation of one full meal and asking the students to calculate its nutritional value, students truly learn the application of nutritive food in their daily diet. After interaction with teacher's students were found keen in applying this knowledge to fight against covid-19. They understand the importance of knowledge of nutrition for selecting and preparing healthy food which is essential for our body for a number of reasons Students also come forward voluntarily for discussing their nutritional problems with teachers.

Problems encountered and Resources required

At times students do not take such important activities seriously.

Many a times as the students come to college travelling by S.T. Bus, it affects their attendance.

Due to low economic conditions they hesitate in taking part in competitions.

More funds are needed to conduct various activities.

Best Practice-2

Title of the Practice: Developing Creative skills through Wall Magazine

Objectives:

- 1. To initiate writing tendencies in students.
- 2. To Provide platform to the students to express their creativity.
- 3. To inculcate reading and writing habits among the students.
- 4. To attract students' attention on current incidents.
- 5. To encourage students to read widely.
- 6. To involve each and every department to participate.
- 7. To make students computer (NET) friendly.
- 8. To inform engage, inspire and entertain a diverse readership including alumni, Faculty, students, parents and other friends of college.
- 9. To nurture the aesthetic skills among the students.

The Context:

Our institute is a multi-faculty institute, offers different courses in Home Science, Humanities, Science and Commerce. The students here are from varied academic, economics and regional background. Most of the students come from nearby rural areas.

Many times, there are opportunities in the college for students of varied academic fields to share their knowledge and take part in common areas of interest along with their specific academic courses. Thus, to cater this we started with "Wall Magazine" activity. It is common platform to let all students knew about the ongoing activities of their respective fields. It also allows students to share and showcase their talents with everyone by taking part in these activities.

The Practice:

A Committee comprising faculty members is formed to execute the activity. The committee has decided the size and general format of wall magazine. At very beginning of session a time table for the session is fixed and circulated to all staff members. as per the time table each and every department / teacher has to prepare the wall magazine with the help of students and display it on boards, in the corridor. Four wall magazines of different subjects are displayed at time on boards and are kept there for the month, Principal of our institute takes special interest in this activity and encourages, guides the students to take part in it. All the staff members, students come, read and also discuss the topics covered in it. During the annual social gathering all the magazine were displayed for reading on single platform.

Evidence of Success:

It is observed that students from all the department and subject willingly participate in the activity. The topic covered in the textbook are developed in detail, adding new dimension to the content and certain topic can be discussed by regular post on an open section.

Students themselves read, discuss on topic selected which helps to increase interaction between students and teachers.

Wall Magazine provide an important platform to enable students to express their creativity and inner feelings. It helps to build self-confidence and practical understanding in students, which is not possible through the one side lecture of the teacher in classroom.

And above all the magazine endeavours to reflect the values and the quality of institute by itself. so, efforts are made in part of students also, to select the topics very cautiously.

Problems Encountered

Students' participation in searching on internet is not satisfactory. Many a times students do not show their active willingness in executing the activity.



Best Practice 1

Nutrition Education – Need of the Hour

Academic Year 2017-2018

• Brief Report

Matoshree Vimlabai DeshmuMahavidyalaya,Amravati Internal Quality Assurance Cell (IQAC) Activities undertaken Academic Session 2017-2018 Name of the department / Committee: Food and nutrition Name of the Teacher: Dr. Sharmila Kubde

Departmental Activity	1/09/17 to 7/09/17	1.Nutrition queen competition 2.Rangoli	64	To create awareness of nutrition	1.Awareness to some extent was created.
			09		- december G
		competition		2. To inculcate competitive Spirit	2.Competitive and team spirit
		3. Essay competition	06	3.To understand the	was inculcated
		3. Speech competition	21	self-nutritional status	Students could understand their own nutritional
		4.Poster competition	30	4. to develop skills in Communication	status and discussed their
		5. Poshan Mela	20		nutritional problem.
	7/09/17	Guest lecture by Rashmita Dighade	70		
		7/09/17			

Prof. Dr. Sharmila R. Kubde Profesor Desatted of Food and Michigan Matushree Yimalagai Desimukh Mahayidyalaya, Amrayati.

DR. S. D. THAKARE
Coordinator, I.Q.A.C.
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Amravati



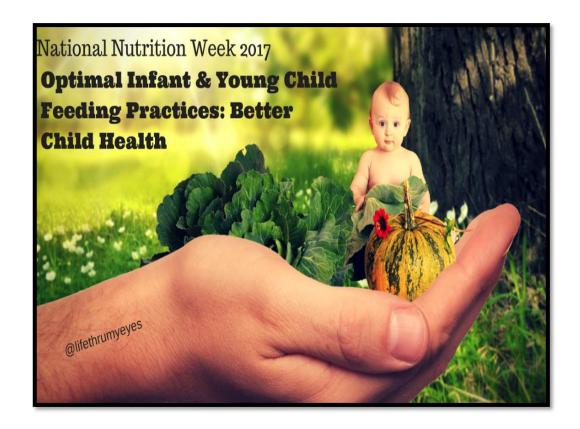
Principal
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National Nutrition Week 2017

• Theme

"Optimal Infant & Young Child Feeding Practices:

Better Child Health"



Notice

Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati

Department: Food & Nutrition 2017

Notice

All the students of Arts and Home Science faculty are here by informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2017. The winners in the competition will be given certificate and prizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and Nutrition department. On 25/08/2017 or before 30/09/2017. The time and date of the competitions are as follows:

Date/Day	Competition	Venue and time
1/09/2017 Friday	Inauguration Rangoli competition Poster competition	Hall. 12.00-2.00 pm
2/09/2017 Saturday	Spontaneous speech Competition	12.00- 2.00 pm
4/09/2017 Monday	Essay competition on Poshak aahar deshacha Aadhar	12.30 - 1.30 pm
5/09/2017 Tuesday	Nutrition Queen competition 1&2round	Food and nutrition department 12.00-2.00pm
6/09/2017 Wednesday	3&4 round	12.00-2.00 pm
7/09/2017 Thursday	Guest lecture by Kavita Vidhale & Dahat Madam	12.30- 2.00 pm Hall
	Poshan Mela	3.00-4.00pm college campus
7		170

Coordinator.
Dr. Sharmila Kubde

DR. S. D. THAKARE Coordinator, I.Q.A.C.

Amravati

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Principal

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Principal

Principal Matoshree Vimalabai Deshmukh Mahavidyalaya Shivaji Nagar Amravati 444693 (M S)

Inauguration of National Nutrition Week





Rangoli Competition - theme basic nutrients
 List of Participants

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Internal Quality Assurance cell (IQAC) Department of Home Science Food and Nutrition Name of the Event/Program: - Celebration of National Nutrition Week 2017 Date: Y Selt 2017 Day: Friday Time: 12.00 - 2.00 f.M. In collaboration with: Home Science and Home Economics Deft. Name of the Guest: Competition: Rangoli Comfetition on Nutrients. Participant: Students No. of Participants: 09 Objective Motivate the Students to perform and outshine in their creative suils-Organized Rangoli Competition on Nutrients Action Taken Outcome Beautiful Patterns are created on the place using flowers, grains and coloured sand. Signature / class. Name of the Participant Sr. No. Vedika Vinod Charjan B.S.C. (HSC.) III Shubhangi Subhash Mane Rajashri Himatrao Sagane 2 B.Sc. (HSI.) TIT 3 B.s. (H.s.) III B.Sc. TI (H.SE) B.SC. TI (H.SC.) Neha Bonde B.SC. II (H.SC.) B.SC. II (H.SC.) Geeta Yadgire 8 B.Sc. II (H.SC) 9 Manata Masram BISC TI (HISC.) 10 DR. S. D. THAKARE 11 Coordinator, I.Q.A.C Meser Matoshree Vimalabai Oeshmukli Mahavidyalaya Mato 12 Principal Proshree Vimalat a Da Amravati 13 Principal Matoshree Vimalabai Desimukh Mahavidyalaaa, Shivaji Nagar Amravati 444603 (M.S.)

Rangoli Competition - theme basic nutrients



• Poster Competition List of Participants

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Internal Quality Assurance cell (IQAC) Department of Home Science Food and Nutrition Name of the Event/Program: - Celebration of National Nutrition Week 2017 Date: 109 17 Day: Friday Time: 12.00 to 2.00 PM. Date: 1109 17 Day: Friday In collaboration with: Other Defortments Name of the Guest: Competition: Poster Competition Participant: College Student: No. of Participants: 30 Action Taken Organized Students become aware about the poster making Outcome techniques Signature Name of the Participant Sr. No. Samiksher - Bhugeel me Neha Shruti Tibari Gouri Manhar Pratiksha Futane 6 Kiran Futane Manuta Meshram Rupali Sneha Wankhad 10 Bhusari Mecharate Manju Kharate Misher 12 Machura Ramteke CRustabelle Principia: Aztoshree Vimalabai Deshi DR. S. D. THAKARE Antoshree Vinctalisi Orshanika Mahavidyalaya Antoshree Vinctalisi Orshanika Mahavidyalaya Mahavidvalava Amravan

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18	Anjali Kharate	AK
19	Priya Dakhane	Priyad
20	Puja Yeokar	Pycokar
22	Priya Wankhade	PWantebude
23	Sheetal Thakare	& Makase
24	Dipali Namala	Difali Nema M. N. Changhode Apaule
25	Monali Changhade Farati Aanale	M. N. Changhode
26	Parati Agnale	Apaule
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DR. S. D. THAKARE Coordinator I.G.A.C.

Matoshree Vimalabai Deshmukh Mahavidyalaya

Amravati

Poster Competition



• Spontaneous Speech Competition - List of Participants

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	Internal Quality Assurance	xIII (1QAC)
	Department of Home Science	*
	Food and Natrition	
In collaborati Name of the Participant	im with Home Economics Del Green Competition 1- Spectaneous College Shadeate No of Presignant 1 To Encourage Creativity Co	facturat S firms science speech on Nutrition 21
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Omeome	Name of the Participant Priyanka Mawande	ent to improve and Confidence. Signature/class. Base (Hase) II
Omeome	Name of the Participant Priyanka Mawande Priya	ents to improve and confidence. Signature/class.
Ouncome Sr. No. 1 2 3	Name of the Participant Priyaska Mawande Priyaska Dakkane Ceeta Yadgire	ents to improve and Confidence. Signature/class. BSC (HSC) II. BSC (HSC) II.
Sr. No.	Name of the Participant Priyanka Mawande Priya Dakhane Gesta Yadgire Mamtu Massam	sub to improve and Confidence. Signature/class. Bisc (Hisc.) II. Bisc (Hisc.) II. Bisc (Hisc.) II. Bisc (Hisc.) II.
Sr. No.	Name of the Participant Priyaka Mawande Priya Dakkane Ceeta Yadgire Mamtu Massam Neelina Patke	ents to improve and Confidence. Signature/class. Bisc (Hisc.) II Bisc II
Sr. No.	Name of the Participant Priyanka Mawande Priya Dakkane Geeta Yadgire Mamta Massam Neelima Patke Nikita Pavitsakar	eath to improve and Confidence. Signature/class. BSC (HSC) II BSC (HSC) II BSC (HSC) II BSC II BSC II BSC II BSC II
Ourseme Sr. No. 1 2 3 4 5 6	Name of the Participant Priyacka Mawande Priya Dakkane Geeta Yadgire Mamter Marram Neelima Patke Nikita Paritrakar Neha Bonde	ents to improve and Confidence. Signature/class. Bisc (Hisc.) II Bisc (Hisc.) II Bisc (Hisc.) II Bisc II Bisc II Bisc II Bisc II Bisc III Bisc III Bisc III Bisc III Bisc III
Sr. No.	Name of the Participant Priyaka Mawande Priya Dakkane Geeta Yadgire Mamta Marram Neelima Patke Nikita Paritrakar Neha Bonde Anuradha Chapke	END to improve and Confidence. Signature/class. BSC (HSC) II BSC (HSC) II BSC II
Ourseme Sr. No. 1 2 3 4 5 6	Name of the Participant Priyarka Mawande Priya Dakhane Geefa Yadgire Mamter Massam Neelina Patke Nikita Pavitrakar Neha Bonde Anuradha Chapke Neha Bhuyar	END to improve and Confidence. Signature/class. BSC (HSC) II BSC (HSC) II BSC II
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Oursems Sr. No. 1 2 3 4 5 6 7 8 9 10	Name of the Participant Priyarka Mawande Priya Dakhane Geefa Yadgire Mamter Massam Neelina Patke Nikita Pavitrakar Neha Bonde Anuradha Chapke Neha Bhuyar	END to improve and Confidence. Signature/class. BSC (HSC) II BSC (HSC) II BSC II

14	Deepale Dhuriya	BS1. (H-S1.) I
15	Deefali Dhuriya Pooja Yeokar Monali Meshram	BSC (H.SC.) II
16	Monali Meshram	Busc (West) II
17	Samily class Randhave	B.S.C. (H.S.C.) II
18	Madhuri Bhugul Monali Bhugul Saniksha Bhugul Dhanashree Kambe	B.S.C (H.S.C.) II
19	Monali Bhugul	BUC (H.St.) II
20	Saniksha Bhugul	Bisc (Hisc)II
22	Dhanashree Kambe	Bisc (Hisc)II
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DR. S. D. THAKARE Coordinator, I.Q.A.C. Autoshree Vimalabai Deshmukh M... Amravati TAVARMAN S

PRINCIPAL Principal Matoshree Vimalabai Deshmukh Mahavidyalaya Shivaji Nagar Amravati 444503 (M.S.)

• Poshan Mela List of Participants

Toy 16					
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati					
Internal Quality Assurance cell (IQAC)					
Department of Home Science					
Food and Nutrition					
1 ood and Natitalon					
Name of the Event Program: - Celebration of National Date: 7/09/2017 Day: Thursday Time: 3.0 In collaboration with: Home Economics Defacts Name of the Gast: Event :- Poshan Mela.	co to 4.00 P.M.				
Participant: Colley Student No. of Participants: 2	0				
Objective 1. To enhance Practical afflica					
Action Taken Organized Posker Mela	of Knowledge.				
Outcome 1 Augreness regarding nutrition	is created.				
generated among the students	earner puspose is				
Sr. No. Name of the Participant	Signature				
1 Aishwarya kshirsagar	AK				
2 komed Rithe	(P)				
3 Lakhan Hurai	Murai				
1 Ishwar Kamble	Tramble				
5 Lalit Nahajan	The second				
6 Nikita Tayade	NTayade				
⁷ Rajashri Sagne	REGiane				
8 Sachin Dhaygar	Constitues				
9 Sagar Koli	GN				
10 Pocja Dharmale	P. Dharmale				
J .	2 '				
11 Vedika Charjan	Thursen				
13 Shubbangi Manc	Strapeul				
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	Priya Raut	Mya Kaut
16	Kanchan Patil	Kiralil
17	Vrushali Chavhan	Redwarde
18	Rajashri hawande Sagar Shirsale Radha Kabade	Redwan
19	Sagar Shirsale	RK
20	Radha Kubade	KK
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• Nutrition Queen Competition

List of Participants

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Department - Food and Nutrition

Nutrition Queen Competition 2V17-2V18 Students List

Sr.No	Students List	Weight.	Height	E.M. I
1	Pranita Bucker	454	150 Cm	
2	Rupali Patil	55.0	151	N'errel
3	Aachal Rathrd	4:7	155	N'erre!
Ť.	Sneha Wankhade	5.	197	LEXEL
5	Chandrabhaga Ramoske	45	155	North
6	Vedika Charian	50	163	Norsel
7	Subhangi Mane	65	153	UW.
S	Radha Kabade	95	155	1316
9	Aishwarya Kshirsagar	60	151	010
10	Nikita Tayade	45	156	Mul
11	Kanchan Patil	30	155	OW
12	Raieshree Sagane	3.3	155	1341
13	Shiyani Sankal	45	156	1363
14	Komal Rithe	53	148	Jul.
15	Madhuri Bhugul	39	139	UM
16	Dipeli Dhuriya	59	148	W
17	Priyanka Mawande	63	147	Nerra
18	Samiksha Bhugul	54	157	Ow.
19	Shilpa Pandhare	51	157	Nerva
20	Anjali Kharate	Ši	142	low
21	Rina Bhusari	35	150	Vw.
22	Manju Kharate	23	142	low
23	Priya Dakhane	47	149	Nerne
24	Puja Yeokar	34	155	nw.
25	Anuradha Chapke	57	153	Nove
26	Nilima Patke	51	157	Norma
27	Neha Bhuyar	30	15.3	UW
28	Monali Bhugul	54	150	Norma
29	Samiksha Randhve	77	165	ow
30	Dhanshree Kambe	5.8	151	OW
31	Nikita Pavitrakar	42	150	Norw
32	Gita Yadgire	48	161	Noma
33	Neha Bonde	47	161	LIN
34	Mamgala Khadse	40	149	NW
35	Monali Meshram	39	152	UW
36	Mamta Meshram	49	143	Norma
37	Ruchita Wardhe	1,7	163	1214
38	Kajal Panchawate	37	162	Norma
39	Shruti Tiwari	61	159	Norma

40	Pratiksha Futane	38	138	1110
41	Kiran Futane	3.9	1.00	11 121-
42	Anjali Tayade	1 23	117-7	0232
43	Puja Nemade	72	130	000
44	Shradha Tagade	38	141	VW
45	Kanchan Surve	60	157	1010
46	Ishwari Giri		125	0.10
47	Juhi Pal	51	167	12 61
48	Ritika Bhalchakra	36	152	NOTH
49	Dipali Wanve	43	150	More
50	Payal Dhengale	67	149	North
51	Vaishali Wanje	39	152	11.66
52	Poonam Jawarkar	(2)	150	11.10.
53	Rutuja Patil	55	160	OW
54	Pradhnya Mahalle	50	1 155	Mu.
55	Vaishanavi Mandalkar	56	154	Norw
56	Dipti Thakare	61	153	MATH
57	Priya Wankhade	50	157	Marris
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59	Gauri Mankar	45	142	10.00
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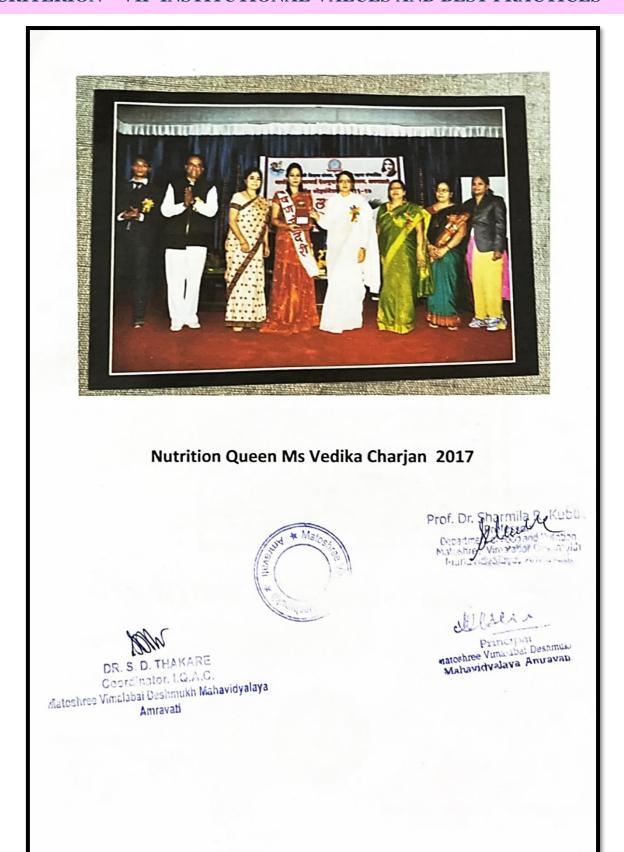
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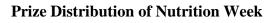
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Report – Department of Food & Nutrition

Matoshri Vimalabai Deshmukh Mahavidyalay Amravati Internal Quality Assurance cell (IQAC)

Activities undertaken academic session 2017

Report

Name of the department: Food and Nutrition

Name of the activity: Celebration of National Nutrition Week 2017

Organising faculty and department: Dr.Sharmila Kubde, Food and Nutrition Department

In collaboration with: Department of Home economics

Number of the participant: Total 150 students present in various activities

Objectives: 1) To create awareness of Nutrition

- 2) To inculcate competitive spirit
- 3) To understand the self-nutritional status

Details of the activity: First week of September 1 to 7 September is celebrated National nutrition week across India enthusiastically the department under to the following activities for the students

- 1) Rangoli competition
- 2) Poster competition
- 3) Spontaneous speech competition
- 4) Essay on poshak aahar deshacha Aadhar competition
- 5) Nutrition Queen competition
- 6) Guest lecture by Kavita vidhale and Dahat Madam dietitian
- 7) PoshanMela

Outcome: 1) Awareness to some extent was created

- 2) Competitive and teamwork spirit was inculcated.
- 3) Students could understand their own nutritional status and discuss their nutritional problems.

Problem Encountered:

1) It difficult to implement the celebration because limited resources available.

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natoshree Vimalabai Deshmuid Mahavidvalava Amravati

Matoshree Vintalabal Deahmukh Mahavid

Department of Home Economics Report



Preparation and Distribution of NEEM – Tablets List of Participants

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Preparation and Distribution of NEEM – Tablets





News Report

आज बोर्डा सेवा सहकारी सोसायटीची आमसभा

अंजनसिंगी (वार्ताहर) : येथून जवळच असलेल्या बोर्डा सेवा सहकारी सोसायटीची वार्षिक आमसभा सोमवारी ११ सप्टेंबर रोजी आयोजित करण्यात आली आहे. या आमसभेमध्ये शेतकऱ्यांच्या महत्वपूर्ण विषयांचे ठराव मंजूर केले जाणार आहे. शेतकरी बांधवांनी आमसभेला सकाळी ११ वाजता उपस्थित राहण्याचे आवाहन सोसायटीचे अध्यक्ष संदीप कांबळे, उत्तम मानकर, प्रभाकर वाडकर, लक्ष्मण भागवतकर, रंजीत राऊत, अमित ठाकरे, ललीता जयस्वाल, कृष्णा काळे, मेहेरे, प्रशांत आमले, कळसकर, विनोद ढोणे, वऱ्हाडे व सचिव वाडी, भोंबे यांनी

मातोश्री विमलाबाई देशमुख महाविद्यालयात पोषण आहार सप्ताह साजरा

अमरावती (प्रतिनिधी) : १ ते ७ सप्टेंबर हा आठवडा राष्ट्रीय पोषण आहार म्हणून पूर्ण भारतभर आयोजित करण्यात येतो. मातोश्री विमलाबाई देशमुखं महाविद्यालयात सुद्धां हा सप्ताह साजरा करण्यात आला. दि. १ सप्टेंबर रोजी प्राचार्य संयोगिता देशमुख यांच्या हस्ते राष्ट्रीय पोषण सप्ताहाचे उद्घाटन झाले. त्यांनी उद्घाटन प्रसंगी उत्तम स्वास्थ असलेलाच समाज आर्थिक, सामाजिक व शैक्षणिक प्रगती करु शकतो. समाजाच्या आहार व

पोषणावर रुढींचा, सांस्कृतिक व यांनी मार्गदर्शन केले. दि. ७ सप्टेंबर धार्मिक विचारांचा परीणाम होतांना दिसतो. त्यात अज्ञान, अंधश्रध्दा, गरीबी अश्या बऱ्याच कारणांमुळे आहाराबाबत अनेक समस्या निर्माण झालेल्या दिसतात. आहाराबाबत समाजामध्ये जागरुकता निर्माण करण्याकरीता राष्ट्रीय पोषण सप्ताह साजरा करण्यात येतो, असे प्रतिपादन

या सप्ताहात विविध स्पर्धा आयोजित करण्यात आल्या होत्या. त्यात रांगोळी स्पर्धा, उस्फूर्त भाषण, भिंतीपत्रके, पोषण सुंदरी स्पर्धा, घोषवाक्य स्पर्धा आणि निबंध स्पर्धा घेण्यात आल्या. निबंधाचा विषय होता पोषक आहार देशाचा आधार त्यात महाविद्यालयातील विद्यार्थांनी मोठ्या प्रमाणात सहभाग घेतला होता. यावर्षी जागतिक आरोग्य संघटनेनी बालकांची योग्य आहारपद्धती हा विषय घेतला होता. त्यावर मार्गदर्शन करण्याकरीता अंजली दहात, आहारतज्ञ सुपर स्पेशालिटी हॉस्पीटल, अमरावती

ला समारोपीय कार्यक्रमाला प्रमुख अतिथी म्हणून कविता विधळे होत्या. त्यांनी विद्यार्थ्यांना पोषण व रोजगार यावर मार्गदर्शन केले. या संपूर्ण कार्यक्रमाचे आयोजन प्रा.डॉ. शर्मिला कुबडे, प्रा.डॉ. छाया विधळे व प्रा. प्राची भांबूरकर यांनी केले. उस्फूर्त भाषण स्पर्धेकरीता सुपर स्पेशालिटी हॉस्पीटल कडून बक्षिसे व प्रमाणपत्रे वितरीत करण्यात आली. त्यात प्रथम क्रमांक राजश्री सगणे, द्वितीय क्रमांक ऐश्वर्या क्षीरसागर व तृतीय पारीतोषीक वेदीका चर्जन या विद्यार्थीनींना मिळाले. तसेच रांगोळी स्पर्धा, घोष वाक्य स्पर्धा, उस्फुर्त भाषण यांचे परीक्षण प्रा. डॉ. छाया विधळे व प्रा.डॉ. शर्मिला कुबडे यांनी

समारोपीय कार्यक्रमात अध्यक्ष प्राचार्य डॉ. संयोगिता देशमुख यांनी भारतीय आहार आणि पोषण संस्कृतीवर प्रकाशझोत टाकला. अश्याप्रकारे पोषण सप्ताह उत्साहात व आनंदात साजरा करण्यात आला.

निष्काम भावनेने केलेले कर्म हीच खरी ईश्वर सेवा : इंजि. पवन दवंडे विश्वशांती नाम सप्ताहाचे आयोजन

वरुड (वार्ताहर) : ग्रामसेवा हीच खरी ईश्वर सेवा आहे. त्यासाठी श्रमदानाच्या माध्यमातन गनकाची छोज

अंजन घातले. तरुणांनी आई वडिलांचा मान ठेवून शेतीव्यवसाय बळकट करुण

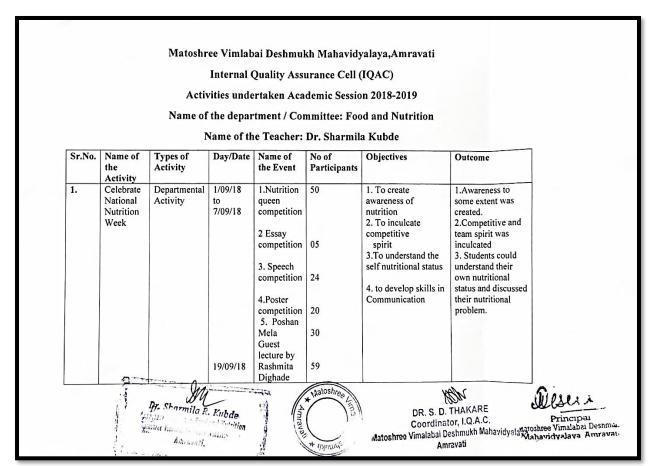


DR. S. D. THAKARE Coordinator, I.Q.A.C. Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati

Mahavidyalaya Amravan

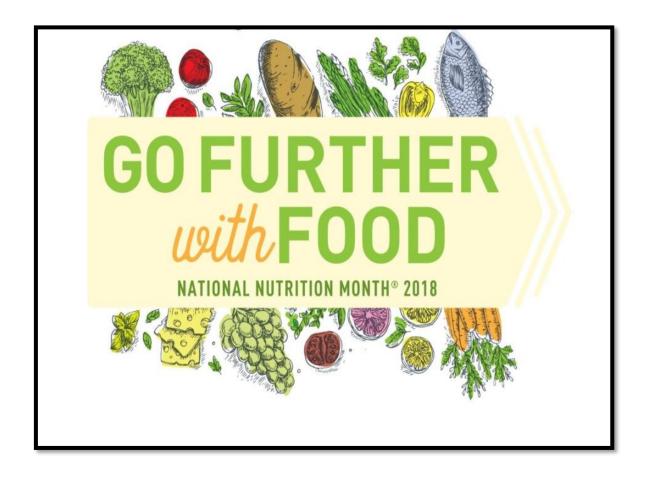
Academic Year 2018-2019

Brief Report



National Nutrition Week 2018
 Theme

'Go Further with Food'



Notice

Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati

Department: Food & Nutrition 2018

Notice

All the students of Arts and Home Science faculty are here by informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2018. The winners in the competition will be given certificate and prizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and Nutrition department. On 30/08/2018 . The time and date of the competitions are as follows:

Date/Day	Competition	Venue and time
1/09/2018	Inauguration	Hall.
Saturday	Poster competition	12.00-2.00 pm
3/09/2018 Monday	Spontaneous speech Competition	Nutrition class room 12.00- 2.00 pm
4/09/2018 Tuesday	Nutrition queen competition first and second round	Food & Nutrition lab 12.30 - 1.30 pm
5/09/2018 Wednesday	Nutrition Queen competition 3&4 round	Food and nutrition lab. 12.00-2.00pm
6/09/2018 Thursday	Essay competition on Entrepreneurship in Food & Nutrition	2.00-3.00 pm
7/09/2018 Friday	Poshan Mela	3.00-4.00pm college campus

barmila R. Kubde tessor, Food and Mutrition aree Vimiobal Deshwakk Nabayidyalaya

Coordinator.

Amravati.

Dr. Sharmila Kubde

Principal

Matoshree Vimalabai Deshmukh Mahavidyalaya, Shivaji Nagar Amravati 444603 (M.S.)

DR. S. D. THAKARE Coordinator, I.Q.A.C. Matoshree Vimalabai Deshmukh Mahauldyalay AMERICA

Inauguration of National Nutrition Week



• Essay Competition List of Participants

	atoshree Vimalabai Deshmukh Mahavidy	Allaya, Amiavaci
	Internal Quality Assurance cell	(IQAC)
	Department of Home Science	
	. Food and Nutrition	
Name of the I	Event/Program: - Celebration of National	Nutrition Week 20
Date: 6 0	Event/Program: - Celebration of National J 9/2018 Day: Thursday Time: 2 on with: Other Departments Guest: Competition: Escay on Entreprener College Student No. of Participants:	100 to 3.00 P.H.
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Participant: _	College Student No. of Participants:	0.5
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Action Taken	organised Essay Competition	for Students
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4	Neha Bhuyar Anjali Kharate	NB2
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Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Internal Quality Assurance cell (IQAC) Department of Home Science Food and Nutrition

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)utcome	It helps to enhance their	ideas, confidence
	and communication Skill.	
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1	Nikita Pavidtrakar	
2	Neha Bhuyar	Neha Bhugar
3	Samiksha Randhave	Abulling
4	Puja yeokar	Rleokor
5	Samiksha Bhugul	SE Mige
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0	Ankita Konde	A TOPAC
7	Monale Bhugul	thoras
8	Dhandshree Kambe	also.
9	Shilpa Pandhare	SP
10	Anjali Kharate	100
11	Manjy Kharate	M.K.
12	Ankita Topale	AS
13	Priyanka Mawandz.	RMawande
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• Spontaneous Speech Competition - List of Participants

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15	Neha Bonde	B
16	Deepoli Dhuriya	Deepali Dhwi
17	Deepali Dhuriya Barakha: Sahu	\$59th
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Spontaneous Speech



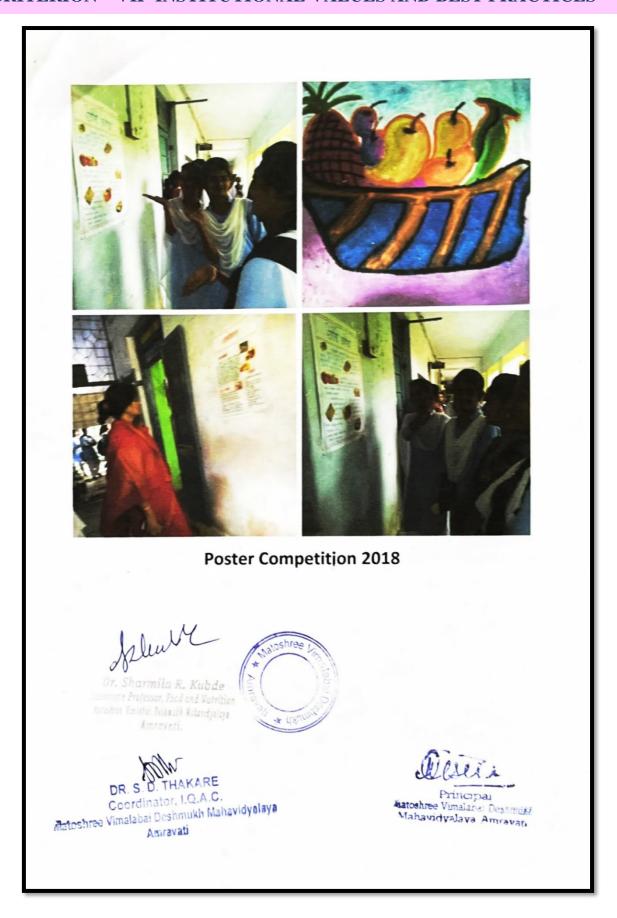
• Poster Making Competition - List of Participants

M	atoshree Vimalabai Deshmukh Mahavidy	alaya, Amravati
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	Department of Home Science	
	Food and Nutrition	
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19	Priya Dakhare	02
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Poster Making Competition



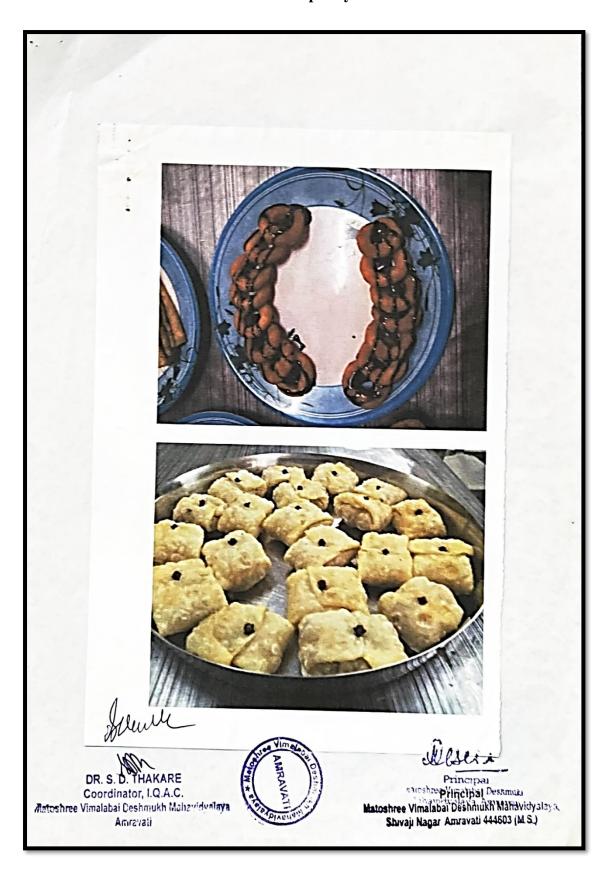


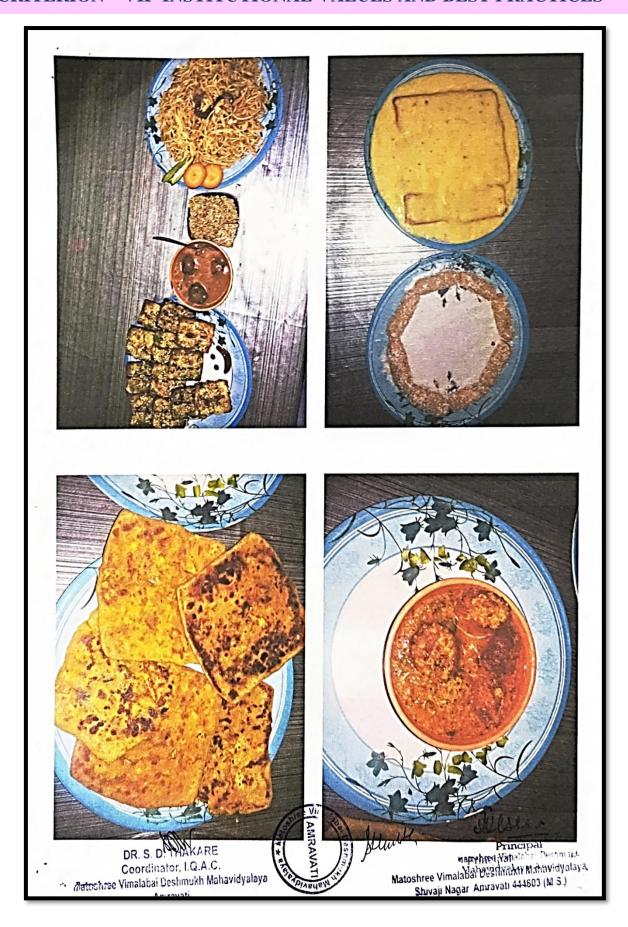
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Tejaswini Ambadkar Dhanashri kanbe Peoja Yeokar Neha Bende Nikita Pavitrakar Priya Dakhane Shilpa Pandhare Harshali Dhengale Manata Maram Priyaran	1		Arkilohane
2 Dhanashri kambe 2 Peoja Yeokar 2 Peoja Yeokar 3 Neha Ronde 4 Neha Ronde 4 Neha Ronde 5 Nikita Pavitrakar 8 Priya Dakhane 9 Shilpa Pandhare 10 Harshali Dhengale 11 Namata Massande 12 Priyanta Massande 12 Priyanta Massande 13 Phanade	2	Samiksta Randhave	3
2 Proja Yeokar 5 Pooja Yeokar 6 Weha Bonde 7 Nikita Pavitrakar 8 Priya Dakhane 9 Shilpa Pandhare 10 Harshali Dhengale 11 Mamata Masram 12 Priyanka Mawande 12 Priyanka Mawande 13 Pharade	3	Tejaswini Ambadkar	T
6 Neha Bonde 7 Nikita Pavitrahas 8 Priya Dakhane 9 Shilpa Pandhare Gladlace 10 Harshali Dhengale 11 Manata Maram 12 Priyanta Mawande Phawade	4	Dhanashri Kambe	
6 Neha Rende 7 Nikita Pavitrakas 8 Priya Dakhane 9 Shilpa Pandhare Gladlare 10 Harshali Dhengale Hargal 11 Manata Maram Argane	5	Pooja Yeokar	Hecher
Nikita favitrakas 8 Priya Dakhane 9 Shilpa Pandhare Gladlare 10 Harshali Dhengale Hengal 11 Manata Masram 12 Priyanta Massande Phassane	6	,	13
8 Priya Dakhane Dakhane 9 Shilpa Pandhare Gladlare 10 Harshali Dhengale Hengal 11 Manata Masram Pryassan 12 Priyanta Massande Phawade	7		NB.
9 Shilpa Pandhare Gladlare 10 Harshali Dhengale Hohengal 11 Manata Maram Arganian 12 Priyanta Mawande Phawade	3		Dakhane
10 Harshali Dhengale Hohengal 11 Mamata Masram Pryassena 12 Priyanta Mawande Phawade	9		
11 Manata Maram Aryansana 12 Priyanta Mawande Phawade	10		Hohengal
12 Priyanka Mawande Phawade	11	Manata Maran	
	12		
	13	Aniali kharate	Ak
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16	Mangu Kharal	Virtator.
17 "	Nilima Patake Rina Ehwaii	Rino Bhusar
18	Arkita Konde	Mande
19	Dipali Dhuriya	Drahi Dhurina
20		Flores 5
22	Morsha Vanve Monali Hestram	2000
23	•	(AT)
24	Askita Topale Managlo Khadale	Michalax
25	Gita Vodsire	Guideire
26	Rodlika Bijwe	pplying
27	Marie Bhuerd	APTIMETED)
28	Anunadha charake	Arhabates
29	Shaddha Umar	Calman
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Delicious Recipes by Students





• Guest Lecture

Notice

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Notice

Date:-15/012018

It is informed to, all the students of our college that department of Food and Nutrition

Is organizing a programme of quest lecture & Role on date. 19/09/2018
Play

Time: - 12.00 to 2:00 P.M.

Venue: - Matoshree Sathagruh

Note :- Compulsory to all the students

Faculty:-

B.A-I JAN B.A-II WAN B.A-III YUS

B.Sc(H.Sci)-I KKUM B.Sc (H.Sc)-II ON

B.Sc (H.Sc)-III

B.Sc- Part I

DR. S. D. THAKARE Coordinator, I.Q.A.C.

Coordinator, i.e.A.o.

Aatoshree Vimalabai Deshmukh Mahavidyalaya

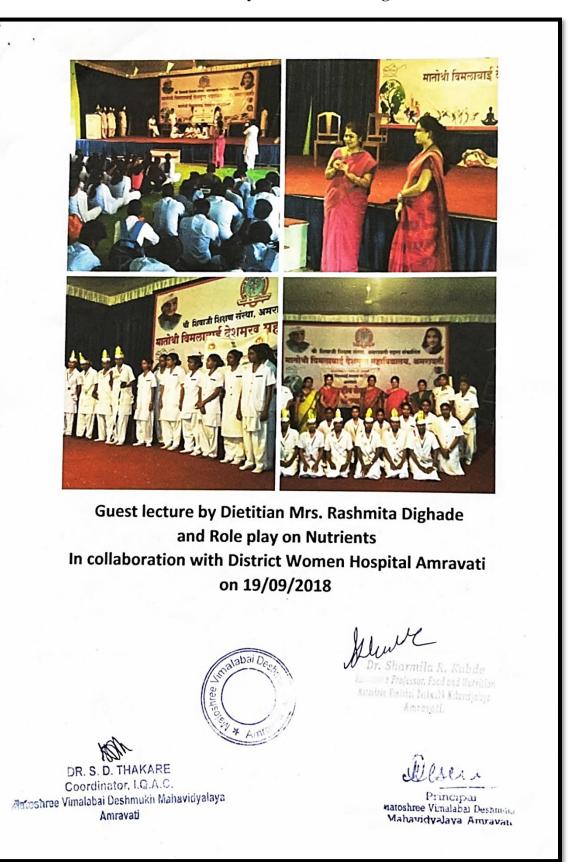
Amravati

Programme Incharge

Dr. Sharmila R. Kubde in 22 Professor, Food and Vatrition Austra Vainta Polenty United Austravati.

Principal eatoshree Vimalabai Desamuki Mahavidyalaya Amrayati

Guest Lecture by Mrs. Rashmita Dighade



• Nutrition Queen Competition - List of Participants

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Department – Food and Nutrition

Nutrition Queen Competition 2018-2019 Students List

Sr.No	Students List	Weight	Height	B.M. I
1	Samiksha Randhave	811	164	ow
2	Puja Yeokar	3 9	153	υw.
3	Nikita Pavitrakar	44	150	Normal
4	Priya Dakhane	49	148	Normal
5	Shilpa Pandhare	49	161	Normal
6	Priyanka Mavande	42	147	Normal
7	Dipali Dhuriya	30	147	νω
8	Anjali Kharate	79.	156	Normal
9	Neha Bhuyar	53	155	Normal
10	Madhuri Bhugul	.60	149	Normal
11	Nilima Patke	52	14	vw '
12	Rina Bhusari	5.3	1 55	Normal
13	Ankita Konde	53	140	νω
14	Anuradha Chapke	44	143	Normal
15	Ankita Tople	6-1	161	Normal
16	Geeta Yadgire	-54	146	Normal
17	Monali Bhugul	57	146	Normal
18	Harshali Dengale	51	138	WEI
19	Mamta Masram	66	157	Normal
20	Dhanshree Tambe	5 6	140	nw
21	Anju Kharate	(3	151	Normal
22	Mangla Khadse	67	157	Normal
23	Monali Meshram	17	16.5	0. W.
24	Ashwini Chinore	46	155	ow.
25	Ravina Rajput	53	144	vw
26	Nilakshi Kadu	39	137	NW
27	Nutan Gawai	5.8	147	UW
28	Rucha Bhuyar	49	137	NW
29	Rohini Mahore	19	140	UW
30	Ashwini Jawarkar	49	125	NW
31	Pranali Nandne	59	156	vw
32	Vaishali Kadu	47	13 /	11W.
33	Shrushti Tosar	SP	150	Normal
34	Mohini Chude	1,5	152	υw.
35	Rucha Kandalkar	40	149	Oω
36	Manisha Thakur	42	161	νw .
37	Aachal Unone	60	158	Normal
38	Monali Athawale	38	146	VW
39	Sanika Shingade	38	152	VW.

40	Priya Gadekar	42	154	Uw.
41	Kalyani Chakre	50	155	NOTH
42	Tejaswini Mandavdhare	42	150	Norma
43	Manisha Pantagray	40	165	over u
44	Sayika Bonde	48	167	vw.
45	Nikita Deshmukh	55	154	Norm
46	Bhavika Khavale	41	148	VW.
47	Neha kori	67	149	OW.
48	Rasika Gulhane	45	162	UW
49	Diksha Damodare	57	166	Norma
50	Shubhanji Chakre	46	152	Norma

IQAC Boordinator Coordinator Coordinator. Layer Malabai Deshmukin Manerye Jayer Amravati

Schuld

Dr.Convener. Kubde

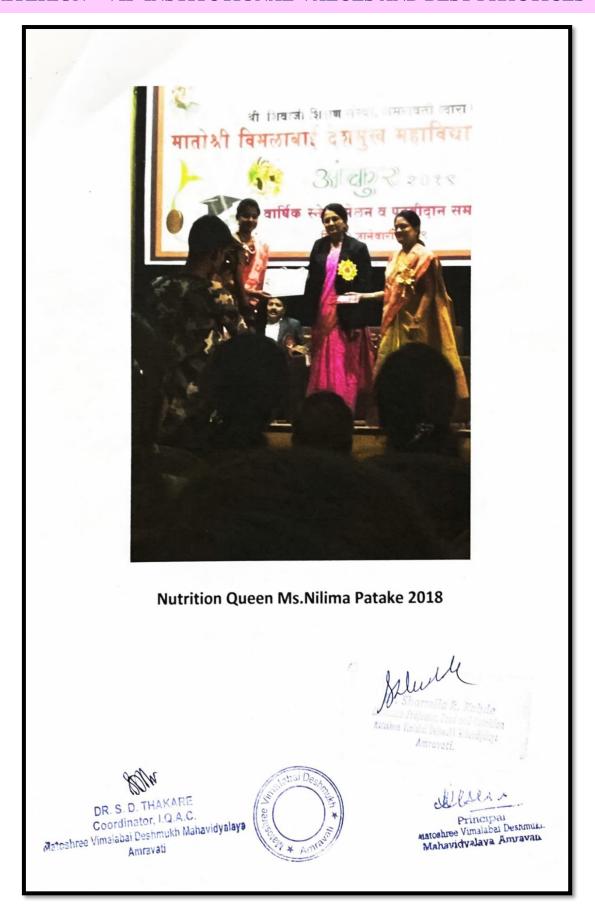
Principal

Matoshree Vindeti Diskaali Materidyalaya

Amravati, Matoshree Vimalabai Deshmukh Mahavidyalaya

Shivaji Nagar Amravati 444503 (M.S.)





Report – Department of Food & Nutrition

Matoshri Vimalabai Deshmukh Mahavidyalay Amravati Internal Quality Assurance cell (IQAC)

Activities undertaken academic session 2018

Report

Name of the department: Food and Nutrition

Name of the activity: Celebration of National Nutrition Week 2018

Organising faculty and department: Dr. Sharmila Kubde, Food and Nutrition Department

In collaboration with: Department of Home economics

Number of the participant: Total 129 students present in various activities

Objectives: 1) To create awareness of Nutrition

2) To inculcate competitive spirit

3) To understand the self-nutritional status

Details of the activity: First week of September 1 to 7 September is celebrated National nutrition week across India enthusiastically the department under to the following activities for the students

- 1) Poster competition
- 2) Spontaneous speech competition
- 3) Essay on entrepreneurship in food and nutrition
- 4) Nutrition Queen competition
- 5) Poshan Mela

Outcome: 1) Awareness to some extent was created

- 2) Competitive and teamwork spirit was inculcated.
- 3) Students could understand their own nutritional status and discuss their nutritional problems.

Problem Encountered:

1) It difficult to implement the celebration because limited resources available.

DR. S. D. THAKARE Coordinator, I.Q.A.C.

Matoshree Vimalabai Deshmukh Mahavidyalaya

Amravati

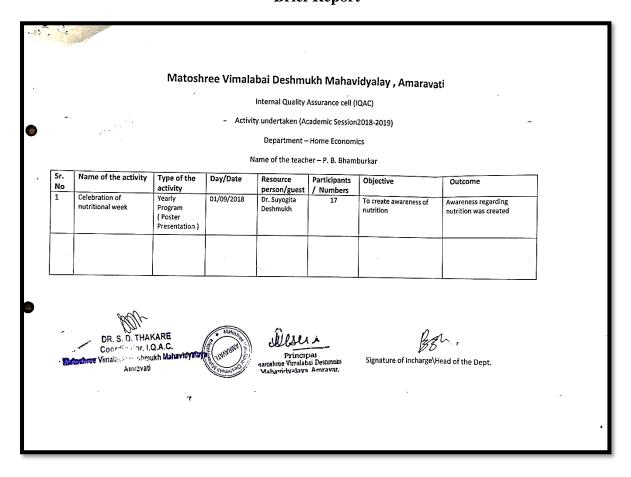
Bandal Despise and Ca. R. Kubde (2507, Food and Mutrition Mutrition) at Beskett Retentialize, Americani,

Principal

natoshree Vimalabai Deshration

Mahavidvalava Antravata

Department of Home Economics Brief Report



Poster Presentation - List of Participants

A CONTRACTOR OF THE PARTY OF TH	Chairman at a contract
	Shri Shivaji Education Society; Amravati's
Ma	atoshree Vimalabai Deshmukh Mahavidyalaya, Amravati
	Academic Session – 2018-19
	Internal Quality Assurance Cell (IQAC)
	Date: 1/09/2018
Name	e of the Programme - Celebration of Nutritional we
Name Depa	e of the Faculty / - Home - Economics
In col	llaboration with - Home - Science (Nyteition
Co-or	dinator / Convenor - Miss- Kale.
Progra	person of the - DE Sanyagiter Deshmuch sof the Guest
Facult	
	74.24. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.
•	Name -
	Designation -
	Designation - Name of the Institute-
	Designation Name of the Institute- ving members/participants attended the programme:
Follow Sr. No	Designation Name of the Institute- ving members/participants attended the programme: Name of the Student Class Signatures
Follow Sr. No	Designation Name of the Institute- ving members/participants attended the programme:
Follow Sr. No 1. 2. 3.	Designation Name of the Institute- ving members/participants attended the programme: Name of the Student Class Signatures Diksha Dilipado Barkar BAI OBorkar Dipali Damodhar Gondane BAI appendent
Follow Sr. No 1. 2. 3. 4.	Designation Name of the Institute- ving members/participants attended the programme: Name of the Student Class Signatures Diksha Dilipaao Borkan BAI DBorkan Dipali Damodhaz Gondane BAI apacadae Rita Rajy Gardan. BAI Bitturan
Follow Sr. No. 1. 2. 3. 4. 5.	Designation Name of the Institute- ving members/participants attended the programme: Name of the Student Class Signatures Diksha Dilipaao Borkan BAI DBorkan Dipali Damodhaz Gondane BAI apacadae Rita Rajy Gardan. BAI Bitturan
Follow Sr. No 1. 2. 3. 4. 5.	Designation Name of the Institute- ving members/participants attended the programme: Name of the Student Class Signatures Diksha Dilipodo Bookan BAI DBookan Dipali Damodhaz Gondane BAI procedure Rita Rajy Gardan. BAI Alteren Roshani Manohay khandetay BAI Okhandekay Ashyini Padamakan Chinnope B.A.I Ainnope.
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Follow Sr. No 1. 2. 3. 4. 5. 6. 7. 8.	Name of the Institute- ving members/participants attended the programme: Name of the Student Class Signatures Diksha Dilipodo Bookan BAI Dookan Dipali Damodhaz Gondane BAI procedene Rita Rajy Gardane BAI procedene Roshani Manohay khandetay BAI Dehandekay Ashvin'i Padamokan Chinnone B.A.I Ainnote Vaishnavi Dilipodo pethe. B.A.I Wethe. Aarti H. Malexistay BAII An Methe.
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Poster presentation



Report – Department of Home Economics

Shei shivey i Education society immediates Matoshii Vimalabaiy Destronguch Maha Amrovatt Depositmental Autivity Date - 01/09/2018 - Academic Session-2018-19 Name of the Activity _ (elebreat National Nytrulian week (Day) OEGINIZING faculty & Dept - Home Economics and Home science No of student presents - 17 - To (rest auerenue objectives of Nateution - Every years we celeber Details of Acethity. Hyring this year we have puepue poster puestati Compitition feer studients -) By conducting this paceter out come stydents accesse about Nytreithnel veeily in these life v) Augraness regarding Nytritten was recented (P.B. Blambulur)

News Report



• Academic Year 2019-2020

Brief Report

Matoshree Vimlabai Deshmukh Mahavidyalaya,Amravati Internal Quality Assurance Cell (IQAC)

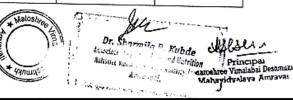
Activities undertaken Academic Session 2019-2020

Name of the department / Committee: Food and Nutrition

Name of the Teacher: Dr. Sharmila Kubde

Sr.No.	Name of the Activity	Types of Activity	Day/Date	Resourse Person	No of Participants	Objectives	Outcome
1.	Celebrate National Nutrition Week	Departmental Activity 1.Nutrition queen competition	1/09/19 to 7/09/19		76	To create awareness of nutrition To inculcate competitive spirit To understand the	1.Awareness to some extent was created. 2.Competitive and team spirit was inculcated
		2 Essay competition		-	09	self nutritional status 4. to develop skills in recipe and rangoli competition	Students could understand their own nutritional status and discussed
		3. Speech competition.		-	44	Competition	their nutritional problem.
		4.Poster Competition		-	20		
		5. Slogan Competition		.	04		,





National Nutrition Week 2019

• Theme

'Har GharPoshanVyavahar

(Healthy Behaviour in Every Home)



Notice

Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati

Department: Food & Nutrition 2019

Notice

All the students of Arts and Home Science faculty are here by informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2019. The winners in the competition will be given certificate and prizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and Nutrition department. On 30/08/2019. The time and date of the competitions are as follows:

Date/Day	Competition	Venue and time
2 9 9/2019 Monday	Inauguration	Hall,
Inoliday	Poster competition	12.00-2.00 pm
3/09/2019 Tuesday	Spontaneous speech Competition	Nutrition class room
Tuesday		12.00- 2.00 pm
4/09/2019 Wednesday	Nutrition queen competition first and second round	Food & Nutrition lab 12.30 - 1.30 pm
5/09/2019 Thursday	Essay competition on sahi poshan desh roshan	Food and nutrition lab. 12.00-2.00pm
6/09/2019 Friday	Slogan competition on nutrition and health	2.00-3.00 pm
7/09/2019 Saturday	Nutrition Queen competition 3 & 4 round	Food and nutrition lab 12.00 to 2.00 pm

Coordinator see leed and debute of the Sharmila Kubde 1 school first

DR. S. D. THAKARE
Coordinator, I.Q.A.C.
Astoshree Vimalabai Deshmukh Mahavidyslaya
Amravati

Principel

Matoshree Vimalabai Deshmukh Mahavidyataya.
Shivaji Nagar Amravati 444503 (M.S.)

• Nutrition Education Exhibition

(Display of Leaflets, Charts, Flashcards, Books on Nutrition)



Poster Competition - List of Participants

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Internal Quality Assurance cell (IQAC) Department of Home Science **Food and Nutrition** Name of the Event Program: - Celebration of National Nutrition Week 2019 Date: 210912019 Day: Monday Time: 12.00 to 2.00 PM. Date: 2 09 12019 Day: Monday In collaboration with: Home & conomics Name of the Guest: Poster Competition No. of Participants: 20 Participant: College Student Objective 1 to develop the skill of faster making 2. To Extend the importance and knowledge about Nutrition making Confessition for Students. Action Taken Students become aware about the poster making Outcome techniques Signature Name of the Participant Sr. No. Arbandhad Afarna Wankhade Meenal Rode Mode V. Pethe Vaishanavi Pethe Shillman Ingale 5 Mohod Chanchal Kotangale S Auchal Khandari Diksha Pachaghase Pranali Nandane Harshika shrirame square kanchan Surve Nilakshi kady

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	Pratiksha Futane	Killianut
la	Konchen Washnase	(C)
17 "	Voishnow Wath	Valsterile
13	march to leader	(18)
[4	Vaishali kadu Rucha Bhugas Yogita hanjewar	Chancel yepita Lanje
21)	Marila Lanisava	gerita Lanie
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Spontaneous Speech Competitions -

List of Participants

M	latoshree Vimalabai Deshmukh Mahavidya	ilaya, Amrayati	
	Internal Quality Assurance cell	(IQAC)	
	Department of Home Science		
	Food and Nutrition		
		N Com took sold	
Name of the	Even Program - Colebration of National strain Dept day Time 1: ich with Hear Science Dept & Her	Two 2.00 P.M.	
In collected	in with Hone Science Dekt & Her	ne eccacnics.	
Name of the	Student No of Participants	h on Nulntien	
Pericipant	Shide II No. of Participants:	_ 244	
Objective	: To improve confidence	Chill and Pritical thinks	
Action Take	organized speatoneous spe	ech con	
Outcome	These skills will useful for Education and their future	s both their ferming	
	Education and their future	Caucation	
Sr. No.	Name of the Participant	Signature/closs.	
1	Aashvini Blagat	BSC II (HSc)	
2	Shivani Tikale	BSC I (HSC)	
3	Vaishanavi Kalbande	BISC D (HISC)	
4	Sakshi Wakade	BILL (HEL)	
5	Shweta Tale	8.5C. II (11.5C.)	
6	Rajashri Gajbhiye	BSC D (HSC)	
7	Komal Kantale	B3(II (H-50)	
s	Sonali Bangalkar	BSC II (HSC)	
9	Sonali Bangalkar Devashri Patke	BUC II (H.X.).	
; 10	Nishigandha Meshram	[C24] IN	
11	Nutan More	B.A.I	
12	Nitika Ramteke	B.A. I	
13	Gouri Mankar	·BSC II (HSC)	

14	Vaishali Kadu	अस्म म अस
15	Shraddha Tagade	BSC III 12
16	Rucka Bruyas	BSC III (HSC)
17	Priya wankhade	B.J. II
18	Vaishali Wanje	6.51- III (H-111-)
19	Shrushti Thosar	B.SC TI (H.SC-)
20 . ,	Sagar Dhoke	BSC III (H-SE)
22	Nutan Gawai	BSC 11 (HSC)
23	Dipti Thakare	But III (HU)
24	Yozita lanjewar	BSC III (HSC.)
25	Vaishali Handalkar	Buc III (HUC)
26	Pradhnya Mahalle	B.S.C. III (H.S.C.)
27	Pratiksha Futane	B.S.C. II (H.S.)
28	Ashwini Jawarkar	BSC II (HSC)
29	Monali Aathawale	B.(C. III (HSC.)
30	Pagia Nemade	BSC TI (H.SC.)
31	Rucha Kandalkas	Buc III (Huc)
32	Pranali Nandane	BUC III (HUL)
33	Harshing Shrirame	But III (Hus)
34	Nilakshi Kady	B.SC II (HSC)
35	Kanchan Waghmare	BSE III (HSE)
36	Kiran Futune	BSC II (H-SC)
37	Poonan Jawarkar	BSCII (HSC)
38	Diksha Chappani	RIC TI (HSC)
39	Rutuia Patil	RIC TI (HSC)
40	Vaichravi Wath	OUT (HIC)
41.	Kanchan Surve	R. U. TI IH. SC.
42.	Manisher Kirdak	R. St. TI (H.SC.
43	Churchal Katangale	B.SITTL (H.S.)
44.	Dhanashri Mohod.	B.S. II (H.S.C.)
	GN OF TEACHER VD Maa	Approvement
310	1.	
	DR S D. THATARE	Principal

Essay Competition - List of Participants

Ŋ	Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati			
	Internal Quality Assurance cell (IQAC)			
- 1	Department of Home Science			
	Food and Nutrition			
Name of the Event Program: - (elchration al National Nutrition Week 2019) Date: 5/09/2019 Day: Thursday Time: 12.00 to 2:00ft. In collaboration with: Home & conducts. Name of the Gress Competition: - Essay on Saki Pocken Dech Rocken. Participant: College Student No. of Participants: 09 Objective -1. To Encourage Creativity and Writing Skills Q. To bring out the Ability to think quarkly. Action Taken 1 Essay Writing Competition Organised for Student.				
Outcome It tells to infrove and analyze their frequess in ceriting skills. It helps express feelings and thoughts.				
Sr. No.	Name of the Participant	Signature Mobile No-		
1	Puja Baxarase	P. Bangruse		
2	Nutan Gawai	Mutan asusii		
3	Fradbaya Mahalle Roshana Hatram	DID.		
1	Roshana Hatram			
5	Trufti Cholergo	(TA)		
6	Vaishali Kady	Made		
7	yogita banjewar	Vegita Lanjewar		
3	Vaishnavi Handalkar	2775		
Shradha Wahurwagh Choa				
12	MIN DE SU LAVATE STASH	Negar Arrayan etesta (M.S.)		
Amravas				

	andrew American
Manishree Vimalabai Deshmukh Mahavi	MARKA AMILANA
Internal Quality Assurance of	II (IQAC)
Department of Home Science	
Food and Natrition	
Due: 6/21/2014 Due: Fride Time:	and trializing en Litien for Studenti
Se Va Name of the Participant	Signature
Sr. Nr. Same of the Fartiques	- Kleyen
Posta Nimed:	Miniade
5 Shanneling Dalvi	<u> </u>
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5	P. Banarase
5	P. Banarase
5 6 7	P. Banarase
5 6 7 8 Section 12	P. Banarase
5 6 7 8 Grant Day	P. Banarase
5 6 7 7 8 9 10 10 10 10 10 10 10 10 10 10 10 10 10	P. Edwards C.
5 6 7 8 9 10	E Egnarase.
5 6 7 7 8 10 11 12 12 12 12 12 12 12 12 12 12 12 12	Principal shree Vimplatus Desarras Materialy a

Essay Competition



Nutrition Queen Competition

List of Participants

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Department - Food and Nutrition Nutrition Queen Competition 2019-2020 Students List

Sr.No	Students List	Weight	Height	B.M. I
1	Vaishanvi Kalbande	4.8	148	Normal
2	Ashwini Bhagat	3.5	148	UW.
3	Shivani Tikale	51	157	Normal
4	Shweta Tale	34	150	Normal
٠5	Sakshi Wakade	90	161	O. W.
6	Komal Kantale	48	144	Normal
7	Sonali Bangalkar	52	158	Mormal
8	Deveshree Patke	53	153	Normal
9	Rajashree Gajbhiye	35	15 1	NW '
10	Rashami Karade	31	143	NW
11	Sakshi Parise	35	143	WW
12	Anjali Jadhav	56	142	Normal
13	Pallavi Raut	50	162	Normal
14	Nikita Damale	50	152	Normal
15	Vaishanavi Utane	45	154	11W
16	Megha Hinge	35	152	NW
17	Vaishanavi Hiwse	35	151	ŭω
18	Vaishanavi Gohatre	35	145	vw
19	Bhagyashree Chavhan	45	156	UW
20	Ashwini Gade	40	147	UW
21	Puja Rane	50	164	VW.
22	Puja Puke	45	154	vw
23	Sushma Lakhpurkar	30	145	VW.
24	Rajni Sharma	45	158	$v.\omega$
25	Priyanka Pande	6.5	164	Normal
26	Bharati Dhurve	60	168	Normal
27	Ravina Rajput	95	166	Ow
28	Anjali Tayade	45	155	Normal
29	Manisha Kirdak	55	153	Normal
30	Kanchan Waghmare	7.5	1.39	v.w \
31	Aachal Khandare	30	150	v.w.
32	Monalli Athvale	38	153	w.w.
33	Shrushti Tosar	50	154	Normal
34	Manisha Thakur	40	154	W.W.
35	Priya Wankhade	49	145	Normal
36	Vaishali Kadu	50	143	Normal
37	Diksha Chapani	44	147	Normal
38	Poonam Jawarkar	60	147	O.W.
39	Chanchal Kontangale	55	152	Normal
40	Trupti Bhalerao	44	158	Normal

41	Nutan Gawai	60	147	DW.
42	Yogita Lanjewar	55	1 152	Norma
43	Shradha Tagade		158	Norma
44	Ravina ladhav	44	150	Norther
45	Divva Mohod	51	165	UW
46	Rucha Bhuyar	41	154	UW.
47	Ashiwini Jawarkar	65	153	Nerva
48	Nilakshi Kadu	50	164	UW
49	Rucha Kandalkar	44	147	Northe
50	Pranali Nandane	58	165	DW.
51	Vaishali Wanje	48	160	Norma
52	Harshika Shrirame	43	147	Normal
53	Dipti Thakare	43	145	Norma
54	Gauri Borekar	46	155	ow.
55	Nitika Ramteke	47	160	Norma
56	Dhanshree Chude	44	158	Norma
57	Vaishanavi Ardak	50	165	UW
58	Tejal Ingle	55	156	Nerma
59	Pragathi Shirke	44	150	UW
60	Pallavi Rathod	44	156	Vw.
61	Lakshami Gawai	45	156	VW
62	Nutan More	45	151	Noma
63	Roshani Ingole	47	151	Norma
64	Pranita Tanduskar	40	157	Normal
65	Chanchal Dhole	45	155	Norma
66	Sakshi Thakare	43	157	UW
67	Vidhi Dravykar	45	139	Norma
68	Nishgandha Meshram	46	153	Norma
69	Janvi Khawale	47	155	Norma
70	Pratiksha Futane	41	149	WW.
71	Kiran Futane	39	149	W.W.
72	Puja Nemade	49	148	Norma
73	Kanchan Surve	/10	153	Normal
74	Gauri Mankar	85	146	Vw.
75	Vaishanavi Wat	112	152	VW.
76	Juhi Pal	40	140	Norma
		12	110	
	Krukh Maha			

IQAC Coordinators

Convener a R. Kub da

Convener a R. Kub da

Anatra Perila Batral V Lordylge

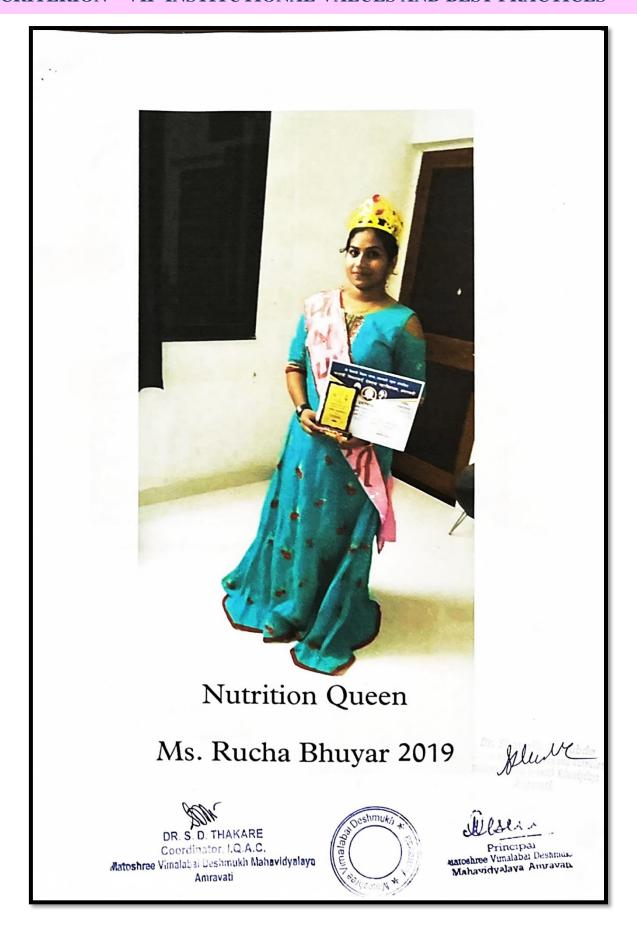
Principal

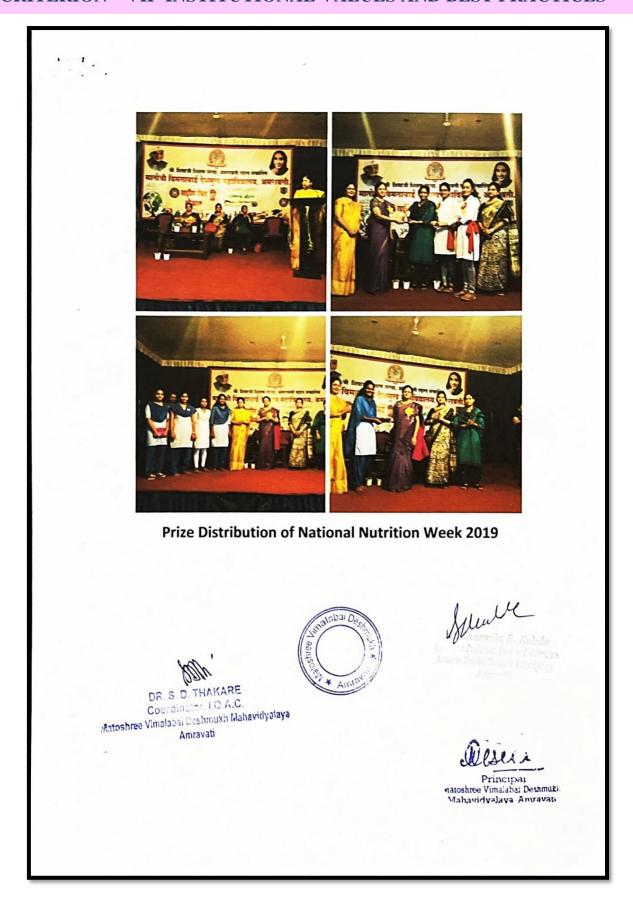
Matoshree Vimalabai Deshmukh Mahavidyalaya, Shiyaji Nagar Anyayati 444503 (M.S.)

Measurement of Weight and Height for BMI in Nutrition Queen Competition









Report – Department of Food & Nutrition

Matoshri Vimalabai Deshmukh Mahavidyalaya Amravati Internal Quality Assurance cell (IQAC)

Activities undertaken academic session 2019

Report

Name of the department: Food and Nutrition Name of the activity: Celebration of National Nutrition Week 2019

Organising faculty and department: Dr.Sharmila Kubde , Food and Nutrition Department

In collaboration with: Department of Home economics

Number of the participant: Total 153 students present in various activities

Objectives: 1) To create awareness of Nutrition

- 2) To inculcate competitive spirit
- 3) To understand the self-nutritional status

Details of the activity: First week of September 1 to 7 September is celebrated National nutrition week across India enthusiastically the department under to the following activities for the students

- 1) Poster competition
- 2) Spontaneous speech competition
- Essay on Sahi poshan Desh Roshan
- Nutrition Queen competition
- Slogan Competition

Outcome: 1) Awareness to some extent was created

- Competitive and teamwork spirit was inculcated.
- 3) Students could understand their own nutritional status and discuss their nutritional problems.

Problem Encountered:

It difficult to implement the celebration because limited resources available.

The

DR. S. D. THAKARE Coordinator, I.Q.A.C.

Coordinator, I.Q.A.C. Astochest Vimalabai Deshmukh Mahavidyalayu Dr. Shlomila R. Kubde katedare Professor. Field and Sutrition Manufact Visibili Baked) Adapting p

> Principat catoshree Vimilabel Destimati Maharidyalaya Ampayati

Department of Home Economics Brief Report

Matoshree Vimalabai Deshmukh Mahavidyalay, Amaravati

Internal Quality Assurance cell (IQAC)

Activity undertaken (Academic Session2019-2020)

Department - Home Economics

Name of the teacher - P. B. Bhamburkar

Sr. No	Name of the activity	Type of the activity	Day/Date	Resource person/guest	Participants / Numbers	Objective	Outcome
1	Nutrition Week	Guest Lecture	7 th Sept 2019	Dr.Neeta Giri	19	To create awareness of nutrition	Awareness regarding nutrition was created
	-					4	





Bor.

Notice

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मातार्शी विमलाबार देशमुख मरा अमरावली

प्रेचना प्र

परिष्ठ महाविद्याक्ष्मीन विद्यार्थ्यां श्रुचित करणात यते की, आपत्या महाविद्याल्यात करणात यते की, आपत्या महाविद्याल्यात पाक्का सत्याहानिमित्त 'दि ७ सप्टेंबर २०१९ राजी दु १.०० वा. पाक्का व आहार 'भा विष्यावर व्याख्यानीय आयोजन के आहे. तरी स्वर्व विद्यार्थ्यांनी स्वम नं मध्ये अवस्थील शहावे

भेरक्ष्यामिक्साग त्रमुख्य डिक्रम. प्रा. मारी बा. मोलुरकर

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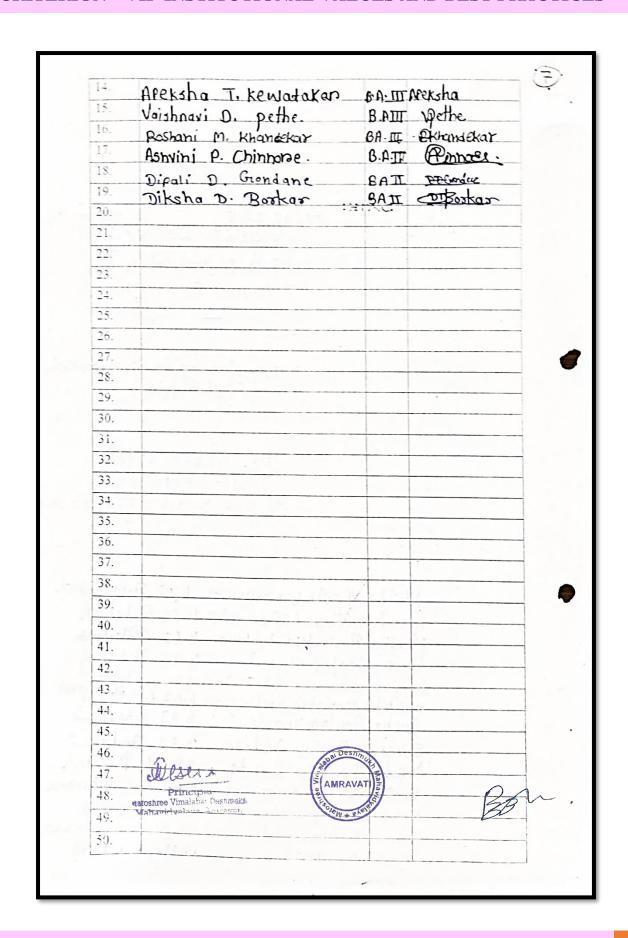
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Guest Lecture - List of Participants

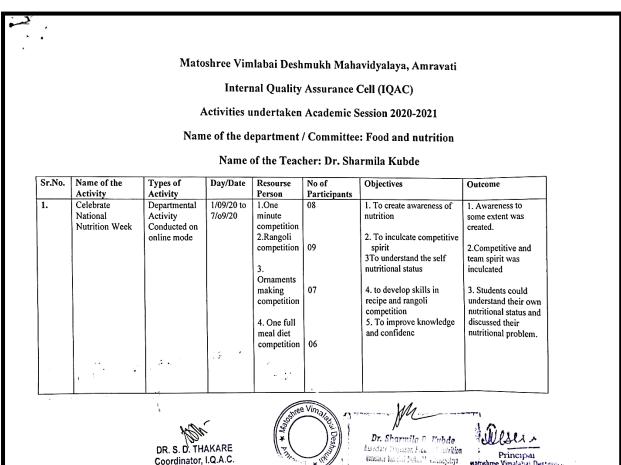
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	11.4.4		alternation of		
Matoshr	ree Vimalal	oai Des	hmukh Mah	avidyalaya, Amravati	
	A	cademi	c Session – 201	9-20	
	Interna DATE	l Qualit	Assurance C 109 [2019]	_	
Name of th	e Programme	-		Lecture	
Name of th	ne Faculty /	-	P.13 Bh	ambuther	
Departmen	ıt.		Home-	- Economics	
In collabor	ation with	-		_	
Co-ordinat	tor / Convenor	-		*	
Chairperso Programm			DE San	nyogike Deshmuch in(i pul)	,
Details of	the Guest				
Faculty					
Faculty Na	me	_	DE. NO	exta Giri	
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Guest Lecture by Dr. Neeta Giri



Academic Year 2020-2021 **Brief Report**



Associate Uniqueson, From all autrition Notoshive Visiconi Bashar Visionicyalaya naamiyaliya Amraveti.

National Nutrition Week 2020

• Theme

'Eat Right, Bite by Bite'



Notice

Notice

2020
Food and nutrition department तर्फे राष्ट्रीय पोषण महिना निमित्त वेगवेगळ्या स्पर्धा आयोजित केल्या आहेत त्यात सर्वांनी सहभाग घ्यावा.प्रत्येक स्पर्धेत सहभाग घेणाऱ्या विद्यार्थ्याला B_Certificate देण्यात येईल.खाली स्पर्धेची नावे आणि त्याची माहिती दिलेली आहे.या वर्षीच्या सर्व स्पर्धा ऑनलाईन होणार आहे.

🚯 एक मिनिट स्पर्धा.

यात समतोल आहारावर एक मिनिट बोलायचे आहे.त्याचे ऑडियो रेकॉर्डिंग करून खाली दिलेल्या no var पाठवा.

- रांगोळी स्पर्धा _ यात आहारावर आधारित रांगोळी काढून त्याचा फोटो काढून पाठवायचा आहे.
- थाळी सजावट स्पर्धा _ यात कोणत्याही वयोगटा साठी एक वेळेस चे जेवनाचे ताटाची सजावट करून त्याचा फोटो काढून आणि पदार्थाचे महत्त्व लिहून पाठवायचा आहे.
- 8 सगळ्यांना उत्सुकता असते पोषण सुंदरी २०२० स्पर्धेची.यात भाजी,तृणधान्य,कडधान्य,फळे वापरुन दागिने करायचे आहेत आणि ते घालून फोटो काढून पाठवायचा आहे.

पोषण सुंदरी आणि थाळी सजावट या स्पर्धेत प्रथम येणाऱ्या विद्यार्थिनीला १०१/ रू सोबत certificate मिळेल.

😘 प्रश्न मंजुषा स्पर्धा.यात तुम्हाला आहारावर आधारित प्रश्न दिल्या जाईल.ज्यांचा स्कोअर जास्त राहील तो प्रथम येईल.

तुम्ही स्पर्धेत सहभागी होण्याकरिता खालील what's app no.var तुमचे audio आणि फोटो तुमचे नाव,कॉलेज चे नाव,वर्ग व फोन no लिहन पाठवा.

संपर्क no._ ९९२३०८६२७२

मंग्री नक

DAI: डॉन्शर्मिला कुबड़ेाe Looset Professor, Food and Mutrition Matoshie Vinder () पुरस्कारण अन्न तु प्राप्तुमा विभाग

M V D M, Amravati.

THE WORK OF THE PROPERTY OF TH

DR. S. D. THAKARE Coordinator, I.Q.A.C.

Matoshree Vimalabai Deshmukh Mahavidy alaya Amravati Ja

Principal

Matoshree Vimalabai Deshmukh Mahavidyalaya. Shivaji Nagar Amravati 444603 (M.S.)

Notice

Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati

Department: Food & Nutrition 2020

Notice

All the students of Arts and Home Science faculty are here by informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2020. The winners in the competition will be given certificate and cashprizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and nutrition department. All the competition are organised online mode. The time and date of the competitions are as follows:

Date/Day	Competition	Venue and time
1/09/2020 Tuesday	Spontaneous speech competition	Online mode 12.00-2.00 pm
2/09/2020 Wednesday	Rangoli Competition	Online mode 12.00 to 2.00 pm
4 /09/2020 Friday	Jwellery Making competition from vegetable and fruits	Online mode 12.00 to 2.00 pm
7/09/2020	Full meal diet competition	Online mode 12.00 to 2.00 pm
V. 7	On Millerton Tygaris	11.00 to 12.30 p. s

Coordinator. Kubde Dr. Sharmila Kubde Jutrition Matestree Vimlobol Deskauth Moberedycloyo Amravati.

DR. S. D. THAKARE Coordinator, I.Q.A.C. Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati

Principal

Matoshree Vimalabal Deshmukh Mahavidyalaya. Principal Shivaji Nagar Amravati 444603 (M S.)

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Internal Quality Assurance cell (IQAC) Department of Home Science Food and Nutrition

articipant: ojective	e Guest: <u>Competition: One minute</u> <u>Spontanec</u> <u>G.G.B. AV J. Akola Pusud</u> No. of Participants:	ous speech (onl
ction Tak	Competition for Students.	us speech
atcome	I It helps their ideas. Confidence skill improvement.	and Communic
Sr. No.	Name of the Participant	Signature
1	Dhanashri Chakka rwar - Pusad	9130010639
2	Ashwini N. Agarkar Akolq	77759 13938.
3	Deefa Baghekas HVDH Amravati	9579628751
`4	Yogita Lanjewar MVDM, Amravati	8459867085
5	Komal Ruikar MVDM, Amravate	7249716780
6	Komal Rathed Pusad	7821066 312
7	Diksha Mange SaBAU Amravati	
8	Konal Kanthale MVDM Amravati	8412065875
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11		Δ.
12	A REAL PROPERTY OF THE PROPERT	Illser.
13	1 July Cooper	Principal
Dr. S		malabai Deshmukh Mahavidya Nagar Amravan 444600

Spontaneous Speech Competition (Online mode) - List of Participants

Rangoli Competition - theme basic nutrients

M	atoshree Vimalabai Deshmukh Mahavidya	laya, Amravati
	Internal Quality Assurance cell (IQAC)
	Department of Home Science	
	Food and Nutrition	
Name of the l	Event Program: - Celebration of Neticael [12020 Day: Wednesday Time: 12.6	Nutrities week
To and Their source	in minima atta p. c. Jan. 4. F.	
Name of the	Gover Compatition :- Kangoli on Nu College Student No. of Participance	na (caline Hale)
Participant _ Objective	i To rectivate the Students	to feweren dad
Sejeezee	outshing in their creative sk	ille B
Action Takes	2 Rangeli Competition Organiz	ed for Student.
Outcome	1- Students (realed beautiful	Patienal of Magol
	created on the floor using green	Coloresta - Ling.
Sr. No.	Name of the Participant	Signature / Class.
1	Kong Rujkar	BSC II (H-SC.)
2	Jejalvini Sajane	BSCI (HSG)
3	Thomashri Chakarrawas	8.50 TIL (4.5.)
4	Pratiksha shelke	B.A TI
5	sakshi Parist	BSC IL (480)
6	Anisha Vidhale	BSC I Science
7	Vaisha navi Samudre	BAD.
3	Shravani Dahele	BA II
9	Robini Rout	BSC TIL (H-SC-)
10	annual Res	
11	A A A A A A A A A A A A A A A A A A A	allsein
120		Principal
13	Dr. Shada DR S.D. THAKARE	some Vimalabai Destimoth Watering alexa Samue Basar Amrarab 444503 (M.S.)
	trades Table Joseph Coordinator, LQ.A.C.	
	Matoshree Vimalabai Deshmukin Mahavidyalaya Amravati	

List of Participants

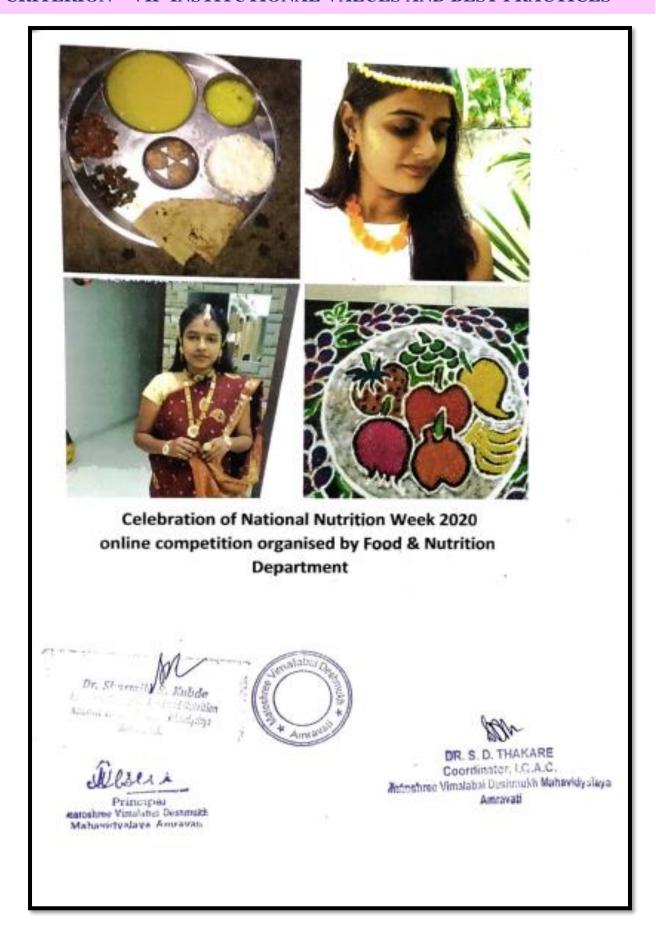
Jewellery Making Competition - List of Participants

M	atoshree Vimalabai Deshmukh Mahavidyal	aya, Amravati
	Internal Quality Assurance cell (I	QAC)
	Department of Home Science	
	Food and Nutrition	
In collaborati	on with: Other Department Gest: Competition: Twellery Haking Competition (allege Student No. of Participants: 0 1 To develop the Skill of Twel 2 To develop the Creativity of	retition for Students.
Sr. No.	Name of the Participant	Signature / Class
1	Komal Ramesh Ruikar	BSC. TT (H.SC.)
2	Dhunashri Chakkarwar B.S.C. III	Mahila College Pused.
3	Vaishanavi Kalbande	BS(I) (H.S.)
4	Tejaswini Sagane	BSC II (H.SC.)
5	Nilam Kurwade	B.A. TT
6	Konal Mahatne	B.J.C. III (H.SC.)
7	Prajyoti Bhasme	Ads II
8	119901	
9	Genmukh Age	
10	A	
11 1	la M. J. J.	Albera
12	Dr. Sh. Kubde	Prin
13	Antonia Pathali Pathalia Standyalaya DR. S. D. THAKARE Mateshin	Principal Wimalabal Deshmukh Mahavidyala Wan Nagar Amravati 444603 (M.S.)
	Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati	ASh treffer

Recipe Competition -

List of Participants

M	atoshree Vimalabai Deshmukh Mahavid	yalaya, Amravati
	Internal Quality Assurance cel	ll (IQAC)
	Department of Home Science	
	Food and Nutrition	
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Report – Department of Food & Nutrition

अन्न व पोषण विभागातर्फे दि. १ सप्टेंबर ते ७ सप्टेंबर 2020 मध्ये पोषण सप्ताह साजरा करण्यात आला.या वर्षी या विभागातर्फे ऑनलाईन रुपर्धा आयोजित केल्या होत्या.त्यात एकूण 30 विद्यार्थिनी रुपर्धेत सहभागी झाल्या होत्या.या सर्वांना **क्ट्र**certificate देण्यात आले व प्रथम येणाऱ्यास 101रू रोख देण्यात आले. खाली प्रथम क्रमांक येणाऱ्यांची यादी देत आहे.

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DR. S. D. THAKARE
Coordinator, I.Q.A.C.
Matoshree Vimalabai Deshniukh Mehavidyalaya

Amrayati

प्रा.डॉ. शर्मिला कुबडे.

अन्न व पोषण विभाग

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Principal Matoshree Vimalabai Destimikh Mahavidyalaya Shivaji Nagar Amravati 444603 (M.S.)

Department of Home Economics – Report

Małoshree Vimlabai Deshmukh Mahayidyalaya, Amravati

Internal Quality Assurance Cell

Dept. of Home Economics

Celebration Nutrition Week (2020-21)

In India, the National Nutrition Week is observed every year from September 1 to September 7 to raise public awareness about nutrition and healthy eating habits. The week is observed to make people understand the importance of nutritional and adaptive eating habits so that they can maintain a healthy lifestyle.

National Nutrition Week was initiated in March 1973 by the members of the American Dietetic Association (now the Academy of Nutrition and Dietetics) to deliver the nutrition education message to the public while promoting the profession of dietetics. In 1980 the public showed great response towards it and the weeklong celebration expanded to become a month-long observance.

In the year 1982 National Nutrition week celebration was started by the Central Government in India. The campaign was started to spread awareness and encourage people as a society to understand the importance of nutrition and adopt a healthy, sustainable lifestyle. We all know that malnutrition is one of the main hurdles in the overall development of the country which is necessary to overcome it and curb it National Nutrition Week is celebrated. The theme for National Nutrition Week 2020 was 'Eat Right, Bite by Bite

As a part of celebration of Nutrition Week , we as Department of Home Economics has celebrated Nutrition Week form 1sSept to 7sSept 2020. We have conducted Quiz competition on nutritional Aspect "இரையூற்றன". The Quizecompetation was conducted in colabrationwith Dept: Of Home Economics .ShriShivajiMahavidyalaAkot. Near about 65 contestant has participated in the online quiz. Three participants were awarded for the contest. Swati Vaidya Asso. Prof Dept of Home Economics, Shri ShivajiMahavidyalayaAkot was the guest for the said contest. She has also expressed her though on How the nutrition will work in healthy life.

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Dept. of Home Economics

Coordinator, I.Q.A.C.

Matoshree Vimalabai Deshmukh Mahavidysiata

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MVDM, Amravati Dr. Mrs. Chhaya N. Vidnale

Offi. Principal

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati.

Department of Home Economics Quiz on Nutrition (Google Form)

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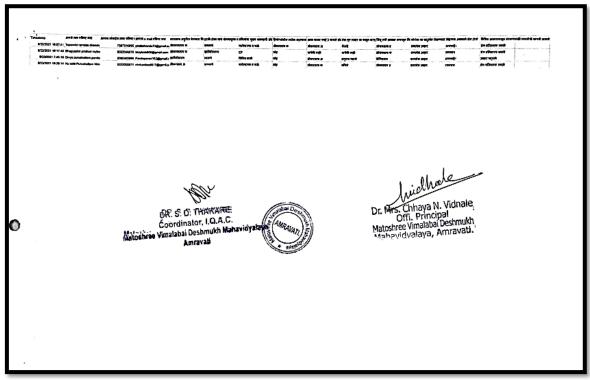
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News Report

क गोरव चन्ह्राय, तृतीय इस्तोक हस्ते मोसेंटो आणि प्रमाणपत्र टेड्स वासनिक विद्वार्थी व पालक मुनेन अंदुम श्रेख असिक, वकृतव - सन्मानित करण्यात आले. बावेळी - उपस्थित होते. मातोश्री विमलाबाई देशमुख

महाविद्यालयात राष्ट्रीय पोषण सप्ताह साजरा



अमरावती (प्रतिनिधी) : मातोश्री विमलाबाई देशम्ख महाविद्यालयात गृहविज्ञान व गृहअर्थनास्य विभागाद्वारे राष्ट्रीय पोषण समाह साउरा करण्यात आला.

वा समाहात महाविद्यालकात विविध उपक्रम राबविष्यात आले.

विधळे होत्या. वा समाहात आहार यावर मार्गदर्शन केले. विद्यार्थ्यांसाठी पाककला स्पर्धा, कार्यक्रमाचे आयोजन प्राध्यापक डॉ. व्याख्यान झाले. तर प्राध्यापक ज्योती यांनी सहकार्य केले.

अध्यक्षस्थानी प्राचार्य डॉ.लाया कांबळे यांनी कोरोना काळातील प्रश्नमंज्ञा घेण्यात आली. त्यात अमीला कुबडे व प्राध्यापक प्राची विद्यार्थांनी ऑनलाइन पद्धतीने भांबुरकर बांनी केले. कार्बक्रमाच्या उस्फूर्त सहभाग घेतला. आहार तज्ञ वजस्वितसाठी महाविद्यालयातील चित्तरंजन यादव, रायपूर यांचे सर्व प्राध्यापक, शिक्षकेतर कर्मचारी

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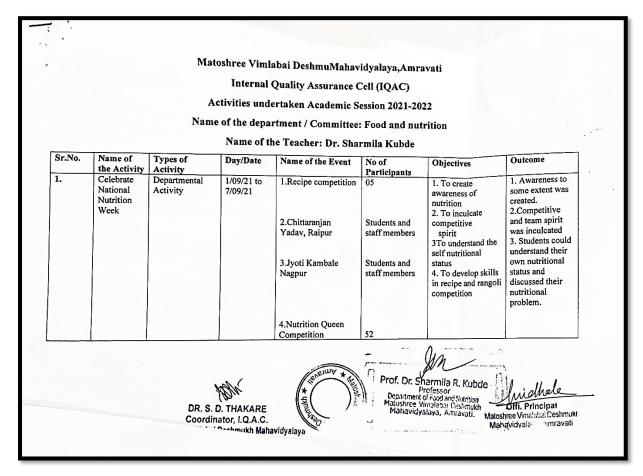
Dr. Sharmila R. Kubde Kunker fishisi Johni) Saleniydeya Amreveti.

DR. S. D. THAKARE Coordinator, I.Q.A.C. Metoshree Vimalabai Doshmukh Mahavidyalaya Amravati

Principal maroshree Vimilabal Destimile Mahavidyalava Anvavau

Academic Year 2021-2022

Brief Report



National Nutrition Week 2021

• Theme

'Feeding smart right from the start'



Notice

Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati

Department: Food & Nutrition 2021

Notice

All the students of Arts, Home Science and Science faculty are here by informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2021. The winners in the competition will be given certificate and cash prizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and Nutrition department. On 25/08/2021 or before 30/09/2021. The time and date of the competitions are as follows:

Date/Day	Competition	Venue and time		
1/09/2021	Inauguration	Food & Nutrition Lab.		
Wednesday	Nutrition Queen Competition 1, & 2 round	12.00-2.00		
2/09/2021 Thursday	Recipe Competition	Online mode 12.00- 2.00 Online mode 12.30 - 1.30 pm		
4/09/2021 Saturday	Guest lecture by dietitian Mr Chittaranjan Yadav on severe acute malnutrition child			
6/09/2021 Monday	Nutrition Queen competition 3&4 round	Food and nutrition department 12.00-2.00pm		
7/09/2021 Tuesday	Guest lecture by Jyoti Gujar on post covid -19 diet	uest lecture by Jyoti Gujar on Online mode st covid -19 diet 12.30-1.30 pm		

Coordinators, 5 Kubde
Dr. Sharmila Kubde d llutrition
halishre viana salavityaleya

DR. S. D. THAKARE Coordinator, I.Q.A.C.

Matoshree Vimalabai Deshmukh Mahavidyolaya
Amravati

Principal

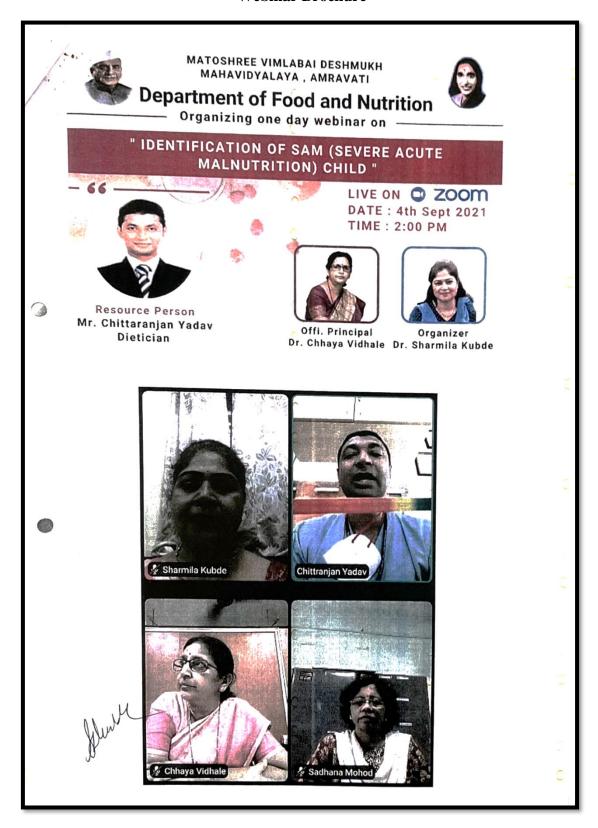
Matoshrea Principal

Matoshree Vimalabai Deshmukh Mahavidyalaya Shivaji Nagar Amravati 444803 (M.S.)

Recipe competition - List of Participants

	Iatoshree Vimalabai Deshmukh Mahavidyal	aya, Amravati
	. Internal Quality Assurance cell (I	QAC)
	Department of Home Science	
	Food and Nutrition	
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Sr. No.	Name of the Participant	Signature Iclass
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2	Priyanka Tembhurne 8080342196	B.SC. T (Homese.)
2	Sakshi Sudhir Durge 9130416579	B.A. I
3	SAVKN SULDER SULTER SUBSTRUCTION	
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3	Vaishanavi R. Mahalle 9370498791	B.S. I.
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Webinar Brochure



Certificate to Resource Person

CERTIFICATE

OF APPRECIATION

This certificate is presented to

Mr. Chittaranjan Yadav

for sharing his valuable knowledge as a Guest Speaker on the occasion of **National Nutrition Week** held on 4th Sept 2021 Organised by

Food and Nutrition Department, MVDM Amravati

DR. CHHAYA VIDHALE

idhole

Offi. Principal

DR. SHARMILA KUBDE

Organiser

Organized by:

Department of Food and Nutrition

Dr.Chhaya Vidhale

Offi. Principal MVDM (mravati Dr. Sharmila Kubde

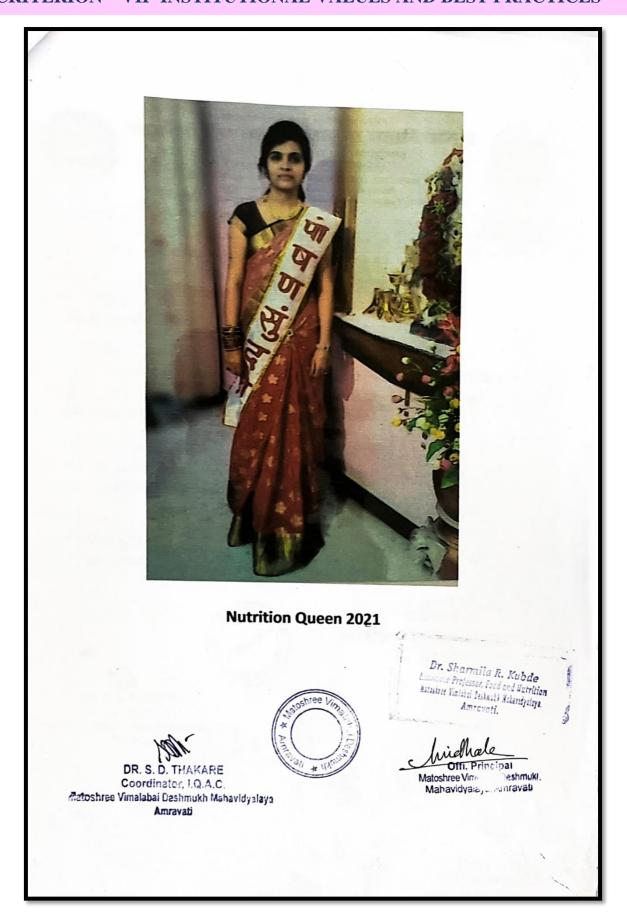
Coordinator MVI, Amravati

Nutrition Queen Competition - List of Participants

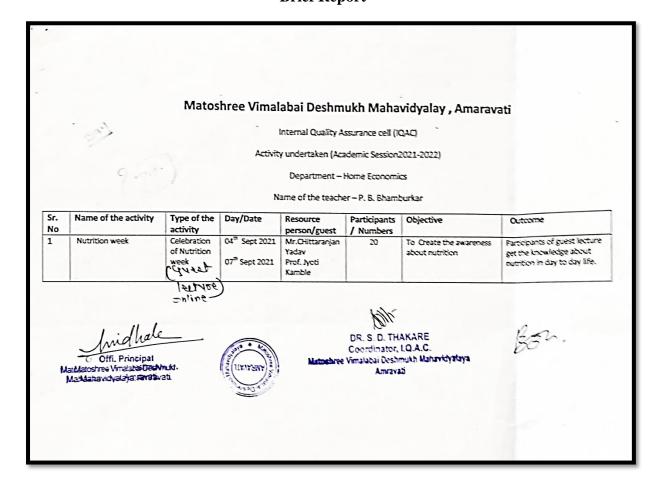
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Department – Food and Nutrition Nutrition Queen Competition 2021-2022 Students List

Sr.No Students List		Weight	Height	B.M. I
	1 Ashvini Kanhuji Gade		156 CM	
	2 Bhgyashri Manikrao Chavan		151	ow
3 Darshana Ravishrao Gangasagar		69	15 7	ow
	4 Dhiraj Raju Gawali		128	10 W
	5 Dipali Kailasrao Wanve		152	N
	6 Komal Rameshrao Ruikar		150	N
	7 Neha Kunjilal Yadav		153	N
	8 Nikita Prakash Somkuwar		161	υw.
9	Nikita Wasudeo Damle	43	150	N.
	10 Pallavi Vijay Raut		15 3	N
	11 Payal Vinodrao Sonone		155	N
12 Pooja Nilkanth Rane		49	148	N
13 Rajni Vinod Sharma		50	150	N
14 Rashmi Naresh Karde		38	145	VW
15 Rutuja Ashvanil Patil		46	157	υw
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18	Shubhangi Devidas Wajage	50 45	145	N
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23	Tejaswini Dnyaneshwar Sagane	1 1	155	VW
24	Vaishnavi Ashok Meshram	65	156	ow
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28 Amruta Shridharao Chaudhari				vw
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	Asmita Subhashrao Parise		153	UW
	Khushi Rameshwar Kanthale	36		UW
	Komal Sanjay Gulhane	48	155	N
	- July dumano			VW
	Neha Pritam Ingale	3'8	147	UW
	Nikhil Dnyaneshwar Dupare	47	155	N
	Nikita Dhanraj Wankhade	4	1.0	
	Nikita Marotrao Kurwade	45	148	N
	Nisha Chandu Jondhale	50	140	ow
	Nisha Chandu Johdhale Nisha Diapk Nagapure	58	150	ow
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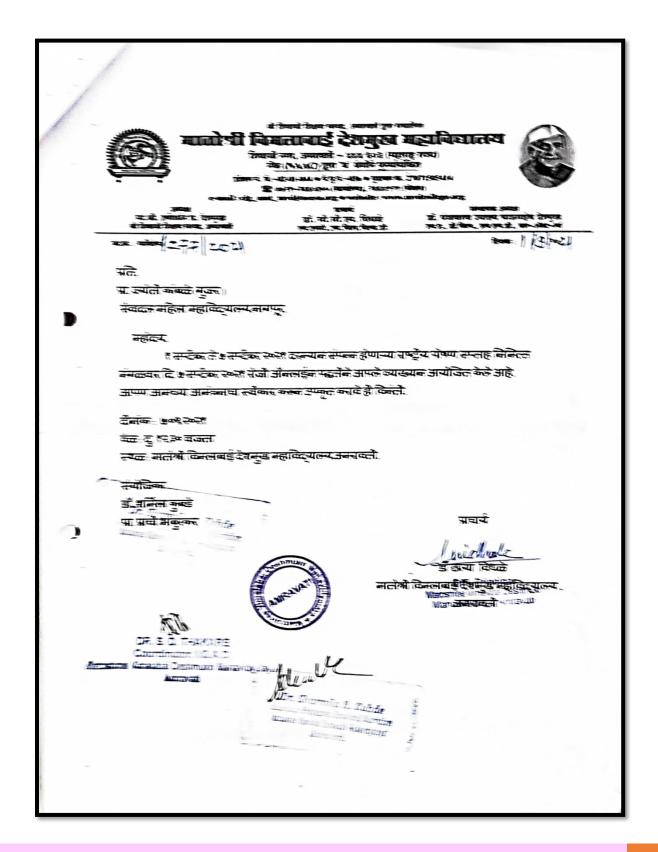


Department of Home Economics Brief Report

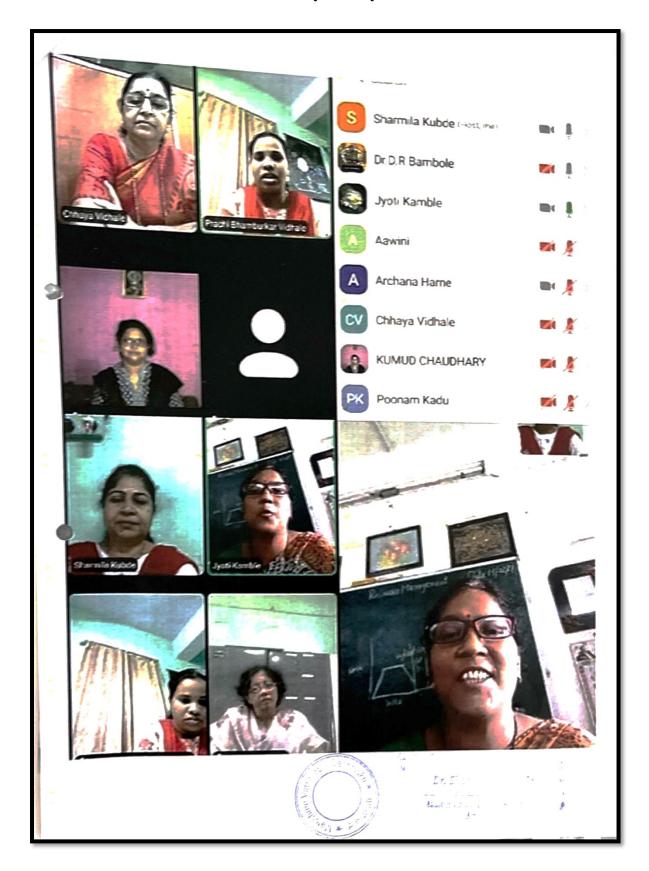


Guest Lecture

Invitation to Resource Person



Guest Lecture by Mrs. Jyoti Kamble



Certificate to Resource Person

CERTIFICATE

OF APPRECIATION

This certificate is presented to



Mrs. Jyoti Kamble

for sharing her valuable knowledge as a Guest Speaker on the occasion of **National Nutrition Week** held on 7th Sept 2021

Organised by

Food and Nutrition Department, MVDM Amravati

DR. CHHAYA VIDHALE

Offii, Principal Matoshree Vimalabai Deshmuki, Mahavidyalava, Amravati, DR. SHARMILA KUBDE

Organiser

News Report

MMHIENH

अमरावती/प्रतिनिधी:-मातोश्री विमलाबाई देशमुख महाविद्यालया अमरावती येथे राष्ट्रीय पोषण सप्ताह १ ते ७ सप्टेंबर २०२१ आयोजित करण्यात आल्या होत्या. या काळात 🕏 अंतर्गत गृह विज्ञान व गृहअर्थशास्त्र विभागाद्वारे साजरा करण्यात आला ्यावर्षी सप्टेंबर महिन्यात थीम वर दिनांक ४ सप्टेंबर रोजी आहार तज्ञ श्री वितरंजन यादव ,रायपूर् आधारित पोषण महिना देशभग्रत साजग्र करण्यात येत आहे. यात प्रत्येक आठवड्यात वेगवेगळ्या थीम देण्यात आलेले आहे.

थीम १) : १ ते ७ सप्टेंबर पोषण वाटिका म्हणजेच वृक्ष रोपण करणे थिम २) ८ ते १५ सप्टेंबर : पोषणासाठी योग आणि आयुष थीम ३,) १६ ते २३ सप्टेंबर अंगणवाडी लामार्थ्यांना क्षेत्रीय पोषण किट वितरण थीम ४) २४ ते ३० सप्टेंबर : अतिकुपोषित बालकांचा शोध घेऊन पोषक अन्नाचे वितरण तसेच या वर्षी Feeding smart right from start ही थीम होती.

सर्वांना पोषणाचे महत्त्व समजून देणे तसेच यासंदर्गात जागरूकता निर्माण करून लोकांना निरोगी तसेच चांगली जीवन शैली स्वीकारण्यासाठी प्रोत्साहित करणे आणि देशातील सर्वे लोकांच्या सर्वांगीण विकासातील मुख्य अडथळा असणाऱ्या कुपोषणाच्या समस्येवर मात करण्यासाठी हा राष्ट्रीय पोषण सप्ताह दरवर्षी साजरा करण्यात येतो. या सप्ताहात महाविद्यालयात विविध उपक्रम रावविण्यात आले यात मा. प्राचार्य डॉ.छाया विघळे मॅडम यांनी अध्यक्ष पद स्वीकारले व पोषण सप्ताहाचे ठुद्घाटन केले.यासाठी महाविद्यालयातील सर्वे प्राध्यापक उपस्थित होते.

या सप्ताहात पाककला स्पर्धा, प्रश्नमंजुषा विद्यार्थ्यासाठी

त्यात विद्यार्थ्यांनी ऑनलाइन पद्धतीने उस्फुर्त सहभाग घेतला. यांचे severe acute malnutrition child या विषयावर व्याख्यान झाले त्यात त्यांनी या विकाराची लक्षणे, काळजी, त्यांची ओळख तसेच या काळात घेण्यात येणारा आहार यावर योग्य मार्गदर्शन केले. दिनांक ७ सप्टेंबर रोजी प्राध्यापक ज्योती कांबळे यांनी करोना काळातील आहार यांचे व्याख्यान आयोजित करण्यात आले होते या संपूर्ण कार्यक्रमाचे आयोजन प्राध्यापक हॉ. शर्मीला कुबडे व प्राध्यापक प्राची मांबुरकर यांनी केले.या कार्यक्रमाच्या यशस्वितसाठी महाविद्यालयातील सर्व प्राघ्यापक, शिक्षकेतर कर्मचारी यांचे सहकार्य लामले.

जाहीरनामा/सायटेशन

राज्यी पंचीत ५ वे चढ़ विजनी ॰ जार,कराई,ची, १४५०/२०२१ Smt. Shobho Vijay So

चर्का त्येकांना

1. Smt Shobha Vijay Sonwane, Age 36 y. Occu.: Household
2. Amit Vijayrao Sonwane, Age 36 y. Occu. Service
3. Anita Aniirao Sonone, age 46y. Occu. Household
4. Shubham Aniirao Sonone, age 25, Occu. Pvt. Job,
1 to 4 Satyadev Fumiture, Line Gadge Nagar, Amravati
5. Satish No Jeorao Sonone Age 57y. Occu. Service
6. Sau. Marka Satish Sonone Age 49 Y. Oucc. Household

Vimalabal Deshmukh

Amravau 444603 (MS) Matoshratelyaniktida: Deshmuktellaha Shivaji Nagar Amravau 444603 (

Activity Report

Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati Internal Assurance Cell (IQAC) Departmental Activity

Report on National Nutrition Week

According to the official website of the National Health Portal, every year the first week of September, from 1st to 7st September, is designated as National Nutrition Week to increase awareness of the value of nutrition for health. The national nutrition week's theme varies every year. Through a variety of programmes, national nutrition week seeks to improve dietary habits and raise awareness among the general public. In 1992, the Central Government first launched the programme.

The Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati's department of home science, Every year, organises National Nutrition Week. Several initiatives on nutrition, good health, and healthy lifestyles are undertaken to help and raise awareness of healthy eating. Here is an article on the celebration.

The Matoshree Vimlabai Deshmukh Mahavidyalaya's department of food and nutrition observed National Nutrition Week, with the primary goal of raising awareness of the value of nutrition to health. The department of home science is holding a number of competitions, including quizzes, essay contests, the Poshan Mela, ornament-making contests using fruits, vegetables, and cereals, rangoli competitions, the Nutrition Queen competition, and guest lectures, in honour of National Nutrition Week. Competitions for wholesome recipes were also organised.

For the students, a quiz, one-minute memory games, and spontaneous speech competitions were organised. Slogans and posters were used to raise awareness of activities, cooking techniques, and food for different ailments. Through charts and posters, students educate others. The nutrition department organised the Poshan Mela, which featured a variety of wholesome cuisine created by BSc III year students and sold at the event. It offers a platform for the goods created by the students, who learned the value of working hard to succeed financially. The students from the home science department and the art students competed in the department's original competition, the Nutrition Queen competition.

All of the girls were anxious to compete in the nutrition queen competition in each of these competitions.

Objective:

- 1. To provide an efficient method for educating people about nutrition and health.
- 2. To educate adolescents about the importance of nutrition as a part of preventative health.

The foundational factor that influences and defines the health of everyone, affluent or poor, is nutrition. It paves the path for us to develop as people, work, play, fight off illness, and strive for fulfilment both as individuals and as societies.

The direct techniques of nutritional assessment are as follows.

- 1. Nutritional Anthropometry
- 2. Clinical Signs
- 3. Biochemical Methods
- 4. Bio Physical Methods
- 5. Diet Survey

The winner of these five rounds was the nutrition queen. First round measurements were taken for height and weight. Growth retardation may be the body's initial reaction to nutritional deficiency, with clinical indications appearing as the first stage.

The most common method of measurement used was anthropometric, or weight and height, which were measured to the closest millimetre. The zero error must be adjusted, and the weighted scale should be set up on a flat, firm surface. Without shoes or much clothing, the girls were forced to stand on the balance's platform. The girls were divided into groups depending on their nutritional status using the recommended WHO Body Mass Index (BMI). The grade is typical if it is between 20.00 and 25.00 BHI. Girls with a BMI of 20 to 25 (normal) are chosen for the third round in the second round.

A clinical examination is conducted in the third round. One of the simplest methods for detecting malnutrition, typically of the severe or florid presentation, is clinical examination. It entails searching for physical changes in the body that point to a certain lack. This type of assessment, which relies on the identification of specific bodily signs, has the benefit of being relatively inexpensive as neither expensive field equipment nor a laboratory are required. It is then used to choose five healthy girls. Following that, these girls' diets were surveyed in the fourth round.

24 hour recall techniques are used to monitor dietary intake. All of the meals from the day before were included in this survey. Recordings should include both those prepared inside the home and those obtained from the outside. Beginning with information about meal timing, the menu, and the raw materials used, as well as information about leftovers. Any differences in age, sex, physiological status, and physical activity group will be taken into account when calculating the average daily intake of various foods by different individuals. The intake will be compared to the Indians' suggested dietary allowances.

The majority of dietary deficits are characterised by modifications to bodily tissues and fluids. It is possible to determine a person's nutritional status using these changes. The typical biochemical indicators are estimates of hemoglobin. The top three females were tested for haemoglobin using a laboratory technique for the fifth round, and the girl with the highest haemoglobin was crowned the nutrition queen. There was a resoundingly positive student response.

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Outcome:	
Outcome.	
Students learnt about nutrition, good health, good habits by the department. The in-charge of the Nutrition week is department. Matoshree Vimlabai Deshmukh Mahavidya	is Dr Sharmila Kubde, Food & Nutrition
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Best Practice No 2

Developing Creative skills through Wall Magazine

Academic Year 2017-2018

Notice

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Notice

Shri Shivaji Education Society, Amravati's

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati (MS)

Wall Magazine Committee

NOTICE

All the senior college teaching staff members are hereby informed that the WALL MAGAZINE of all the subjects / departments is expected to display on the display board outside the department during the period as per the schedule given under

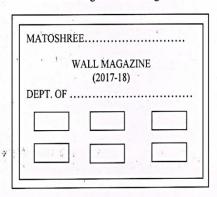
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1	Food & Nutrition	September	My-
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3	Marathi		A) 28 3.
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10	Biology	November	(Kan)
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12	Political Science		ind
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17	Chemistry		
18	Bio-Chemistry	January	As Deshmull
19	Physical Education		Brivek
20	Library Science		1

Convenor 31.8.1

Matoshree Vimelabai Deshmok, Mahavidyalaya, Amravaii,

Rules to be followed:

- 1) Chart / century paper of standard size of any color should be used. The size of paper should be strictly followed.
- 2) 02 cm space should be left from each side.
- 3) WALL MAGAZINE should be written in bold letter in the center of the paper and the name of the dept. should be mentioned right below it. eg.



- 4) Pictures and written matter should be in proportion.
- 5) Script should be either in typed form or written in legible handwriting.
- 6) WALL MAGAZINE should be displayed on the dept. notice board or common display board or handed over to convenor Dr. S. D. Thakare for display before 15th of each month. Before display, it should be informed to convenor for proper filing.
- 7) The schedule should be followed strictly. It is mandatory to prepare WALL MAGAZINE of each subject / dept. for successful implementation of the programme.

Dr. S. D. Thakare

Convenor

(WALL MAGAZINE COMMITTEE)

Time Table

Shri Shivaji Education Society, Amravati's

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati (MS)

Wall Magazine Committee - 2017 - 18

NOTICE

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Sr. No.	Name of the department	Month	Signature
1	Food & Nutrition	September	klend
2	Home- Economics		BAL.
3	Marathi		
4	Hindi		SBY
5	Home Science & Extension		
6	Home Science	October	33444
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10	Biology	November	
11	English		Makare
12	Political Science		tim
13	Human Development		(Majoul)
14	Resource Management	December	
15	Sociology		22
16	Community Development and Extension		mm
17	Chemistry		
18	Bio-Chemistry	January	As Ochmule
19	Physical Education		ghillad
20	Library Science	, · · · · · ·	A

Convenor

This is Mendatory for all Departments

Matoshree Vimalabai Deshma... Mahavidyalaya, Amravati.

Wall Magazine Topics – 2017-18

Shri Shivaji Education Society, Amravati's Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Wall Magazine Committee 2017-18

Wall Magazine Topics

Sr.No.	Name of the Department	Wall Magazine Topic
1	English	Mantras of Personality
		Development
2	Marathi	मातोश्री विमलाबाई देशमुख
		जीवनपट
3	Hindi	डॉ.रामेश्वरलाल खंडेलवाल तरुण
		व्यक्तित्व एवं कृतित्व
4	Home Economics	जीवनसत्व वर्गीकरण
5	Economics	बाजारपेठ म्हणजे
	Co-operation	ताळेबंद
6		
7	Sociology	कुटुंबव्यवस्था
8	Political Science	भारताचे संविधान
9	Community Development and	Aids Day
	Extension	
10	Food and Nutrition	जीवनसत्व अ
11	Home Science and Extension	व्यक्तिमत्व विकास
12	Home Science	Employment Opportunities in
		Home Science
13	Textile	Traditional Textile
14	Human Development	दप्तराचे ओझे
15	Resource Management	रंगयोजना
16	Biology (Home Science)	Types of Mosquitoes
17	Physics (Home Science)	शरीर शास्त्रातले संगणकाचे
		उपयोजन
18	Chemistry	Vitamins
19	Bio-Chemistry (Home Science)	Mechanism of Enzyme Action
20	Physical Education	Gold medallists
21	Library Science	S.R. Ranganathan



Photographs of Wall Magazine 2017-18



Photographs of Wall Magazine 2017-18



Photographs of Wall Magazine 2017-18



Report

WALL MAGAZINE COMMITTEE

(2017-18)

REPORT

Keeping in view the objective of the Wall Magazine Committee, it was decided in the meeting to inform all the departments and subject teachers to prepare a Wall Magazine with the help of students of their respective subjects during the academic session 2017-18 following the format provided by the committee and according to the schedule flashed on the college whatsapp group. The notice was also circulated and it was duly signed and acknowledged by all the teachers.

As per the schedule all the department heads and subject teachers overwhelmingly responded to the activity and co- operated for the success of the whole programme.

Our honorable Principal, Dr. Sanyogita S. Deshmukh inaugurated the Wall Magazine in the Month of <u>September</u>. Later on she observed almost all the Wall Magazines every month. The students response was also overwhelming. The creative ideas of the students and teachers can easily be seen through their Wall Magazines. Faculty of Arts and Home – Science participated in the activity with full zeal and enthusiasm. Apart from these, department of Physical Education and Library have also displayed their Magazines showing the creative features and potential. During the annual social gathering all the Magazines were displayed for reading on the single platform. The Vice – President of Shri Shivaji Education Society, Amravati and other honourable members also visited the venue and appreciated the endeavour. In the month of January the valedictory was performed in the presence of our principal Dr. S.S. Deshmukh.

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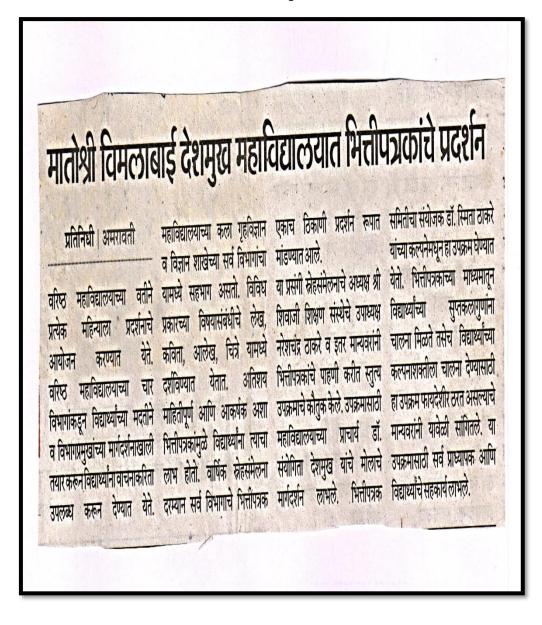
Dr. S. D. Thakare

Convenor

DR. S. D. THAKARIS
Coordinator, I.Q.A.C.
Anteshrae Vimalabai Doshmukh McLington
Anteshrae

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Mahavidvalava Amravati

News Report



• Academic Year 2018-2019

Notice

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	NOTICE						
	Date: - 30 - 8 - 2018						
		All th	e teachers o	Senior College			
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	Co-ordir	ator		Principal Matoshree Vimal Principal Mahavi	idyalaya		
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-	Sr. No.	Name of Teacher	Designation	Signature			
	2.	Dr. S. S. Deshmukh Dr. A. S. Deshmukh					
-	3.	Dr. M. S. Deshmukh	Associate Profession	risdelmul			
	4.	Mrs. L. S. Tapase	Associate Professor	Niaban			
	5.	Dr. C. N. Vidhale	Associate Profesion	JAN .			
	6.	Mrs. C. B. Lunge	Aus. prof.	ChumA			
-	7.	Mr. S. D. Dube	1 1 1	9 Mg			
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	9.	Mr. V. R. Thakare	J. P.E. PYOP.	1. 2 Prosts			
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	9.	Mr. V. R. Thakare	2. P.E Prof. Associate frot.	del Broset			
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Time Table

Shri Shivaji Education Society, Amravati's Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Wall Magazine Committee

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2.	Home – Economic		mar 100
3.	Marathi	September	100
4.	Hindi		Shy .
5.	Home Science & Extension		I AM
6.	Home Science		Carry
7.	Economic	October	Am
8.	Co-operation		18 mls
9.	Textile		Maur
10.	Biology		(K2) . 20 .
11.	English	November	Hallotore
12.	Political Science		Mis
13.	Human Development		Rom
14.	Resource Management		Ole Color
15.	Sociology	December	9,5
16.	Community Development and Extension	1	shily.
17.	Chemistry		IMD
18.	Bio-Chemistry 1		F
19.	Physical Education	January	an 1619) 1101
20.	Library Science		94 16191 119 1201
21.	Physics	February	Slubulnile

Convenor

Principal
Principal
Matoshree Vimalabai Deshmukh Mahavidyalaya
Amravati.

Time Table

Matoshree Vimalabai Deshmukh Mahavidyala, Amravati Bsc. (Science) Teaching Staff

Sr. No.	Name Of Professor	Subject	Month	Sign
1	Miss. Dipali Deshmukh		Wienen	Jigii
2	Miss. Rashmi Thakare	Chemistry	October	Sthakare.
3	Miss. Mayura Farkade		Getobel	Morka
4	Miss. Reeta Dubey	Physics	November	Coubin
5	Miss. Pranjali Gondchar	7,0.00	November	O Haras
6	Miss. Nilima Tayade	The Park Line Commence		Storal
7	Miss. Snehal Pund	Zoology	December	Drund
8	Miss. Sampada Chikhalikar	V	December	Q V
9	Miss. Gunjan Pandey			witu
10	Mr. Shrikant Shelke	Botany	January	CT' Joseph
11	Mr. Mayur Dahane	V	January	Colonia Coloni
12	Miss. Bhakti Deshmukh	Mathematics	February	Besnuts
13	Mr. Akshay Dethe		Column	Deares

Convenor

Principal Principal

Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati.

Wall Magazine Topics- 2018-19

Shri Shivaji Education Society, Amravati's Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Wall Magazine Committee 2018-19

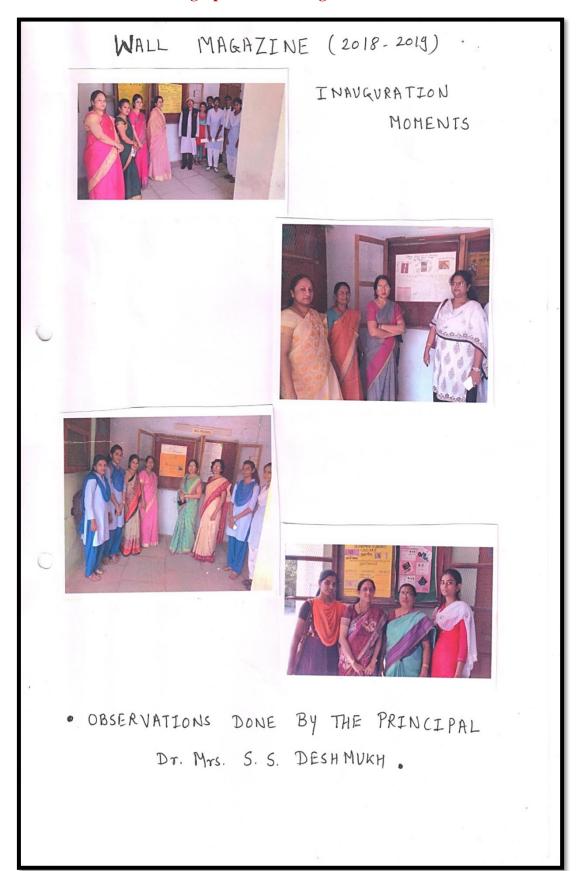
Wall Magazine Topics

Sr.No.	Name of the Department	Wall Magazine Topic
1	English	Poets Gallery
2	Marathi	कणा
3	Hindi	किनारा वह हमसे (निराला)
4	Home Economics	आपला आहार आपले आरोग्य
5	Economics	मुद्रा
6	Political Science	माजी पंतप्रधान अटलबिहारी वाजपेयी
7	Community Development and Extension	जिल्हा परिषद समित्या
8	Food and Nutrition	जठरव्रण
9	Home Science and Extension	निरोगी जीवनाकरिता उपयोगी मशरूम
10	Home Science	Textile and Clothing branch of Home Science
11	Textile	वस्रतंतू व धागा
12	Human Development	विधवाचं हतबल जीवन कधी बदलणार
13	Biology (Home Science)	The IVF Process om 12 days
14	Physics (Home Science)	शोध आणि शोधकर्ता
15	Chemistry	The Chemistry of Broccoli
16	Bio-Chemistry (Home Science)	Carbohydrates
17	Physical Education	Sports Fitness
18	Library Science	Library Book Day
19	Chemistry	Green Chemistry Pocket Guide
20	Physics	Light Reflection
21	Zoology	Structure of Human Heart
22	Botany	Tissue Culture
23	Mathematics	Multiple Integrates

DR. S. D. THAKARE
Coordinator, I.O. A.C.
Actoshree Vimalabai Dosimukh Mahavidyalaya
Amravati

Dr. St. crimita S. Mobile
Amravati

Photographs of Wall Magazine 2018-2019



Photographs of Wall Magazine 2018-2019



Report

WALL MAGAZINE COMMITTEE 2018-2019 Report

Keeping in view the objective of the wall magazine committee, it was decided in the meeting to inform all the departments and subject teachers to prepare a wall Magazine with the help of students of their respective subjects during the academic session 2018-19 following the format provided by the committee and according to the schedule flashed on the college what's app group. The notice was also circulated and it was duly signed and acknowledged by all the teachers.

As per the schedule all the departments heads and subject teachers overwhelmingly responded to the activity and cooperated for the success of the whole programme.

Our honorable principal Dr. Sanyogita S. Deshmukh inaugurated the wall Magazine in the month of September later on she observed almost all the wall Magazines every month. The students response was also overwhelming. The creative ideas of the students and teachers can easily be seen through their wall Magazines. Faculty of Arts and home Science participated in the activity with full zeal and enthusiasm. In the month of February the valedictory was performed in the presence of our principal Dr. S. S. Deshmukh

DR. S. D. THAKARE Coordinator, I.Q.A.C.

Coordinator, I.Q.A.C.

Montree Virtalabai Deshmukh Masarati

Amrayati

Dr. S. R. Kubde convenor

Principal

Mahandvalava Amravati

• Academic Year 2019-2020

Notice

Matoshree Vimalabai Deshmukh Mahvidyalaya, Amravati
Internal Quality Assurance Cell (IQAC)

NOTICE

Date

All the teachers of Senior college are requested to go through the notice of wall of magazine committee and follow the schedule accordingly

Co-ordinator

Wall of Magazine Committee

Principal AL Vimalabai Deshraukh

Mahvidyalaya, Amravati

Sr. No	Name of Teacher	Designation	Signature
1	Dr. S. S. Deshmukh		
2	Dr. A. S. Deshmukh	Professor	AsDeshmale
3	Dr. M. S. Deshmukh	110100	MID
4	Mrs. L. S. Tapase		Propar.
5	Dr. C. N. Vidhale		A Just
6	Mrs. V. S. Shinde	Associate pro	15 ingol
7	Mr. V. R. Thakare	April D.P	5016198
8	Dr. S. R. Gudadhe	Asso. Professo	w his
9	Dr. S.R. Kubde	Associate froje	nos blente
10	Dr. S. B. Watane	Himale	Stawa
11	Mr. M. P. Deshmukh	Librarian	1
12	Dr. R.S. Kawale	Associate profes	sear Kruly
13	Mr. J. D. Sangode	A650ciate	prof. Time.
14	Dr. M. M. Nandurkar		-AN135 E.
15	Dr. S. D. Thakare `	Asst. Profess	or Albatore
16	Mrs A. P. Harane	1	Marie
17	Mrs. S.S. Mohod	Assu. Prof.	(8)1-14
18	Ku. Prachi Bhamburkar	Assi Peuf	Bon.
19	Dr.K.E Chaudhary	And My	(Ke)
20	Dr. R. R. Bambole	Asso. prof.	Hubaul de
21		71732 7 101	Min Cares C
22			
23			
24			

Time Table

	B.Sc. (Sc	cience) Teach	ling Statt	
Sr.	Name of Professor	Subject	Month	Signature
No 1	Miss. Dipali Deshmukh			
2	Miss. Rashmi Thakare	Chemistry	October	That
3	Miss. Mayuri Farkade	-		Males
4	Miss. Reeta Dubey			7
5	Miss. Pranjali Gondchar	Physics	November	Pordehave
6	Miss. Nilima Tayade			Merch
7	Miss. Snehal Pund	Zoology	December	*Bund
8	Miss. Sampada Chikhalikar			Que
9	Miss. Gunjan Pandey			acy_
10	Mr. shrikant Shelke	Botany	January	GT.
11	Mr. mayor Dahane			Horus
12	Miss. Bhakti Dheshmukh	Na-11	Fabruari.	
13	Mr. Akshay Dethe	Mathematics	February	
	ggh. convenere Wall ofagazine Committe	ee	Mato M	PRINCIPAL shreedings Reshmukh (ahavidyalaya, Amravati

Time Table

Shri Shivaji Education Society, Amravati's Matoshree Vimalabai Deshmukh Mahvidyalaya, Amravati Wall Magazine Committee

Notice

All the senior college teaching staff member are hereby informed that the WALL MAGAZINE of all the subject/departments is expected to display on board outside the department during the period as per the schedule given under.

Sr. No	Name of the Department	Month	Signature
1	Food and Nutrition	477 50 77 60	blindel
2	Home – Economics	Mark der W	Bahlin
3	Marathi	September	1300 M
4	Hindi		1 /3/3 Witg
5	Home Science and extension		100
6	Home Science		arth -
7	Economics	October	AT ME
8	Co-operation		A
9	Textiles		Alame
10	Biology		Part .
11	English	November	Strovore
12	Political Science		15 sinde
13	Human Development		Wahan.
14	Resource Management		
15	Sociology	December	200
16	Community Development and Extension		shu -
17	Chemistry		NSC
18	Bio-Chemistry	<u> </u>	(Alderhander
19	Physical Education	January	111111111111111111111111111111111111111
2.0	Library Science		
21	Physics	February	/ Shapulote

B3 10

Convener

Wall of Magazine Committee

Pricepal PAL
Matoshree Vimalabai Deshmukh
Matoshreekakiwindakapaa/Deshahukh

Mahvidyalaya, Amravati

Wall Magazine Topics-2019-20

Shri Shivaji Education Society, Amravati's Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Wall Magazine Committee 2019-20

Wall Magazine Topics

Sr.No.	Name of the Department	Wall Magazine Topic
1	English	Figures of Speech
2	Marathi	थोर पुरुषांची माहिती
3	Hindi	महादेवी वर्मा का परिचय
4	Home Economics	खेळ व खेळाचे प्रकार
5	Economics	भारतीय अर्थव्यवस्था
6	Sociology	कौंटुंबिक हिंसाचार
7	Political Science	डॉ. आंबेडकरांचे संसदीय लोकशाही विचार
8	Community Development and Extension	पंचायत राज
9	Food and Nutrition	Vitamin D
10	Home Science and Extension	झेप बचत गटाची महिला सशक्तीकरणाचे नाविन्य पूर्ण व्यवसाय
11	Home Science	रोजगार व स्वयम रोजगाराच्या संधी देणारे होम सायन्स
12	Textile	Indian Fashion Designers
13	Human Development	पोरीचं नशीब
14	Biology (Home Science)	Water Pollution
15	Physics (Home Science)	प्रकाशीय सापळ्यांचा नोबेल गौरव
16	Chemistry	Red Wine
17	Bio-Chemistry (Home Science)	Blood Sugar Level Regulation in the body
18	Physical Education	World Sports Day
19	Library Science	To Build up a library is to create a life
20	Chemistry	Acid Rain/Acid Precipitation
21	Physics	Energy Resources
22	Zoology	Cell Division-Mitosis, Meiosis
23	Botany	Transcription, Translation
24	Mathematics	Maths Word Wall

Bot.

DR. S. D. THAKARE
Coordinator, I.Q.A.C.
Toshree Vimalabai Desimukh Mahavidyalaya
Amravati

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Photographs of Wall Magazine 2019-2020



Report

Wall Magazine Committee 2019-20

Report

The objective of the wall magazine is to spread the subject information through photographic presentation. In view of the this, it was decoded to form the magazine committee. Accordingly we have conducted the meeting with all departmental heads and all subject teachers, This year we involved science faculty in the wall magazine committee.

We explained to all the departmental heads and all subject teachers how to prepared wall magazine presentation, We had also requested to all departmental heads and all subject teachers to involve there student for this activity.

Format for the wall magazine presentation was prepared and same was circulated among all departmental heads, subject teachers and there students. We have called notice for the same and requested to participate in this activity. We had issued the guidelines for submission of the presentation. Overall response for the activity from the departmental heads, subject teachersand student was tremendous and the efforts of all make the programme success.

Our honourable principal DR S. S. Deshmukh inaugurated wall of Magazine for the month of September. Later she took the review of monthly presentation of wall of magazine activity. It was remarkable experience during the entire programme. All departmental heads, subject teachers and student of all the faculty has participated this activity enthusiastically.

In the month of Month February valedictory was performed in the presence of honourable principal Dr. S. S Deshmukh and she expressed her gratification toward the activity.

MERBIN

DR. S. D. THAKARE Coordinator, I.Q.A.C.

Amravati

P.B.Bhambuekae

Principel

Matoshree Vimalabai Deshmikh
Mahavidyalaya Amrayan

• Academic Year 2020-2021

Notice

Shri Shivaji Education Society, Amravati's Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Wall Magazine Committee (2020-21)

Notice

All the senior college teaching staff members are hereby informed that the WALL MAGAZINE of all the subject/departments is expected to display on board outside the department. But considering the pandemic situation this year program of wall magazine will be conducted online. Hence request you to please post Wall Magazine on college what's app and respective department what's app group. The schedule for the wall magazine is given as under.

Sr.	Name of the Department	Month	Signature
No.	I I I I I I I I I I I I I I I I I I I	September	12 loude
1	Food and Nutrition		33W.
2	Home-Economics		filling.
3	Marathi		eBul.
4	Hindi	October	trielhale
5	Home Science and extension	October	37-19
6	Home Science		ME
7	Economics		1
8	Co-operation	Nhan	Malve
9	Textile	November	(Fe)
10	Biology		ANKAKO S
11	English		SWO
12	Political Science		NIAD
13	Human Development	December	
14	Resource Management		1.77
15	Sociology		.11.
16	Community Development and		shilly.
	Extension	January	and the same of th
17	Chemistry	January	and the second second
18	Bio-Chemistry		The
19	Physical Education	⊣ ·	
20	Library Science		+ +/
21	Physics	February	Luidhale

Convener Wall Magazine Committee

MVDM,AMravati

Time Table

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

B.Sc. (Science) Teaching Staff

Sr. No.	Name of Professor	Subject	Month	Signature
1	Miss. Ravina Pawar	Chemistry	September	Dias
2	Miss. Rashmi Thakare			Aron.
3	Miss. Mayura Farkade			Note
4	Miss. Utkupsha patil	Physics	October	What !
5	Miss. Pranali Gondchar			Consider
6	Mrs. Poonam Deshmukh	Zoology	November	B
7	Miss Shital Madar			Race or
8	Mr Shrikant Shelke	Botany	December	3
9	Mr. Akash Dhotre			Chabrefori
10	Muss-Asmita Chakraponi	Mathematics	January	Chabropori
11				
12	Miss. Snehal Vidhale	English/ Marathi	February	Sendhale
13				-

Ball-Convener

Wall Magazine Committee

MVDM,AMravati

Wall Magazine Topics- 2020-21

Shri Shivaji Education Society, Amravati's Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Wall Magazine Committee 2020-21

Wall Magazine Topics

Sr.No.	Name of the Department	Wall Magazine Topic
1	English	English in Situations (Pictorial
		Representation)
2	Marathi	जाऊ अभंगाच्या गावा (विंदा)
3	Hindi	प्रेमचंद व्यक्तित्व एवंम कृतीत्व
4	Home Economics	गृहअर्थ शास्त्राच्या शाखा
5	Economics	Functions of Banks
6	Political Science	पंचायत राज व ग्रामीण विकास
7	Community Development and	ग्रामपंचायत
	Extension	
8	Food and Nutrition	Goitre
9	Home Science and Extension	हस्तमुद्रा विज्ञान
10	Home Science	Human Development –
	CONTROL AND	Developmental Stages
11	Textile	Regional Costume of India
12	Biology (Home Science)	Diseases caused by
		microorganism
13	Physics (Home Science)	संगणक शोध
14	Physical Education	Successful captain in Indian Mer
		Cricket team
15	Library Science	वाचाल तर वाचाल
16	Chemistry	Imperfections in Solids
17	Physics	Photo Electric Effect
18	Zoology	Water Pollution
19	Botany	Ozone Depletion
20	Mathematics	Mathematics Reflective Journal
21	English / Marathi (Science)	Grammar (Tense)

(onvener

DR. S. D. THAKARE
Coordinator, I.Q.A.C.
**Toshree Vimalabai Deshmukh Mahavidyalaya.
Amravati

Frincipal

Baioshree Vimilia di Deshmik

Mahanityalaya Amraya

Report

MatoshreeVimlabaiDeshmukhMahavidyalaya,Amravati Internal Quality Assurance Cell **Dept. of Home Economics** Wall Magazine Committee (2020-21) Report

The main motive of the wall magazine activity is to have the circulate subject information to the student through the photographic presentation. Accordingly we have conducted zoom meeting among the departmental heads and all subject teachers. Considering the pandemic situation because of COVID 19, this year we have decided to display the magazine online.

The agenda were in details discussed during the meeting and we have explain how to display the magazine online on WhatsApp. We have also requested to the subject teachers to prepare the WhatsApp group of their respective student and also requested to pass on this to their student so that each and every student will participates in the events.

Considering the online presentation, we have decided the format for easy circulation of magazine and same has been circulated on each department group. Schedule for the presentation of wall magazine has been given to the departmental heads and subject teachers. On line notice were called for the same. We have requested all participants to take actively participation in the event and also request all departmental heads and subject teacher to monitor each presentation made by all the participants.

Our Honourable Principal Dr. S.S. Deshmukh has inaugurated on line wall magazine event via Zoom Meeting in the month of Sept. Later on she took the review of month on month presentation.

The journey of this event was really remarkable even in pandemic situation all the participants, Departmental head, Subject teachers and Student of respective department has wholeheartedly participates in the event and made the event successful.

In the month of Feb valedictory was performed in the presence of honourable Principal Dr. S.S. Deshmukh. She expressed her gratification toward the event.

DR. S. D. THAKARE Coordinator, I.Q.A.C. Metoshree Vimalabai Deshmukh Mahavidyalaya

Offi, Principal Matoshree\

Academic Year 2021-2022

Notice

Shri Shivaji Education Society, Amarvati's

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Wall Magazine Committee

Notice

All the senior college teaching staff members are hereby informed that the WALL MAGAZINE of all the subject/departments is expected to display on board outside the department during the period as per the schedule given under.

Sr. No.	Name of the Department	Month	Signature
1	Food and Nutrition	November	hlull
2	Home-Economics	1	a como
3	Marathi		DOWN.
4	Hindi		2130
5	Home Science and extension	December	lasilhale
6	Home Science		VILLES
7	Economics		Ach
8	Co-operation		Anie
9	Textile	January	Alsame
10	Biology	, canaary	J100000
11	English		Styl war
12	Political Science		SWD
13	Human Development	February	8140
14	Resource Management	,	
15	Sociology	1	
16	Community Development and Extension		shilly.
17	Chemistry	March	
18	Bio-Chemistry	Watch	
19	Physical Education		
20	Library Science		A Co
21	Physics	April	Jahan le

Bon. Convener

wall of Magazine committee

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati.

Time Table

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

B.Sc.	(Science)	Teaching	Staff

Sr. No.	Name of Professor	Subject	Month	Signature
1	Miss. Ravina Pawar	Chemistry	November	Fore
2	Miss. Rashmi Thakare			Shakore.
3	Miss. Mayura Farkade			Martino
4	Miss. Vaishnavi Jagtap	Physics	December	Angloso.
5	Miss. Pranali Gondchar			Pronektor
6	Mrs. Poonam Deshmukh	Zoology	January	108
7	Miss Shital Madar			
8	Mr Shrikant Shelke	Botany	February	A-
9	Mr. Akash Dhotre			Blotz
10	A.B. Shinde	Mathematics	March	plinde
11	A. H. Chakrapani			Rhakrapani
12	Miss. Snehal Vidhale	English/ Marathi	April	Rhakrabani Binshall
13	2			

Convener

wall of Magazine

2021-22

PRINCIPAL Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati.

Wall Magazine Topics – 2021-22

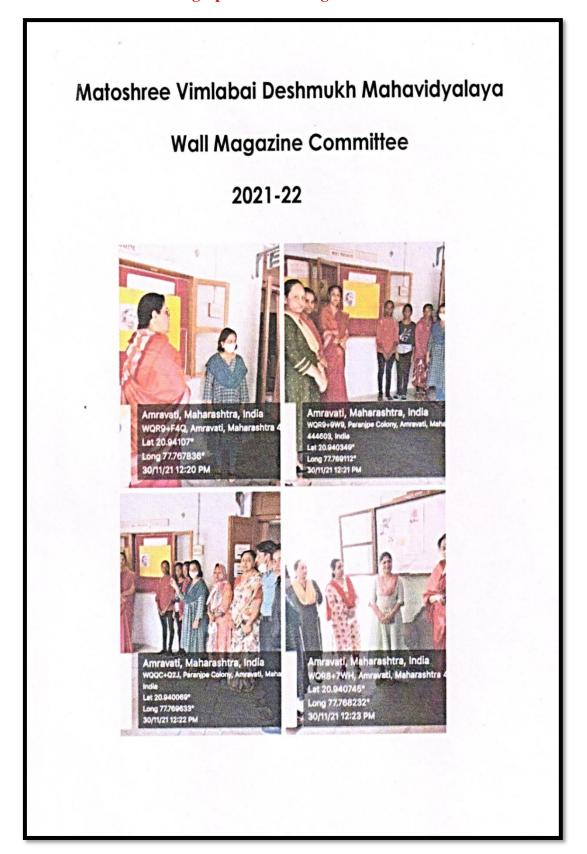
Shri Shivaji Education Society, Amravati's Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati Wall Magazine Committee 2021-22

Wall Magazine Topics

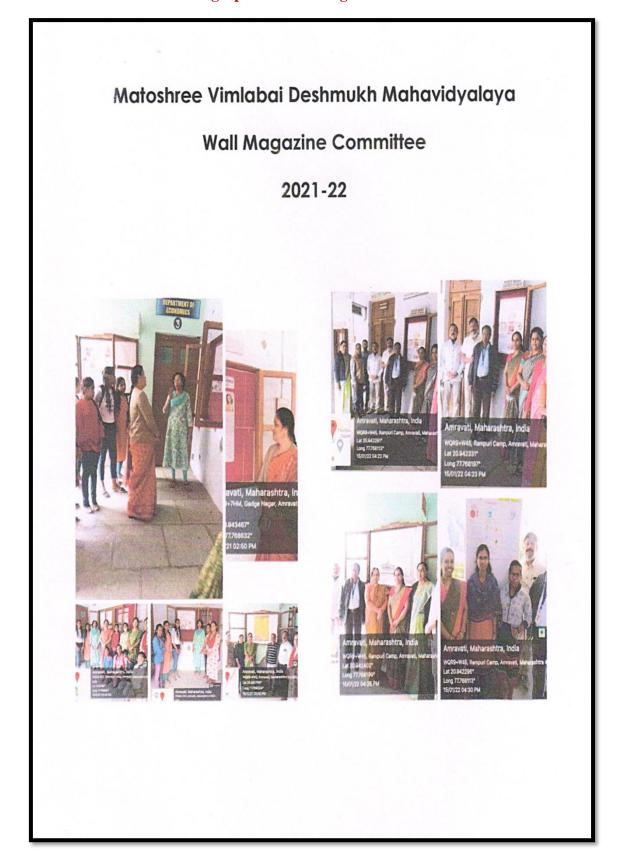
Sr.No.	Name of the Department	Wall Magazine Topic
1	English	Nobel Laureates in English
1,570		Literature
2	Marathi	सुंदर मी होणार
3	Hindi	निराला के काव्य में सामाजिक चेतना
4	Home Economics	काविळ
5	Economics	Functions of Money
6	Political Science	भारतीय संसद
7	Community Development and Extension	जिल्हापरिषद
8	Food and Nutrition	अतिसार
9	Home Science and Extension	सुंदर मन सुंदर शरीर
10	Home Science	Importance of Home Science
11	Textile	Regional Embroidery of India
12	Biology (Home Science)	Uses of Microorganism
13	Physics (Home Science)	Computer technics in Medical Science
14	Physical Education	What is the difference between Technic and Practice
15	Library Science	वाचन प्रेरणा दिवस
16	Chemistry	Isomerase
17	Physics	Physics Alphabet
18	Zoology	Components of RBCs & WBCs
19	Botany	Keystones Species Conservation
20	Mathematics	Function of Calculator
21	English / Marathi (Science)	Parts of Speech



Photographs of Wall Magazine 2021-2022



Photographs of Wall Magazine 2021-2022



Report

Wall Magazine Committee

2021-22

Report

The objective of the Wall magazine is to spread the knowledge through photographic presentation. In view of this, it was decided to form the magazine committee. Accordingly, we have conducted the meeting of all the departmental heads & teachers for the said committee.

We have explained the objective of committee to all the dept heads & teacher. We have also explain how to prepare the the wall magazine and how to select the topics. We have also suggested them to involve student for the same from all the department.

This year we have include Commerce faculty in the magazine committee .

We have prepared the format for the wall magazine presentation & and same was circulated to all the department & among the students of all respective department. Notice to that effect was also circulated & requested to all to prepare the wall magazine presentation.

As per the guideline issued by the committee to all the departmental heads subject teacher & student has overwhelming responded to the activity & make the program success.

Within the stipulated time all the departmental heads, subject teachers students has submitted their work.

Our honorable principal Dr.S.S.Deshmukh inaugurated wall of magazine for the month of September also she took review monthly of the wall magazine activity. The way student & subject teacher presents their idea through wall magazine was marvelous. All the faculty members & student participate with full enthusiasm .

DR. S. D. THAKARE
Control (A.C.
Kh Mahawayata)

PRINCIPAL Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati.