

**5.3.3 Number of sports and cultural events/competitions in which students of the Institution participated during the year (organized by the institution/other institutions)**

<b>Date of event/activity (DD-MM-YYYY)</b>	<b>Name of the event/activity</b>	<b>Name of the student participated</b>
12.01.2021	Mazi Vasundhara – Harit Shapath	NSS Department
20.03.2022	Intercollegiate Regional Costume Competition	Music, Art and culture Club
30.04.2022	Celebration of Traditional Dress Day – Saree	Music, Art and culture Club
30.04.2022	English Conversation Competition	Music, Art and culture Club
29.04.2020	Hand Writing Competition	Music, Art and culture Club
29.04.2022	Spontaneous Poetry Competition	Music, Art and culture Club
06.05.2022	Scientific Naming in Plant	Department of Botany
12.02.2022	Quiz Competition ,	Department of Maths
12.02.2022	Quiz Competition,	Department of Physics
07.07.2021	Quiz Competition,	Department of Home Science
07.03.2022	Poster Competition on Pollution Control	Department of Maths
23.04.2021	Jagtik Granth Din	NSS Department
10-08-2021	Participation in Rashtragan	NSS Department
29.08.2021	Sports Day on Occasion of Major Dhynchand Birth Anniversary	Department of Physical Education
01.08.2021 to 07.08.2021	Celebration of World Breast Feeding Week	Department of Food and Nutrition
01-09-2021 to 07-09-2021	Celebrate National Nutrition Week	Department of Food and Nutrition
12.10.2021	Webinar on " Physical Fitness : Need for life "	Department of Physical Education
30.12.2021 - 03.01.2022	Intercollegiate Tournament Kho-Kho (Women)	Department of Physical Education
06.05.2022	Blank Paper Bank	Department of Chemistry

11.05.2022	Quiz competition on Environmental Conservation	Department of Chemistry
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## Mazi Vasundhara – Harit Shapath – 12.01.2021

### Matoshree Vimalabai Deshmukh Mahavidyalay, Amravati

Internal Quality Assurance Cell (IQAC)  
Activity undertaken (Academic Session 2020-2021)  
Department/ Committee: NSS  
Name of the Teacher – Dr. M. M. Nandurkar

Sr.No.	Name of Activity	Type of the Activity	Day/Date	Resource Person / Guest	Participant	Objectives	Outcome
1	माझी वसुंधरा	हरित शपथ	१२-०१- २०२१		३७	१. वसुंधरा संरक्षणाची जबाबदारी स्वीकारणे . २. त्याचे महत्व आणि उपयुक्तता या विषयी समाजात जागरूकता निर्माण करणे .	१. विद्यार्थ्यांनी वसुंधरेच्या संरक्षणेचा संकल्प केला . २. त्यासाठी स्वतः मध्ये आवश्यक ते बदल करण्याची तयारी दर्शविली

Name / Signature of the in charge / Head of Department



DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya Amravati

श्री शिवाजी शिक्षण संस्था अमरावती द्वारा संचालित, मातोश्री विमलाबाई देशमुख महाविद्यालय

IQAC

मराठी व राष्ट्रीय सेवा योजना विभाग

## माझी वसुंधरा अभियान

दिनांक १३ जानेवारी २०२१

जयंती व स्वामी विवेकानंद जयंती साजरी करण्यात आली. प्राचार्य डॉ संयोगिता देशमुख यांच्या हस्ते प्रतिमेचे पूजन करण्यात आले. सांस्कृतिक समिती व राष्ट्रीय सेवा योजनेच्या वतीने कार्यक्रमाचे आयोजन करण्यात आले.

माझी वसुंधरा अभियानांतर्गत पर्यावरण रक्षणाच्या अनुषंगाने हरित शपथ घेण्यात आली. महाविद्यालयातील वरिष्ठ ,कनिष्ठ तसेच एच एस सी होकेशनल विभागाचे सर्व प्राध्यापक वृंद व शिक्षकेतर सहकारी, तसेच विद्यार्थी हरित शपथ मध्ये सहभागी होते. हिरवाई अंतर्गत माझी वसुंधरा हे अभियान महाविद्यालयात राबविण्यात येणार आहे. या देशाला, वसुंधरेला स्वच्छ सुंदर करण्यासाठी आणि प्रदूषण मुक्त करण्यासाठी अधिक प्रयत्न करू या. अशी शपथ घेण्यात आली...

प्राचार्य संयोगिता देशमुख यांच्या मार्गदर्शनात व उपस्थितित सर्वांनी प्रतिज्ञा घेतली. प्रतिज्ञा चे वाचन डॉ मंदा नांदुरकर , राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी यांनी केले. डॉ मंगेश देशमुख, राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी प्रा.. साधना मोहोड, सांस्कृतिक समिती संयोजक, महाविद्यालयातील प्राध्यापक, शिक्षकेतर सहकारी तसेच विद्यार्थी उत्स्फूर्तपणे या कार्यक्रमात सहभागी होते.



*M. Dhale*  
Offi. Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

## Photo





## Intercollegiate Regional Costume Competition – 20.03.2022

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Internal Quality Assurance Cell (IQAC)

Academic Session 2021-22

Committee – Music Arts and Culture Club

S.No	Name of Convener	Title of Activity	Date / Day	Objectives	Resource Person	No. of Participants	Outcome
1	S.S. Mohod	SGB Amt. Uni. Intercollegiate Regional Costume Competition (Online videos of the participants were invited)	20/03/2022	1) To learn more about the regional costumes of different parts of India. 2) To understand their culture and to learn more about the cultural diversity of India. 3) To understand its importance and learn to respect the other cultures also.	Judge- Mr.Santosh Surkar (Famous Choreographer)	10	1) First prize- Miss Priyanka Gulhane , BA part 3 MVDM Amravati 2) Second prize- Miss Pooja Rane, B.Sc. Home Science Part 3 , MVDM Amravati 3) Third prize - Ms. Shweta Sundarkar ,B.Tech. Part 2, Bhartiya Mahavidyalay , Amravati..

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श्री शिवाजी शिक्षण संस्था अमरावती द्वारा संचालित,

## मातोश्री विमलाबाई देशमुख महाविद्यालय अमरावती

सं. गा. बा. अमरावती विद्यापीठ स्तरीय आंतर महाविद्यालयीन

भारतीय प्रांतीय

# वेशभूषा स्पर्धा



प्रिय विद्यार्थी मित्र मैत्रिणींनो,

मातोश्री विमलाबाई देशमुख महाविद्यालयात सांस्कृतिक समितीद्वारे आपल्या सुप्त कलागुणांना वाव मिळण्याकरता आंतरमहाविद्यालयीन 'भारतीय प्रांतीय वेशभूषा स्पर्धेचे आयोजन' करण्यात आले आहे. तरी ज्या विद्यार्थ्यांना या स्पर्धेत सहभागी व्हावयाचे असेल त्यांनी आपला भारतीय प्रांतीय वेशभूषेतील (Indian traditional costume) अर्धा मिनिटांचा (३०सेकंद) व्हिडिओ खाली दिलेल्या प्राध्यापकांच्या मोबाईल नंबर वर पाठवण्यात यावा. पाठवताना आपले नाव, वर्ग व महाविद्यालयाच्या नावाचा उल्लेख असावा. प्रथम तीन स्पर्धकांना सन्मान चिन्ह व प्रमाणपत्र देऊन गौरवण्यात येणार आहे. तसेच सहभागी सर्व स्पर्धकांना प्रमाणपत्र देण्यात येतील.

प्रा साधना मोहोड ☎ 9975982047

डॉ मंदा नांदुरकर ☎ 9850684603

प्रा.प्राची भांबुरकर ☎ 8380083953

या क्रमांकावर व्हिडिओ पाठवण्यात यावे

व्हिडिओ पाठवण्याची अंतिम तारीख

21/03/2022



प्रा. साधना मोहोड

सांस्कृतिक समिती समन्वयक



प्राचार्य डॉ. स्मिता देशमुख

प्राचार्य, मातोश्री विमलाबाई देशमुख  
महाविद्यालय अमरावती

सांस्कृतिक समिती, मातोश्री विमलाबाई देशमुख महाविद्यालय अमरावती



## Celebration of Traditional Dress Day - Saree 30.04.2022

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Internal Quality Assurance Cell (IQAC)

Academic Session 2021-22

Committee – Music Arts and Culture Club

S.No	Name of Convener	Title of Activity	Date / Day	Objectives	No. of Participants	Outcome
1	S.S. Mohod	Celebration of Traditional Dress Day in college	30/04/2022 Saturday	1) To understand India's diverse culture through the celebration of traditional day. 2) To foster respect and open mindedness for other cultures. 3) To understand some of the core aspects of other culture. 4) To provide a day for the students to come in traditional attire from their home state or specific culture of their choice	45	1) On this day girls preferred to wear saree but boys instead of wearing traditional attire preferred to wear casuals. 2) It was a very nice picture to look at. All the girls students seen wearing different vivid coloured sarees with their attractive mode of draping it. 3) All the students were happy as they could get the relaxation in their daily attire. All the students participated enthusiastically and were looking very happy & enjoying all the day.

CSH



MATOSHREE VIMALABAI DESHMUKH MAHAVIDYALAYA, AMRAVATI

IQAC

ARTS, MUSIC AND CULTURE CLUB

Celebration Of Traditional Dress (Saree) Day

Date 30/4/2022



# English Conversation Competition – 30.04.2022

MATOSHREE VIMALABAI DESHMUKH MAHAVIDYALAYA, AMRAVATI

IQAC

ARTS, MUSIC AND CULTURE CLUB

English Conversation competition

Date 30/4/2022



# Hand Writing Competition – 29.04.2020

MATOSHREE VIMALABAI DESHMUKH MAHAVIDYALAYA, AMRAVATI

IQAC

ARTS, MUSIC AND CULTURE CLUB

Handwritting Competition

Date 29/4/2022





# Spontaneous Poetry Competition – 29.04.2022

MATOSHREE VIMALABAI DESHMUKH MAHAVIDYALAYA, AMRAVATI

IQAC

ARTS, MUSIC AND CULTURE CLUB

Spontaneous Poetry Competition,

Date 29/4/2022





# Scientific Naming in Plant -06.05.2022

**Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati**  
**“Plants Name Plates” activity under Science Club**  
**2021-2022**  
**Department of Botany**  
**Report**

**Title of the Activity:** Scientific Naming of Plants In MVDM, Amravati.

**Aim :** ' To easily identify with surrounding flora'.

**Objectives:** To know the scientific information of plants.

Department of Botany organized Scientific Naming of Plants activity in Botanical Garden of Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati. Purpose of this activity students can understand botanical name with their family of plants and importance. Which support identification of plants species easily. during this activity students introduced to various plants.



**Scientific Naming of Plants by Department of Botany**  
**Dated 06/05/2022**

**Organizer**

Ast.Prof. S.A.Shelke  
Ast. Prof. A.G.Dhotre  
MVDM Amravati

**Principal**

MVDM Amravati

**Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati**  
**Internal Quality Assurance Cell (IQAC)**  
**Scientific Naming of Plants In MVDM, Amravati.**  
**(Department of Science)**  
**Field Work Project Report**  
**2021-2022**

**Introduction:**

The 18th century Swedish naturalist Carl Linnaeus created the Latin binomial system for classifying plants in 1735. He used Latin because it was the universal language in Western culture among the educated people of the time. Linnaeus' system has been updated numerous times over the centuries but has remained essentially intact. The rules for assigning a botanical name to a plant are spelled out in the International Code of Botanical Nomenclature maintained by the International Society of Plant Taxonomists.

The botanical name is unique to a specific plant. No other plant in the world will have the same botanical name. Common names for a plant, by contrast, will be different in different languages, may differ by region within a country or may be applied to several different plants. For instance, the morning glory is also known as bindweed, small bindweed and liseron des champs. But if you want to grow this flowering plant in your garden, ask for "Convolvulus arvensis," and you will receive the right plant.

The botanical name of a plant is the key to finding everything known about that plant and its cultivation. If a gardener wants information about a particular plant from books or online sources, searching by the botanical name ensures the retrieved information will be about the correct plant. Botanical names are universal; the same botanical name applies to a plant wherever in the world it is found, grown or studied.

**Aim of the Project:**

The aim of the project is to introduce and easily identify with surrounding flora and students will aware about plants medicinal and economic importance.

**Objective of Project:**

- 1) To know the scientific information of plants.
- 2) To learn about scientific name writing.
- 3) To promotes conservation of plants.
- 4) To give information about plant information.

**Outcome:**

Department of Botany organized Scientific Naming of Plants activity in Botanical Garden of MatoshreeVimalabai Deshmukh Mahavidyalaya Amravati. Purpose of this activity students can understand botanical name with their family of plants and importance. Which support identification of plants species easily. during this activity students introduced to various plants.

**Teacher In Charge**  
**Mr. S.A.Shelke**  
**Mr.A.G.Dhotre**

**Principal**  
**MVDM Amravati**

**Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati**  
**Internal Quality Assurance Cell (IQAC)**  
**Scientific Naming of Plants In MVDM, Amravati.**  
**(Department of Science)**  
**Project Report**  
**2021-2022**

<b>Sr.No.</b>	<b>Students Name</b>	<b>Plants Name</b>
1.	Ashwini V. Bagade	Bambusa vulgaris
2.	Dipali A. Rathod	
3.	Purva gade	Emblica officinalis
4.	Komal bul	
5.	Anjali khedkar	Terminalia catappa
6.	Priyanka aakhare	
7.	S.B Nagdive	Annans Comosus
8.	Saurav K. Thanekar	Trachyspermum ammi
9.	R.A. Sarode	Melissa officinalis
10.	S.D.Hadke	Polyalthia lonigolia
11.	Anuja G Tayade	Tectona grandis
12.	Pranali S. Kale	
13.	Alkesh K. Dhurve	
14.	Komal B. Dhage	Azadiracta indica
15.	Abhishek R. Patil	Musa paradisiaca
16.	P.B.Lomate	Synzygium Cumini
17.	Jaishree R. Jaiswal	Ficus Racemosa
18.	Amar Dilip Nandurkar	Mangifera Indica
19.	Gayatri N. Jadhav	Murrya Koenigii
20.	D.Bobade	Curcuma Longa
21.	S.B.Sabale	Bryophyllum Pinnatum
22.	Sakshi Borkar	Citrus lemon
23.	Neha S. More	Bauhinia vacemosa
24.	Prachi B. Wankhade	
25.	Juyali D. Hore	Saraca asoka
26.	Kanchan G. Bhasme	
27.	B.D. Udimkar	Mentha piperita

<b>28.</b>	K.M.Pawar	Prunus dulcis
<b>29.</b>	A.G.Sarode	Annona reticulata
<b>30.</b>	Samridhi .V. Badre	Barba denesis
<b>31.</b>	Anjali Phad	Ricinus communis
<b>32.</b>	Om Wankhade	Santalum

**Teacher In Charge**

**Mr. S.A.Shelke**  
**Mr.A.G.Dhotre**



**Principal**

**MVDM Amravati**



**Scientific Naming of Plants In MVDM, Amravati.**  
**(Department of Science)**  
**Project Report**  
**2021-2022**  
**Project Sample**

1)

<p>Department Of Botany</p> <p>Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati</p>  <p>Topic</p> <p>Plant name plate</p> <p>Project work</p> <p>B.Sc II<sup>nd</sup> And III<sup>rd</sup> Year</p> <p>submitted by</p> <p>Ashwini V. Bagade Dipali A. Rathod <b>YEAR</b></p> <hr/> <p>2021-22</p>	
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2)

Department Of Botany

Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati



Topic

Plant name plate

Project work

B.Sc II<sup>nd</sup> And III<sup>rd</sup> Year

submitted by

Purva Gade  
Komal Bul

**YEAR**

**2021-22**



3)

Department Of Botany

Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati



Topic

Plant Name Plate

Project Work

B.Sc II<sup>nd</sup> And III<sup>rd</sup> Year

Submitted By

Anjali Khedkar  
Priyanka Aakhare

Year

---

2021-22



23)

Department Of Botany

Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati



Topic

Plant name plate

Project work

B.Sc II<sup>nd</sup> And III<sup>rd</sup> Year

submitted by

Samridhi V. Badre

**YEAR**

**2021-22**



25)

Department Of Botany

Matoshree Vinalabai Deshmukh  
Mahavidyalaya, Amravati



Topic

Plant name plate

Project work

B.Sc II<sup>nd</sup> And III<sup>rd</sup> Year

submitted by

Om Wankhade

**YEAR**

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2021-22

## Quiz Competition , Department of Maths - 12.02.2022

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Internal Quality Assurance Cell (IQAC)  
Academic Session (2021-2022)  
Faculty Of Humanities/Home Science/Science  
Department/Extension Activity Detail  
Name of Department/Subject: - Mathematics

Sr.No.	Name of Activity	Day/Date	Resource Person/Guest	No. of Participants	Objective	Outcome
1.	Quiz Competition (Maths)	12 <sup>th</sup> february 2022 Saturday		35	The Quiz enhanced the inquisitiveness of the students thereby building confidence, mental progress, and learning at the same time	This Activity helped the students in identifying their capabilities and motivated them to learn and expand their knowledge.

Name/Signature of the Incharge/ Head of Dept.

Principal

**Mathoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**

**REPORT OF QUIZ-COMPETITION**

**2021-2022**

**Department of Mathematics**

**Topic: Quiz competition**

**Date: On 12th February 2022 at 12:00 P.M**

**Google Form :**

<https://docs.google.com/forms/d/1Qjca5jA-Vdg1omdf9KNiu68OWnMBC-5PA6OHQyU2mP0/edit?usp=drivesdk&chromeless=1>

Department of Mathematics, Mathoshree Vimalabai Deshmukh Mahavidyalaya, Amravati organized an online Syallbus based "Math Quiz Competition" for B.SC.(Science) Student on 12<sup>th</sup> February 2022. Twenty-four students participated in the quiz. Quiz was conducted online on Google Form.. The question was base on Mental Ability, Visual Quiz, Problem Solving.

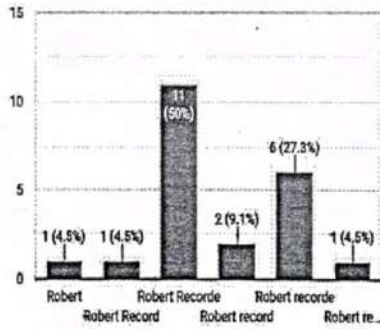
Students participated with a lot of enthusiasm showcasing their potential.





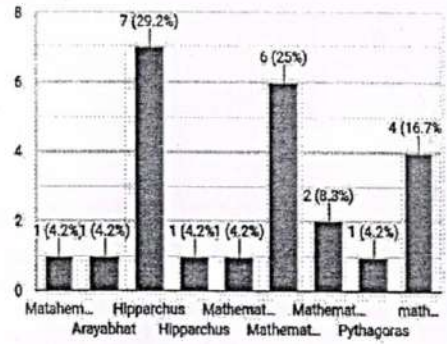
7 Who invented the equal sign (=) ?  Copy

22 responses



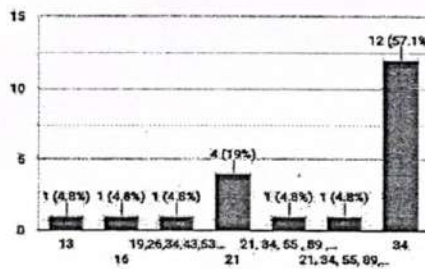
8 Who is Father of Trigonometry?  Copy

24 responses



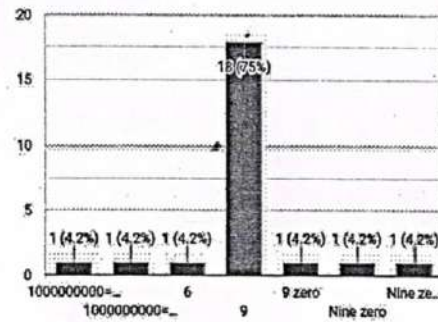
9 Write the next number of following sequences 1,1,2,3,4,5,8,13.....?  Copy

21 responses



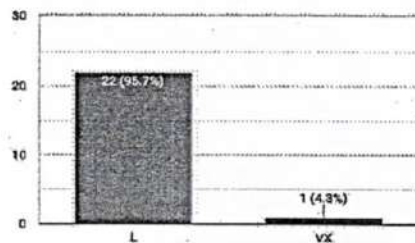
10 How many zeros are there in one billion?  Copy

24 responses



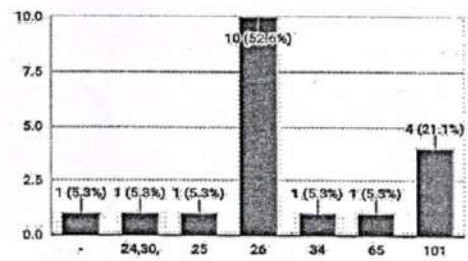
11 Roman number of 50?  Copy

23 responses



12 Find the missing number in the series 5,10,17,----, -37,50,65,82?  Copy

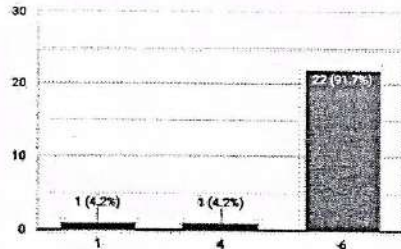
19 responses



13 Which is the smallest perfect number?

Copy

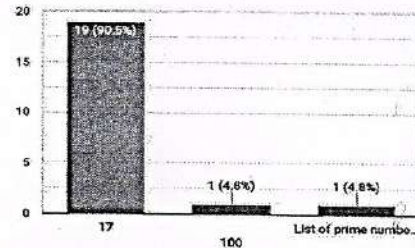
24 responses



14 What is the next Prime number after 13?

Copy

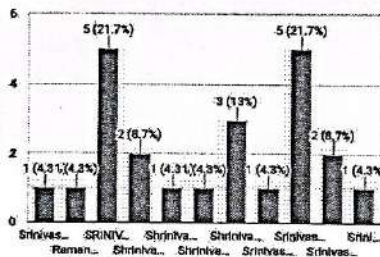
21 responses



15 Who is known as the prience of Mathematics in India?

Copy

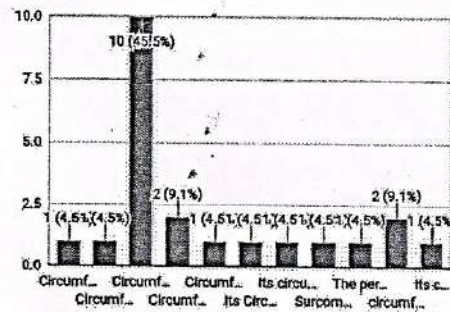
23 responses



16 What is the other name of the perimeter of a circle?

Copy

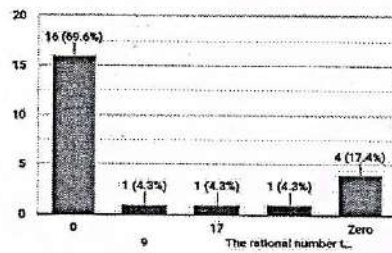
22 responses



17 Which number does not have a Reciprocal?

Copy

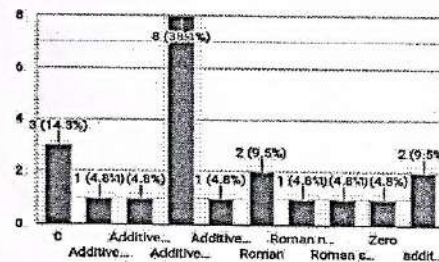
23 responses




18 Which number system does not have the symbol for zero?

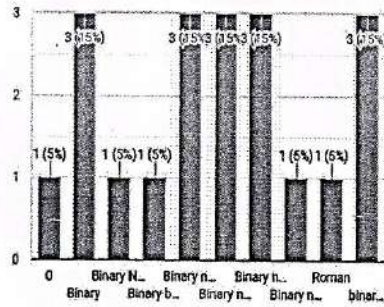
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
21 responses



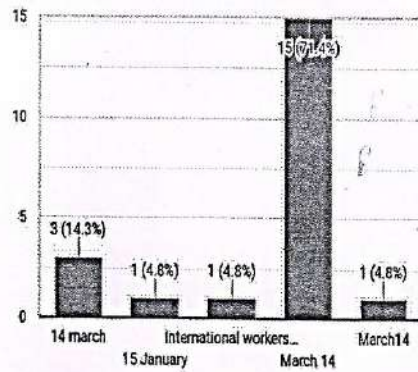
19 What is the name of number system with base 2? 

20 responses



20 When is PI day around the world? 

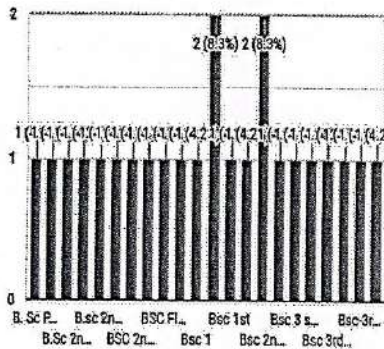
21 responses




### Student Responses & Insights

Class 

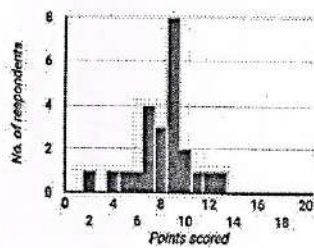
24 responses



 Insights

Average	Median	Range
6.21/20 points	9/20 points	2-13 points

Total points distribution





The event helped the students in identifying their capabilities and motivated them to learn and expand their knowledge. The quiz enhanced the inquisitiveness of the students thereby building confidence, mental prowess, and learning at the same time.

Asst.Prof.A.B.SHINDE *shinde*  
Asst.Prof.A.H.CHAKRAPANI *chakrapani*  
Department of Mathematics  
MVDM ,Amt

*[Signature]*  
Convenor  
Science Club  
(Dr. D. R. Bambole).

*[Signature]*  
PRINCIPAL  
Principal  
Mahashree Vinayabai Deshpande  
MVDM Amt  
Maharashtra, Amravati.





## Quiz Competition, Department of Physics – 12.02.2022

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Faculty of Home Science**  
**Department OF Physics**

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DEPARTMENTAL ACIVITY – ON LINE QUIZ COMPETITION FOR B. Sc. III YEAR ON “Basic concepts in Physics”

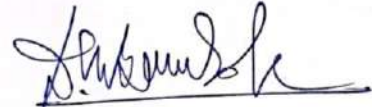
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### Report:

In Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati On 15/05/2020 the Department of Physics organized the ON LINE QUIZ COMPETITION on Google form FOR B. Sc. III YEAR ON “Basic concepts in Physics” for the students in all the five district affiliated to Sant Gadge baba Amravati University, Amravati. Total 145 students from all districts were given the response for the quiz competition.

The response for the quiz completion was good. In that quiz competition, the 40 questions were asked. The motive behind organizing the competition was, to help and prepare the students for line MCQ type University Examination, which was conducted by the university in winter 2021.

Feedback of the students was excellent. The students, who got 40% of marks, were given the certificate for their participation.



Dr. Devidas Rushiji Bambole

DATE: 09/12/2021

Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Amravati

Department of Physics

Shri Shivaji Education Society Amravati's

Matoshree Vimalabai  
Deshmukh Mahavidyalaya Amravati




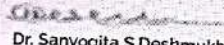
**CERTIFICATE**



**This is to certify that**

e-connectivity is the best tool to be remain connected during the period of COVID-19 pandemic.  
Department of physics would like to contribute in an effort of online learning process.  
We expecting your appreciation through your active participation in online quiz contest on the concept of physics.

  
Dr. Devidas R. Bambole  
Dept. Of physics

  
Dr. Sanyogita S. Deshmukh  
Principal

Shri Shivaji Education Society Amravati's

Matoshree Vimalabai  
Deshmukh Mahavidyalaya Amravati



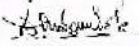
**CERTIFICATE**




**This is to certify that**

**Dr. Devidas Rushiji Bambole**

e-connectivity is the best tool to be remain connected during the period of COVID-19 pandemic.  
Department of physics would like to contribute in an effort of online learning process.  
We expecting your appreciation through your active participation in online quiz contest on the concept of physics.

  
Dr. Devidas R Bambole  
Dept. of physics

  
Dr. Ganyagita S. Deshmukh  
Prinicipal

Quiz Competition, Department of Home Science –  
07.07.2021



Shri. Shivaji Education Society's

Matoshree Vimalabai Deshmukh Mahavidhyalaya, Amravati.

Internal Quality Assurance Cell (IQAC).

Report of Activity undertaken during Academic Session 2020-2021

Name Of The Department-Biology, Home Science

Name Of The Teacher-Dr.K.E.Chaudhary


Department of Biology in the Faculty of Home Science conducted the - Activity of Online Quiz competition- for the Students of B.Sc. III year students from Home Science. The questioner is prepared on the Google Forms App. The Title of the Quiz was -Quiz Competition For B.Sc.-Home Science, Sem -VI students.- "Test your knowledge of Basic Biology and Science." The link for the Google form was shared on the 7<sup>th</sup> of July 2021, with the students on the platform of What's up Group during the C-19 situation. Total 11 students responded and solved the questionnaire enthusiastically.

**Objective-** of the activity was to interact with students by using the innovative way of online quiz and create awareness about the health and biological science.

**Outcome-**The students of subject- Health, Hygiene and Microbiology, answered the questions related to general health care and biological science to test their knowledge.

So the activity helped the students and faculty to stay connected and get involved in teaching and learning in the innovative way.

Here the report of Online Quiz activity is submitted to the IQAC by in charge teacher- Dr.K.E.Chaudhary- Date-08-07-2021

  
Subject Teacher.  
Dr. K. E. Chaudhary.  
M.V. D M.V. Amravati



  
Dr. Mrs. Chhaya N. Vidhate  
Offi. Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.





# Quizz Competition For B.Sc.III- Home S...

Created: 07 Jul 2021, 02:20 PM

 Quiz Status **Active** 

 Share

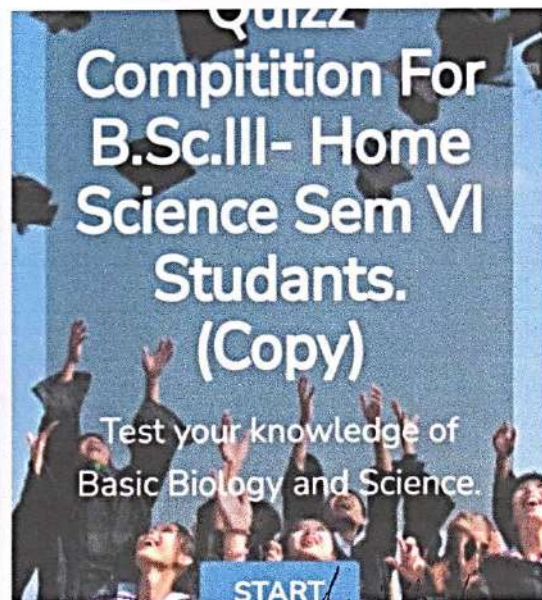
 View Answers 11


 100%  
Kalbande  
07 Jul 2021, 09:03 PM  
Status:  Evaluated

 30%  
3. Samiksha dipakrao rohile  
07 Jul 2021, 08:35 PM  
Status:  Evaluated

 60%  
4. Dipa Ramesh Bagekar  
07 Jul 2021, 04:24 PM  
Status:  Evaluated

 40%  
5. Dipa Ramesh Bagekar  
07 Jul 2021, 04:22 PM  
Status:  Evaluated




  
Dr. Mrs. Chhaya N. Vidhate  
Offi. Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.


# Poster Competition on Pollution Control on dated 07.03.2022

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Internal Quality Assurance Cell (IQAC)  
Academic Session (2021-2022)  
Faculty Of Humanities/Home Science/Science  
Department/Extension Activity Detail  
Name of Department/Subject: - Mathematics

Sr.No.	Name of Activity	Day/Date	Resource Person/Guest	No. of Participants	Objective	Outcome
1.	Poster Competition (Pollution Control)	7 <sup>th</sup> March 2022 Monday		21	Pollution influences both soil and agriculture which are the two facts of valuable resources necessary for our sustenance.	Pollution prevention protects the environment by conserving and protecting natural resources while strengthening economics growth through more efficient production in industry and less need for households , businesses and communities to handle waste.

  
Name/Signature of the Incharge/ Head of Dept.



  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

  
Principal

Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shivaji Nagar, Amravati 445001/MS-1

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Faculty of Science

Poster Competition on "Pollution control" on 07/ 03/2022

Organized by Department of Mathematics

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- **Goal of the Poster Competition:**

Pollution prevention protects the environment by conserving and protecting natural resources while strengthening economic growth through more efficient production in industry and less need for households, businesses and communities to handle waste.

**Aims and Objectives of Poster Competition :**

1. Pollution influences both soil and agriculture which are the two facets of valuable resource necessary for our sustenance.
2. For agriculture, soil is generally assumed as an inexhaustible resource, which is used and overused continually for increasing production.
3. Pollution Prevention means eliminating or reducing the amount and toxicity of potentially harmful substances at their sources, prior to generation, treatment, off-site recycling or disposal. It emphasizes preventing or minimizing pollution, rather than controlling it once it is generated.

- **Poster Competition Activity by the department of Mathematics :**

Topic- Poster Competition on "Pollution control"

Date:- 07/03/2022

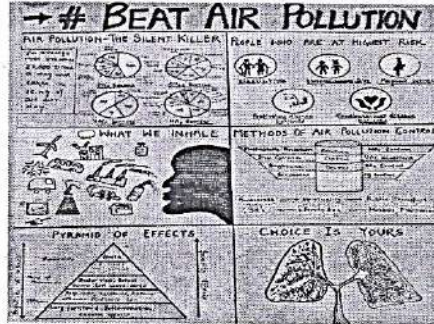
A poster competition on the topic "Pollution control" was organized by Department of Mathematics, Mathoshree Vimalabai Deshmukh Mahavidyalaya on 7th March 2022 at 12.00 pm under the guidance of Principal, Dr. Smita R. Deshmukh, .

In the beginning of the competition Dr.Smita Deshmukh ,Principal of Mathoshree Vimalabai Deshmukh Mahavidyalaya guide and encourage the students for participation in the competition. The students have been participated and prepared posters on different theme as per the competition theme. The total 3 prizes included Top Three prize were declared by Judge.

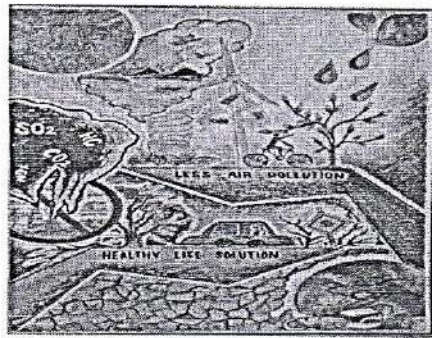


The Winners list and poster are as follow :-

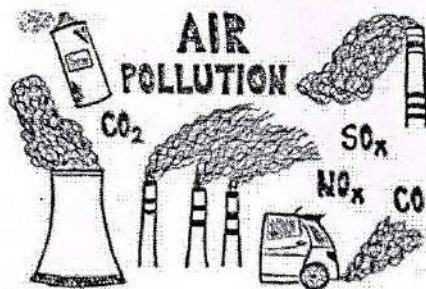
1. Anuj Prakashrao Kawale (B.Sc2nd year) - First Prize



2. Shreya Ganeshrao Kale (B.Sc3rd year) - Second Prize



3. Poonam Ramprasad Rathod (B.Sc1<sup>st</sup> year) - Third Prize





Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Faculty of Science

Poster Competition on "Pollution control" on 07/03/2022

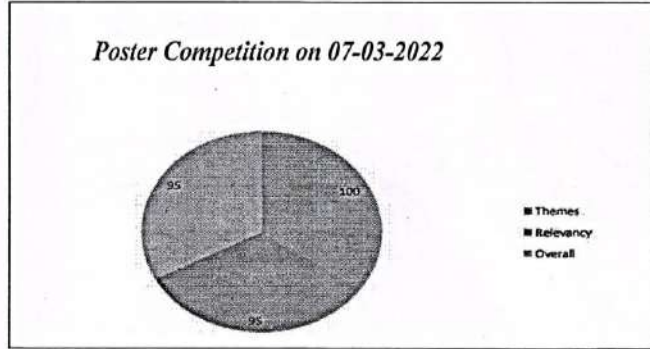
Organized by Department of Mathematics

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**FEEDBACK ANALYSIS:**

Interpretation/Analysis of feedback of Poster Competition The Poster Competition for FY/SY/TY B.Sc students have been organized by department of mathematics such as Poster on Pollution control Theme on 7<sup>th</sup> March 2022.



**Impression :-**

The overall feedback about of Poster Competition The Poster Competition for FY/SY/TY B.Sc students is highly satisfied and they like to participate such activity in future also. The analysis has been done on various parameter like the themes of the competition, Relevancy of competition and overall impression about competition.

Asst.Prof A.B.Shinde  
Asst.ProfA.H.Chakrapani  
Department of Mathematics  
MVDM,Amt

*Shinde*  
Convenor  
Science Club

*Pushromaly*  
Principal  
MVDM, Amt.

**\*राष्ट्रीय सेवा योजना व मराठी विभाग**

**जागतिक ग्रंथ दिवस..... मला आवडलेले पुस्तक**

दिनांक २३ एप्रिल २०२१

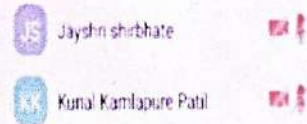
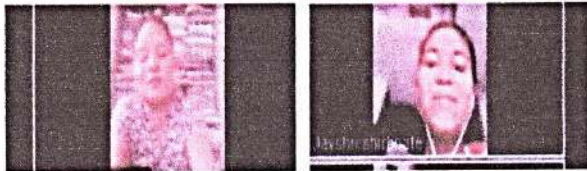
श्री शिवाजी शिक्षण संस्था अमरावती द्वारा संचालित, मातोश्री विमलाबाई देशमुख महाविद्यालयात, २३ एप्रिल २०२१ ला जागतिक ग्रंथ दिनाचे औचित्य साधून मराठी विभाग व राष्ट्रीय सेवा योजना विभागाच्या वतीने "मला आवडलेले पुस्तक" आभासी उपक्रम घेण्यात आला, या उपक्रमात विद्यार्थ्यांनी उल्लेखनीय सहभाग नोंदवला... "मला आवडलेले पुस्तक" मध्ये अंजली म्हाला, कुणाल कमलापुरे, अर्षद खान, प्राजक्ता, साक्षी दुर्गे, साक्षी बाहेकर, साक्षी जंजाळकर, वैष्णवी काकडे, नयना सूर्यवंशी, जयश्री शिरभाते या विद्यार्थ्यांनी उत्स्फूर्त प्रतिसाद नोंदवला. मृदंगंध, श्यामची आई, सिक्रेट ऑफ लाईफ अशा विविध पुस्तकांवर चर्चा करण्यात आली. विद्यार्थ्यांनी त्यांना आवडलेले पुस्तक यावर आपले मत व्यक्त केले. पुस्तके आपल्याला प्रेरणा देतात. आपल्या संग्रही अधिकाधिक पुस्तके असायला हवीत असे मत डॉ मंदा नांदुरकर यांनी व्यक्त केले. प्राचार्य डॉ. छाया विधळे यांच्या मार्गदर्शनात "मला आवडलेले पुस्तक" हा आभासी उपक्रम घेण्यात आला. २३ एप्रिल जागतिक ग्रंथ दिवस, जगप्रसिद्ध नाटक कार विल्यम शेक्सपियर यांचा जन्मदिवस म्हणून पुस्तक दिवस साजरा केल्या जातो. मातोश्री विमलाबाई देशमुख महाविद्यालयात हा दिवस आभासी माध्यमातून साजरा करण्यात आला.



*Principle*  
For. Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.



शिवाजी शिक्षण संस्था अमरावती द्वारा संचालित,  
तोश्री विमलाबाई देशमुख महाविद्यालय अमरावती  
के विभाग आणि रासेयो विभाग यांच्या संयुक्त विद्यमाने  
जागतिक ग्रंथ दिन  
मला आवडलेले पुस्तक

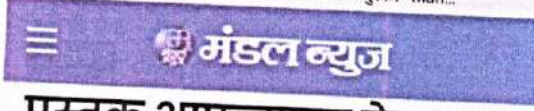




महाविद्यालयात हा दिवस आभासी माध्यमातून साजरा करण्यात आला.

11:05

पुस्तक आपल्याला प्रेरणा देतात...डॉ. मंदा नांदुरकर - Man...



## पुस्तक आपल्याला प्रेरणा देतात...डॉ. मंदा नांदुरकर

April 23, 2021 ■ 1 minute read



अमरावती/दि २३ - श्री शिवाजी शिक्षण संस्था अमरावती द्वारा संचालित, मातोश्री विमलाबाई देशमुख महाविद्यालयात, 23 एप्रिल २०२१ ला जागतिक ग्रंथ दिनाचे औचित्य साधून मराठी विभाग व राष्ट्रीय सेवा योजना विभागाच्या वतीने "मला आवडलेले पुस्तक" आभासी उपक्रम घेण्यात आला, या उपक्रमात विद्यार्थ्यांनी उल्लेखनीय सहभाग नोंदवला... "मला आवडलेले पुस्तक" मध्ये अंजली म्हाला, कुणाल कमलापुरे,, अर्षद खान, प्राजक्ता, साक्षी दुर्गे, साक्षी बादेकर, साक्षी जंजालकर, वैष्णवी काकडे, नयना



*M. Vidhale*  
Mrs. Chhaya N. Vidhale  
Offl. Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.





## मंडल न्युज

देशमुख महाविद्यालयात, 23 एप्रिल २०२१ ला जागतिक ग्रंथ दिनाचे औचित्य साधून मराठी विभाग व राष्ट्रीय सेवा योजना विभागाच्या वतीने "मला आवडलेले पुस्तक" आभासी उपक्रम घेण्यात आला, या उपक्रमात विद्यार्थ्यांनी उल्लेखनीय सहभाग नोंदवला... "मला आवडलेले पुस्तक" मध्ये अंजली म्हाला, कुणाल कमलापुरे,, अर्षद खान, प्राजक्ता, साक्षी दुर्गे, साक्षी बाहेकर, साक्षी जंजाळकर, वैष्णवी काकडे, नयना सूर्यवंशी, जयश्री शिरभाते या विद्यार्थ्यांनी उस्फूर्त प्रतिसाद नोंदवला. मृदगंध, श्यामची आई, सिक्रेट ऑफ लाईफ अशा विविध पुस्तकांवर चर्चा करण्यात आली. विद्यार्थ्यांनी त्यांना आवडलेले पुस्तक यावर आपले मत व्यक्त केले . पुस्तके आपल्याला प्रेरणा देतात. आपल्या संग्रही अधिकाधिक पुस्तके असायला हवीत असे मत डॉ मंदा नांदुरकर यांनी व्यक्त केले. प्राचार्य डॉ. छाया विधळे यांच्या मार्गदर्शनात " \*मला आवडलेले पुस्तक\* "हा आभासी उपक्रम घेण्यात आला. 23 एप्रिल जागतिक ग्रंथ दिवस, जगप्रसिद्ध नाटक कार विल्यम शेक्सपियर यांचा जन्मदिवस म्हणून पुस्तक दिवस साजरा केल्या जातो.मातोश्री विमलाबाई देशमुख महाविद्यालयात हा दिवस आभासी माध्यमातून साजरा करण्यात आला.



## Participation in Rashtragaan on dated 10-08-2021

Matoshree Vimalabai Deshmukh Mahavidyalay , Amaravati

Internal Quality Assurance cell (IQAC)


Academic Session ( 2021-2022 )

Faculty of Humanities /Home Science/Science

Department/Extension Activity Detail

Name of Department/Subject- NCC

Sr. No	Name of Activity	Type of Activity	Day/Date	Resource Person /Guest	No.of Participants	Objective	Outcome
2	Participation in Rashtragaan an initiative By Ministry of Culture to mark Azadi Ka Amrit Mahotsav	Online Rashtragaan on link provided	10 Aug 2021	---	15	Discipline and Importance of Rashtragaan	Students Participated and Express Respect for Rashtragaan

  
Signature of Incharge/Head of the Dept.

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**

**Notice**

**For students**

Date:- 06/08/2021

It is informed to, all the NCC cadets of our college is organizing **Rashtragaan Initiative** by ministry of culture to mark azadi ka amrit mahotsav through ministry of culture website please participate in this activity on **10 Aug 2021**.

NOTE- Compulsory to all the cadets

*P.B.*  
CTO

P.B. BHAMBURKAR

*M. M. M.*  
Principal

Off. Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Internal Quality Assurance cell (IQAC)

Department of NCC

Name of the Event/Program: - Participation in Rashtreeyaan

Date: 10 Aug 2021 Day: Tuesday Time: \_\_\_\_\_

In collaboration with: \_\_\_\_\_

Name of the Guest: \_\_\_\_\_

Participant: N.C.C. cadets No. of Participants: 15

Objective Discipline and Importance of Rashtreeyaan

Action Taken - \_\_\_\_\_

Outcome students participated and Express Respect for Rashtreeyaan

Sr. No.	Name of the Participant	Signature
1	Ku. Prajyoti A. Deshmukh	P.A. Deshmukh
2	Khushi R. Kamble	Kamble
3	Janvi Raju Bongale	Janvi
4	Ku. Teegha shyam chandan	T. Chandon
5	Ku. Shreerika M. Chandekar	Shreerika
6	snehal D. kale.	Shnehal D. kale
7	Ku. Ruchika Atind Wankhade.	Ruchika
8	Ku. Anandini B. Wankhade.	Anandini
9	Arushi A Birkad	Arushi
10	Purva R. Chaudhari	Purva
11	Ku. Batiksha P. G. Gawali	Batiksha P.G.
12	Divya O. Dhasat.	Divya
13	Ku. Amruta T. Athvale	Athvale
14	Ku. Devaki P. KUMAR	Devaki
15	Ku. Khushi R. Kamale	Khushi



**Matoshree Vimlabai Deshmukh Mahavidyalaya**  
**NCC ACTIVITY- Participetion in Rashraagan On 10/08/2021**



**CERTIFICATE**  
**OF PARTICIPATION**



THIS CERTIFICATE IS AWARDED TO

**Prajakta a deshmukh**

प्रमाणित के लिए राष्ट्रीय सांस्कृतिक कार्यक्रमों में भाग लेने के लिए  
आयोजित की गई थी। आयोजित की गई थी। आयोजित की गई थी। आयोजित की गई थी।  
यह प्रमाणित के लिए राष्ट्रीय सांस्कृतिक कार्यक्रमों में भाग लेने के लिए आयोजित की गई थी।  
यह प्रमाणित के लिए राष्ट्रीय सांस्कृतिक कार्यक्रमों में भाग लेने के लिए आयोजित की गई थी।

**JALHIDA**



**CERTIFICATE**  
**OF PARTICIPATION**

THIS CERTIFICATE IS AWARDED TO

**Abhish Kulkarni**

प्रमाणित के लिए राष्ट्रीय सांस्कृतिक कार्यक्रमों में भाग लेने के लिए आयोजित की गई थी।  
यह प्रमाणित के लिए राष्ट्रीय सांस्कृतिक कार्यक्रमों में भाग लेने के लिए आयोजित की गई थी।

**JALHIDA**



**CERTIFICATE**  
**OF PARTICIPATION**

THIS CERTIFICATE IS AWARDED TO

**San Vhaan Kulkarni**

प्रमाणित के लिए राष्ट्रीय सांस्कृतिक कार्यक्रमों में भाग लेने के लिए आयोजित की गई थी।  
यह प्रमाणित के लिए राष्ट्रीय सांस्कृतिक कार्यक्रमों में भाग लेने के लिए आयोजित की गई थी।

**JALHIDA**



**Thank You!**  
Your contribution is highly appreciated.

**CERTIFICATE**  
**OF PARTICIPATION**

**JALHIDA**



**CERTIFICATE**  
**OF PARTICIPATION**

THIS CERTIFICATE IS AWARDED TO

**Ajwariy Mandavde**

प्रमाणित के लिए राष्ट्रीय सांस्कृतिक कार्यक्रमों में भाग लेने के लिए आयोजित की गई थी।  
यह प्रमाणित के लिए राष्ट्रीय सांस्कृतिक कार्यक्रमों में भाग लेने के लिए आयोजित की गई थी।

**JALHIDA**



**CERTIFICATE**  
**OF PARTICIPATION**

THIS CERTIFICATE IS AWARDED TO

**Mehta chaitrao waghade**

प्रमाणित के लिए राष्ट्रीय सांस्कृतिक कार्यक्रमों में भाग लेने के लिए आयोजित की गई थी।  
यह प्रमाणित के लिए राष्ट्रीय सांस्कृतिक कार्यक्रमों में भाग लेने के लिए आयोजित की गई थी।

**JALHIDA**



**CERTIFICATE**  
**OF PARTICIPATION**

**JALHIDA**



**Celebration of World Brest Feeding Week on dated 01.08.2021 to 07.08.2021**

**Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati**

**Internal Quality Assurance Cell (IQAC)**

**Activities undertaken Academic Session 2021-2022**

**Name of the department / Committee: Food and nutrition**

**Name of the Teacher: Dr. Sharmila Kubde**

Sr.No.	Name of the Activity	Types of Activity	Day/Date	Resource Person	No. of Participants	Objectives	Outcome
1.	Celebration of world breast feeding week	Departmental activity/ Field work	7/08/21	Dr. Satish Taral And with NGO at paradhi pada, Navsari, valgoan road, Amravati	50	To aware the importance of breast feeding to the new born baby	Mothers of newly born baby at slum area get aware about the importance of feeding to the new born baby for their total development
2.	Celebration of world breast feeding week	Organised various online competition in breast feeding week	1/08/21 to 7/08/21	1. Essay competition 2. Poster competition	14 14	1. To highlight the huge benefits can bring to the health. 2. Focusing on good nutrition, poverty reduction and food security	1. Students come to know importance of breast feeding. 2. Benefit to infant and mother health. 3. To aware about breast feeding

*Sharmila Kubde*



*DR. S. D. THAKARE*  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimlabai Deshmukh Mahavidyalaya,  
Amravati

*Sharmila Kubde*  
Offi. Principal  
Matoshree Vimlabai Deshmukh Mahavidyalaya,  
Amravati

**Mataashree Vinlabai Deshmukh Mahavidyalaya, Amravati**  
**Inter internal Assurance Cell (IQAC)**

**World Breastfeeding Week 2021**  
**Report**

The world breastfeeding week was celebrated keeping in view that mothers breast milk helps keep the baby healthy. It supplies all the essential nutrients in the proportions. It protects against diseases like diabetes and cancer. The department of food and nutrition celebrate the breastfeeding week every year to spread awareness about breastfeeding and its importance for child and mother's health. Here is a report of the celebration.

The following programs were conducted during this week.

2/08/2021 organised poster competition

3/08/2021 organise essay competition on the topic importance of breastfeeding

7/08/21 visit to pardhi panda at Navsari near Amravati.


Students displayed poster on the occasion of breastfeeding week at Mataashree sabhagraha.

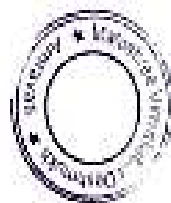
Students write the essay on the topic importance of breastfeeding.

A visit was organised by the home science department to the pardhi panda at Navsari near Amravati. The students focus on benefits of breastfeeding to both mother and child, importance of breastfeeding for both mother and infant.


This session was very informative for all the mother's present over there and awareness was created among is community about the correct nutritional practices. The students also understood the nutritional programs of community and various approaches in nutrition and health intervention prevention and control measures.

The whole week was very informative and all the student's staff and community learn about the importance of breastfeeding through various competition arranged by the department such as rangoli, slogan, essay, poster and full meal diet for pregnant women.

  
Dr. S. P. Kumbde  
Associate Professor, Food and Nutrition  
Mataashree Vinlabai Deshmukh Mahavidyalaya  
Amravati



  
DR. S. D. THAKARE  
Coordinator, I.O.A.C.  
Mataashree Vinlabai Deshmukh Mahavidyalaya  
Amravati

  
Principal  
Mataashree Vinlabai Deshmukh  
Mahavidyalaya, Amravati

Matoshri Vinayabai Deshmukh Mahavidyalaya, Amravati  
Internal Quality Assurance cell (IQAC)

Activities undertaken academic session 2021

Report

Name of the department: Food and Nutrition

Name of the activity: Celebration of National Nutrition Week 2021

Organising faculty and department: Dr.Shamila Kubde , Food and Nutrition Department

In collaboration with: Department of Home economics

Number of the participant: Total 57 students present in various activities

- Objectives: 1) To create awareness of Nutrition  
2) To inculcate competitive spirit  
3) To understand the self-nutritional status

Details of the activity: First week of September 1 to 7 September is celebrated National nutrition week across India enthusiastically the department under to the following activities for the students

- 1) Nutrition Queen competition
- 2) Recipe competition
- 3) Guest lecture by dietitian Mr. Chaitaranjan Yadav on severe acute malnutrition child
- 4) guest lecture by Jyoti Gujar on post Covid- 19 diet

- Outcome: 1) Awareness to some extent was created  
2) Competitive and teamwork spirit was inculcated.

Problem Encountered:

It difficult to implement the celebration because pandemic situation Covid - 19

  
DR. S. D. THAKARE  
Coordinator IQAC



  
Dr. Shamila Kubde  
Food and Nutrition Department

  
PRINCIPAL  
Matoshree Vinayabai Deshmukh  
Mahavidyalaya, Amravati.



मातोश्री विमलाबाई देशमुख महाविद्यालय अमरावती.

सूचना

आपल्या महाविद्यालयात १ ऑगस्ट ते ७ ऑगस्ट<sup>२१</sup> हा राष्ट्रीय स्तनपान सप्ताह साजरा करण्यात येत आहे. त्या साठी विविध स्पर्धा आयोजित करण्यात येणार आहे. त्यात जास्तीत जास्त संख्येने सहभागी व्हावे. प्रथम येणाऱ्या स्पर्धकाला रु १०१२ चे पारितोषिक देण्यात येईल. आणि सर्व सहभागी विद्यार्थ्यांना प्रमाणपत्र देण्यात येईल.

खाली स्पर्धा देत आहे.

N:

१) निबंध स्पर्धा : स्तनपानाचे महत्त्व हा विषय आहे आणि १००० ते १५०० शब्दात लिहायचा आहे.

२) पोस्टर स्पर्धा: विषय स्तनपान हाच आहे. एका झॅडिंग शीट वर काढून पाठवायचे आहे.

वरील दोन्ही स्पर्धेतील स्पर्धकांनी खालील व्हाट्सअप नंबर वर फोटो काढून पाठवावे. ५ ऑगस्ट पर्यंत पाठवावे.

९९२३०८६२७२

आयोजक :

डॉ. शर्मिला कुबडे

अन्न व पोषण विभाग

मा. वि. दे. महा.

अमरावती.

DR. S. D. THAKARE  
Coordinator, I. Q. A. C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



Off. Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shivaj Nagar, Amravati-444603 (M.S.)

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Internal Quality Assurance cell (IQAC)

Department of Home Science

Food and Nutrition

Name of the Event/Program: Celebration of Breast Feeding Week 2021

Date: 2/08/21 Day: Monday Time: 12.00 to 2.00 PM.

In collaboration with: Home Economics

Name of the Guest: Competition - Poster Competition

Participant: College Student No. of Participants: 14

Objective: 1. To develop the skill of poster making 2. To extend the importance and knowledge about breast feeding.

Action Taken: Organized poster competition for the students.

Outcome: Students became aware about the poster making techniques.

Sr. No.	Name of the Participant	Signature / Mobile No.
1	Samiksha Thorat	9579130743
2	Sweetly Neware	9021835896
3	Shravani Gawande	9890916622
4	Yamuna Sutar I <sup>st</sup> prize	8600656365
5	Sandeep Doifode	9373876510
6	Payal Dhoke	8698853773
7	Sakshi Thorat	9096465785
8	Pooja Dake	7666567885
9	Sakshi Durge	9130416573
10	Ritu Durge	9503414192
11	Pooja Rane	8625005224
12	Komal Kantale	8412065875
13	Tanaya Jawarkar	7448255673

14. Pranjoti Bhosale 7999143365



Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Internal Quality Assurance cell (IQAC)

Department of Home Science

Food and Nutrition

Name of the Event/Program: - Celebration of Breast Feeding Week 2021  
Date: 3/08/2021 Day: Tuesday Time: 12.00 to 2.00 P.M.  
In collaboration with: Home Economics and other Department  
Name of the Guest: Organized Competition Essay on Importance of lactation  
Participant: College Students No. of Participants: 14  
Objective: To aware the importance of breast feeding to the new born baby  
Action Taken: Conduct Essay Competition on the subject Importance of breast feeding  
Outcome: Students know the importance of breast feeding and advantages of breast feeding

Sr. No.	Name of the Participant	Signature/Mobile No.
1	Sakshi Durge I Prije	9130416579
2	Rity Durge	9503414192
3	Pooja Rane	8625005224
4	Kamal Kantale	8412065875
5	Suhani Sanke	8010289795
6	Rohini Raut	7620848446
7	Yashada Bhagat	8010967089
8	Poonam Kalamkhede	741070386
9	Tanshi Raut	7498380693
10	Sandeep Doifode	9373870510
11	Pooja Dhoke	869885377
12	Sakshi Thorat	9096465785
13	Pooja Dake	7666967885
14	Vedika Gurjar	9637392763



*[Signature]*  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati



Dr. Sharmila  
 ...  
 ...  
 DR. S. D. MAKARE  
 Coordinator, I.G.A.C.  
 Matachree Vinayabai Deshmukh Mahavidyalaya  
 Amravati



Principal  
 Matachree Vinayabai Deshmukh Mahavidyalaya  
 Shivaji Nagar Amravati 444603 (M.S.)



मातोश्री विमलाबाई देशमुख महाविद्यालयात स्तनपान सप्ताह साजरा

मातोश्री विमलाबाई देशमुख महाविद्यालयात दिनांक 1 ऑगस्ट ते 7 ऑगस्ट 2021 हा जागतिक स्तनपान सप्ताह अन्न व पोषण विभागातर्फे साजरा करण्यात आला .या सप्ताहात विविध स्पर्धा आयोजित करण्यात आल्या होत्या . त्यात पोस्टर स्पर्धा, निबंध स्पर्धा आयोजित केली होती या दोन्ही स्पर्धेत महाविद्यालयातील विद्यार्थ्यांनी मोठ्या प्रमाणात ऑनलाईन सहभाग घेतला होता. तसेच या सप्ताहात विद्यार्थ्यांना व्हिडिओ मार्फत स्तनपानाचे महत्त्व व फायदे याबद्दलची माहिती देण्यात आली होती. दि. ७ ऑगस्ट 2021 शनिवार रोजी या सप्ताहाचा समारोप करण्यात आला . नवसारी जवळ पारधी लोकांच्या पाड्यावर जाऊन तेथील स्तनदा मातांना स्वच्छते बद्दल , आहाराबद्दल व स्तनपानाची शास्त्रीय माहिती यावर प्राध्यापक डॉ. कुबडे मॅडमनी मार्गदर्शन केले तसेच महाविद्यालयाच्या वतीने मुलांना व मातांना नाशताचे वाटप ,कपडे वाटप स्वच्छते करिता ब्रश, पेस्ट आणि साबण यांचे वाटप करण्यात आले. या कार्यक्रमाला वरिष्ठ महाविद्यालयातील सर्व महिला प्राध्यापक डॉ. एस. डी. ठाकरे ,डॉ. एस बी देशमुख ,प्रा.मोहोड मॅडम,प्रा. हरणे मॅडम, डॉ.वाटाणे मॅडम प्रा. भांबुरकर मॅडम, डॉ.चौधरी मॅडम व महाविद्यालयाच्या प्रभारी प्राचार्य डॉक्टर छाया विधले मॅडम उपस्थित होत्या .हा कार्यक्रम जिथे आयोजित करण्यात आला होता त्या ज्येष्ठ सहकारी संस्थेचे अध्यक्ष प्राध्यापक तराल सर व संस्थेचे पदाधिकारी सुद्धा मोठ्या संख्येने उपस्थित होते.हा कार्यक्रम घेण्याकरता आम्हाला त्यांनी खूप सहकार्य केले त्याबद्दल महाविद्यालयातर्फे त्या सर्वांचे आभार. महाविद्यालयात घेण्यात आलेल्या दोन स्पर्धांमध्ये साक्षी सुधीर दुर्गे (बी ए १ ) हिने निबंध स्पर्धेत प्रथम क्रमांक मिळवला तसेच पोस्टर स्पर्धेत कु. यमुना न. सुतार हिने प्रथम क्रमांक मिळविला. यांना प्रमाणपत्र व 101 रुपये रोख देण्यात आले व स्पर्धेत सहभागी सर्व विद्यार्थ्यांना इ प्रमाणपत्र देण्यात आले. हा कार्यक्रम यशस्वीपणे महाविद्यालयातील राष्ट्रीय सेवा योजनेच्या अधिकारी प्रा.डॉ.मंदा नांदुरकर,प्रा.डॉ.मंगेश देशमुख यांच्या सहकार्याने झाला.वरिष्ठ महाविद्यालयातील सर्व महिला प्राध्यापकांनी त्या साठी सहकार्य केले अशाप्रकारे महाविद्यालयात स्तनपान सप्ताह साजरा करण्यात आला.

DR. S. D. THAKARE  
COORDINATOR  
Matooshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



off.   
Matooshree Vimalabai Deshmukh Mahavidyalaya  
Shivaj Nagar Amravati 44503 (M.S.)



**Celebration of Breastfeeding Week at paradhi Tanda,  
Navsari, near Amravati on 7/08/2021**

  
**DR. S. D. THAKARE**  
 Coordinator, I.Q.A.C.  
 Jyotshree Vinayabai Dashrath Mahavidyalaya  
 Amravati



  
 ...  
 ...

  
**Malosh PATIL**  
 ...  
 Mahavidyalaya, Amravati.





Prize Distribution : Poster Competition 2021  
Topic :- Importance of Breast Feeding.

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vinayabai Geshinrao Mahavidyalaya  
Amravati



  
Offi. Principal  
Matoshree Vinayabai Geshinrao  
Mahavidyalaya, Amravati



Prize Distribution : Essay Competition 2021  
 Topic :- Importance of Breast Feeding.



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 Amravati

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 DR. S. D. THAKARE  
 Coordinator I.C.N.C.  
 Maharashtra Sahitya Akademi Mahavidyalaya  
 Amravati

*[Handwritten signature]*  
 Dr. Principal  
 Mahashree Vinayak Deshpande  
 Mahavidyalaya, Amravati



**Celebrate National Nutrition Week on dated 01-09-2021 to 07-09-2021**

**Matoshree Vimlabai DeshmuhMahavidyalaya,Amravati**

**Internal Quality Assurance Cell (IQAC)**

**Activities undertaken Academic Session 2021-2022**

**Name of the department / Committee: Food and nutrition**

**Name of the Teacher: Dr. Sharmila Kubde**

Sr.No.	Name of the Activity	Types of Activity	Day/Date	Name of the Event	No of Participants	Objectives	Outcome
1.	Celebrate National Nutrition Week	Departmental Activity	1/09/21 to 7/09/21	1.Recipe competition 2.Chittaranjan Yadav, Raipur 3.Jyoti Kambale Nagpur 4.Nutrition Queen Competition	05 Students and staff members Students and staff members 52	1. To create awareness of nutrition 2. To inculcate competitive spirit 3.To understand the self nutritional status 4. To develop skills in recipe and rangoli competition	1. Awareness to some extent was created. 2.Competitive and team spirit was inculcated 3. Students could understand their own nutritional status and discussed their nutritional problem.

*ASD*  
**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
Matoshree Vimlabai Deshmuh Mahavidyalaya  
Amravati



*SK*  
**Prof. Dr. Sharmila R. Kubde**  
Professor  
Department of Food and Nutrition  
Matoshree Vimlabai Deshmuh  
Mahavidyalaya, Amravati

*Principal*  
**Chil. Patilpatil**  
Matoshree Vimlabai Deshmuh  
Mahavidyalaya, Amravati

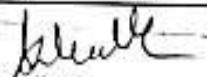
Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati

Department: Food & Nutrition 2021

Notice

All the students of Arts, Home Science and Science faculty are here by informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2021. The winners in the competition will be given certificate and cash prizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and Nutrition department. On 25/08/2021 or before 30/09/2021. The time and date of the competitions are as follows:

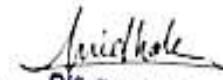
Date Day	Competition	Venue and time
1/09/2021 Wednesday	Inauguration Nutrition Queen Competition 1. & 2 round	Food & Nutrition Lab. 12.00-2.00
2/09/2021 Thursday	Recipe Competition	Online mode 12.00- 2.00
4/09/2021 Saturday	Guest lecture by dietitian Mr Chittaranjan Yadav on severe acute malnutrition child	Online mode 12.30 - 1.30 pm
6/09/2021 Monday	Nutrition Queen competition 3&4 round	Food and nutrition department 12.00-2.00pm
7/09/2021 Tuesday	Guest lecture by Jyoti Gujar on post covid -19 diet	Online mode 12.30-1.30 pm

  
Coordinator  
Dr. Sharmila Kubde

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Amravati



Principal

  
Offi. Principal  
Matoshree Principal  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Shivaji Nagar, Amravati-444607 (M.S.)



श्री विद्यार्थी विकास संघ, अमरावती द्वारा प्रचारित  
**मातोश्री विमलाबाई देशमुख महाविद्यालय**

विद्यार्थी नगर, अमरावती - ४२४ १०३ (महाराष्ट्र राज्य)  
 नेक (NAAC) ग्रेड 'ब' अंतीने पुनर्मांडित

दूरध्वनि नं. ०२-०१-०११ • पेशु नं. - ०३४ • दुरध्वनि क्र. 27071585414

☎ ०२०२-२४४३३५ (कनिष्ठा), २४४९९९ (पुस्तक)

e-mail : clg\_mahavidyalaya@rediffmail.com • website : www.mahavidyalaya.org



अध्यक्ष  
 या. श्री. लक्ष्मणराव प्र. देशमुख  
 श्री विद्यार्थी विकास संघ, अमरावती

उपअध्यक्ष  
 डॉ. सी. सी. एन. विघडे  
 एम. ए. सी. विद्या, एम. एम. सी.

सहायक अध्यक्ष  
 डॉ. परमेश्वरराव उमराने काळगावचे देवनागुर  
 एम. ए., सी. विद्या, एम. एम. सी., का-अं२२-२४

दि. २७/११/२०२१

दिनांक : ११/११/२१

प्रति,  
 श्री. विमलराजराव यादव  
 आचार्य, रायपूर  
 महोदय.

१ सप्टेंबर ते ५ सप्टेंबर २०२१ दरम्यान संपन्न होणाऱ्या राष्ट्रीय पोषण सप्ताह निमित्त  
 रात्रिहार दि. ४ सप्टेंबर २०२१ रोजी ऑनलाईन पद्धतीने आपले व्याख्यान आयोजित केले आहे.  
 आपण आमच्या आमंत्रणाचा स्वीकार करून उपकृत करावे ही विनंती.

दिनांक : ४/११/२०२१

वेळ : दु. १२.३० वाजता

स्थळ : मातोश्री विमलाबाई देशमुख महाविद्यालय, अमरावती.

संयोजिका

डॉ. शर्मिला कुबडे

प्रा. प्राची भांबुरकर



प्राचार्य

*Suichhale*  
 डॉ. सुचिहाले विपदे

मातोश्री विमलाबाई देशमुख महाविद्यालय,  
 अमरावती

*Suichhale*  
 डॉ. सुचिहाले विपदे

DR. S. D. THAKRE  
 Coordinator, I.G.A.C

Dr. S. D. Thakre  
 Amrathree Vinayabai Deshmukh Mahavidyalaya  
 Amravati

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Internal Quality Assurance cell (IQAC)

Department of Home Science

Food and Nutrition

Name of the Event/Program: Celebration National Nutrition Week 2021  
 Date: 21/09/2021 Day: Thursday Time: 12.00 - 2.00PM  
 In collaboration with: Home Economics  
 Name of the Quest: Competition: Recipe Competition (online Mode)  
 Participant: Students No. of Participants: 05  
 Objective: 1. To create skills among students.  
2. To enhance practical applications of nutritious recipe.  
 Action Taken: 1. Organised Recipe Competition for students.  
 Outcome: 1. Nutritious recipes served for boosting health.  
2. To enhance knowledge of students about nutrition.

Sr. No.	Name of the Participant	Signature / class
1	Sakshi R. Jawanjalkar 9604072409	BA - I
2	Priyanka Tembhurne 8080342196	B.Sc. I (Home Sci.)
3	Sakshi Sudhir Darge 9130416579	B.A. I
4	Vaishnavi R. Mahalle 9370498791	B.Sc. I
5	Jayashri N. Shirobhat 7276056133	B.A. I
6		
7		
8		
9		
10		
11	 DR. S. D. THAKARE Coordinator, IQAC	 Principal
12	 Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati	Matoshree Vimalabai Deshmukh Mahavidyalaya, Sharad Nagar, Amravati-431002 (M.S.)
13		





Matoshree Vimlabai Deshmukh Mahavidyalaya  
Amravati



## E-Certificate of Participation

This is to certify that

**Sakshi Jawanjalkar**



has participated in the event "Recipe Competition" on the occasion of celebration of  
National Nutrition Week held from 1st to 7th Sept'2021

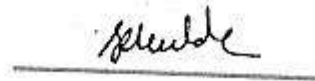
Organized by :

Department of Food and Nutrition



Dr. Chhaya Vidhale

Offi. Principal  
MVDM, Amravati



Dr. Sharmila Kubde

Coordinator  
MVL, Amravati



## CERTIFICATE

OF APPRECIATION

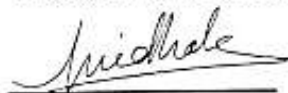
This certificate is presented to

**Mr. Chittaranjan Yadav**

for sharing his valuable knowledge as a Guest Speaker on the  
occasion of **National Nutrition Week** held on 4th Sept 2021

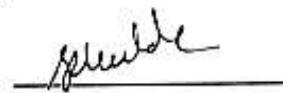
Organised by

Food and Nutrition Department , MVDM Amravati



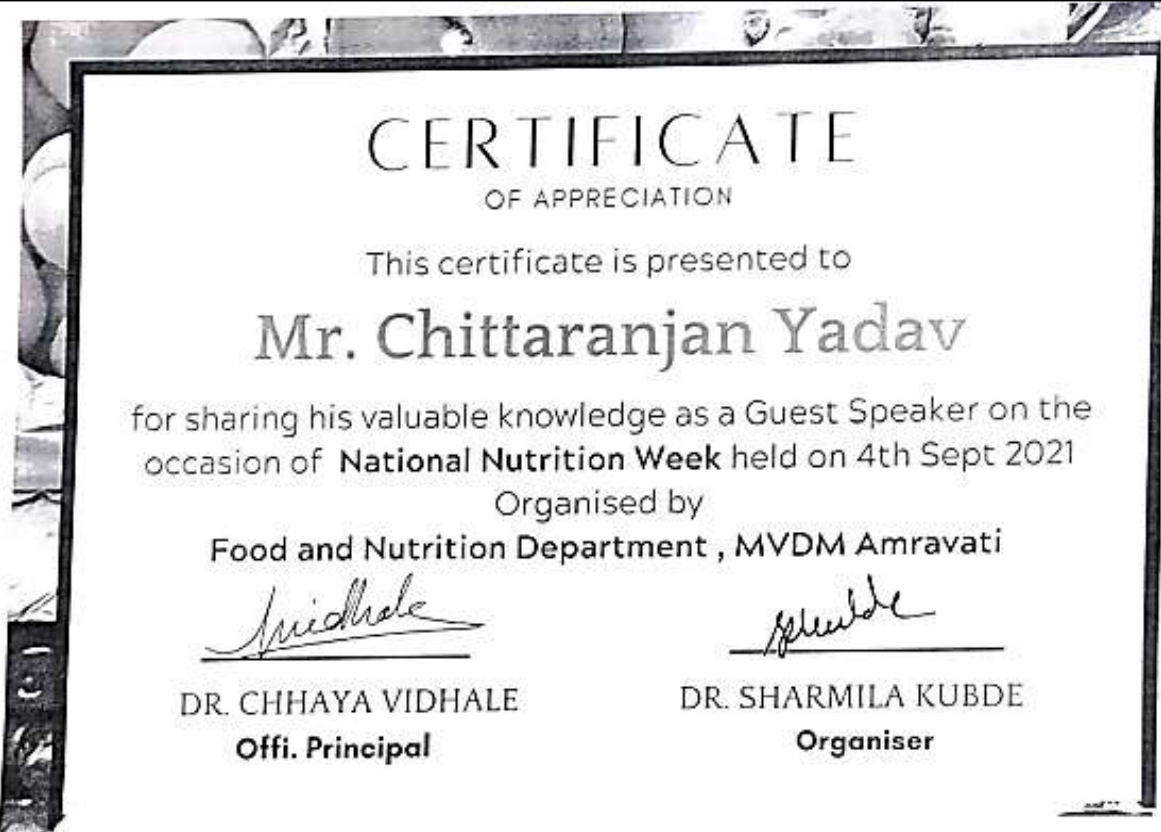
DR. CHHAYA VIDHALE

Offi. Principal



DR. SHARMILA KUBDE

Organiser





MATOSHREE VIMLABAI DESHMUKH  
MAHAVIDYALAYA, AMRAVATI



## Department of Food and Nutrition

Organizing one day webinar on

### " IDENTIFICATION OF SAM (SEVERE ACUTE MALNUTRITION) CHILD "

66

LIVE ON ZOOM

DATE : 4th Sept 2021

TIME : 2:00 PM



Resource Person  
Mr. Chittaranjan Yadav  
Dietician



Offi. Principal  
Dr. Chhaya Vidhale



Organizer  
Dr. Sharmila Kubde



**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Department - Food and Nutrition**  
**Nutrition Queen Competition 2021-2022**  
**Students List**

Sr.No	Students List	Weight	Height	B.M.I
1	Ashvini Kanhuji Gade	40	156cm	UN
2	Bhgyashri Manikrao Chavan	56	151	OW
3	Darshana Ravishrao Gangasagar	69	158	OW
4	Dhiraj Raju Gawali			
5	Dipali Kailasrao Wanve	45	152	N
6	Komal Rameshrao Ruikar	50	150	N
7	Neha Kunjilal Yadav	50	153	N
8	Nikita Prakash Somkuwar	43	161	VW
9	Nikita Wasudeo Damle	45	180	N
10	Pallavi Vijay Raut	46	153	N
11	Payal Vinodrao Sonone	49	155	N
12	Pooja Nilkanth Rane	47	148	N
13	Rajni Vinod Sharma	50	150	N
14	Rashmi Naresh Karde	38	145	VW
15	Rutuja Ashvanil Patil	46	157	VW
16	Sakshi Raju Parise	44	156	VW
17	Sanjivani Babarao Tataskar	50	155	N
18	Shubhangi Devidas Wajage	45	145	N
19	Shubhangi Gajananrao Dhotre	40	161	VW
20	Sushma Rameshrao Lakhpurkar	34	144	VW
21	Takshashila Milind Wankhade	40	150	VW
22	Tanaya Vijay Jawarkar	41	155	VW
23	Tejaswini Dnyaneshwar Sagane	65	156	OW
24	Vaishnavi Ashok Meshram	30	135	VW
25	Vaishnavi Jagdish Utane	40	147	VW
26	Vaishnavi Virendra Hiwase	33	152	VW
27	Achal Pavanrao Rode	61	150	VW
28	Amruta Shridharao Chaudhari	46	161	N
29	Aniket Surdas Ganvir			
30	Apeksha Jagdish Utane	45	153	VW
31	Asmita Subhashrao Parise	36	142	VW
32	Khushi Rameshwar Kanthale	48	149	N
33	Komal Sanjay Gulhane	43	155	VW
34	Megha Shyam Chandan	39	147	VW
35	Neha Pritam Ingale	47	155	N
36	Nikhil Dnyaneshwar Dupare	4		
37	Nikita Dhanraj Wankhade	45	148	N
38	Nikita Marotrao Kurwade	50	140	OW
39	Nisha Chandu Jondhale	58	150	OW
40	Nisha Diapk Nagapure	53	153	N



41	Pallavi Sunil Raut			
42	Pooja Harishchandrarao Tagde	36	154	U.W.
43	Pragati Rangrao Bansod	53	155	N.
44	Pratiksha Pradiprao Gawali	49	158	N.
45	Priyanka Prabhakar Tembhurne	45	158	U.W.
46	Punam Baburao Kadu	50	153	N.
47	Reshma Gulab Dudhmochan	42	155	U.W.
48	Sakshi Sunil Dhole	30	141	U.W.
49	Shalinidevi Vinodkumar Tiwari	40	147	U.W.
50	Unnati Dhanraj Khedakar	52	163	N.
51	Vaishanavi Nandkishor Gaygole	48	149	N.
52	Vaishanavi Rajesh Mahalle	36	142	U.W.
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*[Signature]*  
**IQAC Coordinator**  
 DR. S. D. THAKRE

Coordinator, IQAC  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati

*[Signature]*

**Dr. Convener**  
 Dr. S. D. Thakre  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati

*[Signature]*

Off. Principal  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
**Principal**

Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Shivajinagar Amravati 444603 (M.S.)





**Nutrition Queen 2021**

  
DR. S. G. THAKARE  
Coordinator, I.O.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



*Dr. Sharmila B. Joshi*  
Principal, Institute of Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*Shidhale*  
Offs. Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



श्री विद्यार्थी विद्यालय संस्था, अमरावती द्वारा संचालित  
**मातोश्री विमलाबाई देशमुख महाविद्यालय**

विद्यार्थी नगर, अमरावती - ४२४ ६०३ (महाराष्ट्र राज्य)  
बैंक (NAAC) द्वारा 'ब' श्रेणीने पुनर्मान्यताप्राप्त  
दूरभाष नं. ०२-०१-२६११०००० • पंचसूच नं. - ०१६ • पुराणवा नं. 27072505414  
☎ ०२११-२६६२३५५ (मार्केटिंग), २६६२१११ (ऑफिस)  
e-mail : vlg\_mvt\_mvsl@vsnl.com • website : www.mvslcollege.org



अध्यक्ष  
डा. श्री. जयशंकर प्र. देशमुख  
श्री विद्यार्थी विद्यालय संस्था, अमरावती

प्राचार्य  
डॉ. श्री. सी. एन. विधळे  
एच. एस.टी., एम. विद्यालय, विठ्ठल, श्री.

संस्थागत अध्यक्ष  
डॉ. चंदाकांत उवाहा पांडुरावराव देशमुख  
एच. एस. टी. विठ्ठल, एम. एम. टी., माता-जेकर-अर्जुन

क्र. सं. अतिथि/277/2024

दिनांक : 1/9/24

पति,  
प्रा. ज्योती कांबळे (गुजर),  
शेवादल महिला महाविद्यालय, नागपूर.

महोदय,  
१ सप्टेंबर ते ७ सप्टेंबर २०२१ दरम्यान संपन्न होणाऱ्या राष्ट्रीय पोषण सप्ताह निमित्त  
मंगळवार दि. ७ सप्टेंबर २०२१ रोजी ऑनलाईन पद्धतीने आपले व्याख्यान आयोजित केले आहे.  
आपण आमच्या आमंत्रनाचा स्वीकार करून उपवृत्त करावे ही विनंती.

दीनांक : ७.०९.२०२१  
वेळ : दु. १२.३० वाजता  
स्थळ : मातोश्री विमलाबाई देशमुख महाविद्यालय, अमरावती.

संयोजिका  
डॉ. शर्मिला कुबडे  
प्रा. प्राची भांबुरकर

प्राचार्य

*M. Vidhale*  
डॉ. सी. एन. विधळे

मातोश्री विमलाबाई देशमुख महाविद्यालय,  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Mab: अमरावती - 424603



DR S D THAKARE  
Coordinator, I.C.A.T.  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Amravati

*S. D. Thakare*  
DR. S. D. THAKARE  
Coordinator, I.C.A.T.  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Amravati



-  Sharmila Kubde
-  Dr.D.R Bambole
-  Jyoti Kamble
-  Aawini
-  Archana Harne
-  Chhaya Vidhale
-  KUMUD CHAUDHARY
-  Poonam Kadu



Dr. S. S. ...  
 ...  
 ...



# CERTIFICATE OF APPRECIATION

This certificate is presented to

**Mrs. Jyoti Kamble**

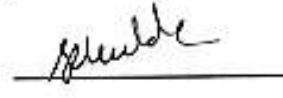
for sharing her valuable knowledge as a Guest Speaker on the occasion of **National Nutrition Week** held on 7th Sept 2021

Organised by

**Food and Nutrition Department, MVDM Amravati**



DR. CHHAYA VIDHALE  
Offi. Principal  
Department of Food and Nutrition  
MVDM Amravati



DR. SHARMILA KUBDE  
Organiser



10 Sept 2021 जगन्मिदम्

## मातोश्री विमलाबाई देशमुख महाविद्यालयात राष्ट्रीय पोषण सप्ताह उत्साहात साजरा

अमरावती/प्रतिनिधी:-मातोश्री विमलाबाई देशमुख महाविद्यालया अमरावती येथे राष्ट्रीय पोषण सप्ताह १ ते ७ सप्टेंबर २०२१ या काळात घेण अंतर्गत गृह विज्ञान व गृहअर्थशास्त्र विभागाद्वारे साजरा करण्यात आला. यावर्षी सप्टेंबर महिन्यात थीम वर आधारित पोषण महिना देशभरात साजरा करण्यात येत आहे. यात प्रत्येक आठवड्यात वेगवेगळ्या थीम देण्यात आलेले आहे.

थीम १) : १ ते ७ सप्टेंबर पोषण वाटिका म्हणजेच वृक्ष रोपण करणे थीम २) ८ ते १५ सप्टेंबर : पोषणासाठी योग आणि आयुष्य थीम ३) १६ ते २३ सप्टेंबर अंगणवाडी लाभार्थ्यांना क्षेत्रीय पोषण किट वितरण थीम ४) २४ ते ३० सप्टेंबर : अतिकुपोषित बालकांचा शोध घेऊन पोषक अन्नाचे वितरण तसेच या वर्षी Feeding smart right from start ही थीम होती.

सर्वांना पोषणाचे महत्त्व समजून देणे तसेच यासंदर्भात जागरूकता निर्माण करून लोकांना निरोगी तसेच चांगली जीवन शैली स्वीकारण्यासाठी प्रोत्साहित करणे आणि देशातील सर्व लोकांच्या सर्वांगीण विकासातील मुख्य अडथळा असणाऱ्या कुपोषणाच्या समस्येवर मात करण्यासाठी हा राष्ट्रीय पोषण सप्ताह दरवर्षी साजरा करण्यात येतो. या सप्ताहात महाविद्यालयात विविध उपक्रम राबविण्यात आले यात मा. प्राचार्य डॉ. छाया विधळे मॅडम यांनी अध्यक्ष पद स्वीकारले व पोषण सप्ताहाचे उद्घाटन केले. यासाठी महाविद्यालयातील सर्व प्राध्यापक उपस्थित होते.

या सप्ताहात पाककला स्पर्धा, प्रश्नमंजुषा विद्यार्थ्यांसाठी आयोजित करण्यात आल्या होत्या.

त्यात विद्यार्थ्यांनी ऑनलाईन पद्धतीने उत्स्फूर्त सहभाग घेतला. दिनांक ४ सप्टेंबर रोजी आहार तज्ञ श्री चित्तरजन यादव, रायपूर यांचे severe acute malnutrition child या विषयावर व्याख्यान झाले त्यात त्यांनी या विकाराची लक्षणे, काळजी, त्यांची ओळख तसेच या काळात घेण्यात येणारा आहार यावर योग्य मार्गदर्शन केले. दिनांक ७ सप्टेंबर रोजी प्राध्यापक ज्योती कांबळे यांनी कोरोना काळातील आहार यांचे व्याख्यान आयोजित करण्यात आले होते या संपूर्ण कार्यक्रमाचे आयोजन प्राध्यापक डॉ. शर्मिला कुबडे व प्राध्यापक प्राची मांबुरकर यांनी केले. या कार्यक्रमाच्या यशस्वितेसाठी महाविद्यालयातील सर्व प्राध्यापक, शिक्षकेतर कर्मचारी यांचे सहकार्य लाभले.

### जाहीरनामा/सायटेशन

अमरावती येथील १ ते ७ सप्टेंबर पोषण सप्ताह (ऑनलाइन) वी. ड.एम. अमरावती येथे आयोजित करण्यात आलेल्या होत्या.  
सप्टेंबर १ ते ७, २०२१  
Smt. Shobha Vijay Sonwane+6 ... सल्ले ... भव ... निल ... सल्ले

- व्यक्ति : डॉ. शर्मिला कुबडे
- उत्तर : 1. Smt. Shobha Vijay Sonwane, Age 57 y. Occu: Household  
2. Amit Vijayrao Sonwane, Age 36 y. Occu: Service  
3. Anita Anilrao Sonone, age 46y. Occu: Household  
4. Shubham Anilrao Sonone, age 25, Occu: Pvt. Job,  
1 to 4 Satyadev Furniture, Line Gadge Nagar, Amravati  
5. Satish N. Deorao Sonone Age 57y. Occu: Service  
6. Smt. Maruti Satish Sonone Age 49 Y. Occu: Household



DR. S. D. THAKARE  
Country - Str. P. O. A. C.  
Matoshree Vimalabai Deshmukhi Mahavidyalaya  
Amravati


DR. CHHAYA VIDHALE  
Offi. Principal  
Department of Food and Nutrition  
MVDM Amravati




## Blank Paper Bank – 06.05.2022


Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Internal Quality Assurance Cell (IQAC)  
Academic Session (2021-2022)  
Faculty Of Humanities/Home Science/Science  
Department/Extension Activity Detail  
Name of Department/Subject: - Chemistry

Sr.No.	Name of Activity	Day/Date	Resource Person/Guest	No. of Participants	Objective	Outcome
1.	Blank Paper Bank	6 <sup>th</sup> May 2022 Friday		46	Reduce, Reuse and Recycle, the three R of environments conservation of natural resources and environment	The concept behind this bank is to save the blank papers. Papers from the used practical record books are collected in a box and from the notebooks have been made. This activity is to develop awareness among the students.

  
R. A. Thakare.  
Name/Signature of the Incharge/ Head of Dept.



  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

  
Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Shivaji Nagar, Amravati 444803 (M.S.)

Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati  
"BLANK PAPER BANK" activity under Science Club  
2021-2022

Department of Chemistry

Title of the Activity : Blank Paper Bank Project.

Aim : 'To Save the Paper, to Save the Environment'

Objectives : Reduce, Reuse and Recycle, The three R of environments conservation of natural resources and environment.

Blank Paper Bank : 'To Save the Paper, to Save the Environment' with this motto Department of Chemistry's under Science Club developed a new Best practice of Blank Paper Bank and it was made open to all on 6<sup>th</sup> May 2022 The concept behind this bank is to save the blank paper. Papers from the used practical record books are collected in a box and from that note books have been made. The activity based on the Reduce, Reuse and Recycle, The three R of environments conservation of natural resources and environment. 46 students were participated in this activity.

Science Club not only stop this activity by preparing these note books but to developed a social awareness among the students these books made from blank papers.



Blank Paper Bank Activity by Students of Dept of Chemistry

Dated 06/05/2022

❖ Number of Students participated : 46

Asst. Prof. R. A. Thakare  
Asst. Prof. R. G. Pawar  
Asst. Prof. M. D. Farkade  
Department of Chemistry  
MVDM, Amt.

*Thakare*  
*Pawar*  
*Farkade*

*D.R. Bambole*  
C D/R. D.R. Bambole)  
CANVIA 11/11/22

*M. V. Deshmukh*  
PRINCIPAL  
M. V. Deshmukh Mahavidyalaya,  
Mahavidyalaya, Amravati.



Matoshree Vimlabai Deshmukh Mahavidyalay Amravati

Blank Paper Bank

06/05/2022

Attendance Sheet

Sr.No.	Name	Class.	Sign.
1)	Shravani R. Deshmukh	BSC 1st year	<del>Deshmukh</del>
2)	chanchal H. shahale	Bsc 1st year	<del>Shahale</del>
3)	Suresh m. K. K. K.	BSC 2nd year	<del>Suresh</del>
4)	Iskmal anen wadghavane	BSC 2nd year	<del>Iskmal</del>
5)	vishal P. Padee	BSC 1st year	<del>Vadee</del>
6)	Gopran Y. Pote	BSC 1st year	<del>Pote</del>
7)	Akash K. dukote	BSC 1st year	<del>Dukote</del>
8)	Saurav G. makhur	BSC 1st year	<del>Makhur</del>
9)	Rohit V. Rathod	BSC 1st year	<del>Rathod</del>
10)	Avinash Ramdas zambase	BSC 1st year	<del>Zambase</del>
11)	Aachal vijay Mishra.	B.sc. III yr.	<del>Mishra</del>
12)	Megha vijay patil.	B.sc. III yr.	<del>Patil</del>
13)	Ram Kashinath Ingole	B.S.C III yr.	<del>Ingole</del>
14)	Abhishek Kashinath Salanke	B.S.C III year	<del>Salanke</del>
15)	Om v. Pansé	B.S.C II year	<del>Pansé</del>
16)	Sushant Kothé	B.S.C II year	<del>Kothé</del>
17)	Harshad babade	B.S.C II year	<del>Babade</del>
18)	Rohit Sindhimeshram	B.S.C II year	<del>Sindhimeshram</del>
19)	Tejas S. Chavhan	B.S.C II year	<del>Chavhan</del>
20)	Bholaaram V. Kasdekar	B.S.C II year	<del>Kasdekar</del>
21)	Pratik B. chinché	B.S.C II year	<del>Chinché</del>
22)	Narandra K. Chavhan	B.S.C II year	<del>N.A.C</del>
23)	Harshad S. Lotte	B.S.C II year	<del>H.S. Lotte</del>
24)	Pravraj S. Bhugate	B.S.C II year	<del>Bhugate</del>

~~R.A. Thakare~~  
R.A. Thakare.  
Chemistry



Matoshree Vimalabai Deshmukh Mahavidyalay Amravati

Blank Paper Bank

06/05/2022

Attendance Sheet

Sr.No.	Name	Sign.
25	Shyam R. Chaudhari BSc II year	Shyam R. Chaudhari
26	Samiksha S. Thakare BSc II year	Samiksha S. Thakare
27	Dipika G. Talade BSc II year	Dipika G. Talade
28	Anjali S. Khedkar BSc II year	Anjali S. Khedkar
29	Snehal V. Sapkal BSc II <sup>nd</sup> year	Snehal V. Sapkal
30	Radha A. Sapkal BSc II <sup>nd</sup> year	Radha A. Sapkal
31	Ku. Komal D. Av BSc II <sup>nd</sup> year	Komal D. Av
32	Roshani R. Sawale BSc II <sup>nd</sup> year	Roshani R. Sawale
33	Prityanka S. Akhate BSc II <sup>nd</sup> year	Prityanka S. Akhate
34	Gauri V. Bhople BSc II <sup>nd</sup> year	Gauri V. Bhople
35	Vikita P. Sawale BSc II <sup>nd</sup> year	Vikita P. Sawale
36	Isha S. Thakare BSc II <sup>nd</sup> year	Isha S. Thakare
37	Bhagyashree M. Maske BSc II <sup>nd</sup> year	Bhagyashree M. Maske
38	Ashwini Tarsing Kasdekar BSc II <sup>nd</sup> year	Ashwini Tarsing Kasdekar
39	Pratiksha N. Kadam BSc II <sup>nd</sup> year	P.N. Kadam
40	Sahasini P. Dabhade BSc II <sup>nd</sup> year	S.P. Dabhade



Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shivaji Nagar, Amravati 444603 (M.S.)

DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*R.A. Thakare*  
R.A. Thakare  
Chemistry



**Quiz competition on Environmental Conservation - 11.05.2022**

Environmental Conservation  
7:2 (- 10:00)

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
Internal Quality Assurance Cell (IQAC)  
Academic Session (2021-2022)  
Faculty Of Humanities/Home Science/Science  
Department/Extension Activity Detail  
Name of Department/Subject: - Chemistry

Sr.No.	Name of Activity	Day/Date	Resource Person/Guest	No. of Participants	Objective	Outcome
1.	Quiz Competition " Environmental Conservation"	11 <sup>th</sup> May 2022 Wednesday		70	The Quiz enhanced the inquisitiveness of the students thereby building confidence, mental progress, and learning at the same time	This Activity helped the students in identifying their capabilities and motivated them to learn and expand their knowledge.

*R.A.*  
R. A. Thakare.

Name/Signature of the Incharge/ Head of Dept.



*Dr. S. D. Thakare*  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*Dr. S. D. Thakare*  
Principal  
Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Shivaji Nagar, Amravati 444603 (M.S.)

Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Amravati  
REPORT OF QUIZ-COMPETITION  
Science Club  
2021-2022  
Department of Chemistry

Topic: Quiz competition

Date: On 11<sup>th</sup> May 2022 at 11:00 a.m

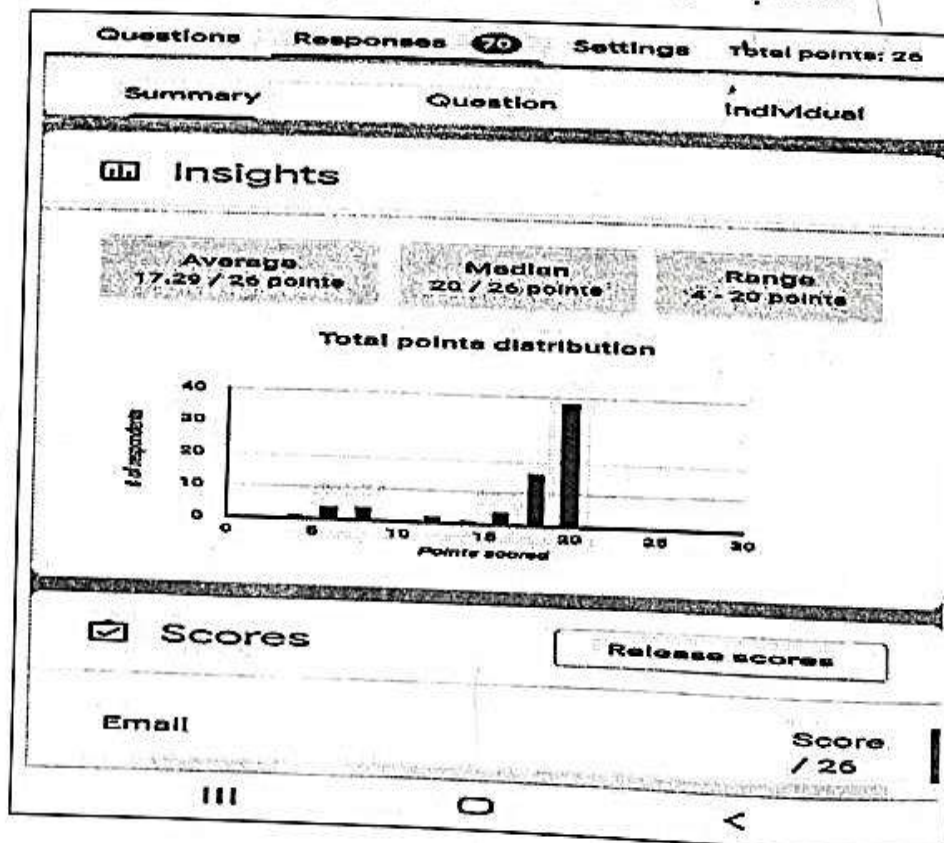
Google Form:

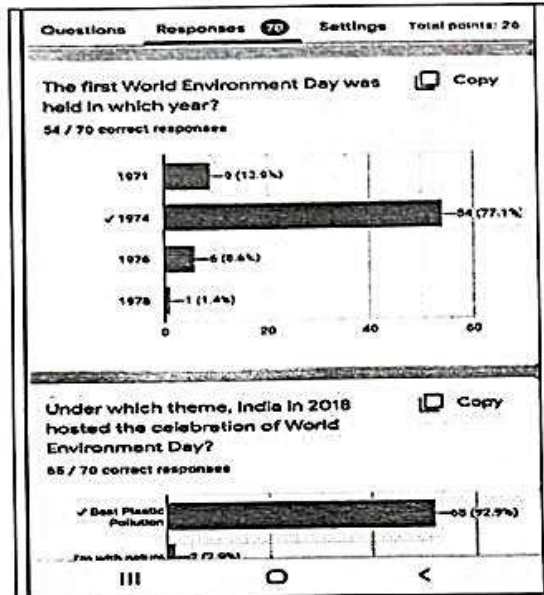
[https://docs.google.com/forms/d/e/1FAIpQLSfQcj76d9baSxVWBKVU8MWEZrIMDsn\\_oDFIVRT7lwOSUj6g/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfQcj76d9baSxVWBKVU8MWEZrIMDsn_oDFIVRT7lwOSUj6g/viewform?usp=sf_link)

❖ Number of Student Participated : 70

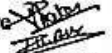
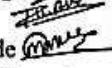

Department of Chemistry, Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati organized an online "Environmental Conservation" based Quiz Competition for B.Sc. (Science) Student on 11<sup>th</sup> May 2022. Seventy students participated in this quiz. Quiz was conducted online on Google Form. The question was base on Environmental world Day.

Students participated with a lot of enthusiasm showcasing their potential.






The event helped the students in identifying their capabilities and motivated them to learn and expand their knowledge. The quiz enhanced the inquisitiveness of the students thereby building confidence, mental progress, and learning at the same time.

Asst. Prof. R. A. Thakare   
 Asst. Prof. R. G. Pawar   
 Asst. Prof. M. D. Farkade   
 Department of Chemistry

MVDM  
Amravati



Co-ordinator  
Science Club  
MVDM  
Amravati

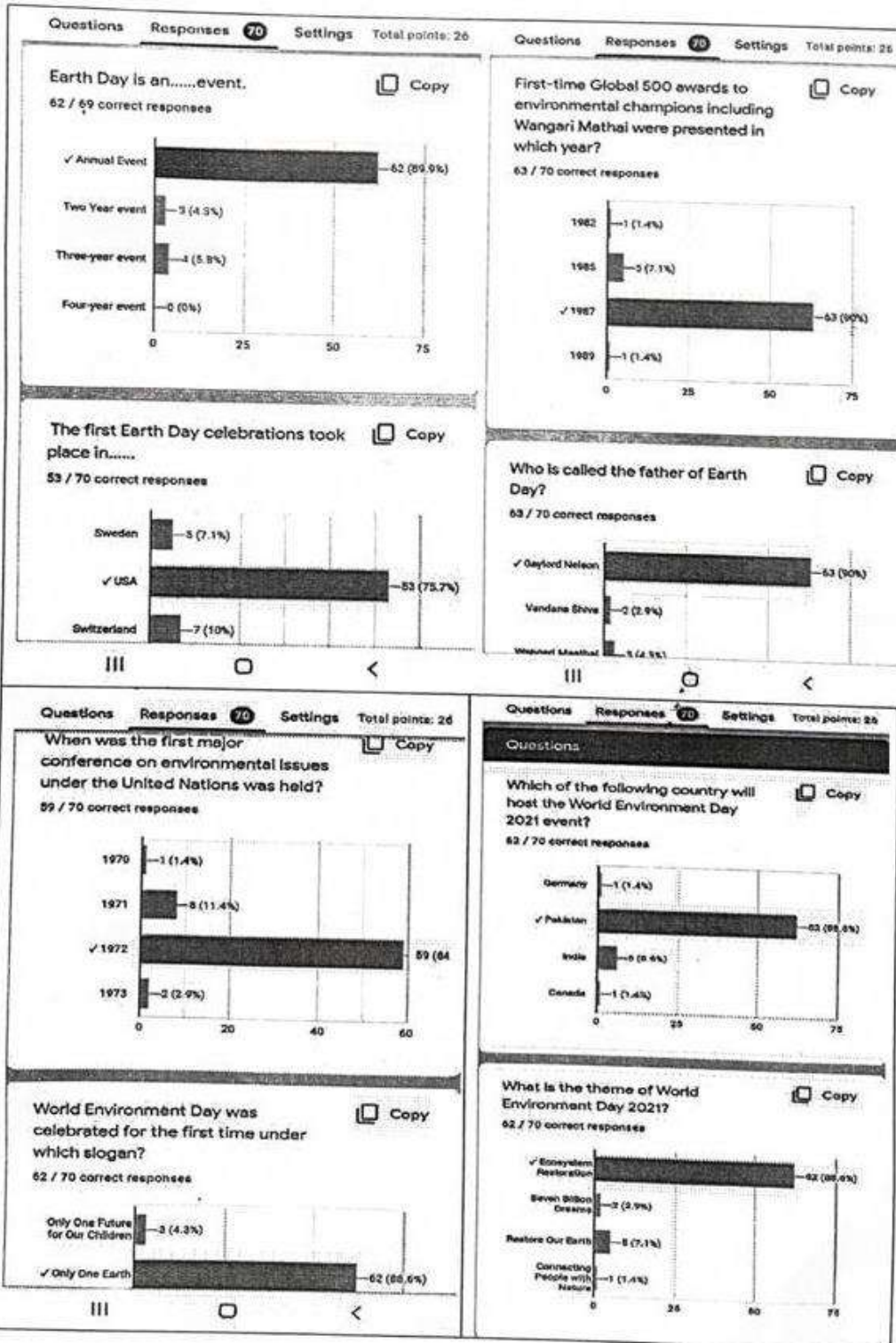
  
**FRINCHAL**  
 Matoshree Vimalabai Deshpande  
 Mahavidyalaya, MVDM, Amravati.  
 Amravati



convenes



Questions Remarks of Students:





Questions Responses **70** Settings Total points: 26

Scores

Release scores

wankhadeom4@gmail.com	16
sejaldukare@gmail.com	20
vishaljamnekar31899@gmail.com	20
alakeshkdhurve001@gmail.com	6
hrittikuike834@gmail.com	18
rathodpunam409@gmail.com	20
maheshmahatme768@gmail.com	18
vedantwankhade2001@gmail.com	20
mayurtrathod000@gmail.com	8

Name  
70 responses

Questions Responses **70** Settings Total points: 26

Name  
70 responses

D
Ku.Semiksha Avinash Vinchurker
Vedant wankhade
Poonam dipak khandekar
Vishal Gopalakrushna Jamnekar
Bhuvaneshwari Nagle
Jayant warudkar
Abhishek.R.Patil
Bhagyashree meske

## Cultural Activity Academic Year 2021-2022



**आंतरराष्ट्रीय विचारसंखला**  
**जागर नवविचारांचा**

दिनांक: १२ ऑक्टोबरी ते १४ ऑक्टोबरी २०२२

विषय: **जिज्ञासू समजूव घेताना...**

सं. **स्मिता देशमुख**  
आचार्य, अहोबिल विद्यापीठ, विरगुवा  
अभूषण, अहोबिल

डॉ. मंजुषा जोशी

डॉ. मंजुषा जोशी

डॉ. मंजुषा जोशी

डॉ. मंजुषा जोशी

डॉ. मंजुषा जोशी

डॉ. मंजुषा जोशी

डॉ. मंजुषा जोशी

डॉ. मंजुषा जोशी

डॉ. मंजुषा जोशी

Close      Participants (25)

- manda nand... (Co-host, me) 🔴 🎥 🎤 >
- Pravin Khandve (Host) 🔴 🎥 🎤 >
- Sadhana Mohod (Co-host) 🔴 🎥 🎤 >
- S

Smita Deshmukh (Co-host) 🔴 🎥 🎤 >
- A

Anita Joshi 🔴 🎤 >





Amravati, Maharashtra, India

WQR9+W45, Rampuri Camp, Amravati, Maha

Lat 20.942408°

Long 77.767842°

27/12/21 10:31 AM



Amravati, Maharashtra, India

WQR9+W45, Rampuri Camp, Amravati, Maha

Lat 20.942384°

Long 77.767836°

27/12/21 10:30 AM



Amravati, Maharashtra, India

WQR9+W45, Rampuri Camp, Amravati, Maharashtra 444

Lat 20.942421°

Long 77.767844°

27/12/21 10:40 AM

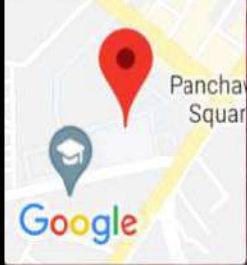




Amravati, Maharashtra, India  
WQR9+W45, Rampuri Camp, Amravati, Mahara  
India  
Lat 20.942382°  
Long 77.767901°  
10/04/22 08:44 AM



Amravati, Maharashtra, India  
WQR9+W45, Rampuri Camp, Amravati, Maharashtra  
India  
Lat 20.942382°  
Long 77.767901°  
10/04/22 08:46 AM



Amravati, Maharashtra, India  
WQR9+W45, Rampuri Camp, Amravati, Mahara  
India  
Lat 20.942382°  
Long 77.767901°  
10/04/22 08:45 AM



Amravati, Maharashtra, India  
WQR9+W45, Rampuri Camp, Amravati, Mahara  
India  
Lat 20.942382°  
Long 77.767901°  
10/04/22 08:49 AM





- MK Mr. Komal Waghmare
- NK Nikita Kurwade
- PG Pratiksha Gawali
- PG Priyanka Gulhare
- RK Rushi khawale
- RJ Rutika Jambhe
- SM Sakshi mohod
- S Sanket
- S Shalini Watane
- VR Vichal Rathod





**Amravati, Maharashtra, India**  
WQR9+W45, Rampuri Camp, Amravati, Maharashtra 444601,  
India  
Lat 20.942699°  
Long 77.767228°  
10/04/22 09:06 AM





## Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

### Programmes conducted by Cultural Committee ,2021-22

List of programmes conducted in the academic session 2021-22: -

Sr No.	Programme	Date	Guest/ Resource Person	Internal Coordinator	No. of students present
1	Rajarshi Shahu Maharaj Birth Anniversary	20/06/21 Saturday	Off. Principal Dr. C. N. Vidhale	Smt. Sadhana Mohod	-
2	Lokmanya Tilak Death Anniversary, Annabhau Sathe Birth Anniversary	01/08/21 Sunday	Off. Principal Dr. C. N. Vidhale	Smt. Sadhana Mohod	-
3	Teacher's Day	05/09/21 Sunday	Off. Principal Dr. C. N. Vidhale	Mr. Aaditya Gawande	20
4	Matoshree Vimalabai Deshmukh Death Anniversary	09/09/21 Thursday	Off. Principal Dr. C. N. Vidhale	Dr. Manda Nandurkar	15
6	Mahatma Gandhi & Lal Bahadur Shastri Birth Anniversary	02/10/21 Saturday	Dr. Manda Nandurkar	Dr. Manda Nandurkar	25
7	Dr. A.P.J. Abdul Kalam Birth Anniversary & Book exhibition	15/10/21 Friday	Principal, Dr. Smita Deshmukh	Smt. Sadhana Mohod	25
8	Matoshree Vimalabai Deshmukh Birth Anniversary & Publication of e-poster on "Shodh Kartutwacha"	24/10/21 Sunday	Shri .Nareshchandraji Thakre, V.P. S.S.E.S. Principal, Dr. Smita Deshmukh	Smt. Sadhana Mohod	40
9	Constitution Day – Reading of "Uddeshpatrika"	26/11/21 Friday	Principal, Dr. Smita Deshmukh	Dr. S. B. Deshmukh, Smt. Sadhana Mohod	30
10	Mahatma Jyotiba Phule Death Anniversary	28/11/21 Sunday	. Principal, Dr. Smita Deshmukh	Mr. Aaditya Gawande	25
11	Dr. Babasaheb Ambedkar Mahaparinirvan Divas	06/12/21 Monday	Dr. Satish Taral, Principal, Dr. Smita Deshmukh	Ms. Prachi Bhamburkar	46
12	Sant Jagnade Maharaj Brth anniversary	08/12/21 Wednesday	Principal, Dr. Smita Deshmukh	Mr. Takey	30
13	Sant Gadge Maharaj Death Anniversary	20/12/21 Monday	Principal, Dr. Smita Deshmukh	Ms. Geeta Nirvan	37
14	Dr. Bhausahab Deshmukh Birth Anniversary	27/12/21 Monday	Principal, Dr. Smita Deshmukh	Mrs. Mamta Mhaski	41
15	Savitribai Phule Birth Anniversary	03/01/22 Monday	Principal, Dr. Smita Deshmukh	Ms. Vandana Timane	28



16	Rashtramata Jijau Birth Anniversary & Swami Vivekanand Birth Anniversary	12/01/22 Wednesday	Online lecture on "Jijau Samajun Ghetana" by- Principal, Dr. Smita Deshmukh	Mr. Aaditya Gawande	33
17	Mahtma Gandhi Death Anniversary	30/01/22 Monday	Principal, Dr. Smita Deshmukh	Mr. V. R. Thakare	24
18	Yashavantrao Chavan Jayanti	12/03/2022 Saturday	Principal, Dr. Smita Deshmukh	Prof. S.S. Mohod	29
19	Shri. Raosaheb Ingole Jayanti	23/03/2022 Wednesday	Shri V.R.Thakare, Principal, Dr. Smita Deshmukh	Prof. S.S. Mohod	28
20	Inter Collegiate Regional Costume Competition (Online videos)	23/03/2022 Wednesday	Principal, Dr. Smita Deshmukh	Prof. S.S. Mohod, Dr. Manda Nandurkar, Miss Prachi Bhamburkar	-
21	Dr. Bhausaheb Deshmukh Death Anniversary	10/04/22 Sunday	Principal, Dr. Smita Deshmukh	Mr. S. R. Mahore	28
22	Essay Competition	12/04/22 Tuesday	-	Prof. S.S. Mohod, Dr. Manda Nandurkar	13
23	Dr. Ambedkar Birth Anniversary	14/04/22 Sunday	Principal, Dr. Smita Deshmukh	Dr. Manda Nandurkar	30
24	Principal- Teacher – Students- "Samwad Satra"	25 & 26 April 2022	Principal, Dr. Smita Deshmukh	Smt. Sadhana Mohod	175
25	Prize Distribution to Meritorius Students & Essay competition	27/04/2022	Principal, Dr. Smita Deshmukh	Mrs. Mamta Mhaski, Shri. A. U. Takey	50
26	Singing competition (Solo & Group)	28/04/2022	Principal, Dr. Smita Deshmukh	Mrs. Mamta Mhaski,	60
27	Elocution competition, Handwriting & spontaneous poetry competition	29/04/2022	Principal, Dr. Smita Deshmukh	Ms. Geeta Nirvan, Ms. Vandana Timane, Ms. Prachi Bhamburkar	55
28	English conversation comp. Prize Distribution	30/04/2022	Principal, Dr. Smita Deshmukh	Ms. Geeta Nirvan, Mr. Aaditya Gawande	45

  
Convener, Cultural Committee



  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Maloshree Vimalabai Deshmukh Mahavidyalaya, Amravati.


  
PRINCIPAL  
Maloshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

## Matoshree Vimalabai Deshmukh Mahavidyalay, Amravati

Internal Quality Assurance Cell (IQAC)  
Activity undertaken (Academic Session 2021-2022)  
Department of Physical Education  
Name of the Teacher -V.R.Thakare


Sr.No	Name of Activity	Type of the Activity	Day/Date	Resource Person / Guest	Participates / Numbers	Objective	Outcomes
1	Sports Day	Organized sports day on the occasion of Major Dhyanchand Birth anniversary	29-08-2021	Dr.AvinashAsnare Director of Physical Education, S.G.B.A.U Amravati	40	1) Popularizing sports among the youth 2) Giving boost to Athletics	1) Students known about the Major Dhyanchand 2) Mental and Physical Toughness built among the students.

Name / Signature of the in charge / Head of Department

  
**Vilas R. Thakare**  
Director of Physical Edu,  
M.V.D.M., Amravati,



Principal

  
**PRINCIPAL**  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

## Fit India





स्वतंत्र आवृत्त्या

सांपादक - अनिल अग्रवाल

# मातृभूमि

संस्थापक : स्व. वृजलालजी वियाणी

अमराव

● सोमवार, दि. ३० ऑगस्ट २०२१ ● किंमत -४.०० रु. ● पाने १२

आयुष्यकाळात अस्वास्थ्य, दुःख, कष्टांचा त्रास होऊ शकतो. महाराष्ट्र नाविन्याचे सेवेच्या पत्रा कार्यक्रमात प्रमुख पाहुणे म्हणून विद्यार्थ्यांच्या शिक्षका यांनी वर्तमान होते.

## मातोश्री विमलाबाई देशमुख महाविद्यालयात फिट इंडियाचे भव्य आयोजन

मान्यवरांचे विद्यार्थ्यांना मोलाचे मार्गदर्शन

प्रतिदिनी / २९ ऑगस्ट  
अमरावती : श्री लिवाजी शिक्षण संस्था अमरावती द्वारा संचालित मातोश्री विमलाबाई देशमुख महाविद्यालयामध्ये शारीरिक शिक्षण विभाग राष्ट्रीय सेवा योजना विभाग व यशवंतराव चव्हाण महाशब्द मुक्त विद्यापीठ क्लब मुद्र मॉर्निंग क्लब यांच्या संयुक्त विद्यमाने फिट इंडिया अंतर्गत अनेक उपक्रमांचे आयोजन करण्यात आले.  
सर्वप्रथम ज्येष्ठ दिवसाच्या निमित्ताने मैत्रा व्यानर्षद यांच्या प्रतिमेल तसेच डॉ. पंढारराव इरावत भाऊसाहेब देशमुख व मातोश्री विमलाबाई देशमुख यांच्या प्रतिमेल हा उपक्रम करण्यात



आले. याप्रसंगी डॉ. छया विधळे, प्राचार्य मातोश्री विमलाबाई देशमुख, महाविद्यालय, डॉ. अविनाश अमरावती मंत्र यादवसावा अमरावती विद्यापीठ अमरावती, शारीरिक शिक्षण संचालक प्र. विनायक ठाकरे संचालक शारीरिक शिक्षण, मातोश्री विमलाबाई देशमुख शार्विद्यालय, डॉ. प्रमोद देशमुख राष्ट्रीय सेवा योजने कार्यक्रमाचे अधिकारी, डॉ. मंदा नांदुरका राष्ट्रीय सेवा योजने कार्यक्रमाचे

अधिकारी जिल्हा समन्वयक इष्टीय सेवा योजने मुद्र मॉर्निंग क्लब चे सर्व समानादीय सदस्य उपस्थित होते. शालिकराय मस्कार, मोनाराय राजेंद्र करीयल होते. कार्यक्रमाचे प्रस्ताविक प्र.

विनायक ठाकरे यांनी केले. प्राचार्य डॉ. छया विधळे यांनी सर्व खेळाडूंचे अभिनंदन करून त्यांस शुभेच्छा व्यक्त केल्या. ज्येष्ठ दिवस विशेष म्हणून खेळाडू हा कसाहाचा प्रेरक असतो,



नवनिर्निरीतच ध्याम असतो असे विचार डॉ. अविनाश अमरावती यांनी व्यक्त केले. यावेळी डॉ. अविनाश अमरावती व प्राचार्य डॉ. छया विधळे यांनी हिरवी जेटी दाखवून खेळाडूंनी भावाचारात सुरवात केली. मातोश्री विमलाबाई देशमुख महाविद्यालयातील प्रशासन व सुसज्ज अशा विनायक प्रतिमेली पुरुष व योग्यते पाहणी करण्यात आली. यावेळी डॉ. अविनाश अमरावती यांनी महाविद्यालयात खेळत व मुद्र मॉर्निंग क्लब


संदर्भित प्रतसनीय उदार काढणे फिट इंडिया या कार्यक्रमाचे आयोजन राष्ट्रीय सेवा योजने विभाग, यशवंतराव चव्हाण मुक्त विद्यापीठ व शारीरिक शिक्षण विभाग तसेच मुद्र मॉर्निंग क्लब यांच्या संयुक्त विद्यमाने करण्यात आले होते. कार्यक्रमाचे आभार डॉ. मंदा नांदुरका राष्ट्रीय सेवा योजने कार्यक्रमाचे अधिकारी, जिल्हा समन्वयक अमरावती यांनी फक्त केले. खेळाडू अधिक संख्येने या उपक्रमात सहभागी झाले होते.



## Matoshree Vimalabai Deshmukh Mahavidyalay, Amravati

Internal Quality Assurance Cell (IQAC)  
Activity undertaken (Academic Session 2021-2022)  
Department of Physical Education  
Name of the Teacher -V.R.Thakare

Sr.No	Name of Activity	Type of the Activity	Day/Date	Resource Person / Guest	Participates / Numbers	Objective	Outcomes
3	Intercollegiate tournament	Organized intercollegiate tournament Kho-Kho women tournament	30-12-2021 to 3-01-2022	---	15 team participated in tournament	1) To send the all the players of opponent's team out of the ground by chasing and tapping them out. To win the play	1) Helps in social and mental development of students. 2) Kho-Kho keep students well strong motivated enthusiastic and young

  
Name / Signature of the in charge / Head of Department  
Vilas R. Thakare  
Director of Physical Edu.  
M.V.D.M., Amravati.

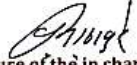


  
Principal  
PRINCIPAL  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

**Matoshree Vimalabai Deshmukh Mahavidyalay, Amravati**

Internal Quality Assurance Cell (IQAC)  
Activity undertaken (Academic Session 2021-2022)  
Department of Physical Education  
Name of the Teacher -V.R.Thakare

Sr.No	Name of Activity	Type of the Activity	Day/Date	Resource Person / Guest	Participates / Numbers	Objective	Outcomes
2	Webinar	Organized the webinar on "Physical fitness: Need for life"	12/10/2021	Dr.RajeshChandrawanshi. L.R.T College Akola	40	1) To find the way of exercise fitness and health. 2) To aware about physical Activity	1) Improve the brain health. 2) Understand the benefit OF Physical fitness

  
Name / Signature of the in charge / Head of Department  
**Vilas R. Thakare**  
Director of Physical Edu.  
M.V.D.M., Amravati



  
Principal  
PRINCIPAL  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

## Webinar on “Physical Fitness: Need for Life “

MATOSHREE VIMALABAI DESHMUKH MAHAVIDYALAYA , AMRAVATI

Under INTERNAL QUALITY ASSURANCE CELL

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

ORGANIZED “ONE DAY WEBINAR ON “ PHYSICAL FITNESS : NEED FOR LIFE ON  
12/10/2021”

Prof. Vilas Thakare, Director of Physical Education , Department of Physical Education and sports , Matoshree Vimalabai Deshmukh Mahavidyalaya , Amravati, under internal quality assurance cell organized “One day webinar on”. He guided about the need of Physical Fitness in life of human being.

**Physical Fitness : Need for life on 12/10/2021”**

**Resource person: – Prof. Dr. Rajesh D. Chandrawanshi**

**Director of Physical Education and Sports (Professor grade)**



ONE DAY WEBINAR ON PHYSICAL FITNESS : NEED FOR LIFE ON 12/10/2021 ORGANIZED BY  
DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS IN MATOSHREE VIMALABAI DESHMUKH  
MAHAVIDYALAYA, AMARAVATI.

**RESOURCE PERSON – Prof. Dr. Rajesh D. Chandrawanshi**

**Director of Physical Education and Sports (Professor Grade)**

**CONVENOR – Prof. Shri. Vilas R. Thakare**

**Director of Physical Education and Sports**



ONE DAY WEBINAR ON PHYSICAL FITNESS : NEED FOR LIFE ON 12/10/2021 ORGANIZED BY DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS IN MATOSHREE VAMALABAI DESHMUKH MAHAVIDYALAYA, AMARAVATI.

- RESOURCE PERSON – Prof. Dr. Rajesh D. Chandrawanshi  
Director of Physical Education and Sports (Professor Grade)
- CONVENDOR – Prof. Shri. Vilas R. Thakare, Director of Physical Education and Sports
- Number of participants : 29

  
Director of Physical Education

(Prof. V. R. Thakare)  
**Vilas R. Thakare**  
Director of Physical Edu,  
M.V.D.M., Amravati.

  
Coordinator

(Dr. S. D. Thakare)  
**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
Amravati  
Amravati

  
Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.



## NUMBER OF PARTICIPANTS IN WEBINAR



**ONE DAY WEBINAR ON PHYSICAL FITNESS : NEED FOR LIFE ON 12/10/2021  
ORGANIZED BY DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS IN  
MATOSHREE VAMALABAI DESHMUKH MAHAVIDYALAYA, AMARAVATI.**

**RESOURCE PERSON – Prof. Dr. Rajesh D. Chandrawanshi**

**Director of Physical Education and Sports (Professor Grade)**

**CONVENOR – Prof. Shri. Vilas R. Thakare**

**Director of Physical Education and Sports**



**ONE DAY WEBINAR ON PHYSICAL FITNESS : NEED FOR LIFE ON 12/10/2021 ORGANIZED BY DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS IN MATOSHREE VAMALABAI DESHMUKH MAHAVIDYALAYA, AMARAVATI.**

**RESOURCE PERSON – Prof. Dr. Rajesh D. Chandruwanshi**

**Director of Physical Education and Sports (Professor Grade)**

**CONVENOR – Prof. Shri. Vilas R. Thakare**

**Director of Physical Education and Sports**

  
Director of Physical Education

(Prof. V. R. Thakare)  
**Vilas R. Thakare**  
Director of Physical Edu.  
M.V.D.M., Amravati.

  
Coordinator

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**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.  
**Matoshree Vimalabai Deshmukh Mahavidyalaya**  
Amravati

  
**PRINCIPAL**  
**Matoshree Vimalabai Deshmukh**  
Mahavidyalaya, Amravati.