

7.1.11 Institution celebrates / organizes national and international commemorative days, events and festivals.

### Celebration of World Health Day on 07-04-2022

#### Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati

##### Notice

It is informed to all the staff of our college that the department of food and nutrition is organising a program of World health Day at Lal Kheda village on 7th April 2022. All the staff members attend this program.

Time : 9.00 AM to 2.00 pm.

Venue: Lalkhed village near Amravati.

  
Prof. Dr. Sharmila R. Kubde  
Programme Incharge  
Department of Food and Nutrition  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati.

  
PRINCIPAL  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.



**Matoshree Vimlabai Deshmukh Mahavidyalaya Amravati**

**Internal Quality Assurance Cell (IQAC )**

**Department of Food and Nutrition**

**Title of practice : Celebration of World Health Day**

**Extension Activity : Academic year( 2021 to 2022)**

### **REPORT**

Department food and nutrition organised departmental extension activity of Lal Kheda village near Amravati.

The extension activity was organised under valuable guidance of our respected principal Dr Smita Deshmukh

#### **Objective of the activity**

- To raise awareness about health and well being of the people
- To aware the importance of nutritious diet and care taken in pregnancy and lactating period

#### **The context:**


Department of food and nutrition organised departmental extension activity on dated 7 April 2022 at Lal Kheda village near Amravati. This village selected for this activity because the Banjara community leave this village to know about there eating habits and health

#### **Existence of success:**


For the past two years ,we have been living under the corona, so everyone knows the true value of their health Dr. Sharmila kubde instructed the Banjara women at Lal Kheda village. She gave guidance to which food and diet taken in pregnancy and lactating period for good health and explain importance of traditional food. It is very important to include traditional ,seasonal and sustainable foods in your life for good health. After the communication, the pregnant and lactating women asked their problems, they loved the activity and request it the repeat visit . The activity was carried out under the guidance of principal, IQAC and student development of our college.

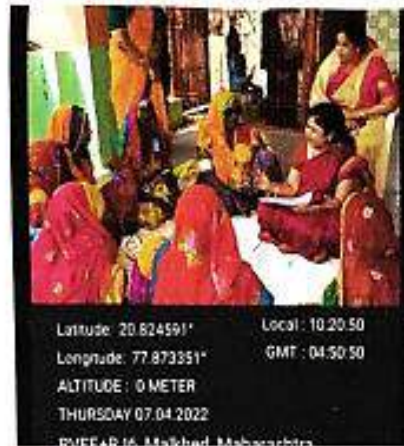
#### **Problem encountered :**

Pregnant women have many health problem. they face difficulties as their is no hospital near the village. Protein calorie malnutrition has been observed in young children.

  
DR. S. D. THAKARE  
Coordinator IQAC  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Amravati



  
Principal  
Matoshree Vimlabai Deshmukh Mahavidyalaya,  
Shivaji Nagar Amravati 444603 (M.S.)



**Visit to Lalkhed for "Awareness about health, hygiene and nutrition" in Banjara community and Anganwadi Women & children  
On the World Health Day 7 April 2022**

*DR. S. D. THAKARE*  
Coordinator, I.O.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati







*PRINCIPAL*  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.





## World Environment Day – 06 June 2022

<p>Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati.</p> <p><b>Internal Quality Assurance Cell (IQAC)</b></p> <p>Academic Session (2021-2022)</p> <p>Faculty of Science</p> <p>Department of Zoology</p>							
Sr. N	Name of the Activity	Type of Activity	Day/Date	Resource person	No. of Participants	Objectives	Outcome
1.	Environment day	Essay competition	6 Jun 2022 Monday	Dr. K. E. Chaudhary	25	<p>The day aims to focus on the importance Of the environment and to remind people That nature should not be taken for granted.</p>	<p>Platform for raising Awareness on Environmental issues such as over population, global warming, and wild life crime.</p>
<div style="display: flex; justify-content: space-around; align-items: flex-end;"> <div style="text-align: center;">               Name and Signature of Incharge/ H.O.D.         </div> <div style="text-align: center;">  </div> <div style="text-align: center;">   <b>DR. S. D. THAKARE</b>              Coordinator, I.Q.A.C.              Matoshree Vimalabai Deshmukh Mahavidyalaya              Amravati         </div> <div style="text-align: center;">   <b>Principal</b>              Matoshree Vimalabai Deshmukh Mahavidyalaya              Shivaji Nagar, Amravati 444603 (M.S.)         </div> </div>							



**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**


**Notice for students**

Date:- 03/06/2022

It is informed to all the students that Department of Zoology of our college is organizing the Competition Monday, date. 06/06/2022. 12:00 p.m. at Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati.

All the students are informed to attend it compulsorily, as the information provided will be very much important to you.

Co-coordinator  
Miss. P. S. Deshmukh   
Miss. S. R. Madar   
Department Of Zoology  
MVDM, Amravati

  
Principal  
MVDM, Amravati



**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**


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Department Of Zoology  
MVDM, Amravati

  
Principal  
MVDM, Amravati

**Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati**  
**"Essay competition" activity under Science Club**  
**2021-2022**

**Department of Zoology**

**Celebration of Environment Day**

Sr no.	Students name	Sign
1.	Aachal Gajanan Burghate	<i>ABurghate</i>
2.	Anjali Suresh Khedkar	<i>AKhedkar</i>
3.	Dipika Gajanan Tayade	<i>DTayade</i>
4.	Akash Manik Dhanve	<i>ADhanve</i>
5.	Amiksha Gajanan Nistane	<i>ANistane</i>
6.	Priyanka Sunil Akhare	<i>PAkhare</i>
7.	Snehal Vinod Sapkal	<i>VSapkal</i>
8.	Bhagyashree Manik Maske	<i>BMaske</i>
9.	Juyali Dinesh Hore	<i>JHore</i>
10.	Kanchan Gunvantrao Bhasme	<i>KBhasme</i>
11.	Komal Dilip Bul	<i>KBul</i>
12.	Lata Tukaram Thombare	<i>LThombare</i>
13.	Monika Subhash Watmode	<i>MWatmode</i>
14.	Payal Manoharrao Ingale	<i>PIngale</i>
15.	Purva Rajesh Chaudhari	<i>PCaudhari</i>
16.	Radha Amruta Satpute	<i>RSatpute</i>
17.	Samiksha Avinash Vinchurkar	<i>SVinchurkar</i>
18.	Shravani Gajanan Khade	<i>SKhade</i>
19.	Youradhani Sanjay Kadu	<i>YKadu</i>
20.	Aachal Vijayprasad Mishra	<i>AMishra</i>
21.	Ashwini Vijay Bagade	<i>ABagade</i>
22.	Dipali Ajab Rathod	<i>DRathod</i>
23.	Gauri Ramdas Sable	<i>GSable</i>
24.	Misbaalham Abdul Kayyum Sheikh	<i>MSheikh</i>
25.	Megha Vijay Patil	<i>MPatil</i>

Teacher Incharge

- S.R. Madar *SRM*

- P.S. Deshmukh *PSD*



**Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati**

**“Essay Competition” activity under Science Club**

**Celebration Of Environment Day**

**2021-2022**

**Department of Zoology**

**Title of the Activity: Essay Competition on Environment.**

**Aim : 'To raising Awareness on environmental issues.'**

**Objectives:** The day aims to focus on the importance of the environment and to remind people that nature should not be taken for granted.

**Essay Competition :** 'To raising Awareness on environmental issues' with this motto Department of Zoology under Science Club developed a new best practice of essay competition on the occasion of Environment Day celebration on dated 06/06/2022. and it was open to all students. The concept behind this essay competition is to raising Awareness on environmental issues, such as population, global warming, wild life crime.

Essay gives students intensive exposure to a topic through writing & discussion let by multiple experts



**Essay Competition Activity by Students of Dept of Zoology**

**Dated 06/06/2022**

❖ **Number of Students participated : 25**

Prof. Dr. K. E. Chaudhary

Asst. Prof. P. S. Deshmukh

Asst. Prof. S. R. Madar.

**Department of Zoology MVDM Amravati**



**DR. S. D. THAKARE**  
Coordinator, I.G.A.C.

**Matoshree Vimalabai Deshmukh Mahavidyalaya**  
Amravati

**Principal**  
MVDM Amravati

**Matoshree Vimalabai Deshmukh Mahavidyalaya**  
Shivaji Nagar, Amravati 444603 (M.S.)

## International Yoga Day – 21-06-2022

01/ June 2022 Monday

7/1/1

श्री शिवाजी शिक्षण संस्था अमरावती द्वारा संचालित, मातोश्री विमलाबाई देशमुख महाविद्यालय,

आय. क्यू. ए. सी. अंतर्गत

मराठी व राष्ट्रीय सेवा योजना विभाग

आंतरराष्ट्रीय योगा दिनानिमित्त आंतरराष्ट्रीय परिषद

दिनांक ..२१ जून २०२१

श्री शिवाजी शिक्षण संस्था अमरावती द्वारा संचालित, मातोश्री विमलाबाई देशमुख महाविद्यालयात 21 जून आंतरराष्ट्रीय योग दिनानिमित्त महाविद्यालयात आंतरराष्ट्रीय वेबिनार चे आयोजन करण्यात आले. राष्ट्रीय सेवा योजना ,राष्ट्रीय छात्र सेना आणि संत गाडगे बाबा अमरावती विद्यापीठ अमरावती यांच्या संयुक्त विद्यमाने आंतरराष्ट्रीय वेबिनार चे आयोजन करण्यात आले.आंतरराष्ट्रीय वेबिनार चा विषय covid-19 योग आणि आरोग्य असा होता, या आंतरराष्ट्रीय वेबिनार च्या अध्यक्ष महाविद्यालयाच्या प्राचार्य डॉ.छाया विधळे या होत्या तर प्रमुख वक्ते म्हणून डॉ इंडिका, कोलंबो विद्यापीठ ,श्रीलंका तर दुसरे वक्ते श्री .स्टीव्ह योगा फेडरेशन सेशन हे उपस्थित होते. बीजभाषक माजी प्राचार्य , हनुमान व्यायाम प्रसारक मंडळ अमरावती येथील डॉ अरुण खोडस्कर उपस्थित होते.डॉ .राजेश बुरंगे संचालक, राष्ट्रीय सेवा योजना, संत गाडगेबाबा अमरावती विद्यापीठ अमरावती हे विशेष निमंत्रित होते.. प्रमुख वक्ते डॉ. इंडिका यांनी प्रतिकारक्षमता वाढवण्यासाठी शरीराच्या तंदुरुस्तीसाठी योगा कसा अत्यावश्यक आहे हे विविध उदाहरणे देऊन पटवून दिले. डॉ राजेश बुरंगे संचालक राष्ट्रीय सेवा योजना संत गाडगेबाबा अमरावती विद्यापीठ यांनी बेबी नार घेण्यामागचा उद्देश विशद केला आणि योगा करताना कोणत्या गोष्टीची काळजी घ्यायला हवी उत्कृष्ट जीवन शैली करता योगाचा समावेश आपल्या आयुष्यात कसा महत्त्वपूर्ण आहे यावर प्रकाश टाकला. श्री स्टीव्ह यांनी योगा हा दैनंदिन जीवनासाठी तसेच मनःशांतीसाठी अतिशय महत्त्वपूर्ण आहे असे विचार आपल्या भाषणातून मांडले. तर बीजभाषक डॉ अरुण खोडस्कर यांनी योग आणि आरोग्य यावर विस्तृत मांडणी केली. कोरोनाच्या याकाळात योगा कसा महत्त्वपूर्ण आहे हे सुद्धा त्यांनी पटवून दिले. आंतरराष्ट्रीय वेबिनार च्या अध्यक्ष प्राचार्य डॉ छाया विधळे यांनी "योगा असे जिथे.. आरोग्य वसे तिथे"ही संकल्पना विशद केली.योग ही आपल्या संस्कृतीची अमूल्य धरोहर आहे .योगा मध्ये विविध प्रकारचा अभ्यास आणि पद्धती समाविष्ट आहेत योगासनं केल्यामुळे आरोग्य निरोगी राहते असे विचार व्यक्त करून आपल्या अध्यक्षीय मनोगतातून प्रमुख वक्ते, बीज भाषक व निमंत्रितांच्या विचारांचा वेध घेतला.. या आंतरराष्ट्रीय वेबिनार ला प्राध्यापक वृंद विद्यार्थी तसेच शिक्षकेतर सहकारी प्रामुख्याने उपस्थित होते. या वेबिनार चे संचालन आंतरराष्ट्रीय वेबिनार च्या संयोजक डॉ .मंदा नांदुरकर राष्ट्रीय सेवा योजना जिल्हा समन्वयक यांनी तर आभार प्रदर्शन राष्ट्रीय छात्र सेना अधिकारी कॅप्टन शालिनी वाटाणे यांनी केले. या बेबी नारला प्राध्यापक वृंद, शिक्षकेतर सहकारी व विद्यार्थी यांचा उत्स्फूर्त प्रतिसाद होता.



DR. S. D. THAKARE  
Coordinator, I.C.A.C.

Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati





श्री शिवाजी शिक्षण संस्था, अमरावती द्वारा संचालित  
मातोश्री विमलाबाई देशमुख महाविद्यालय, अमरावती  
व संत गाडगेबाबा अमरावती विद्यापीठ, रासेयो  
यांच्या संयुक्त विद्यमाने आयोजित

# आंतरराष्ट्रीय ई वेबिनार कोविड-१९ योगा आणि आरोग्य Covid-19 Yoga and Health



डॉ. छाया विधळे

का. प्राचार्य, मातोश्री विमलाबाई देशमुख  
महाविद्यालय, अमरावती



डॉ. राजेश बुरगे

संचालक, रासेयो, संत गाडगेबाबा  
अमरावती विद्यापीठ, अमरावती



डॉ. अरुण खोडस्कर

योग तज्ज्ञ, माजी प्राचार्य हनुमान व्यायाम  
प्रसारक मंडळ, अमरावती



प्रमुख वक्ता



प्रमुख वक्ता



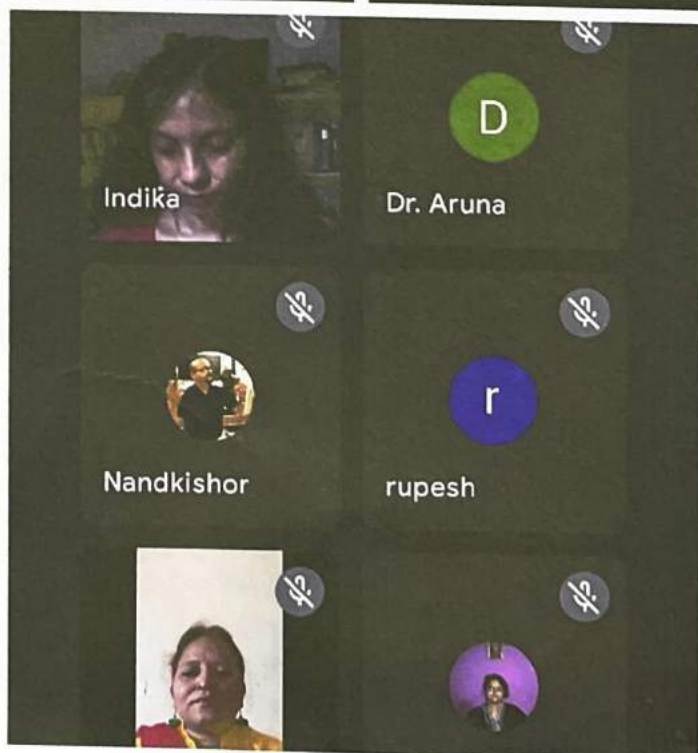
आयोजक



आयोजक

- ✦ It increases the flow of gall and reduces phlegm and gas in the body.
- ✦ Improves blood circulation and purification
- ✦ Improves digestion and delays aging.
- ✦ It cures insufficiency of oxygen in the blood.
- ✦ Suryabhedhi pranayama cleans the frontal sinuses.
- ✦ It generates lots of energy by enhancing your metabolism.

Akshay is presenting





# महाविद्यालयात आंतरराष्ट्रीय वेबिनार संपन्न

अमरावती दि. १ : श्री शिवाजी शिक्षण संस्था अमरावती द्वारा संचालित, मातोश्री विमलाबाई देशमुख महाविद्यालयात २१ जून आंतरराष्ट्रीय योग दिनानिमित्त महाविद्यालयात आंतरराष्ट्रीय वेबिनारचे आयोजन करण्यात आले. राष्ट्रीय सेवा योजना, राष्ट्रीय छत्र सेना आणि संत गाडगे बाबा अमरावती विद्यापीठ अमरावती यांच्या संयुक्त विद्यमाने आंतरराष्ट्रीय वेबिनारचे आयोजन करण्यात आले. आंतरराष्ट्रीय वेबिनारचा विषय कोविड-१९ योग आणि आरोग्य असा होता, या आंतरराष्ट्रीय वेबिनारच्या अध्यक्ष महाविद्यालयाच्या प्राचार्य डॉ. छाया विघळे या होत्या तर प्रमुख वक्ते म्हणून डॉ. इंडिका, कोलंबो विद्यापीठ, श्रीलंका तर दुसरे वक्ते श्री स्टिव्ह योगा फेडरेशन सेशन हे उपस्थित होते. बीजभाषक माजी प्राचार्य, हनुमान व्यायाम प्रसारक मंडळ अमरावती येथील डॉ. अरुण खोडस्कर उपस्थित होते. डॉ. राजेश बुरंगे संचालक, राष्ट्रीय सेवा योजना, संत गाडगेबाबा अमरावती विद्यापीठ अमरावती हे विशेष निर्मित्रित होते. प्रमुख वक्ते डॉ. इंडिका यांनी प्रतिकारक्षमता वाढवण्यासाठी योगाच्या तंदुरुस्तीसाठी योगा कसा अत्यावश्यक आहे हे विविध उदाहरणे देऊन पटवून दिले. डॉ. राजेश बुरंगे संचालक राष्ट्रीय सेवा



विद्यापीठ यांनी वेबी नार घेण्यामागचा उद्देश विशद केला आणि योगा करताना कोणत्या गोष्टींची काळजी घ्यायला हवी उत्कृष्ट जीवन शैली करता योगाचा समावेश आपल्या आयुष्यात कसा महत्त्वपूर्ण आहे यावर प्रकाश टाकला. श्री स्टिव्ह यांनी योगा हा दैनंदिन जीवनासाठी तसेच

आहे असे विचार आपल्या भाषणातून मांडले. तर बीजभाषक डॉ. अरुण खोडस्कर यांनी योग आणि आरोग्य यावर विस्तृत मांडणी केली. कोरोनाच्या याकाळात योगा कसा महत्त्वपूर्ण आहे हे सुद्धा त्यांनी पटवून दिले. आंतरराष्ट्रीय वेबीनारच्या अध्यक्ष प्राचार्य डॉ. छाया विघळे यांनी योगा असे जिये..

केली. योग ही आपल्या संस्कृतीची अमूल्य धरोहर आहे. योगा मध्ये विविध प्रकारचा अभ्यास आणि पद्धती समाविष्ट आहेत योगासनं केल्यामुळे आरोग्य निरोगी राहते असे विचार व्यक्त करून आपल्या अध्यक्षीय मनोगतातून प्रमुख वक्ते, बीज भाषक व निर्मात्रांच्या विचारांचा वेध घेतला.. या आंतरराष्ट्रीय वेबिनार ला प्राध्यापक वृंद विद्यार्थी तसेच शिक्षकेतर सहकारी प्रामुख्याने उपस्थित होते. या वेबिनारचे संचालन आंतरराष्ट्रीय वेबिनारच्या संयोजक डॉ. मंदा नांदुरकर राष्ट्रीय सेवा योजना जिल्हा समन्वयक यांनी तर आभार प्रदर्शन राष्ट्रीय छत्र सेना अधिकारी कॅप्टन शालिनी वाटाणे यांनी केले. या वेबी नारला प्राध्यापक वृंद, शिक्षकेतर सहकारी व विद्यार्थी यांचा उत्स्फूर्त प्रतिसाद होता.

## वसुधाताई देशमुख



# हिंदुस्थान

पुरोगामी राष्ट्रीय विचारांचे दैनिक

शुक्रवार दिनांक २ जुलै २०२१

संस्थापक : के. श्री. बाळकृष्ण विष्णू मराठे

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## Celebration of National Science Day 28-02-2022

### ❖ Celebration of National Science day" on 28/02/2022;

On 28<sup>th</sup> of February 2022, In Matoshree Vinlabai Deshmukh Mahavidhyalay Amravati, Science club co-ordinator Dr. D. R. Bambole and science faculty members has organized the guest lecture on Topic - **"Role Of Science And Technology In Higher Education"**. This program was organized under the able guidance of Principal, Dr. Smita R. Deshmukh.

Dr. Chhaya N. Vidhale was present in this function and Dr. H. S. Lunge, Ex-Professor, Department of Statistics, Shri Shivaji Science College, Amravati, was the chief guest. Dr. D. R. Bambole, co-ordinator of the function & Dr. S. D. Thakare, IQAC Coordinator, **Dr. K. E. Chaudhari – Incharge of Science Faculty** was also the guests of the program.

Dr. D. R. Bambole, Department of Physics, gives the introductory speech and explains the objectives behind the organization of this national Science day.

In the first session of the program was inaugurated by Dr. H. S. Lunge, Ex-Professor, Department of Statistics, Shri Shivaji Science College, Amravati.

In the second session of the function, chief guest gave the speech on **"Role Of Science And Technology In Higher Education"**. He gave detail information about new technology which can help students to understand science and make ideas that were previously throw out to the pages of books, a visible or physical reality. Technology undoubtedly makes the learning process more interactive and therefore more interesting and memorable.

He also explains the Benefits of Technology in Higher Education.

- 1) Increased Collaboration and Communication. Educational technology can foster collaboration.
- 2) Personalized Learning Opportunities. Technology allows 24/7 access to educational resources.
- 3) Curiosity Driven by Engaging Content.
- 4) Improved Teacher Productivity and Efficiency.

All the students from Science, Home Science and social science & humanities take very much interest in the guest lecture. Presidential speech was delivered by Dr. Smita R. Deshmukh, Principal, and Dr. Chhaya N. Vidhale also gives the speech and told to students about use of technology for the sustainable life.

In this occasion, as a part of the function, the "Posters and Models competition for the students was organized on theme " Integrated Approach in Science &Technology for Sustainable Future " for B.Sc. (Science) students. Students from science the faculty take the part and display their posters and models. " Posters and Models competition judging committee". Mr. Shrikant Shelke, Miss Mayura Farkade and Miss Pranjali Gondchar were in



the committee members of competition. These judging committee members, select the three best Posters of rank 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> and three best Models of rank 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>.

In the 3<sup>rd</sup> session of the function, valedictory and prize distribution program was organized. In this session, three prizes for three best posters and three best models prize were given. Three best model prizes were given to three groups out of which Prajwal R. Jawanjale, Subodh kumar Sirsat, Rushikesh Kadu B. Sc. III (Science) 1<sup>st</sup> group prize, Ku. Arpita Bhoyar, Ku. Sneha Dongare, B. Sc. III 2<sup>nd</sup> group prize and Rohit Sindhimeshran, Prathamesh Sawarkar, Isha Thakare, Roshani Sawale B. Sc. II + 3<sup>rd</sup> group prize was given. Three best poster prizes were given to Ku. Shrawani Deshmukh, B. Sc. I, (Topic: Science and technology) 1<sup>st</sup> prize, Ku. Chanchal H. Shahale B. Sc. I, (Topic: Space Junk) 2<sup>nd</sup> prize, Ku. Neha S. More, B. Sc. III, (Topic: Human body system), 3<sup>rd</sup> prize.

Miss Mayura Farkade expressed the vote of thanks and also had done the anchoring of the program. The faculty members and large number of students from the science faculty were present for "Science day celebration". All the faculty members take the effort for the success of the program. Lastly, with the permission of the president, the program was over.

#### ❖ Session I – Felicitation of dignitary and guest lecture:

 <p>WQXX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India</p> <p>Latitude 20.9407593° Longitude 77.7998412°</p> <p>Local 11:47:28 AM Altitude 304.5 meters</p> <p>GMT 06:17:28 AM Monday, 28-02-2022</p>	 <p>WQXX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India</p> <p>Latitude 20.9407593° Longitude 77.7998412°</p> <p>Local 11:48:41 AM Altitude 304.5 meters</p> <p>GMT 06:18:41 AM Monday, 28-02-2022</p>
<p>Felicitation of Chief Guest Dr. H. S. Lunge by the hands of Dr. C. N. Vidhale on the occasion of the "Science day Celebration Program" on 28/02/2022</p>	<p>Felicitation of Convener Dr. D. R. Bambole by the hands of Miss Mayura Farkade on the occasion of the "Science day Celebration Program" on 28/02/2022</p>



WQXX-4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India

Latitude 20.9407593° Longitude 77.7998412°  
Local 11:48:34 AM Altitude 304.5 meters  
GMT 06:18:34 AM Monday, 28-02-2022

Felicitation of Dr. C. N. Vidhale on the occasion of the "Science day Celebration Program" on 28/02/2022



WQXX-4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India

Latitude 20.9407593° Longitude 77.7998412°  
Local 11:43:45 AM Altitude 304.5 meters  
GMT 06:13:45 AM Monday, 28-02-2022

Presidential speech by Dr. Smita R. Deshmukh, Principal, on the occasion of the "Science day Celebration Program" on 28/02/2022



WQXX-4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India

Latitude 20.9407593° Longitude 77.7998412°  
Local 11:52:05 AM Altitude 304.5 meters  
GMT 06:22:05 AM Monday, 28-02-2022

Dr. D. R. Bambole, Introducing the President and Chief guest on the occasion of "Science day Celebration Program" on 28/02/2022



WQXX-4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India

Latitude 20.9407593° Longitude 77.7998412°  
Local 12:30:11 PM Altitude 304.5 meters  
GMT 06:50:11 AM Monday, 28-02-2022

Speech delivered on "Role Of Science And Technology In Higher Education" by chief Guest Dr. H. S. Lange, Ex-Professor, Department of Statistics, Shri Shivaji Science College, Amravati, on the occasion of "Science day Celebration Program" on 28/02/2022





WQRX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India

Latitude	Longitude
20.9407593°	77.7998412°
Local 11:44:19 AM	Altitude 304.5 meters
GMT 06:14:19 AM	Monday, 28-02-2022

Students participated in the Science day celebration on 28/02/2022



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India

Latitude	Longitude
20.9407593°	77.7998412°
Local 12:47:37 PM	Altitude 304.5 meters
GMT 07:17:37 AM	Monday, 28-02-2022

IQAC Coordinator Dr. S. D. Thakare delivering a speech on the occasion of Science day celebration on 28/02/2022

### ❖ SESSION II: Poster and Model completion exhibition



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India

Latitude	Longitude
20.9407593°	77.7998412°
Local 12:52:18 PM	Altitude 304.5 meters
GMT 07:22:18 AM	Monday, 28-02-2022

Students participated in the Science day celebration on 28/02/2022



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India

Latitude	Longitude
20.9407593°	77.7998412°
Local 12:38:29 PM	Altitude 304.5 meters
GMT 07:08:29 AM	Monday, 28-02-2022

Students participated in the Science day celebration on 28/02/2022



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF  
Colony, Amravati, Maharashtra 444602, India

Latitude	Longitude
20.9407593°	77.7998412°
Local 01:03:12 PM	Altitude 304.5 meters
GMT 07:33:12 AM	Monday, 28-02-2022



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF  
Colony, Amravati, Maharashtra 444602, India

Latitude	Longitude
20.9407593°	77.7998412°
Local 12:57:38 PM	Altitude 304.5 meters
GMT 07:27:38 AM	Monday, 28-02-2022



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF  
Colony, Amravati, Maharashtra 444602, India

Latitude	Longitude
20.9407593°	77.7998412°
Local 01:02:23 PM	Altitude 304.5 meters
GMT 07:31:23 AM	Monday, 28-02-2022



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF  
Colony, Amravati, Maharashtra 444602, India

Latitude	Longitude
20.9407593°	77.7998412°
Local 12:41:38 PM	Altitude 304.5 meters
GMT 07:11:38 AM	Monday, 28-02-2022

Poster and Models exhibition competition" observing by chief Guest Dr. H. S. Lunge,  
and Science Club convener Dr. D. R. Bamhole on the occasion of " Science day  
Celebration Program" on 28/ 02/2022



# SCIENCE DAY PRIZE DISTRIBUTION



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India  
 Latitude 20.9407593° Longitude 77.7998412°  
 Local 01:11:54 PM Altitude 304.5 meters  
 GMT 07:41:54 AM Monday, 28-02-2022



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India  
 Latitude 20.9407593° Longitude 77.7998412°  
 Local 01:12:36 PM Altitude 304.5 meters  
 GMT 07:42:36 AM Monday, 28-02-2022



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India  
 Latitude 20.9407593° Longitude 77.7998412°  
 Local 01:30:12 PM Altitude 304.5 meters  
 GMT 07:40:12 AM Monday, 28-02-2022



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India  
 Latitude 20.9407593° Longitude 77.7998412°  
 Local 01:08:54 PM Altitude 304.5 meters  
 GMT 07:38:54 AM Monday, 28-02-2022



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India  
 Latitude 20.9407593° Longitude 77.7998412°  
 Local 01:09:24 PM Altitude 304.5 meters  
 GMT 07:39:24 AM Monday, 28-02-2022



WQRX+4XF, Sant Gadge Baba Amravati University, SRPF Colony, Amravati, Maharashtra 444602, India  
 Latitude 20.9407593° Longitude 77.7998412°  
 Local 01:12:50 PM Altitude 304.5 meters  
 GMT 07:42:50 AM Monday, 28-02-2022

Prize distribution for poster and model completion to the students in Valedictory and prize distribution program on the occasion of the "Science day Celebration Program" on 28/02/2022

Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Faculty of Science's "Science Club"

UNDER INTERNAL QUALITY ASSURANCE CELL ( IQAC)

Organized "National Science Day" on 28 February 2022

**Speech Topic – "Role of Science and Technology In Higher Education"**

**Date :** 28/02/2022

**Place :** Matoshree Vimalabai Deshmukh

Mahavidyalaya , Amravati's, Seminar Hall.

**AGENDA**

- 10.00 Am – Display of Posters and Models on theme " **Integration of Science and Technology**"

**Organizer-** B.Sc. Science Students and Faculty

**Session I**

- 12.00 Noon – Inauguration Ceremony and Felicitation of guests
  - Garlanding the photos of Dr. Panjabrao Deshmukh, Matoshree Vimalabai Deshmukh AND sir C. V. Raman - by All guests
  - Inaugurator - Dr. H. S. Lunge
  - ✚ **President** – Hon'ble , Dr. Smita R. Deshmukh, Principal , Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati.
  - ✚ **Chief Guest** –
    1. Dr. H. S. Lunge, Ex- Professor Department of Statistics, Shri Shivaaji Science College, Amravati
    2. Dr. D. R . Bambole – Coordinator of "Science Club"



3. Dr. S. D. Thakare - I. Q. A. C - Coordinator
4. Dr. K. E. Chaudhari - Incharge of Science Faculty
5. Dr. C. N. Vidhale - Guest of honor

#### Session - II

- 12.10 pm - Guest Lecture - Dr. H. S. Lunge, Ex-Professor, Department of Statistics, Shri Shivaji Science College, Amravati

Topic - "Role Of Science And Technology In Higher Education"

#### Session - III

- 1.00pm - Concluding and Prize Distribution Function.
  4. President - Hon'ble, Dr. Smita R. Deshmukh, Principal, Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati
  4. Dr. H. S. Lunge, Ex-Professor, Department of Statistics Shri Shivaji Science College, Amravati.
  4. Dr. D. R. Bambole - Coordinator of "Science Club"
  4. Dr. S. D. Thakare - I. Q. A. C - Coordinator
  4. Dr. K. E. Chaudhary - Incharge of "Science Faculty"
  4. Dr. C. N. Vidhale - Guest of Honor

➤ Vote of Thanks -

➤ Anchor -



(Dr. D. R. Bambole)

Coordinator of

"Science Club"



(Dr. K. E. Chaudhary)

Incharge of

"Science Faculty"



Dr. S. D. THAKARE

Coordinator, I.Q.A.C.

Matoshree Vimalabai Deshmukh Mahavidyalaya

Amravati

Coordinator



Principal



Principal

Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Shivaji Nagar Amravati 444603 (M.S.)



## Celebration of Nutrition Week – 01-09-2021 to 07-09-2021

**Matoshree Vimlabai Deshmumahavidyalaya, Amravati**

**Internal Quality Assurance Cell (IQAC)**

**Activities undertaken Academic Session 2021-2022**

**Name of the department / Committee: Food and nutrition**

**Name of the Teacher: Dr. Sharmila Kubde**

Sr.No.	Name of the Activity	Types of Activity	Day/Date	Name of the Event	No of Participants	Objectives	Outcome
1.	Celebrate National Nutrition Week	Departmental Activity	1/09/21 to 7/09/21	1.Recipe competition	05	1. To create awareness of nutrition	1. Awareness to some extent was created.
				2.Chittaranjan Yadav, Raipur	Students and staff members	2. To inculcate competitive spirit	2.Competitive and team spirit was inculcated
				3.Jyoti Kambale Nagpur	Students and staff members	3To understand the self nutritional status	3. Students could understand their own nutritional status and discussed their nutritional problem.
				4.Nutrition Queen Competition	52	4. To develop skills in recipe and rangoli competition	

**DR. S. D. THAKARE**  
Coordinator, I.Q.A.C.

Matoshree Vimlabai Deshmumahavidyalaya



**Prof. Dr. Sharmila R. Kubde**  
Professor  
Department of Food and Nutrition  
Matoshree Vimlabai Deshmumahavidyalaya, Amravati.

**Offi. Principat**  
Matoshree Vimlabai Deshmumahavidyalaya, Amravati

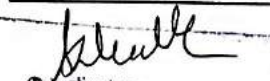
Matoshree Vimlabai Deshmukh Mahavidyalaya, Amravati


Department: Food & Nutrition 2021

Notice

All the students of Arts, Home Science and Science faculty are hereby informed that the Food and Nutrition department is organising a competition on the occasion of National Nutrition Week 2021. The winners in the competition will be given certificate and cash prizes, So the willing candidates must enroll their names to Dr. Sharmila Kubde, Food and Nutrition department. On 25/08/2021 or before 30/09/2021. The time and date of the competitions are as follows:

Date/Day	Competition	Venue and time
1/09/2021 Wednesday	Inauguration Nutrition Queen Competition 1, & 2 round	Food & Nutrition Lab. 12.00-2.00
2/09/2021 Thursday	Recipe Competition	Online mode 12.00- 2.00
4/09/2021 Saturday	Guest lecture by dietitian Mr Chittaranjan Yadav on severe acute malnutrition child	Online mode 12.30 - 1.30 pm
6/09/2021 Monday	Nutrition Queen competition 3&4 round	Food and nutrition department 12.00-2.00pm
7/09/2021 Tuesday	Guest lecture by Jyoti Gujar on post covid -19 diet	Online mode 12.30-1.30 pm

  
Coordinator, Food & Nutrition  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Amravati

  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Amravati



Principal

  
Offi. Principal  
Matoshree Principal  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Shivaji Nagar Amravati 444603 (M.S.)



श्री शिवाजी शिक्षण संस्था, अमरावती द्वारा संचालित  
**मातोश्री विमलाबाई देशमुख महाविद्यालय**

शिवाजी नगर, अमरावती - ४४४ ६०३ (महाराष्ट्र राज्य)

नैक (NAAC) द्वारा 'ब' श्रेणीने पुनर्मानकित

फ़ोन नं. जे.-02-01-044 • रे.यु.नं.-036 • युवायस फ़. 27071505414

फ़ोन ०२१-२६६०४५५ (कार्यालय), २६६४९२९ (फ़ैक्स)

e-mail : clg\_amt\_mvds@ssesa.org • website : www.mvdcollge.org



अध्यक्ष  
पा.श्री. हर्षवर्धन प्र. देशमुख  
श्री शिवाजी शिक्षण संस्था, अमरावती

प्राचार्य  
डॉ. सी.सी.एन. विघले  
एम.एससी., एम.फिल., एम.एच.डी.

संस्थापक अध्यक्ष  
डॉ. पंजाबराव ठाकरे भाऊसाहेब देशमुख  
एम.ए., बी.फिल., एल.एल.बी., बार-ऑक्ट-सो

जा.क्र. : माविदेय/277/2021

दिनांक : 1/9/2021

Na

प्रति,

श्री. चित्तरंजन यादव  
आहारतज्ञ, रायपूर  
महोदय,

१ सप्टेंबर ते ७ सप्टेंबर २०२१ दरम्यान संपन्न होणाऱ्या राष्ट्रीय पोषण सप्ताह निमित्त  
शनिवार दि. ४ सप्टेंबर २०२१ रोजी ऑनलाईन पद्धतीने आपले व्याख्यान आयोजित केले आहे.  
आपण आमच्या आमंत्रनाचा स्वीकार करून उपकृत करावे ही विनंती.

दीनांक : ४/९/२०२१

वेळ : दु. १२.३० वाजता

स्थळ : मातोश्री विमलाबाई देशमुख महाविद्यालय, अमरावती.

संयोजिका

डॉ. शर्मिला कुबडे  
Dr. Sharmila R. Kubde  
आसो. प्रा. प्रा. भा. बोरकर  
Associate Professor, Food and Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati.



प्राचार्य

Dr. S. D. Thakare

मातोश्री विमलाबाई देशमुख महाविद्यालय,  
अमरावती

DR. S. D. THAKARE  
Coordinator, I.Q.A.C.

Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

Dr. Sharmila R. Kubde  
Associate Professor, Food and Nutrition  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati



Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Internal Quality Assurance cell (IQAC)

Department of Home Science

Food and Nutrition

Name of the Event/Program: - Celebration National Nutrition Week 2021

Date: 21/09/2021 Day: Thursday Time: 12.00 - 2.00 P.M.

In collaboration with: Home Economics

Name of the Guest: Competition : Recipe Competition (online Mode)

Participant: Students No. of Participants: 05

Objective 1. To create skills among students.

2. To enhance practical application of nutritious recipe.

Action Taken 1. Organised Recipe Competition for students.

Outcome 1. Nutritious recipes served for boosting health.

2. To enhance knowledge of students about nutrition.

Sr. No.	Name of the Participant	Signature / class
1	Sakshi R. Jawanjalkar 9604072404	B.A. I
2	Priyanka Tembhurne 8080342196	B.Sc. I (Homesci.)
3	Sakshi Sudhir Durge 9130416579	B.A. I
4	Vaishnavi R. Mahalle 9370498791	B.Sc. I
5	Jayashri N. Shirbhate 7276656133	B.A. I.
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11	DR. S. D. THAKARE Coordinator, I.Q.A.C.	
12	Matoshree Vimalabai Deshmukh Mahavidyalaya Amravati	Offi. Principal Matoshree Vimalabai Deshmukh Mahavidyalaya Shivaji Nagar Amravati 444603 (M.S.)
13		

Amravati Mahavidyalaya  
Amravati



## E-Certificate of Participation

This is to certify that  
**Sakshi Jawanjalkar**



has participated in the event "Recipe Competition" on the occasion of celebration of  
**National Nutrition Week** held from 1st to 7th Sept'2021

Organized by :

Department of Food and Nutrition

Dr. Chhaya Vidhale

Offi. Principal  
MVDM, Amravati

Dr. Sharmila Kubde

Coordinator  
MVI, Amravati

Amravati Mahavidyalaya, Amravati





MATOSHREE VIMLABAI DESHMUKH  
MAHAVIDYALAYA, AMRAVATI



## Department of Food and Nutrition

Organizing one day webinar on

" IDENTIFICATION OF SAM (SEVERE ACUTE  
MALNUTRITION) CHILD "



Resource Person  
Mr. Chittaranjan Yadav  
Dietician

LIVE ON  zoom

DATE : 4th Sept 2021

TIME : 2:00 PM



Offi. Principal  
Dr. Chhaya Vidhale



Organizer  
Dr. Sharmila Kubde



# CERTIFICATE

OF APPRECIATION

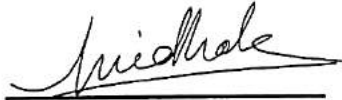
This certificate is presented to

**Mr. Chittaranjan Yadav**

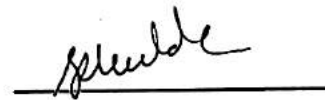
for sharing his valuable knowledge as a Guest Speaker on the occasion of **National Nutrition Week** held on 4th Sept 2021

Organised by

**Food and Nutrition Department , MVDM Amravati**



DR. CHHAYA VIDHALE  
**Offi. Principal**



DR. SHARMILA KUBDE  
**Organiser**

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**  
**Department – Food and Nutrition**  
**Nutrition Queen Competition 2021-2022**  
**Students List**


Sr.No	Students List	Weight	Height	B.M. I
1	Ashvini Kanhuji Gade	40	156 cm	UN
2	Bhagyashri Manikrao Chavan	46	151	OW
3	Darshana Ravishrao Gangasagar	69	158	OW
4	Dhiraj Raju Gawali			
5	Dipali Kailasrao Wanve	45	152	N
6	Komal Rameshrao Ruikar	50	150	N
7	Neha Kunjilal Yadav	50	153	N
8	Nikita Prakash Somkuwar	43	161	VW
9	Nikita Wasudeo Damle	45	150	N
10	Pallavi Vijay Raut	46	153	N
11	Payal Vinodrao Sonone	49	155	N
12	Pooja Nilkanth Rane	47	148	N
13	Rajni Vinod Sharma	50	150	N
14	Rashmi Naresh Karde	38	145	VW
15	Rutuja Ashvanil Patil	46	157	VW
16	Sakshi Raju Parise	44	156	VW
17	Sanjivani Babarao Tataskar	50	155	N
18	Shubhangi Devidas Wajage	45	145	N
19	Shubhangi Gajananrao Dhotre	40	161	VW
20	Sushma Rameshrao Lakhpurkar	34	144	VW
21	Takshashila Milind Wankhade	40	150	VW
22	Tanaya Vijay Jawarkar	41	155	VW
23	Tejaswini Dnyaneshwar Sagane	65	156	OW
24	Vaishnavi Ashok Meshram	30	135	VW
25	Vaishnavi Jagdish Utane	40	147	VW
26	Vaishnavi Virendra Hiwase	33	152	VW
27	Achal Pavanrao Rode	61	150	VW
28	Amruta Shridharao Chaudhari	46	161	N
29	Aniket Surdas Ganvir			
30	Apeksha Jagdish Utane	45	153	VW
31	Asmita Subhashrao Parise	36	142	VW
32	Khushi Rameshwar Kanthale	48	149	N
33	Komal Sanjay Gulhane	43	155	VW
34	Megha Shyam Chandan	38	147	VW
35	Neha Pritam Ingale	47	155	N
36	Nikhil Dnyaneshwar Dupare	4		
37	Nikita Dhanraj Wankhade	45	148	N
38	Nikita Marotrao Kurwade	50	140	OW
39	Nisha Chandu Jondhale	58	150	OW
40	Nisha Diapk Nagapure	53	153	N




41	Pallavi Sunil Raut			
42	Pooja Harishchandrarao Tagde	35	154	VW
43	Pragati Rangrao Bansod	53	155	N
44	Pratiksha Pradiprao Gawali	49	158	N
45	Priyanka Prabhakar Tembhurne	45	158	V.W.
46	Punam Baburao Kadu	50	153	N
47	Reshma Gulab Dudhmochan	42	155	VW
48	Sakshi Sunil Dhole	30	141	VW.
49	Shalinidevi Vinodkumar Tiwari	40	147	VW.
50	Unnati Dhanraj Khedakar	52	163	N.
51	Vaishanavi Nandkishor Gaygole	48	149	N
52	Vaishanavi Rajesh Mahalle	36	142	V.W.
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**IQAC Coordinator**  
 DR. S. D. THAKARE  
 Coordinator, I.Q.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati

  
**Dr. S. S. Kumbhar**  
 Associate Professor, Food and Nutrition  
 Matoshree Vimalabai Deshmukh Mahavidyalaya  
 Amravati.

  
 Off. Principal  
 Matoshree V.  
**Principal**  
 Principal  
 Matoshree Vimalabai Deshmukh Mahavidya  
 Shivaji Nagar Amravati 444603 (M.S.)




**Nutrition Queen 2021**

  
**DR. S. D. THAKARE**  
 Coordinator, I.Q.A.C.  
 Matoshree Vimalabai Dashmukh Mahavidyalaya  
 Amravati



  
**Dr. Sharmila R. Kumbhar**  
 Associate Professor, Food and Nutrition  
 Matoshree Vimalabai Dashmukh Mahavidyalaya,  
 Amravati.

  
**Offi. Principal**  
 Matoshree Vimalabai Dashmukh Mahavidyalaya,  
 Amravati



# महिला विमतावर्धन हेतु मुख्य महाविद्यालय

विद्यालय - १०१, अमरावती - ४४४ २२२ (महाराष्ट्र राज्य)

फोन : (०२०२०) २०२० २०२० २०२०

फैक्स : (०२०२०) २०२० २०२० २०२०

ई-मेल : (०२०२०) २०२० २०२० २०२०

वेबसाइट : (०२०२०) २०२० २०२० २०२०



मुख्य  
महोदय, अमरावती

मुख्य  
महोदय, अमरावती

मुख्य  
महोदय, अमरावती

दिनांक : १०/११/२०२०

दिनांक : १०/११/२०२०

प्रति

महोदय, अमरावती

महोदय, अमरावती

महोदय

महोदय, अमरावती हेतु मुख्य महाविद्यालय वरवीं येथील विद्यार्थ्यांना  
महोदय, अमरावती हेतु मुख्य महाविद्यालय वरवीं येथील विद्यार्थ्यांना  
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दिनांक : १०/११/२०२०

दिनांक : १०/११/२०२०

दिनांक : १०/११/२०२०

दिनांक : १०/११/२०२०

दिनांक : १०/११/२०२०

दिनांक : १०/११/२०२०

दिनांक : १०/११/२०२०



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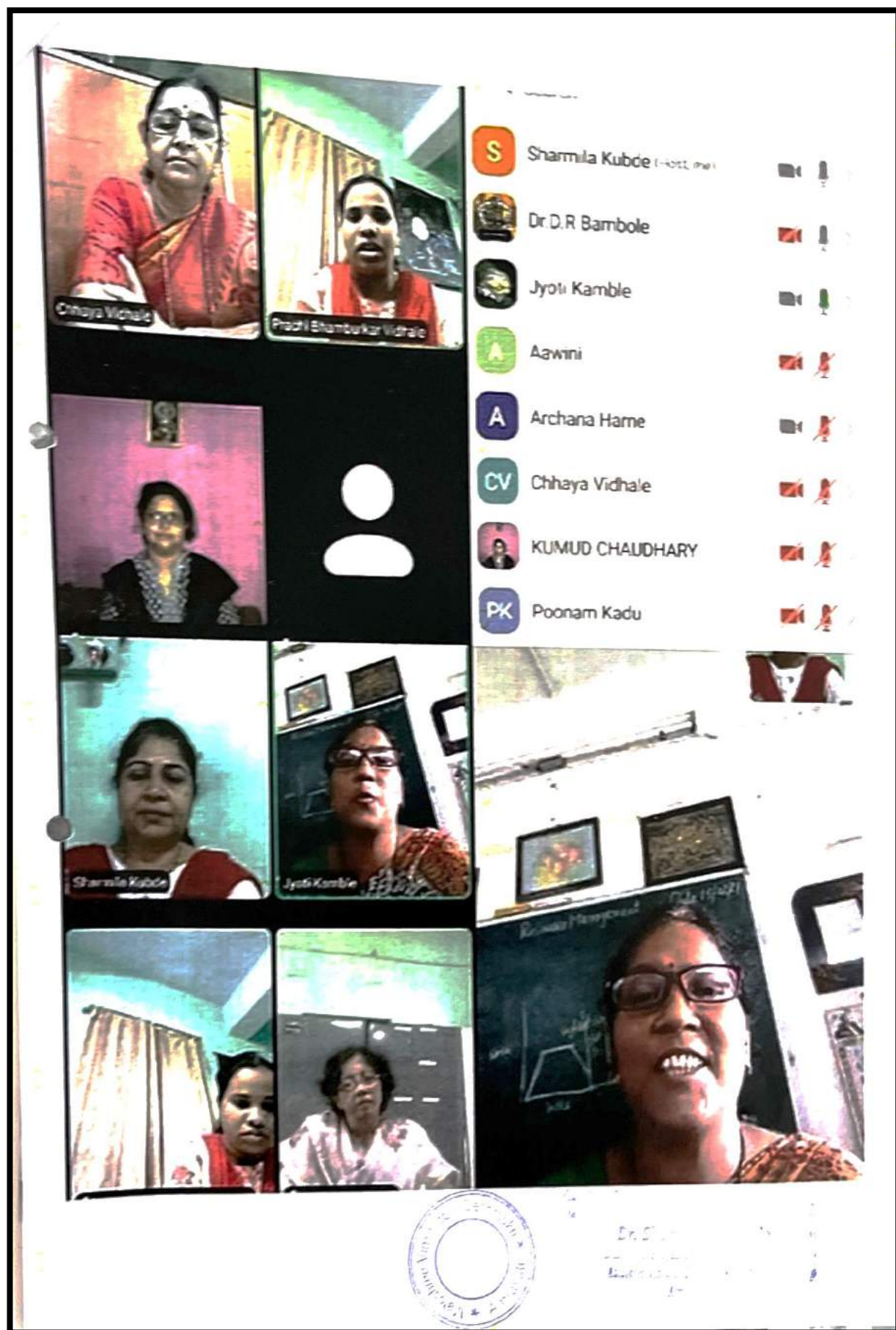
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# CERTIFICATE

OF APPRECIATION

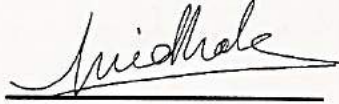
This certificate is presented to

**Mrs. Jyoti Kamble**

for sharing her valuable knowledge as a Guest Speaker on the occasion of **National Nutrition Week** held on 7th Sept 2021

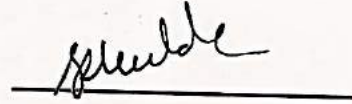
Organised by

**Food and Nutrition Department , MVDM Amravati**



DR. CHHAYA VIDHALE

**Offi. Principal**  
Matoshree Vimalabai Deshmukh,  
Mahavidyalaya, Amravati.



DR. SHARMILA KUBDE  
**Organiser**



मातोश्री विमलाबाई देशमुख महाविद्यालयात  
राष्ट्रीय पोषण सप्ताह उत्साहात साजरा

सर्वांना पोषणाचे महत्त्व समजून देणे तसेच यासंदर्भात जागरूकता निर्माण करून लोकांना निरोगी तसेच चांगली जीवन शैली स्वीकारण्यासाठी प्रोत्साहित करणे आणि देशातील सर्व लोकांच्या सर्वांगीण विकासातील मुख्य अडथळ्या असणाऱ्या कुपोषणाच्या समस्यांवर मात करण्यासाठी हा राष्ट्रीय पोषण सप्ताह दरवर्षी साजरा करण्यात येतो. या सप्ताहात महाविद्यालयात विविध उपक्रम राबविण्यात आले. यात मा. प्राचार्य डॉ.छाया विघ्ने मॅडम यांनी अध्यक्ष पद स्वीकारले व पोषण सप्ताहाचे उद्घाटन केले.यासाठी महाविद्यालयातील सर्व प्राध्यापक उपस्थित होते.

दिनांक ४ सप्टेंबर रोजी आहार तज्ञ श्री चित्तोजेन यादव यांच्या severe acute malnutrition child या विषयावर व्याख्यान झाले त्यात त्यांनी या विकाराची लक्षणे, काळजी, त्याची ओळख तसेच या काळात घेण्यात येणारा आहार यावर योग्य मार्गदर्शन केले. दिनांक ७ सप्टेंबर रोजी प्राध्यापक ज्योती कांबळे यांनी करोना काळातील आहार यांचे व्याख्यान आयोजित करण्यात आले होते या संपूर्ण कार्यक्रमाचे आयोजन प्राध्यापक डॉ. शर्मिला कुबडे व प्राध्यापक प्राची मांजुरकर यांनी केले. या कार्यक्रमाच्या यशस्वितेसाठी महाविद्यालयातील सर्व प्राध्यापक, शिक्षकेतर कर्मचारी यांचे सहकार्य लाभले.

जाहीरनामा/सायटेशन

अक्षर ! 1. Smt Shob

2. Smt Shobha Vijay Sonwane, Age 57 y. Occu: Household  
3. Anil Vijay Sonwane, Age 36 y. Occu: Service  
4. Anita Anilrao Sonone, age 46y. Occu: Household  
5. Shubham Anilrao Sonone, age 25, Occu: Pvt. Job,  
1 to 4 Satyadev Furniture, Laxmi Gadge Nagar, Amravati  
5. Satish N. Anilrao Sonone Age 57y. Occu: Service  
6. Sau. Manika Satish Sonone Age 49 Y. Occu: Household



Dr. Deshmukh Mahavidyalaya  
Amravati

**Matoshree V.Princepalathimuku.**  
**Matoshree V.Princepalathimuku,Mahavidyalaya,**  
**Matoshree V.Princepalathimuku,Destimukha Mahavidyalaya,**  
**Matoshree V.Princepalathimuku,Amravati-444603 (M.S.)**



Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati


Internal Quality Assurance Cell (IQAC)

Activities undertaken Academic Session 2021-2022


Name of the department / Committee: Food and nutrition

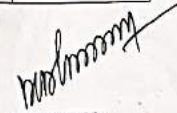
Name of the Teacher: Dr. Sharmila Kubde

Sr.No.	Name of the Activity	Types of Activity	Day/Date	Resource Person	No of Participants	Objectives	Outcome
1.	Inauguration of Diet Counselling cell in Food & Nutrition Department.	Departmental Activity	30/04/22	Principal Dr. Smita Deshmukh	10	1. To educate the students regarding the nature of the disease. 2. To advice the students on personal hygiene, individual instructions on diet. 3. Diet counselling makes the patient aware of the fact that diet plays an important role in the treatment of the disease.	1. Diet counselling helps to reduce the risk of some illness by appropriate counselling. 2. Dietary counselling provides individual nutritional care for encouraging the modification of eating habits.

  
Prof. Dr. Sharmila R. Kubde  
Professor  
Department of Food and Nutrition  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.



  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya,  
Amravati

  
PRINCIPAL  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.

**Matoshree Vimlabai Deshmukh Mahavidyalaya Amravati**

**Internal Quality Assurance Cell (IQAC)**

**Department of Home science: Food and Nutrition**


**Name of the program: Diet Counselling Centre Inauguration on date 30 April 2022**


**Report**


Diet counselling centre was inaugurated by H<sup>ble</sup> Principal Dr.Smita Deshmukh on 30 April 2022 due to covid -19 students and people were facing health related problems, therefore start of such centre in the college under the guidance of the principal and diet experts, benefited the students and the society.

In this year total 10 students were guided in the diet counselling centre where first of all height, weight and BMI of the candidate were taken and then waist, hip ratio is also taken, this will help in determining whether the candidate is underweight, overweight or normal . The health-related information like diseases or any medications that candidate is using is also collected by asking related questions to the candidate, similarly that related information like food habits, liking and disliking of particular foods is also collected, after collecting above information suitable diet plan will be suggested to the candidate. It is also suggested to the candidate to follow this plan and they are asked to visit counselling centre after 1 month to take follow up as per the need.

This is how diet counselling centre provide guidance and counselling to the importance of food, choosing the right kinds of food that promote health and awareness on diet. Healthy eating is the main focus of this activity.

  
Convenor  
Prof. Dr. Sharmila R. Kumbhar  
Professor  
Department of Food and Nutrition  
Matoshree Vimlabai Deshmukh  
Mahavidyalaya, Amravati.

  
Coordinator  
Dr. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimlabai Deshmukh Mahavidyalaya  
Amravati

  
Principal  
PRINCIPAL  
Matoshree Vimlabai Deshmukh  
Mahavidyalaya, Amravati.

**Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati**

**Notice**

Date:-25/04/2022

It is informed to, all the students of our college that department of Food and Nutrition  
Is organizing a programme of Inauguration of Diet on date. 30/04/2022  
Counselling Centre

Time:- 11.00 to 12.00 PM.

Venue:- Zoology Laboratory.

Note :- Compulsory to all the students

Faculty :-

B.A- I *SPB*  
B.A- II *SPB*  
B.A- III *SPB*  
B.Sc(H.Sci)-I *SPB*  
B.Sc (H.Sc)- II *SPB*  
B.Sc (H.Sc)- III *SPB*  
B.Sc- Part I *SPB*  
B.Sc-Part II *SPB*  
B.Sc- Part III *SPB*

*Shubte*  
Programme Incharge  
Prof. Dr. Sharmila R. Kubde  
Professor  
Department of Food and Nutrition  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati.



*DR. S. D. THAKARE*  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.

Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amravati

*mshmm*  
PRINCIPAL  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amravati



Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

Internal Quality Assurance cell (IQAC)

Department of Home Science

Food and Nutrition

Name of the Event/Program: - Diet Counselling For student.

Date: 1 to 7 May 2022 Day: One week. Time: 3.00 to 4.00 P.M.

In collaboration with: \_\_\_\_\_

Name of the Guest: Expert :- Dr. Sharmila Kubde.

Participant: College Students No. of Participants: 10

Objective To educate the students and advice on personal hygiene and individual diet.

Action Taken Guidance to underweight students for improving their weight.

Outcome Diet counselling provides individual nutritional care for encouraging the modification in diet.


Sr. No.	Name of the Participant	Signature
1	Asha Dhanraj Wankhade	N. D. Wankhade
2	Aashvi Kishore Chauhan	Aashvi
3	Pooja Harishchandra Tagade	Pooja
4	Megha Shyam Chaudan	Megha
5	Sakshi Rajiv Ughade	Sakshi
6	Apeksha Jagdish Utane	Apeksha
7	Pallavi Sunil Raut	Pallavi
8	Shrawani Rajesh Raut	S. Raut
9	Chhavi Anil Bhongale	C. A. Bhongale
10	Anjali Suresh Khedkar	Anjali
11		
12		
13		


Dr. Sharmila R. Kubde  
Professor  
Department of Food and Nutrition  
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**Inauguration of Diet Counselling centre by the hands of Principal Dr. Smita Deshmukh on 30/04/2022**

  
**DR. S. D. THAKARE**  
 Coordinator, I.Q.A.C.  
 Matoshree Vimalabai Deshmukh Mahavidyalaya,  
 Amravati



Prof. Dr.  Sharmila R. Kubde  
 Professor  
 Department of Food and Nutrition  
 Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati  
**PRINCIPAL**  
 Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati.

अंक	वैक	अन्नपदार्थ	प्रमाण
1			
2			
3			
4			
5			
6			
7			
8			
9			



ब) वर्ज्य/ टाळावयाचे पदार्थ :

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क) द्यावयाचे पदार्थ :

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ड) मर्यादित प्रमाणात घेता येणारे पदार्थ:

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सही

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एकूण अन्नपदार्थांची मात्रा

अक्र.	अन्न वर्ग	प्रमाण
1.	तृणधान्य	
2.	डाळी	
3.	कडधान्य	
4.	तेल व तूप	
5.	साखर	
6.	दूध व दुग्धजन्य पदार्थ	
7.	हिरवी भाजी	
8.	इतर भाजी	
9.	अंडी /मास	
10.	फळे	


ड) आहारविषयक सवयी


- १) सकाळी उठल्यावर काय घेता?
- २) दिवसातून चहा कॉफी किती वेळा घेता ?
- ३) डाळीचा वापर रोज करता का?
- ४) तृणधान्यांचे रोजचे प्रमाण किती आहे?
- ५) अंकुरित धान्य आठवड्यातून किती वेळा खाता?
- ६) कच्चे सलाद किती वेळा खाता ?
- ७) लोणची पापड यांचा वापर किती वेळा करता?
- ८) दूध व दुधाचे पदार्थ किती वेळा घेता?
- ९) दही किती वेळा खाता?
- १०) तेल तुपाचा वापर किती प्रमाणात करता?
- ११) तिखट व मसालेदार पदार्थ आवडतात का?
- १२) अन्नपदार्थ योग्य शिजवलेले, आरोग्यपूर्ण पद्धतीने तयार केले असतात का?
- १३) जेवताना ताण तणाव असतो का ?
- १४) मांसाहार ,अंडी आठवड्यात किती वेळा घेता ?
- १५) जेवणातून गोड पदार्थ आठवड्यातून किती वेळा घेता?
- १६) फळे किती वेळा घेता?
- १७) हिरवी भाजी रोज घेता का ?
- १८) दिवसातून किती वेळा आहार घेता?
- १९) कुटुंबातील सदस्यांबरोबर जेवण करता का?



PRINCIPAL  
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Prof. Dr. Sharmila R. Kumbhar  
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DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya, Amravati

तुम्हाला जास्त आवडणारे पदार्थ कोणते व न आवडणारे पदार्थ कोणते?


- २१) इतर आवडीनिवडी /छंद कोणते ?
- २२) कोणत्या प्रकारचे व्यसन आहे का?
- २३) आहार विषयक सवयीन मध्ये त्रुटी आढळल्यास त्या बदलण्याची मानसिकता व तयारी आहे का?
- २४) नाश्ता जेवण कधी, केव्हा आणि कोणाबरोबर करता ?
- २५) पोषण विषयक ज्ञान वाढविण्याचा प्रयत्न करता का? आणि कसा?
- २६) सप्लिमेंट घेता का?
- २७) वैद्यकीय सल्ल्याने / मनाने?
- २८) फूड ऍलर्जी आहे का ?
- २९) भूक लागणे, अन्न चावणे, पचन, शौच नियमित होणे या क्रिया सहजपणे होतात का?
- ३०) लघवीचा रंग कसा आहे?
- ३१) झोप किती तास घेता?
- ३२) शरीर सुदृढ राहण्याकरता व्यायामाचा कोणता प्रकार करता?


मोबाईल नंबर :

तारीख :


पत्ता :



  
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सही

  
Principal  
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Shivaji Nagar Amravati 444603 (महाराष्ट्र)



**Matoshree Vimalabai Deshmukh Mahavidyalay , Amaravati**

Internal Quality Assurance cell (IQAC)

Activity undertaken (Academic Session 2021-2022)

Department – Home Economics

Name of the teacher – P. B. Bhamburkar

Sr. No	Name of the activity	Type of the activity	Day/Date	Resource person/guest	Participants / Numbers	Objective	Outcome
1	Nutrition week	Celebration of Nutrition week <i>Guest</i>	04 <sup>th</sup> Sept 2021 07 <sup>th</sup> Sept 2021	Mr. Chittaranjan Yadav Prof. Jyoti Kamble	20	To Create the awareness about nutrition	Participants of guest lecture get the knowledge about nutrition in day to day life.

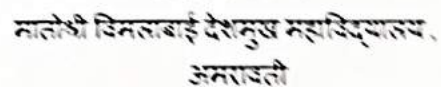
*online*

*Midhale*  
Offl. Principal  
Matoshree Vimalabai Deshmukh  
Mahavidyalaya, Amaravati



*DR. S. D. THAKARE*  
DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Amaravati

*Bor*





Sharmila Kubde



Chittranjan Yadav



Chhaya Vidhale



Prachi Bhamburkar





DR. S. D. THAKARE  
Coordinator, I.Q.A.C  
Office, Principal  
Mahavideyalaya, Amravati  
Vimalabai Deshmukh



- PB Prachi Bhamburkar Vidh... (me)
- S Sharmila Kubde (Host)
- Jyoti Kamble
- A Archana Harne
- CV Chhaya Vidhale
- H Harshalisawarkar
- PD Prerana dongare
- SM Sadhana Mohod



## Celebration of Teachers Day 05-09-2021





## Celebration of Teachers Day 02-10-2021





## Wachan Prerana Divas – 15-10-2021



## Ekta Divas on 31-10-2022

Matoshree Vimalabai Deshmukh Mahavidyalay, Amravati

Internal Quality Assurance Cell (IQAC)

Activity undertaken (Academic Session 2017-18 to 2021-22)

Department of NSS / Cultural

Name of the Teacher – Dr. M. M. Nandurkar

S.S. Chohel

Sr. No	Name of Activity	Type of the Activity	Day/Date	Objectives	Outcome
1	सरदार वल्लभ भाई पटेल जयंती	एकता शपथ	३१/१० प्रतिवर्षी	१. सरदार वल्लभभाई यांचे कार्य लक्षात घेणे. २. एकतेचा संदेश देणे. ३. फाळणी नंतर भारताला एकत्रित ठेवण्यात वल्लभ भाई पटेल यांचे योगदान समजावून घेणे.	१. विद्यार्थ्यांनी सरदार वल्लभ भाई पटेल यांचे बद्दल अधिक जाणून घेण्यात रुची दर्शविली. २. राष्ट्रप्रगती साठी एकतेची गरज आणि महत्त्व विद्यार्थ्यांना समजून आले.

Name / Signature of the in charge / Head of Department

Principal



DR. S. D. THAKARE  
Coordinator, I.Q.A.C.  
Matoshree Vimalabai Deshmukh Mahavidyalaya

Principal  
Matoshree Vimalabai Deshmukh Mahavidyalaya  
Shivaji Nagar, Amravati 444603 (M.S.)

श्री शिवाजी शिक्षण संस्था अमरावती द्वारा संचालित,

मातोश्री विमलाबाई देशमुख महाविद्यालय अमरावती

आय. क्यू. ए. सी. अंतर्गत

राष्ट्रीय सेवा योजना विभाग व मराठी विभाग

सरदार वल्लभभाई पटेल जयंती राष्ट्रीय एकता दिवस

दिनांक '३१ ऑक्टोबर २०२१

सरदार वल्लभ भाई पटेल हे राष्ट्रीय एकता, अखंडतेचे अग्रदूत', तसेच कणखर व पोलादी पुरुष होते. स्वातंत्र्याच्या योगदानात त्यांचा वाटा महत्त्वपूर्ण आहे, या दिवसाच्या निमित्ताने त्यांचे विचार प्रत्येकापर्यंत पोहोचायला हवे असे उद्गार, राष्ट्रीय एकता दिवसा च्या निमित्ताने सरदार वल्लभभाई पटेल यांच्या जयंतीनिमित्त प्राचार्य डॉ. स्मिता देशमुख यांनी काढले.

श्री शिवाजी शिक्षण संस्था अमरावती द्वारा संचालित मातोश्री विमलाबाई देशमुख महाविद्यालयात राष्ट्रीय सेवा योजनेच्या वतीने राष्ट्रीय एकता दिवस संपन्न झाला. महाविद्यालयाचे प्राचार्य डॉ. स्मिता देशमुख यांनी प्रतिमेचे पूजन केले. राष्ट्रीय एकता दिवसानिमित्त राष्ट्रीय एकात्मतेची प्रतिज्ञा डॉ. मंदा नांदुरकर यांनी दिली. डॉ. मंगेश देशमुख राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी, डॉ. देविदास बांबोडे, प्रा. प्राची भांबुरकर राष्ट्रीय छात्र सेनाधिकारी, डॉ. मंदा नांदुरकर राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी व जिल्हा समन्वयक तसेच प्राध्यापक वृंद शिक्षकेतर सहकारी उपस्थित होते.



Dr. Principal  
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Coordinator, I.Q.A.C.

Matoshree Vimalabai Deshmukh Mahavidyalaya

Amravati



**Mahaparinirvan Din – 06-12-2021**

